

NWS&DS MENU # JUNE 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
			TURKEY DIVAN PASTA PRIMAVERA Red Cabbage & Apples Spin Romaine Salad Cornmeal Roll Tapioca Pudding	CHICKEN CHOP SUEY/RICE BEEF SHEPHERD'S PIE Cut Green Beans Country Coleslaw Potato Wheat Roll Spiced Apples
5	6	7	8	9
TURKEY RICE BAKE CHICKEN POMODORO Peas & Carrots Spinach Romaine Salad Caraway Rye Roll Peanut Butter Bar	HS PORK PATTY w/GRAVY BEEF SWISS STYLE PATTY Creamed Potatoes Broccoli Cuts Onion Bread Cherry Whip	SHV TURKEY 1/2 SAND MEATLOAF 1/2 SAND Wheat Bread Lentil Soup Carrot Slaw Mandarin Pineapple Cup	BLACK BEAN CHILI CHKN TETRAZINI Steamed Spinach Tossed Salad/Thou Seven Grain Roll Peach Crisp	CHICKEN PATTY w/GRAVY BEEF LIVER & ONIONS Whipped Potatoes w/Gravy Country Trio Vegetables Herb Bread Orange Frosted Orange Cake
12	13	14	FATHERS' DAY 15	FATHERS' DAY 16
WAIKIKI CHICKEN SWEDISH MEATBALLS Creamed Potatoes Scandinavian Blend Vegetables Wheat Bran Bread Chocolate Pudding	ASIAN CHICKEN SALAD CHEF MINI SALAD on Spinach Romaine Salad Cream of Broccoli White Dinner Roll Spiced Pears	BEEF SPANISH RICE MACARONI & CHEESE Green Peas Mar Zucchini Salad Seven Grain Roll Gelatin Jewels w/Whip Topping	ROTISSERIE STYLE CHKN MEATLOAF w/GRAVY Whipped Potatoes Capri Blend Vegt Wheat Bread German Choc Cake	RST TURKEY w/GRAVY BBQ SMKHS CHOP Colcannon Potatoes Succotash Squash Bread Ice Cream
19	20	FIRST DAY OF SUMMER 21	22	23
CHICKEN LO MEIN CHEESE & GREEN CHILE BAKE Whole Kernel Corn Mar Broccoli Salad Multigrain Roll S'mores Pudding	LIMA BEANS & HAM SPAGHETTI w/MEAT Sc Country Trio Vegt Spinach Romaine Salad Cornmeal Roll Hermit Bar	CHKN PATTY SAND SLOPPY JOE on a Bun Whole Kernel Corn Mar Zucchini Salad Apple Rhubarb Crisp	BRD BKD FISH w/TARTAR SC CTRY FRIED STEAK Delmonico Potatoes Mixed Vegetables Bran Wheat Bread Strawberry Whip	TURKEY SALAD 1/2 SAND EGG SALAD 1/2 SAND on Wheat Bread Vegetarian Vegt Soup Spinach Romaine Salad Pineapple
26	27	28	29	30
BEEF MUSHROOM PATTY TURKEY LOAF w/GRAVY Garlic Potatoes Seasoned Carrots Dill Bread Lemon Whip	CRM TURKEY & VEGT PORK SAUSAGE GRAVY over Whipped Potatoes Broccoli Cuts Bran Rye Roll Frosted Spice Cake	TUNA SALAD 1/2 SAND CHKN SALAD 1/2 SAND on Whole Wheat Bread Chicken & Rice Soup Creamy Coleslaw Chilled Peaches	BKD BEEF RIGATONI TURKEY RICE BAKE Green Peas Garden Vegetable Salad Multigrain Roll Choc Almond Pudding	TURKEY PASTA SALAD POTATO & HAM SALAD Spin Romaine Salad Cinn Applesauce Wheat Roll Zucchini Brownie

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY- DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RAE 300.00	Vit C mg 30.00	CHOLEST mg 100.00
DATE		Mon MAY 29										
ENTREE A	0											
ENTREE B	0											
VEGGIE 1	0											
VEGGIE 2	0											
BREAD	0											
DESSERT	0											
MILK/MARG	0											
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
TOTAL B				0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
DIET SUB	0											
DIET SUB	0											
TOTAL DIET		DIET CALCULATIONS		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
DATE		Tues MAY 30										
ENTREE A	309	TURKEY, ROASTED, SLICED	3 OZ	114.82	25.57	0.63	0.00	10.21	44.23	0.00	0.00	70.59
ENTREE B	270	SAUSAGE, KIELBASA	3.2OZ/1EA	264.00	10.00	24.00	2.00	0.00	680.00	0.00	1.20	45.00
VEGGIE 1	415	BEANS, BAKED	4.25oz/.5C	149.30	7.37	0.76	29.67	62.35	306.50	27.84	5.22	0.00
VEGGIE 2	692	SALAD, MAND ORG & PA	3.45OZ/.5C	59.11	0.42	0.09	15.58	10.40	3.33	41.48	14.12	0.00
BREAD	1077	BUN, HOT DOG	1.27 OZ.	108.02	2.70	1.80	18.90	27.01	263.06	0.00	0.00	0.00
DESSERT	1334	BAR, ZUCCHINI BROWNIE	2.39 OZ	228.61	3.42	9.98	33.09	18.58	122.62	12.36	2.46	28.97
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	999	SAUCE, MAGNOLIA BBQ	2 Tb	44.72	0.46	0.99	9.25	10.96	201.39	9.71	3.34	0.00
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				833.76	47.44	20.45	117.37	419.91	1099.05	272.06	27.34	108.63
TOTAL B				938.22	31.41	42.83	110.12	398.74	1533.43	262.35	25.20	83.04
DIET SUB	692	SALAD, MAND ORG & PA	3.45OZ/.5C	59.11	0.42	0.09	15.58	10.40	3.33	41.48	14.12	0.00
DIET SUB	1321	DIET SPLENDA PAPPLE NUT CKY	1 EA	151.96	2.10	8.20	17.76	35.66	97.24	3.72	0.53	10.29
TOTAL DIET		DIET CALCULATIONS		757.11	46.12	18.67	102.04	436.99	1073.67	263.42	25.41	89.95
DATE		Wed MAY 31										
ENTREE A	1372	SALAD, MINI GARDEN CHKN	.5 CUP	181.71	21.30	5.61	11.26	181.51	170.60	11.15	2.00	4.40
ENTREE B	1417		0	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
VEGGIE 1	522	SOUP, NAVY BEAN	9.2oz/1C	157.32	9.49	1.58	26.82	64.18	232.27	59.01	4.59	10.55
VEGGIE 2	699.5	SALAD, SPIN ROMAINE .75 CUP	2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	36.03	533.54	20.57	0.00
BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	149.63	7.36	0.06	0.19
DESSERT	777	CANNED, PEACHES - DIET	4.25OZ/.5C	43.66	0.63	0.03	11.48	5.95	3.97	18.90	3.57	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				681.62	44.82	17.65	88.68	600.97	750.42	810.63	32.99	24.21
TOTAL B				499.91	23.52	12.04	77.42	419.46	579.82	799.48	30.99	19.81
DIET SUB	699.5	SALAD, SPIN ROMAINE .75 CUP	2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	36.03	533.54	20.57	0.00
DIET SUB	777	CANNED, PEACHES - DIET	4.25OZ/.5C	43.66	0.63	0.03	11.48	5.95	3.97	18.90	3.57	0.00
TOTAL DIET		DIET CALCULATIONS		681.62	44.82	17.65	88.68	600.97	750.42	810.63	32.99	24.21
DATE		Thurs JUNE 1										
ENTREE A	295	TURKEY, DIVAN CASSEROLE	8.43oz/1c	252.68	21.07	7.71	24.22	234.19	371.43	127.27	26.33	45.74
ENTREE B	386	PASTA PRIMAVERA	1 CUP	331.25	17.21	15.39	29.58	450.47	361.57	169.41	9.91	28.20
VEGGIE 1	1396	RED CABBAGE & APPLES	.5 CUP	98.62	1.12	4.41	14.92	34.54	68.12	40.06	40.97	0.00
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
BREAD	1097	ROLL, CORNMEAL	1.3 OZ.	90.25	3.23	0.63	17.81	24.60	92.58	9.23	0.05	5.94
DESSERT	860	PUDDING, TAPIOCA	4.75OZ/1/2C	125.42	4.86	1.40	23.46	143.81	123.42	21.68	0.74	31.40
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	971	DRESSING, RANCH LO CAL	2TB (1.0 oz)	108.86	0.94	10.88	2.26	30.04	259.02	0.00	0.00	9.38
ADD BOTH	0											
TOTAL A				817.00	39.80	31.37	95.70	780.71	1096.51	734.60	84.00	101.53
TOTAL B				895.57	35.94	39.05	101.06	996.99	1086.65	776.74	67.58	83.99
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
DIET SUB	865	PUDDING, VANILLA - DIET	4.45OZ/.5C	94.42	5.13	0.12	18.12	182.99	150.71	1.13	0.96	2.84
TOTAL DIET		DIET CALCULATIONS		786.00	40.07	30.09	90.36	819.89	1123.80	714.05	84.22	72.97

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY-DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLES mg 100.00
DATE		Fri JUNE 2										
ENTREE A	958	CHICKEN, CHOP SUEY	10.5OZ/1C.	187.59	19.94	4.64	16.43	35.62	722.20	44.97	24.00	42.53
ENTREE B	0	BEEF, SHEPHERDS PIE	9.0 WZ	308.18	18.35	12.44	31.16	137.55	435.03	107.93	30.66	61.41
VEGGIE 1	0	BEANS, GREEN FZN-BB	2.66oz/.33c	23.75	0.95	0.11	5.59	29.58	61.75	35.53	2.71	0.11
VEGGIE 2	0	SLAW, COUNTRY	3.34 oz/.5 C	66.32	1.66	3.63	7.42	53.14	99.50	61.17	22.43	4.68
BREAD	0	ROLL, POTATO WHEAT	2.0 OZ	153.18	4.02	3.87	25.46	17.77	201.63	7.33	6.47	0.19
DESSERT	0	APPLES, SPICED - DIET	3.67OZ/.5C	56.07	0.29	0.36	14.29	5.03	3.16	3.10	0.15	0.00
MILK/MARG	0	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	687											
B ADD ONLY	724											
ADD BOTH	#REF!											
ADD BOTH	#REF!											
TOTAL A				616.09	34.36	18.81	80.07	421.54	1246.16	332.77	57.96	56.58
TOTAL B				736.68	32.77	26.61	94.80	523.47	958.99	395.73	64.62	75.46
DIET SUB	#REF!	SLAW, COUNTRY	3.34 oz/.5 C	66.32	1.66	3.63	7.42	53.14	99.50	61.17	22.43	4.68
DIET SUB	#REF!	APPLES, SPICED - DIET	3.67OZ/.5C	56.07	0.29	0.36	14.29	5.03	3.16	3.10	0.15	0.00
TOTAL DIET		DIET CALCULATIONS		616.09	34.36	18.81	80.07	421.54	1246.16	332.77	57.96	56.58
DATE		Mon JUNE 5										
ENTREE A	307	TURKEY RICE BAKE	8.43oz/1c	351.48	26.30	10.89	35.83	265.06	355.78	17.41	4.55	54.45
ENTREE B	1342	CHICKEN POMODORO	1 CUP	252.75	22.52	4.62	29.92	113.26	343.87	68.99	6.76	52.28
VEGGIE 1	502	PEAS, GREEN w/CARR-BB	2.5oz/.33C	45.10	2.33	0.14	9.04	17.72	96.19	552.77	4.73	0.11
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
BREAD	1095	ROLL, CARAWAY RYE	1.38 OZ.	108.25	3.20	2.87	17.75	26.68	206.68	3.68	0.08	11.08
DESSERT	733	BAR, PEANUT BUTTER	1.72 OZ.	210.19	4.19	10.72	25.91	18.90	185.67	38.66	0.00	35.93
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	1397	DRSG, CITRUS	1 Tb	42.40	0.07	3.89	1.71	1.79	1.49	0.49	3.46	0.00
ADD BOTH	0											
TOTAL A				898.59	44.67	34.85	103.27	643.68	1027.75	1149.37	28.73	110.64
TOTAL B				799.86	40.89	28.58	97.36	491.88	1015.84	1200.95	30.94	108.47
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
DIET SUB	1317	DIET SPLENDA PNB COOKIE	1.08 OZ	167.07	3.04	11.47	13.68	9.06	89.16	1.11	0.00	2.50
TOTAL DIET		DIET CALCULATIONS		855.47	43.52	35.60	91.04	633.84	931.24	1111.82	28.73	77.21
DATE		Tues JUNE 6										
ENTREE A	352	PORK PATTY	4 OZ	350.58	28.49	22.09	7.73	72.34	492.04	22.99	2.98	119.29
ENTREE B	167	BEEF, SWISS STYLE STEAK	4ozw/SC	318.37	20.41	23.13	6.53	28.51	313.47	180.17	7.63	70.18
VEGGIE 1	906.5	POTATOES, CREAMED	.33 C	85.17	3.65	0.13	16.80	79.37	91.13	36.41	4.35	1.23
VEGGIE 2	461	BROCCOLI, CUTS-BB	3.56oz/.5C	35.20	3.13	0.12	7.13	52.25	130.32	194.81	40.64	0.00
BREAD	1061	BREAD, ONION	2.0 OZ	150.05	4.10	3.99	25.04	23.49	197.79	7.38	1.34	0.19
DESSERT	866	WHIP, CHERRY/LIME	4.04OZ/.5C	85.41	0.98	1.39	17.73	0.74	81.77	0.00	11.80	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	980	GRAVY, PORK W/BASE	2.22 OZ.	16.09	0.36	0.18	3.26	1.14	104.56	2.24	0.38	0.00
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				851.68	48.21	34.10	88.57	509.73	1255.53	444.50	63.69	129.78
TOTAL B				803.38	39.77	34.96	84.11	464.76	972.40	599.44	67.96	80.67
DIET SUB	461	BROCCOLI, CUTS-BB	3.56oz/.5C	35.20	3.13	0.12	7.13	52.25	130.32	194.81	40.64	0.00
DIET SUB	867	WHIP, CHERRY/LIME - DIET	3.36OZ/.5C	23.89	1.59	0.00	2.79	0.00	0.00	0.00	7.15	2.00
TOTAL DIET		DIET CALCULATIONS		790.16	48.82	32.71	73.63	508.99	1173.76	444.50	59.04	131.78
DATE		Wed JUNE 7										
ENTREE A	309	TURKEY, ROASTED, SLICED	3 OZ	114.82	25.57	0.63	0.00	10.21	44.23	0.00	0.00	70.59
ENTREE B	1228	MEATLOAF for SAND	2 oz	155.42	12.00	10.11	3.55	30.41	218.14	8.47	1.27	41.70
VEGGIE 1	520	SOUP, LENTIL-M	8.0 oz/1C	150.75	7.26	4.97	19.34	31.66	339.04	73.92	4.02	2.64
VEGGIE 2	672	SLAW, CARROT	3.93OZ/.5C	94.31	1.57	2.60	17.87	37.99	61.69	2248.35	7.73	0.11
BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	149.63	7.36	0.06	0.19
DESSERT	692	SALAD, MAND ORG & PA	3.45OZ/.5C	59.11	0.42	0.09	15.58	10.40	3.33	41.48	14.12	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	695	LETTUCE, SHREDDED	.48OZ/.25C	4.94	0.28	0.06	0.98	6.86	4.97	66.80	4.13	0.25
ADD BOTH	1026	SAUCE, SPECIAL	1 TB	41.38	0.09	3.59	2.26	0.97	148.08	0.00	0.30	3.80
TOTAL A				746.25	46.97	22.16	91.92	397.72	908.89	2618.58	32.56	86.65
TOTAL B				786.85	33.40	31.64	95.47	417.92	1082.80	2627.05	33.83	57.76
DIET SUB	672	SLAW, CARROT	3.93OZ/.5C	94.31	1.57	2.60	17.87	37.99	61.69	2248.35	7.73	0.11
DIET SUB	692	SALAD, MAND ORG & PA	3.45OZ/.5C	59.11	0.42	0.09	15.58	10.40	3.33	41.48	14.12	0.00
TOTAL DIET		DIET CALCULATIONS		746.25	46.97	22.16	91.92	397.72	908.89	2618.58	32.56	86.65

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY-DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLES mg 100.00
DATE		Thurs JUNE 8										
ENTREE A	403	BLACK BEAN CHILI	1 CUP	318.50	21.73	5.68	48.12	110.95	465.52	0.00	10.01	25.23
ENTREE B	221	CHICKEN, TETRAZZINI	10.2OZ/1C.	274.43	24.30	5.18	30.21	178.97	470.02	15.07	5.54	4.18
VEGGIE 1	532	SPINACH-BB	2.36oz/.33C	23.84	2.08	0.14	4.95	96.89	102.09	515.01	8.21	0.11
VEGGIE 2	662	SALAD, TOSSED	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	9.93	133.60	8.26	0.49
BREAD	1067	BREAD, SEVEN GRAIN	2.0 OZ	151.65	4.18	4.03	25.09	19.60	149.63	7.45	0.06	0.19
DESSERT	810	CRISP, PEACH	4.8OZ/.5C.	218.57	2.32	5.65	41.63	19.92	7.03	38.81	3.81	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz	27.60	0.84	1.62	2.64	23.70	63.78	7.14	0.96	0.66
ADD BOTH	0											
TOTAL A				879.22	39.20	23.43	135.27	565.17	955.90	882.68	33.51	35.75
TOTAL B				835.15	41.77	22.93	117.36	633.19	960.40	897.75	29.04	14.70
DIET SUB	662	SALAD, TOSSED	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	9.93	133.60	8.26	0.49
DIET SUB	715	CRISP, PEACH - DIET	.5 CUP	111.00	0.92	4.73	17.46	9.61	72.74	92.69	2.87	22.30
TOTAL DIET		DIET CALCULATIONS		771.65	37.80	22.51	111.10	554.86	1021.61	936.56	32.57	58.05
DATE		Fri JUNE 9										
ENTREE A	351	CHICKEN,BREADED PATTIE TYSON	2.75 OZ	170.00	10.00	9.00	10.00	NA	480.00	NA	0.00	45.00
ENTREE B	137	BEEF, LIVER & ONIONS	4 OZ	176.64	19.07	3.28	16.89	26.61	340.59	4228.01	6.17	233.88
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	28.79	17.37	17.14	0.81
VEGGIE 2	574.5	BLEND, COUNTRY TRIO VEGETABLES	.33 CUP	22.67	0.89	0.23	4.93	0.00	8.93	134.00	5.33	0.00
BREAD	1054	BREAD, HERB FRENCH	2.0 OZ	138.79	4.73	1.17	26.88	19.70	153.88	7.63	0.08	0.19
DESSERT	750	CAKE, FROSTED	2.64 OZ.	211.40	1.31	7.82	34.71	16.36	203.51	54.05	0.02	0.04
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	983	GRAVY, POULTRY W/BASE	2.20 OZ.	15.02	0.30	0.15	3.10	0.97	78.72	0.16	0.01	0.00
B ADD ONLY	976	GRAVY, BROWN W/BASE	2.28 OZ.	17.21	0.43	0.18	3.55	1.84	102.95	6.63	1.13	0.00
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				747.62	26.67	24.73	103.61	347.60	1111.76	393.88	24.78	55.11
TOTAL B				756.45	35.87	19.04	110.95	375.08	996.58	4628.36	32.07	243.99
DIET SUB	574.5	BLEND, COUNTRY TRIO VEGETABLES	.33 CUP	22.67	0.89	0.23	4.93	0.00	8.93	134.00	5.33	0.00
DIET SUB	887	CAKE, DIET SOURCE	2 x 2 EA	90.00	1.00	1.00	19.00	NA	90.00	NA	NA	0.00
TOTAL DIET		DIET CALCULATIONS		626.22	26.36	17.91	87.90	331.24	998.25	339.83	24.76	55.07
DATE		Mon JUNE 12										
ENTREE A	223	CHICKEN, WAIKIKI - QUARTER	5.48OZ.	195.66	25.70	5.71	8.96	19.87	267.00	13.69	5.01	25.70
ENTREE B	142	BEEF, MEATBALLS SWEDISH	6 OZ	275.38	20.09	17.00	9.73	86.66	213.73	65.78	4.29	149.45
VEGGIE 1	906.5	POTATOES, CREAMED	.33 C	85.17	3.65	0.13	16.80	79.37	91.13	36.41	4.35	1.23
VEGGIE 2	455	BLEND, SCANDINAVIAN-BB	3oz/.33C	40.24	1.78	0.00	8.27	12.77	95.53	58.37	5.12	0.11
BREAD	1044	BREAD, BRAN WHEAT	1.31 OZ.	100.21	3.23	2.82	16.30	21.31	201.24	3.32	0.08	10.79
DESSERT	1398	PUDDING, CHOCOLATE HOMESTYLE	.5 CUP	192.66	6.69	2.79	36.75	217.06	101.49	48.74	0.76	8.69
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				743.12	48.55	17.65	97.96	630.78	914.31	341.20	17.52	55.59
TOTAL B				822.84	42.94	28.94	98.73	697.57	861.04	393.29	16.80	179.34
DIET SUB	455	BLEND, SCANDINAVIAN-BB	3oz/.33C	40.24	1.78	0.00	8.27	12.77	95.53	58.37	5.12	0.11
DIET SUB	856	PUDDING, CHOCOLATE- DIET	4.45OZ/.5C	89.42	5.13	0.12	18.12	182.99	150.71	1.13	0.96	2.84
TOTAL DIET		DIET CALCULATIONS		639.88	46.99	14.98	79.33	596.71	963.53	293.59	17.72	49.74
DATE		Tues JUNE 13										
ENTREE A	1379	SALAD, ASIAN CHKN MINI	.5 CUP	239.77	20.83	10.64	14.34	26.81	319.79	183.02	18.57	57.56
ENTREE B	1373	SALAD, MINI CHEF	.5 CUP	125.81	15.23	5.99	2.21	72.36	339.96	24.89	5.80	24.99
VEGGIE 1	699.5	SALAD, SPIN ROMAINE .75 CUP	2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	36.03	533.54	20.57	0.00
VEGGIE 2	1255	SOUP, CREAM OF BROCCOLI	1CUP	211.62	8.74	12.27	16.67	323.73	325.68	135.00	19.02	14.34
BREAD	1117	ROLL, WHITE DINNER	1.38 OZ.	108.81	3.26	2.88	17.25	20.54	210.69	3.48	0.08	11.30
DESSERT	779	CANNED , PEARS - DIET	4.13 OZ/.5C	33.96	0.22	0.04	9.15	4.68	2.34	0.00	1.17	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz	27.60	0.84	1.62	2.64	23.70	63.78	7.14	0.96	0.66
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				741.33	42.17	32.24	71.52	705.86	1052.45	1035.71	61.61	92.27
TOTAL B				654.97	37.41	29.21	62.03	775.11	1136.40	884.72	49.80	60.36
DIET SUB	699.5	SALAD, SPIN ROMAINE .75 CUP	2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	36.03	533.54	20.57	0.00
DIET SUB	779	CANNED , PEARS - DIET	4.13 OZ/.5C	33.96	0.22	0.04	9.15	4.68	99.00	0.00	1.17	0.00
TOTAL DIET		DIET CALCULATIONS		547.69	35.05	20.18	58.07	431.82	859.46	1434.24	63.15	77.93

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY- DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLE mg 100.00
DATE												
Wed JUNE 14												
ENTREE A	159	BEEF, SPANISH RICE	9.63OZ/1C.	313.90	18.38	12.82	30.00	78.01	341.87	42.93	20.85	57.02
ENTREE B	339	VEGETARIAN, MACARONI & CHEESE	9.24oz/1C	412.93	22.38	16.59	43.19	523.66	489.41	155.47	1.29	54.54
VEGGIE 1	513	PEAS, GREEN-BB	2.96oz/.33C	54.41	3.19	0.17	10.37	15.38	105.33	64.59	6.10	0.15
VEGGIE 2	676	SLAW, CREAMY COLE	4.11OZ/.5C	116.09	1.80	6.99	12.47	53.89	79.93	4.97	26.69	5.04
BREAD	1112	ROLL, SEVEN GRAIN	2.0 OZ	151.65	4.18	4.03	25.09	19.60	205.97	7.45	0.06	0.19
DESSERT	838	GELATIN, JEWELS	4.34OZ/.5C	71.63	1.02	0.00	17.39	0.58	81.86	0.00	12.28	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	1008	TOPPING, WHIPPED DIET	2 Tb	15.96	0.00	0.00	2.00	0.00	0.00	0.00	0.00	2.00
ADD BOTH	0											
TOTAL A				852.82	36.07	30.21	108.20	447.86	972.88	300.61	68.18	73.47
TOTAL B				951.85	40.07	33.98	121.39	893.51	1120.42	413.15	48.62	70.99
DIET SUB	676	SLAW, CREAMY COLE	4.11OZ/.5C	116.09	1.80	6.99	12.47	53.89	79.93	4.97	26.69	5.04
DIET SUB	839	GELATIN, JEWELS W/TOP. - DIET	4.0OZ/1/2C	12.57	1.29	0.00	1.13	0.05	3.69	0.00	11.45	1.00
TOTAL DIET		DIET CALCULATIONS		793.76	36.34	30.21	91.94	447.33	894.71	300.61	67.35	74.47
DATE												
Thurs JUNE 15												
ENTREE A	1369	CHICKEN BRST FILLET	3 oz	174.00	20.10	8.30	4.30	28.60	461.60	64.50	0.00	51.70
ENTREE B	138	BEEF, MEAT LOAF W/TURKEY	4.14 OZ	310.83	24.00	20.21	7.10	60.81	436.29	16.94	2.55	83.39
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	28.79	17.37	17.14	0.81
VEGGIE 2	440	BLEND, CAPRI-BB	2.57oz/.33C	27.89	0.77	0.00	5.81	11.26	83.14	1423.23	4.47	0.11
BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	149.63	7.36	0.06	0.19
DESSERT	750	CAKE, FROSTED	2.64 OZ.	211.40	1.31	7.82	34.71	16.36	203.51	54.05	0.02	0.04
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				754.80	35.89	26.51	93.82	386.02	1084.59	1747.18	23.89	61.92
TOTAL B				891.63	39.79	38.42	96.62	418.23	1059.28	1699.62	26.44	93.61
DIET SUB	440	BLEND, CAPRI-BB	2.57oz/.33C	27.89	0.77	0.00	5.81	11.26	83.14	1423.23	4.47	0.11
DIET SUB	887	CAKE, DIET SOURCE	2 x 2 EA	90.00	1.00	1.00	19.00	NA	90.00	NA	NA	0.00
TOTAL DIET		DIET CALCULATIONS		633.40	35.58	19.69	78.11	369.66	971.08	1693.13	23.87	61.88
DATE												
Fri JUNE 16												
ENTREE A	309	TURKEY, ROASTED, SLICED	3 OZ	114.82	25.57	0.63	0.00	10.21	44.23	0.00	0.00	70.59
ENTREE B	1346	SMKHSE RIBETTE (CHK&BEEF)	3.75 OZ	220.00	18.00	11.00	14.00	100.00	350.00	60.00	4.80	50.00
VEGGIE 1	937.5	POTATOES, COLCANNON	3.83oz/.33C	51.59	1.03	0.02	11.25	61.49	154.70	1.47	22.26	0.78
VEGGIE 2	550.5	SUCCOTASH	.33 CUP	58.94	2.69	1.41	11.27	25.51	15.03	11.25	2.00	0.36
BREAD	1068	BREAD, SQUASH	2.0 OZ	158.50	4.39	4.05	26.43	22.98	185.17	18.59	0.87	0.19
DESSERT	840	ICE CREAM, CUP	4OZ/.5C	133.30	2.30	7.30	15.60	84.00	53.00	77.00	0.00	29.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	983	GRAVY, POULTRY W/BASE	2.20 OZ.	15.02	0.30	0.15	3.10	0.97	78.72	0.16	0.01	0.00
B ADD ONLY	999.5	SAUCE, MAGNOLIA BBQ	1 Tb	22.36	0.23	0.50	4.63	5.48	100.70	4.86	1.67	0.00
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				661.35	43.79	19.76	78.54	485.57	688.77	289.14	27.34	109.99
TOTAL B				773.87	36.15	30.48	94.06	579.87	1016.51	353.84	33.80	89.40
DIET SUB	550.5	SUCCOTASH	.33 CUP	58.94	2.69	1.41	11.27	25.51	15.03	11.25	2.00	0.36
DIET SUB	840	ICE CREAM, CUP	4OZ/.5C	133.30	2.30	7.30	15.60	84.00	53.00	77.00	0.00	29.00
TOTAL DIET		DIET CALCULATIONS		661.35	43.79	19.76	78.54	485.57	688.77	289.14	27.34	109.99
DATE												
Mon JUNE 19												
ENTREE A	1378	CHICKEN LO MEIN	1 CUP	282.32	26.06	6.36	28.57	52.75	494.63	140.27	31.09	54.22
ENTREE B	367	CALIF GRN CHILI & 3 CHZ BAKE	7 OZ	426.69	17.70	22.42	39.95	214.07	524.46	83.65	4.09	68.21
VEGGIE 1	417	BEANS, GREEN FZN-BB	2.66oz/.33c	23.75	0.95	0.11	5.59	29.58	61.75	35.53	2.71	0.11
VEGGIE 2	645.5	SALAD, SWT MARINATED VEGT	3.75oz/.5 C	102.58	1.23	5.62	12.52	24.94	28.74	78.49	28.78	0.00
BREAD	1104	ROLL, MULTIGRAIN	2.0 OZ	150.44	4.23	3.99	24.87	21.00	206.03	7.34	2.22	0.19
DESSERT	1398	PUDDING, CHOCOLATE HOMESTYLE	.5 CUP	192.66	6.69	2.79	36.75	217.06	101.49	48.74	0.76	8.69
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				880.93	46.66	25.07	119.18	625.73	1050.56	491.04	67.76	72.28
TOTAL B				1025.30	38.30	41.13	130.56	787.05	1080.39	434.42	40.76	86.27
DIET SUB	645.5	SALAD, SWT MARINATED VEGT	3.75oz/.5 C	102.58	1.23	5.62	12.52	24.94	28.74	78.49	28.78	0.00
DIET SUB	856	PUDDING, CHOCOLATE- DIET	4.45OZ/.5C	89.42	5.13	0.12	18.12	182.99	150.71	1.13	0.96	2.84
TOTAL DIET		DIET CALCULATIONS		777.69	45.10	22.40	100.55	591.66	1099.78	443.43	67.96	66.43

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY- DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLEST mg 100.00
DATE		Tues JUNE 20										
ENTREE A	282	TURKEY HAM, LIMA BEAN CASSEROLE	7.63oz/1c	276.58	19.33	3.24	43.63	60.41	502.12	12.82	6.62	22.80
ENTREE B	360	BEEF, QUAKER SPAGHETTI	9.5 OZ/1 C.	342.78	19.32	15.22	31.58	41.43	379.09	19.73	6.53	57.70
VEGGIE 1	574.5	BLEND, COUNTRY TRIO VEGETABLES	.33 CUP	22.67	0.89	0.23	4.93	0.00	8.93	134.00	5.33	0.00
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
BREAD	1097	ROLL, CORNMEAL	1.3 OZ.	90.25	3.23	0.63	17.81	24.60	92.58	9.23	0.05	5.94
DESSERT	1338	HERMIT BAR	1 EA	176.89	2.14	7.19	27.56	71.18	56.16	9.27	0.18	25.69
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				707.56	34.17	17.63	106.96	469.72	841.73	701.68	28.09	63.50
TOTAL B				773.76	34.16	29.61	94.91	450.74	718.70	708.59	28.00	98.40
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
DIET SUB	1319	DIET SPLENDA PUMPKIN CKY	1.3 OZ	126.08	1.62	5.29	18.35	15.05	83.60	48.11	0.06	2.52
TOTAL DIET		DIET CALCULATIONS		656.75	33.65	15.73	97.75	413.59	869.17	740.52	27.97	40.33
DATE		Wed JUNE 21										
ENTREE A	176	CHICKEN, BBQ FOR SANDWICH	3oz	196.03	17.57	5.18	18.86	29.75	389.31	11.93	2.77	0.00
ENTREE B	158	BEEF, SLOPPY JOE	5.0 OZ.	191.26	12.68	11.97	8.29	32.26	375.62	44.89	6.44	44.17
VEGGIE 1	496	CORN, W. KERNEL-BB	2.5oz/.33C	61.95	2.14	0.05	15.68	1.64	48.91	20.27	1.94	0.11
VEGGIE 2	646	SALAD, MARINATED ZUCCHINI	4.16OZ/.5C	100.20	1.02	5.63	12.12	15.43	10.24	15.58	21.38	0.00
BREAD	1075	BUN, HAMBURGER	1.06 OZ.	89.16	2.50	1.70	15.93	22.04	155.28	0.00	0.00	0.00
DESSERT	807	CRISP, APPLE	5.20OZ/.5C	222.85	1.96	5.95	42.41	17.88	6.01	3.09	0.24	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				799.37	32.69	24.71	115.88	367.14	767.67	231.54	28.53	9.18
TOTAL B				794.60	27.80	31.50	105.31	369.65	753.98	264.50	32.20	53.35
DIET SUB	632	SLAW, CREAMY COLE	4.11OZ/.5C	116.09	1.80	6.99	12.47	53.89	79.93	4.97	26.69	5.04
DIET SUB	865	CRISP, APPLE - DIET	.5 CUP	166.60	1.50	4.97	29.96	12.46	60.53	51.77	2.88	0.00
TOTAL DIET		DIET CALCULATIONS		759.01	33.01	25.09	103.78	400.18	891.88	269.61	36.48	14.22
DATE		Thurs JUNE 22										
ENTREE A	1376	FISH, BREADED POLLOCK PC	4 OZ	240.00	13.00	8.00	19.00	20.00	220.00	0.00	0.00	0.00
ENTREE B	1401	KINGS COM PORK CHOPPIE	4 OZ	260.00	18.00	13.00	0.00	0.00	260.00	0.00	0.00	0.00
VEGGIE 1	908.5	POTATOES, DELMONICO	.33 C	74.77	2.41	1.84	12.33	51.39	121.87	44.23	15.93	0.69
VEGGIE 2	500	MIXED VEGS-BB	2.43oz/.33C	49.35	2.31	0.12	10.63	16.78	105.42	418.84	4.16	0.11
BREAD	1044	BREAD, BRAN WHEAT	1.31 OZ.	100.21	3.23	2.82	16.30	21.31	201.24	3.32	0.08	10.79
DESSERT	866	WHIP, CHERRY/LIME	4.04OZ/.5C	85.41	0.98	1.39	17.73	0.74	81.77	0.00	11.80	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				678.92	29.43	20.37	86.87	390.62	888.22	647.06	34.17	20.66
TOTAL B				698.92	34.43	25.37	67.87	370.62	928.22	647.06	34.17	20.66
DIET SUB	500	MIXED VEGS-BB	2.43oz/.33C	49.35	2.31	0.12	10.63	16.78	105.42	418.84	4.16	0.11
DIET SUB	867	WHIP, CHERRY/LIME - DIET	3.36OZ/.5C	23.89	1.59	0.00	2.79	0.00	0.00	0.00	7.15	2.00
TOTAL DIET		DIET CALCULATIONS		617.40	30.04	18.98	71.93	389.88	806.45	647.06	29.52	22.66
DATE		Fri JUNE 23										
ENTREE A	311	TURKEY, SALAD	4.64OZ/.5C	163.19	17.43	6.79	7.84	37.50	220.66	5.38	4.04	43.10
ENTREE B	224	EGG, SALAD	4.3oz	160.61	11.40	11.33	2.54	55.40	311.79	148.83	1.10	370.77
VEGGIE 1	530	SOUP, VEGETARIAN VEGETABLE	8oz/1C	99.10	3.14	0.40	21.84	44.06	205.75	145.76	15.95	0.00
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	149.63	7.36	0.06	0.19
DESSERT	781	CANNED, PINEAPPLE TIDBITS	4.3 OZ	73.15	0.51	0.10	19.14	17.07	1.22	4.88	11.58	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	695	LETTUCE, SHREDDED	.48OZ/.25C	4.94	0.28	0.06	0.98	6.86	4.97	66.80	4.13	0.25
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				628.37	33.94	17.65	86.86	431.39	759.20	699.74	47.54	52.36
TOTAL B				630.73	28.19	22.25	82.54	456.15	855.30	909.99	48.73	380.28
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
DIET SUB	781	CANNED, PINEAPPLE TIDBITS	4.3 OZ	73.15	0.51	0.10	19.14	17.07	1.22	4.88	11.58	0.00
TOTAL DIET		DIET CALCULATIONS		628.37	33.94	17.65	86.86	431.39	759.20	699.74	47.54	52.36

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY- DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLEST mg 100.00
DATE												
Mon JUNE 26												
ENTREE A	145	BEEF, MUSHROOM STK W/GRAVY	6.4 OZ.	312.30	21.40	20.56	9.78	31.28	460.88	20.40	1.94	70.77
ENTREE B	302	TURKEY, LOAF	3.92 OZ.	231.54	26.11	10.89	7.38	72.29	343.69	49.41	3.65	116.84
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	28.79	17.37	17.14	0.81
VEGGIE 2	482	CARROTS, HERBED-BB	2.6oz/.33C	27.92	0.87	0.09	6.44	24.47	64.41	1225.81	2.07	0.06
BREAD	1048	BREAD, DILL	1.34OZ.	104.46	3.26	2.77	16.81	22.65	201.57	1.41	0.03	10.79
DESSERT	866	WHIP, CHERRY/LIME	4.04OZ/.5C	85.41	0.98	1.39	17.73	0.74	81.77	0.00	11.80	0.00
MILK/MARG	959	MILK, 1%	8.0 OZ.	95.27	7.46	2.40	10.84	278.99	113.41	133.82	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	983	GRAVY, POULTRY W/BASE	2.20 OZ.	15.02	0.30	0.15	3.10	0.97	78.72	0.16	0.01	0.00
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				685.93	35.90	27.38	74.71	388.30	950.83	1398.81	35.18	91.50
TOTAL B				620.19	40.91	17.86	75.41	430.28	912.36	1427.98	36.90	137.57
DIET SUB	482	CARROTS, HERBED-BB	2.6oz/.33C	27.92	0.87	0.09	6.44	24.47	64.41	1225.81	2.07	0.06
DIET SUB	867	WHIP, CHERRY/LIME - DIET	3.36OZ/.5C	23.89	1.59	0.00	2.79	0.00	0.00	0.00	7.15	2.00
TOTAL DIET		DIET CALCULATIONS		624.41	36.51	25.99	59.77	387.56	869.06	1398.81	30.53	93.50
DATE												
Tues JUNE 27												
ENTREE A	293	TURKEY, CREAMED & VEGETABLES	6.0OZ/1C.	244.68	22.57	8.40	19.30	135.85	360.90	1111.52	5.58	44.57
ENTREE B	362	PORK, SAUSAGE GRAVY	6 OZ	230.90	15.57	9.26	20.40	251.14	574.86	130.75	1.30	39.14
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	28.79	17.37	17.14	0.81
VEGGIE 2	461	BROCCOLI, CUTS-BB	3.56oz/.5C	35.20	3.13	0.12	7.13	52.25	130.32	194.81	40.64	0.00
BREAD	1093	ROLL, BRAN RYE	1.38 OZ.	104.61	3.39	2.97	16.98	22.82	210.67	3.48	0.08	11.30
DESSERT	750	CAKE, FROSTED	2.64 OZ.	211.40	1.31	7.82	34.71	16.36	203.51	54.05	0.02	0.04
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				785.64	39.83	25.68	102.11	537.85	1092.11	1561.90	65.66	65.79
TOTAL B				771.86	32.83	26.54	103.21	653.14	1306.07	581.13	61.38	60.36
DIET SUB	461	BROCCOLI, CUTS-BB	3.56oz/.5C	35.20	3.13	0.12	7.13	52.25	130.32	194.81	40.64	0.00
DIET SUB	887	CAKE, DIET SOURCE	2 x 2 EA	90.00	1.00	1.00	19.00	NA	90.00	NA	NA	0.00
TOTAL DIET		DIET CALCULATIONS		664.24	39.52	18.86	86.40	521.49	978.60	1507.85	65.64	65.75
DATE												
Wed JUNE 28												
ENTREE A	278	TUNA, SALAD	5.2 OZ.	124.60	13.72	5.45	5.10	48.79	290.38	37.81	1.22	77.84
ENTREE B	211	CHICKEN, SALAD	5.64OZ/.5C	225.82	26.04	9.62	7.84	36.15	252.35	17.54	4.04	40.42
VEGGIE 1	0	chicken wild rice soup										
VEGGIE 2	676	SLAW, CREAMY COLE	4.11OZ/.5C	116.09	1.80	6.99	12.47	53.89	79.93	4.97	26.69	5.04
BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	149.63	7.36	0.06	0.19
DESSERT	777	CANNED, PEACHES - DIET	4.25OZ/.5C.	43.66	0.63	0.03	11.48	5.95	3.97	18.90	3.57	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	695	LETTUCE, SHREDDED	.48OZ/.25C	4.94	0.28	0.06	0.98	6.86	4.97	66.80	4.13	0.25
TOTAL A				570.23	28.21	22.75	65.92	415.12	686.80	316.51	37.87	92.39
TOTAL B				671.45	40.53	26.92	68.66	402.48	648.77	296.24	40.69	54.97
DIET SUB	676	SLAW, CREAMY COLE	4.11OZ/.5C	116.09	1.80	6.99	12.47	53.89	79.93	4.97	26.69	5.04
DIET SUB	777	CANNED, PEACHES - DIET	4.25OZ/.5C.	43.66	0.63	0.03	11.48	5.95	3.97	18.90	3.57	0.00
TOTAL DIET		DIET CALCULATIONS		570.23	28.21	22.75	65.92	415.12	686.80	316.51	37.87	92.39
DATE												
Thurs JUNE 29												
ENTREE A	103	BEEF, BAKED RIGATONI	7.29oz/1c	334.91	18.39	14.38	32.85	72.18	401.21	88.01	6.99	47.77
ENTREE B	307	TURKEY RICE BAKE	8.43oz/1c	351.48	26.30	10.89	35.83	265.06	355.78	17.41	4.55	54.45
VEGGIE 1	513	PEAS, GREEN-BB	2.96oz/.33C	54.41	3.19	0.17	10.37	15.38	105.33	64.59	6.10	0.15
VEGGIE 2	636	SALAD, GARDEN VEGETABLE	1.96OZ/.5C	10.50	0.77	0.11	1.92	19.89	12.44	249.94	9.70	0.00
BREAD	1104	ROLL, MULTIGRAIN	2.0 OZ	150.44	4.23	3.99	24.87	21.00	206.03	7.34	2.22	0.19
DESSERT	1399	PUDDING, HOMESTYLE VANILLA	.5 CUP	160.57	2.18	2.82	33.02	73.27	94.76	48.74	0.09	0.26
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz	27.60	0.84	1.62	2.64	23.70	63.78	7.14	0.96	0.66
ADD BOTH	0											
TOTAL A				867.61	37.10	29.29	116.55	505.82	1041.47	646.43	28.26	58.10
TOTAL B				884.18	45.01	25.80	119.53	698.70	996.04	575.83	25.82	64.78
DIET SUB	636	SALAD, GARDEN VEGETABLE	1.96OZ/.5C	10.50	0.77	0.11	1.92	19.89	12.44	249.94	9.70	0.00
DIET SUB	865	PUDDING, VANILLA - DIET	4.45OZ/.5C	94.42	5.13	0.12	18.12	182.99	150.71	1.13	0.96	2.84
TOTAL DIET		DIET CALCULATIONS		801.46	40.05	26.59	101.65	615.54	1097.42	598.82	29.13	60.68

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY- DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLEST mg 100.00
DATE		Fri JUNE 30										
ENTREE A	1364	PASTA & TKY SALAD	6 WZ	222.42	20.32	2.70	27.51	40.99	257.48	46.85	33.03	57.27
ENTREE B	247	HAM, SCALLOPED POTATOES	8oz/1C	259.17	15.22	10.10	27.46	141.35	663.06	0.83	14.90	37.19
VEGGIE 1	768	CANNED, APPLESAUCE	4.0 OZ.	48.77	0.19	0.06	12.80	3.40	2.27	3.40	1.36	0.00
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
BREAD	1118	ROLL, WHOLE WHEAT DINNER	2.0 OZ	151.76	4.28	4.02	25.01	19.16	148.98	7.36	0.06	0.19
DESSERT	1334	BAR, ZUCCHINI BROWNIE	2.39 OZ	228.61	3.42	9.98	33.09	18.58	122.62	12.36	2.46	28.97
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				792.73	36.79	23.10	111.44	395.66	713.29	606.33	52.82	95.50
TOTAL B				829.48	31.69	30.50	111.39	496.02	1118.87	560.31	34.69	75.42
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
DIET SUB	1318	DIET SPLENDA CHOC CHIP CKY	1.06 OZ	144.40	1.69	8.03	16.30	17.59	37.97	7.57	0.00	12.44
TOTAL DIET		DIET CALCULATIONS		708.52	35.06	21.15	94.65	394.67	628.64	601.54	50.36	78.97
DATE			0									
ENTREE A	0											
ENTREE B	0											
VEGGIE 1	0											
VEGGIE 2	0											
BREAD	0											
DESSERT	0											
MILK/MARG	0											
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
TOTAL B				0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
DIET SUB	0											
DIET SUB	0											
TOTAL DIET		DIET CALCULATIONS		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
DATE			0									
ENTREE A	0		0									
ENTREE B	0											
VEGGIE 1	0											
VEGGIE 2	0											
BREAD	0											
DESSERT	0											
MILK/MARG	0											
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
TOTAL B				0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
DIET SUB	0											
DIET SUB	0											
TOTAL DIET		DIET CALCULATIONS		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
DATE			0									
ENTREE A	0											
ENTREE B	0											
VEGGIE 1	0											
VEGGIE 2	0											
BREAD	0											
DESSERT	0											
MILK/MARG	0											
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
TOTAL B				0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
DIET SUB	0											
DIET SUB	0											
TOTAL DIET		DIET CALCULATIONS		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00

DATE	RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PRO gm 17.00	FAT gm	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00	
DATE		Mon MAY 29														
ENTREE A																
ENTREE B																
VEGGIE 1																
VEGGIE 2																
BREAD																
DESSERT																
MILK/MARG																
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A			#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
TOTAL B			#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
DIET SUB																
DIET SUB																
TOTAL DIET		DIET CALCULATIONS	#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
DATE		Tues MAY 30														
ENTREE A	309	TURKEY, ROASTED, SLICED	3 OZ	114.82	25.57	0.63	0.00	10.21	24.66	44.23	1.48	0.00	0.48	0.33	0.00	
ENTREE B	270	SAUSAGE, KIELBASA	3.2OZ/1EA	264.00	10.00	24.00	2.00	0.00	NA	680.00	NA	1.20	NA	NA	0.00	
VEGGIE 1	415	BEANS, BAKED	4.25oz/5C	149.30	7.37	0.76	29.67	62.35	50.60	306.50	0.86	5.22	0.16	0.00	2.63	
VEGGIE 2	692	SALAD, MAND ORG & PA	3.45OZ/5C	59.11	0.42	0.09	15.58	10.40	10.87	3.33	0.16	14.12	0.06	0.00	0.73	
BREAD	1077	BUN, HOT DOG	1.27 OZ.	108.02	2.70	1.80	18.90	27.01	8.00	263.06	0.25	0.00	0.01	0.00	0.10	
DESSERT	1334	BAR, ZUCCHINI BROWNIE	2.39 OZ	228.61	3.42	9.98	33.09	18.58	11.23	122.62	0.29	2.46	0.05	0.03	1.29	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY	999	SAUCE, MAGNOLIA BBQ	2 Tb	44.72	0.46	0.99	9.25	10.96	5.30	201.39	0.07	3.34	0.04	0.00	0.26	
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A			22.07%	833.76	47.44	20.45	117.37	419.91	142.54	1099.05	3.99	27.34	0.90	1.20	5.01	
TOTAL B			41.09%	938.22	31.41	42.83	110.12	398.74	112.58	1533.43	2.44	25.20	0.38	0.87	4.75	
DIET SUB	692	SALAD, MAND ORG & PA	3.45OZ/5C	59.11	0.42	0.09	15.58	10.40	10.87	3.33	0.16	14.12	0.06	0.00	0.73	
DIET SUB	1321	DIET SPLENDA PAPPLE NUT CKY	1 EA	151.96	2.10	8.20	17.76	35.66	10.16	97.24	0.20	0.53	0.03	0.00	0.63	
TOTAL DIET		DIET CALCULATIONS	22.19%	757.11	46.12	18.67	102.04	436.99	141.47	1073.67	3.90	25.41	0.88	1.17	4.35	
DATE		Wed MAY 31														
ENTREE A	1372	SALAD, MINI GARDEN CHKN	.5 CUP	181.71	21.30	5.61	11.26	181.51	6.44	170.60	0.82	2.00	0.04	0.11	2.48	
ENTREE B	1417		0	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
VEGGIE 1	522	SOUP, NAVY BEAN	9.2oz/1C	157.32	9.49	1.58	26.82	64.18	43.31	232.27	1.24	4.59	0.19	0.85	8.58	
VEGGIE 2	699.5	SALAD, SPIN ROMAINE .75 CUP	2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	29.39	36.03	0.20	20.57	0.09	0.00	1.46	
BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	16.71	149.63	0.49	0.06	0.06	0.04	1.54	
DESSERT	777	CANNED, PEACHES - DIET	4.25OZ/5C.	43.66	0.63	0.03	11.48	5.95	6.95	3.97	0.11	3.57	0.02	0.00	1.29	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A			23.30%	681.62	44.82	17.65	88.68	600.97	134.68	750.42	3.74	32.99	0.50	1.84	15.35	
TOTAL B			21.68%	499.91	23.52	12.04	77.42	419.46	128.24	579.82	2.92	30.99	0.46	1.73	12.87	
DIET SUB	699.5	SALAD, SPIN ROMAINE .75 CUP	2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	29.39	36.03	0.20	20.57	0.09	0.00	1.46	
DIET SUB	777	CANNED, PEACHES - DIET	4.25OZ/5C.	43.66	0.63	0.03	11.48	5.95	6.95	3.97	0.11	3.57	0.02	0.00	1.29	
TOTAL DIET		DIET CALCULATIONS	23.30%	681.62	44.82	17.65	88.68	600.97	134.68	750.42	3.74	32.99	0.50	1.84	15.35	
DATE		Thurs JUNE 1														
ENTREE A	295	TURKEY, DIVAN CASSEROLE	8.43oz/1c	252.68	21.07	7.71	24.22	234.19	38.75	371.43	2.40	26.33	0.39	0.68	1.72	
ENTREE B	386	PASTA PRIMAVERA	1 CUP	331.25	17.21	15.39	29.58	450.47	25.47	361.57	1.77	9.91	0.11	0.66	1.72	
VEGGIE 1	1396	RED CABBAGE & APPLES	.5 CUP	98.62	1.12	4.41	14.92	34.54	12.86	68.12	0.17	40.97	0.16	0.00	1.92	
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97	
BREAD	1097	ROLL, CORNMEAL	1.3 OZ.	90.25	3.23	0.63	17.81	24.60	12.58	92.58	0.29	0.05	0.12	0.04	1.20	
DESSERT	860	PUDDING, TAPIOCA	4.75OZ/1/2C	125.42	4.86	1.40	23.46	143.81	12.83	123.42	0.52	0.74	0.08	0.51	0.00	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH	971	DRESSING, RANCH LO CAL	2TB (1.0 oz)	108.86	0.94	10.88	2.26	30.04	0.00	259.02	0.10	0.00	0.02	0.08	0.00	
TOTAL A			34.56%	817.00	39.80	31.37	95.70	780.71	128.49	1096.51	4.49	84.00	0.93	2.15	5.81	
TOTAL B			39.24%	895.57	35.94	39.05	101.06	996.99	115.21	1086.65	3.86	67.58	0.65	2.13	5.81	
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97	
DIET SUB	865	PUDDING, VANILLA - DIET	4.45OZ/5C	94.42	5.13	0.12	18.12	182.99	15.59	150.71	0.58	0.96	0.05	0.57	0.00	
TOTAL DIET		DIET CALCULATIONS	34.45%	786.00	40.07	30.09	90.36	819.89	131.25	1123.80	4.55	84.22	0.90	2.21	5.81	

		MENU ITEM	PORTION SIZE	CAL A=600 to 850	PRO gm 17.00	FAT gm	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00	
DATE		Fri JUNE 2														
ENTREE A	180	CHICKEN, CHOP SUEY	10.5OZ/1C.	187.59	19.94	4.64	16.43	35.62	22.94	722.20	1.49	24.00	0.33	0.16	0.79	
ENTREE B	157	BEEF, SHEPHERDS PIE	9.0 WZ	308.18	18.35	12.44	31.16	137.55	29.59	435.03	3.14	30.66	0.33	1.48	3.40	
VEGGIE 1	417	BEANS, GREEN FZN-BB	2.66oz/33c	23.75	0.95	0.11	5.59	29.58	6.24	61.75	0.14	2.71	0.02	0.01	1.91	
VEGGIE 2	687	SLAW, COUNTRY	3.34 oz/5 C	66.32	1.66	3.63	7.42	53.14	11.36	99.50	0.25	22.43	0.09	0.06	1.79	
BREAD	1109	ROLL, POTATO WHEAT	2.0 OZ	153.18	4.02	3.87	25.46	17.77	7.66	201.63	0.26	6.47	0.01	0.04	1.12	
DESSERT	724	APPLES, SPICED - DIET	3.67OZ/5C	56.07	0.29	0.36	14.29	5.03	3.20	3.16	0.05	0.15	0.03	0.00	0.57	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A				27.48%	616.09	34.36	18.81	80.07	421.54	83.28	1246.16	3.07	57.96	0.58	1.11	6.18
TOTAL B				32.51%	736.68	32.77	26.61	94.80	523.47	89.93	958.99	4.72	64.62	0.58	2.43	8.79
DIET SUB	687	SLAW, COUNTRY	3.34 oz/5 C	66.32	1.66	3.63	7.42	53.14	11.36	99.50	0.25	22.43	0.09	0.06	1.79	
DIET SUB	724	APPLES, SPICED - DIET	3.67OZ/5C	56.07	0.29	0.36	14.29	5.03	3.20	3.16	0.05	0.15	0.03	0.00	0.57	
TOTAL DIET				27.48%	616.09	34.36	18.81	80.07	421.54	83.28	1246.16	3.07	57.96	0.58	1.11	6.18
DATE		Mon JUNE 5														
ENTREE A	307	TURKEY RICE BAKE	8.43oz/1c	351.48	26.30	10.89	35.83	265.06	48.85	355.78	2.28	4.55	0.55	0.88	1.33	
ENTREE B	1342	CHICKEN POMODORO	1 CUP	252.75	22.52	4.62	29.92	113.26	31.40	343.87	0.62	6.76	0.12	0.14	2.35	
VEGGIE 1	502	PEAS, GREEN w/CARR-BB	2.5oz/33C	45.10	2.33	0.14	9.04	17.72	14.08	96.19	0.43	4.73	0.08	0.00	1.99	
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97	
BREAD	1095	ROLL, CARAWAY RYE	1.38 OZ.	108.25	3.20	2.87	17.75	26.68	15.81	206.68	0.41	0.08	0.03	0.11	1.11	
DESSERT	733	BAR, PEANUT BUTTER	1.72 OZ.	210.19	4.19	10.72	25.91	18.90	23.76	185.67	0.41	0.00	0.05	0.18	0.28	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH		1397	DRSG, CITRUS	1 Tb	42.40	0.07	3.89	1.71	1.79	1.49	0.01	3.46	0.00	0.00	0.03	
ADD BOTH																
TOTAL A				34.90%	898.59	44.67	34.85	103.27	643.68	155.26	1027.75	4.55	28.73	0.87	2.01	5.71
TOTAL B				32.16%	799.86	40.89	28.58	97.36	491.88	137.81	1015.84	2.89	30.94	0.44	1.27	6.73
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97	
DIET SUB	1317	DIET SPLENDA PNB COOKIE	1.08 OZ	167.07	3.04	11.47	13.68	9.06	15.83	89.16	0.31	0.00	0.05	0.00	0.73	
TOTAL DIET				37.45%	855.47	43.52	35.60	91.04	633.84	147.33	931.24	4.45	28.73	0.87	1.83	6.16
DATE		Tues JUNE 6														
ENTREE A	352	PORK PATTY	4 OZ	350.58	28.49	22.09	7.73	72.34	35.05	492.04	3.51	2.98	0.45	0.68	0.98	
ENTREE B	167	BEEF, SWISS STYLE STEAK	4ozw/SC	318.37	20.41	23.13	6.53	28.51	23.88	313.47	4.37	7.63	0.30	1.85	0.27	
VEGGIE 1	906.5	POTATOES, CREAMED	.33 C	85.17	3.65	0.13	16.80	79.37	7.79	91.13	0.27	4.35	0.03	0.25	1.37	
VEGGIE 2	461	BROCCOLI, CUTS-BB	3.56oz/5C	35.20	3.13	0.12	7.13	52.25	20.25	130.32	0.30	40.64	0.27	0.00	2.22	
BREAD	1061	BREAD, ONION	2.0 OZ	150.05	4.10	3.99	25.04	23.49	19.54	197.79	0.51	1.34	0.08	0.04	1.70	
DESSERT	866	WHIP, CHERRY/LIME	4.04OZ/5C	85.41	0.98	1.39	17.73	0.74	0.00	81.77	0.00	11.80	0.00	0.00	0.00	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY	980	GRAVY, PORK W/BASE	2.22 OZ.	16.09	0.36	0.18	3.26	1.14	0.94	104.56	0.02	0.38	0.00	0.00	0.02	
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A				36.03%	851.68	48.21	34.10	88.57	509.73	115.45	1255.53	5.49	63.69	0.93	1.81	6.29
TOTAL B				39.16%	803.38	39.77	34.96	84.11	464.76	103.34	972.40	6.33	67.96	0.78	2.98	5.56
DIET SUB	461	BROCCOLI, CUTS-BB	3.56oz/5C	35.20	3.13	0.12	7.13	52.25	20.25	130.32	0.30	40.64	0.27	0.00	2.22	
DIET SUB	867	WHIP, CHERRY/LIME - DIET	3.36OZ/5C	23.89	1.59	0.00	2.79	0.00	0.51	0.00	0.00	7.15	0.00	0.00	0.00	
TOTAL DIET				37.25%	790.16	48.82	32.71	73.63	508.99	115.96	1173.76	5.49	59.04	0.93	1.81	6.29
DATE		Wed JUNE 7														
ENTREE A	309	TURKEY, ROASTED, SLICED	3 OZ	114.82	25.57	0.63	0.00	10.21	24.66	44.23	1.48	0.00	0.48	0.33	0.00	
ENTREE B	1228	MEATLOAF for SAND	2 oz	155.42	12.00	10.11	3.55	30.41	15.71	218.14	2.24	1.27	0.15	0.82	0.72	
VEGGIE 1	520	SOUP, LENTIL-M	8.0 oz/1C	150.75	7.26	4.97	19.34	31.66	34.35	339.04	1.27	4.02	0.18	0.21	7.67	
VEGGIE 2	672	SLAW, CARROT	3.93OZ/5C	94.31	1.57	2.60	17.87	37.99	15.50	61.69	0.21	7.73	0.14	0.01	1.44	
BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	16.71	149.63	0.49	0.06	0.06	0.04	1.54	
DESSERT	692	SALAD, MAND ORG & PA	3.45OZ/5C	59.11	0.42	0.09	15.58	10.40	10.87	3.33	0.16	14.12	0.06	0.00	0.73	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH		695	LETTUCE, SHREDDED	.48OZ/25C	4.94	0.28	0.06	0.98	6.86	2.92	4.97	0.06	4.13	0.02	0.00	0.17
ADD BOTH		1026	SAUCE, SPECIAL	1 TB	41.38	0.09	3.59	2.26	0.97	0.31	148.08	0.01	0.30	0.00	0.00	0.04
TOTAL A				26.72%	746.25	46.97	22.16	91.92	397.72	137.20	908.89	4.56	32.56	1.04	1.43	11.59
TOTAL B				36.18%	786.85	33.40	31.64	95.47	417.92	128.25	1082.80	5.32	33.83	0.71	1.92	12.31
DIET SUB	672	SLAW, CARROT	3.93OZ/5C	94.31	1.57	2.60	17.87	37.99	15.50	61.69	0.21	7.73	0.14	0.01	1.44	
DIET SUB	692	SALAD, MAND ORG & PA	3.45OZ/5C	59.11	0.42	0.09	15.58	10.40	10.87	3.33	0.16	14.12	0.06	0.00	0.73	
TOTAL DIET				26.72%	746.25	46.97	22.16	91.92	397.72	137.20	908.89	4.56	32.56	1.04	1.43	11.59

DATE	RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PRO gm 17.00	FAT gm	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00	
DATE Thurs JUNE 8																
ENTREE A	403	BLACK BEAN CHILI	1 CUP	318.50	21.73	5.68	48.12	110.95	28.68	465.52	2.19	10.01	0.34	0.81	15.35	
ENTREE B	221	CHICKEN, TETRAZZINI	10.2OZ/1C.	274.43	24.30	5.18	30.21	178.97	32.55	470.02	1.03	5.54	0.12	0.46	1.59	
VEGGIE 1	532	SPINACH-BB	2.36oz/.33C	23.84	2.08	0.14	4.95	96.89	45.53	102.09	0.46	8.21	0.10	0.00	1.39	
VEGGIE 2	662	SALAD, TOSSED	.95OZ/ .5 CU	9.88	0.55	0.11	1.96	13.71	5.83	9.93	0.12	8.26	0.04	0.00	0.33	
BREAD	1067	BREAD, SEVEN GRAIN	2.0 OZ	151.65	4.18	4.03	25.09	19.60	10.72	149.63	0.38	0.06	0.04	0.04	1.83	
DESSERT	810	CRISP, PEACH	4.8OZ/.5C.	218.57	2.32	5.65	41.63	19.92	24.28	7.03	0.36	3.81	0.01	0.00	0.36	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	1.98	63.78	0.12	0.96	0.00	0.06	0.12	
ADD BOTH																
TOTAL A				23.98%	879.22	39.20	23.43	135.27	565.17	148.90	955.90	4.51	33.51	0.63	1.75	19.38
TOTAL B				24.71%	835.15	41.77	22.93	117.36	633.19	152.77	960.40	3.35	29.04	0.41	1.40	5.62
DIET SUB	662	SALAD, TOSSED	.95OZ/ .5 CU	9.88	0.55	0.11	1.96	13.71	5.83	9.93	0.12	8.26	0.04	0.00	0.33	
DIET SUB	715	CRISP, PEACH - DIET	.5 CUP	111.00	0.92	4.73	17.46	9.61	0.00	72.74	0.00	2.87	0.00	0.00	0.23	
TOTAL DIET		DIET CALCULATIONS	26.25%	771.65	37.80	22.51	111.10	554.86	124.62	1021.61	4.15	32.57	0.62	1.75	19.25	
DATE Fri JUNE 9																
ENTREE A	351	CHICKEN,BREADED PATTIE TYSON	2.75 OZ	170.00	10.00	9.00	10.00	NA	NA	480.00	NA	0.00	NA	NA	NA	
ENTREE B	137	BEEF, LIVER & ONIONS	4 OZ	176.64	19.07	3.28	16.89	26.61	25.01	340.59	3.59	6.17	1.01	50.43	1.58	
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	NA	28.79	NA	17.14	0.01	0.09	1.14	
VEGGIE 2	574.5	BLEND, COUNTRY TRIO VEGETABLES	.33 CUP	22.67	0.89	0.23	4.93	0.00	0.00	8.93	0.00	5.33	0.00	0.00	0.89	
BREAD	1054	BREAD, HERB FRENCH	2.0 OZ	138.79	4.73	1.17	26.88	19.70	10.50	153.88	0.39	0.08	0.03	0.04	1.02	
DESSERT	750	CAKE, FROSTED	2.64 OZ.	211.40	1.31	7.82	34.71	16.36	0.47	203.51	0.01	0.02	0.00	0.01	0.00	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY	983	GRAVY, POULTRY W/BASE	2.20 OZ.	15.02	0.30	0.15	3.10	0.97	0.55	78.72	0.02	0.01	0.00	0.00	0.01	
B ADD ONLY	976	GRAVY, BROWN W/BASE	2.28 OZ.	17.21	0.43	0.18	3.55	1.84	1.87	102.95	0.04	1.13	0.01	0.00	0.04	
ADD BOTH																
ADD BOTH																
TOTAL A				29.77%	747.62	26.67	24.73	103.61	347.60	43.40	1111.76	1.30	24.78	0.14	0.98	3.06
TOTAL B				22.66%	756.45	35.87	19.04	110.95	375.08	69.73	996.58	4.91	32.07	1.16	51.41	4.67
DIET SUB	574.5	BLEND, COUNTRY TRIO VEGETABLES	.33 CUP	22.67	0.89	0.23	4.93	0.00	0.00	8.93	0.00	5.33	0.00	0.00	0.89	
DIET SUB	887	CAKE, DIET SOURCE	2 x 2 EA	90.00	1.00	1.00	19.00	NA	0.00	90.00	0.00	NA	0.00	0.00	0.00	
TOTAL DIET		DIET CALCULATIONS	25.74%	626.22	26.36	17.91	87.90	331.24	42.93	998.25	1.29	24.76	0.14	0.97	3.06	
DATE Mon JUNE 12																
ENTREE A	223	CHICKEN, WAIKIKI - QUARTER	5.48OZ.	195.66	25.70	5.71	8.96	19.87	0.08	267.00	13.69	5.01	8.82	5.01	0.07	
ENTREE B	142	BEEF, MEATBALLS SWEDISH	6 OZ	275.38	20.09	17.00	9.73	86.66	21.79	213.73	2.70	4.29	0.27	1.46	1.30	
VEGGIE 1	906.5	POTATOES, CREAMED	.33 C	85.17	3.65	0.13	16.80	79.37	7.79	91.13	0.27	4.35	0.03	0.25	1.37	
VEGGIE 2	455	BLEND, SCANDINAVIAN-BB	3oz/.33C	40.24	1.78	0.00	8.27	12.77	6.69	95.53	0.38	5.12	0.11	0.00	2.33	
BREAD	1044	BREAD, BRAN WHEAT	1.31 OZ.	100.21	3.23	2.82	16.30	21.31	21.92	201.24	0.42	0.08	0.05	0.10	1.21	
DESSERT	1398	PUDDING, CHOCOLATE HOMESTYLE	.5 CUP	192.66	6.69	2.79	36.75	217.06	34.57	101.49	0.98	0.76	0.07	0.81	1.03	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A				21.37%	743.12	48.55	17.65	97.96	630.78	102.93	914.31	16.62	17.52	9.18	7.01	6.01
TOTAL B				31.65%	822.84	42.94	28.94	98.73	697.57	124.64	861.04	5.63	16.80	0.63	3.46	7.24
DIET SUB	455	BLEND, SCANDINAVIAN-BB	3oz/.33C	40.24	1.78	0.00	8.27	12.77	6.69	95.53	0.38	5.12	0.11	0.00	2.33	
DIET SUB	856	PUDDING, CHOCOLATE- DIET	4.45OZ/.5C	89.42	5.13	0.12	18.12	182.99	15.59	150.71	0.58	0.96	0.05	0.57	0.00	
TOTAL DIET		DIET CALCULATIONS	21.06%	639.88	46.99	14.98	79.33	596.71	83.95	963.53	16.22	17.72	9.16	6.77	4.98	
DATE Tues JUNE 13																
ENTREE A	1379	SALAD, ASIAN CHKN MINI	.5 CUP	239.77	20.83	10.64	14.34	26.81	34.03	319.79	1.51	18.57	0.40	0.22	3.82	
ENTREE B	1373	SALAD, MINI CHEF	.5 CUP	125.81	15.23	5.99	2.21	72.36	6.56	339.96	0.99	5.80	0.12	1.48	0.61	
VEGGIE 1	699.5	SALAD, SPIN ROMAINE .75 CUP	2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	29.39	36.03	0.20	20.57	0.09	0.00	1.46	
VEGGIE 2	1255	SOUP, CREAM OF BROCCOLI	1CUP	211.62	8.74	12.27	16.67	323.73	22.89	325.68	0.93	19.02	0.07	0.77	1.17	
BREAD	1117	ROLL, WHITE DINNER	1.38 OZ.	108.81	3.26	2.88	17.25	20.54	6.84	210.69	0.25	0.08	0.02	0.11	0.73	
DESSERT	779	CANNED , PEARS - DIET	4.13 OZ/.5C	33.96	0.22	0.04	9.15	4.68	4.68	2.34	0.11	1.17	0.02	0.00	0.71	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	1.98	63.78	0.12	0.96	0.00	0.06	0.12	
ADD BOTH																
ADD BOTH																
TOTAL A				39.14%	741.33	42.17	32.24	71.52	705.86	129.71	1052.45	3.88	61.61	0.70	1.94	7.89
TOTAL B				40.14%	654.97	37.41	29.21	62.03	775.11	104.22	1136.40	3.48	49.80	0.42	3.26	4.80
DIET SUB	699.5	SALAD, SPIN ROMAINE .75 CUP	2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	29.39	36.03	0.20	20.57	0.09	0.00	1.46	
DIET SUB	779	CANNED , PEARS - DIET	4.13 OZ/.5C	33.96	0.22	0.04	9.15	4.68	4.68	99.00	0.11	1.17	0.02	0.00	0.71	
TOTAL DIET		DIET CALCULATIONS	33.16%	547.69	35.05	20.18	58.07	431.82	136.20	859.46	3.14	63.15	0.72	1.17	8.17	

	DATE	MENU ITEM	PORTION	CAL	PRO	FAT	CHO	Ca+	Mg+	Na+	Zn+	C	B-6	B-12	FIBER	
	RECNUM		SIZE	A=600	gm	gm	gm	mg	mg	mg	mg	mg	mg	mcg	gm	
				to 850	17.00			400.00	88.00	1050.00	3.10	30.00	0.57	0.79	7.00	
	DATE	Wed JUNE 14														
	ENTREE A	159	BEEF, SPANISH RICE	9.63OZ/1C.	313.90	18.38	12.82	30.00	78.01	23.36	341.87	3.38	20.85	0.52	1.36	2.41
	ENTREE B	339	VEGETARIAN, MACARONI & CHEESE	9.24oz/1C	412.93	22.38	16.59	43.19	523.66	46.07	489.41	2.71	1.29	0.48	0.89	0.10
	VEGGIE 1	513	PEAS, GREEN-BB	2.96oz/33C	54.41	3.19	0.17	10.37	15.38	13.76	105.33	0.41	6.10	0.07	0.00	3.39
	VEGGIE 2	676	SLAW, CREAMY COLE	4.11OZ/5C	116.09	1.80	6.99	12.47	53.89	9.92	79.93	0.18	26.69	0.09	0.01	1.85
	BREAD	1112	ROLL, SEVEN GRAIN	2.0 OZ	151.65	4.18	4.03	25.09	19.60	10.72	205.97	0.38	0.06	0.04	0.04	1.83
	DESSERT	838	GELATIN, JEWELS	4.34OZ/5C	71.63	1.02	0.00	17.39	0.58	0.00	81.86	0.00	12.28	0.00	0.00	0.00
	MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00
	A ADD ONLY															
	B ADD ONLY															
	ADD BOTH	1008	TOPPING, WHIPPED DIET	2 Tb	15.96	0.00	0.00	2.00	0.00	0.00	0.00	0.00	1.41	4.21	0.00	
	ADD BOTH															
	TOTAL A			31.88%	852.82	36.07	30.21	108.20	447.86	89.64	972.88	5.23	68.18	2.23	6.46	9.48
	TOTAL B			32.13%	951.85	40.07	33.98	121.39	893.51	112.35	1120.42	4.56	48.62	2.19	5.99	7.17
	DIET SUB	676	SLAW, CREAMY COLE	4.11OZ/5C	116.09	1.80	6.99	12.47	53.89	9.92	79.93	0.18	26.69	0.09	0.01	1.85
	DIET SUB	839	GELATIN, JEWELS W/TOP. - DIET	4.0OZ/1/2C	12.57	1.29	0.00	1.13	0.05	0.51	3.69	0.00	11.45	0.01	0.02	0.00
	TOTAL DIET		DIET CALCULATIONS	34.25%	793.76	36.34	30.21	91.94	447.33	90.15	894.71	5.23	67.35	2.24	6.48	9.48
	DATE	Thurs JUNE 15														
	ENTREE A	1369	CHICKEN BRST FILLET	3 oz	174.00	20.10	8.30	4.30	28.60	0.00	461.60	0.00	0.00	0.60	0.34	0.76
	ENTREE B	138	BEEF, MEAT LOAF W/TURKEY	4.14 OZ	310.83	24.00	20.21	7.10	60.81	31.42	436.29	4.48	2.55	0.51	2.27	1.44
	VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	NA	28.79	NA	17.14	0.01	0.09	1.14
	VEGGIE 2	440	BLEND, CAPRI-BB	2.57oz/33C	27.89	0.77	0.00	5.81	11.26	14.58	83.14	0.33	4.47	0.05	0.00	0.00
	BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	16.71	149.63	0.49	0.06	0.06	0.04	1.54
	DESSERT	750	CAKE, FROSTED	2.64 OZ.	211.40	1.31	7.82	34.71	16.36	0.47	203.51	0.01	0.02	0.00	0.01	0.00
	MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00
	A ADD ONLY															
	B ADD ONLY															
	ADD BOTH															
	ADD BOTH															
	TOTAL A			31.61%	754.80	35.89	26.51	93.82	386.02	63.64	1084.59	1.71	23.89	0.82	1.32	3.44
	TOTAL B			38.78%	891.63	39.79	38.42	96.62	418.23	95.06	1059.28	6.19	26.44	0.73	3.25	4.12
	DIET SUB	440	BLEND, CAPRI-BB	2.57oz/33C	27.89	0.77	0.00	5.81	11.26	14.58	83.14	0.33	4.47	0.05	0.00	0.00
	DIET SUB	887	CAKE, DIET SOURCE	2 x 2 EA	90.00	1.00	1.00	19.00	NA	0.00	90.00	0.00	NA	0.00	0.00	0.00
	TOTAL DIET		DIET CALCULATIONS	27.97%	633.40	35.58	19.69	78.11	369.66	63.17	971.08	1.70	23.87	0.82	1.31	3.44
	DATE	Fri JUNE 16														
	ENTREE A	309	TURKEY, ROASTED, SLICED	3 OZ	114.82	25.57	0.63	0.00	10.21	24.66	44.23	1.48	0.00	0.48	0.33	0.00
	ENTREE B	1346	SMKHSE RIBETTE (CHKN&BEEF)	3.75 OZ	220.00	18.00	11.00	14.00	100.00	NA	350.00	NA	4.80	NA	NA	3.00
	VEGGIE 1	937.5	POTATOES, COLCANNON	3.83oz/33C	51.59	1.03	0.02	11.25	61.49	3.16	154.70	0.04	22.26	0.02	0.00	1.26
	VEGGIE 2	550.5	SUCCOTASH	.33 CUP	58.94	2.69	1.41	11.27	25.51	19.59	15.03	0.31	2.00	0.07	0.07	0.70
	BREAD	1068	BREAD, SQUASH	2.0 OZ	158.50	4.39	4.05	26.43	22.98	17.18	185.17	0.49	0.87	0.06	0.04	1.61
	DESSERT	840	ICE CREAM, CUP	4OZ/5C	133.30	2.30	7.30	15.60	84.00	9.00	53.00	0.46	0.00	0.03	0.26	0.00
	MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00
	A ADD ONLY	983	GRAVY, POULTRY W/BASE	2.20 OZ.	15.02	0.30	0.15	3.10	0.97	0.55	78.72	0.02	0.01	0.00	0.00	0.01
	B ADD ONLY	999.5	SAUCE, MAGNOLIA BBQ	1 Tb	22.36	0.23	0.50	4.63	5.48	2.65	100.70	0.04	1.67	0.02	0.00	0.13
	ADD BOTH															
	ADD BOTH															
	TOTAL A			26.89%	661.35	43.79	19.76	78.54	485.57	106.02	688.77	3.68	27.34	0.76	1.54	3.58
	TOTAL B			35.45%	773.87	36.15	30.48	94.06	579.87	83.46	1016.51	2.22	33.80	0.30	1.21	6.70
	DIET SUB	550.5	SUCCOTASH	.33 CUP	58.94	2.69	1.41	11.27	25.51	19.59	15.03	0.31	2.00	0.07	0.07	0.70
	DIET SUB	840	ICE CREAM, CUP	4OZ/5C	133.30	2.30	7.30	15.60	84.00	9.00	53.00	0.46	0.00	0.03	0.26	0.00
	TOTAL DIET		DIET CALCULATIONS	26.89%	661.35	43.79	19.76	78.54	485.57	106.02	688.77	3.68	27.34	0.76	1.54	3.58
	DATE	Mon JUNE 19														
	ENTREE A	1378	CHICKEN LO MEIN	1 CUP	282.32	26.06	6.36	28.57	52.75	41.12	494.63	1.14	31.09	0.54	0.22	3.94
	ENTREE B	367	CALIF GRN CHILI & 3 CHZ BAKE	7 OZ	426.69	17.70	22.42	39.95	214.07	64.35	524.46	1.05	4.09	0.26	0.16	2.74
	VEGGIE 1	417	BEANS, GREEN FZN-BB	2.66oz/33c	23.75	0.95	0.11	5.59	29.58	6.24	61.75	0.14	2.71	0.02	0.01	1.91
	VEGGIE 2	645.5	SALAD, SWT MARINATED VEGT	3.75oz/5 C	102.58	1.23	5.62	12.52	24.94	12.24	28.74	0.19	28.78	0.10	0.00	1.54
	BREAD	1104	ROLL, MULTIGRAIN	2.0 OZ	150.44	4.23	3.99	24.87	21.00	9.11	206.03	0.27	2.22	0.02	0.04	2.02
	DESSERT	1398	PUDGING, CHOCOLATE HOMESTYLE	.5 CUP	192.66	6.69	2.79	36.75	217.06	34.57	101.49	0.98	0.76	0.07	0.81	1.03
	MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00
	A ADD ONLY															
	B ADD ONLY															
	ADD BOTH															
	ADD BOTH															
	TOTAL A			25.62%	880.93	46.66	25.07	119.18	625.73	135.16	1050.56	3.60	67.76	0.85	1.92	10.44
	TOTAL B			36.11%	1025.30	38.30	41.13	130.56	787.05	158.39	1080.39	3.51	40.76	0.57	1.86	9.24
	DIET SUB	645.5	SALAD, SWT MARINATED VEGT	3.75oz/5 C	102.58	1.23	5.62	12.52	24.94	12.24	28.74	0.19	28.78	0.10	0.00	1.54
	DIET SUB	856	PUDGING, CHOCOLATE- DIET	4.45OZ/5C	89.42	5.13	0.12	18.12	182.99	15.59	150.71	0.58	0.96	0.05	0.57	0.00
	TOTAL DIET		DIET CALCULATIONS	25.93%	777.69	45.10	22.40	100.55	591.66	116.18	1099.78	3.20	67.96	0.83	1.68	9.41

	DATE	MENU ITEM	PORTION	CAL	PRO	FAT	CHO	Ca+	Mg+	Na+	Zn+	C	B-6	B-12	FIBER	
	RECNUM		SIZE	A=600	gm	gm	gm	mg	mg	mg	mg	mg	mg	mcg	gm	
				to 850	17.00			400.00	88.00	1050.00	3.10	30.00	0.57	0.79	7.00	
DATE		Tues JUNE 20														
ENTREE A	282	TURKEY HAM, LIMA BEAN CASSEROLE	7.63oz/1c	276.58	19.33	3.24	43.63	60.41	72.03	502.12	2.51	6.62	0.39	1.88	11.27	
ENTREE B	360	BEEF, QUAKER SPAGHETTI	9.5 OZ/1 C.	342.78	19.32	15.22	31.58	41.43	38.78	379.09	3.13	6.53	0.42	1.34	3.17	
VEGGIE 1	574.5	BLEND, COUNTRY TRIO VEGETABLES	.33 CUP	22.67	0.89	0.23	4.93	0.00	0.00	8.93	0.00	5.33	0.00	0.00	0.89	
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97	
BREAD	1097	ROLL, CORNMEAL	1.3 OZ.	90.25	3.23	0.63	17.81	24.60	12.58	92.58	0.29	0.05	0.12	0.04	1.20	
DESSERT	1338	HERMIT BAR	1 EA	176.89	2.14	7.19	27.56	71.18	4.67	56.16	0.10	0.18	0.01	0.00	0.60	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A				22.42%	707.56	34.17	17.63	106.96	469.72	140.75	841.73	3.91	28.09	0.68	2.76	14.93
TOTAL B				34.44%	773.76	34.16	29.61	94.91	450.74	107.50	718.70	4.53	28.00	0.71	2.22	6.83
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97	
DIET SUB	1319	DIET SPLENDA PUMPKIN CKY	1.3 OZ	126.08	1.62	5.29	18.35	15.05	4.86	83.60	0.09	0.06	0.01	0.01	0.97	
TOTAL DIET		DIET CALCULATIONS		21.55%	656.75	33.65	15.73	97.75	413.59	140.94	869.17	3.90	27.97	0.68	2.77	15.30
DATE		Wed JUNE 21														
ENTREE A	176	CHICKEN, BBQ FOR SANDWICH	3oz	196.03	17.57	5.18	18.86	29.75	9.17	389.31	0.13	2.77	0.08	0.00	0.52	
ENTREE B	158	BEEF, SLOPPY JOE	5.0 OZ.	191.26	12.68	11.97	8.29	32.26	17.42	375.62	2.78	6.44	0.17	1.19	0.22	
VEGGIE 1	496	CORN, W. KERNEL-BB	2.5oz/.33C	61.95	2.14	0.05	15.68	1.64	12.76	48.91	0.25	1.94	0.07	0.00	1.49	
VEGGIE 2	646	SALAD, MARINATED ZUCCHINI	4.16OZ/.5C	100.20	1.02	5.63	12.12	15.43	14.43	10.24	0.24	21.38	0.18	0.00	0.94	
BREAD	1075	BUN, HAMBURGER	1.06 OZ.	89.16	2.50	1.70	15.93	22.04	8.01	155.28	0.25	0.00	0.01	0.00	0.88	
DESSERT	807	CRISP, APPLE	5.20OZ/.5C	222.85	1.96	5.95	42.41	17.88	20.19	6.01	0.30	0.24	0.05	0.00	0.66	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A				27.82%	799.37	32.69	24.71	115.88	367.14	96.44	767.67	2.05	28.53	0.49	0.84	4.49
TOTAL B				35.68%	794.60	27.80	31.50	105.31	369.65	104.69	753.98	4.70	32.20	0.58	2.03	4.19
DIET SUB	676	SLAW, CREAMY COLE	4.11OZ/.5C	116.09	1.80	6.99	12.47	53.89	9.92	79.93	0.18	26.69	0.09	0.01	1.85	
DIET SUB	711	CRISP, APPLE - DIET	.5 CUP	166.60	1.50	4.97	29.96	12.46	13.65	60.53	0.20	2.88	0.03	0.01	1.54	
TOTAL DIET		DIET CALCULATIONS		29.75%	759.01	33.01	25.09	103.78	400.18	85.39	891.88	1.89	36.48	0.38	0.86	6.28
DATE		Thurs JUNE 22														
ENTREE A	1376	FISH, BREADED POLLOCK PC	4 OZ	240.00	13.00	8.00	19.00	20.00	0.00	220.00	0.00	0.00	0.28	0.00	1.00	
ENTREE B	1401	KINGS COM PORK CHOPPIE	4 OZ	260.00	18.00	13.00	0.00	0.00	0.00	260.00	0.00	0.00	0.00	0.00	0.00	
VEGGIE 1	908.5	POTATOES, DELMONICO	.33 C	74.77	2.41	1.84	12.33	51.39	16.37	121.87	0.30	15.93	0.17	0.14	1.25	
VEGGIE 2	500	MIXED VEGS-BB	2.43oz/.33C	49.35	2.31	0.12	10.63	16.78	15.93	105.42	0.38	4.16	0.16	0.00	1.64	
BREAD	1044	BREAD, BRAN WHEAT	1.31 OZ.	100.21	3.23	2.82	16.30	21.31	21.92	201.24	0.42	0.08	0.05	0.10	1.21	
DESSERT	866	WHIP, CHERRY/LIME	4.04OZ/.5C	85.41	0.98	1.39	17.73	0.74	0.00	81.77	0.00	11.80	0.00	0.00	0.00	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A				27.00%	678.92	29.43	20.37	86.87	390.62	86.10	888.22	1.98	34.17	0.76	1.08	5.10
TOTAL B				32.67%	698.92	34.43	25.37	67.87	370.62	86.10	928.22	1.98	34.17	0.48	1.08	4.10
DIET SUB	500	MIXED VEGS-BB	2.43oz/.33C	49.35	2.31	0.12	10.63	16.78	15.93	105.42	0.38	4.16	0.16	0.00	1.64	
DIET SUB	867	WHIP, CHERRY/LIME - DIET	3.36OZ/.5C	23.89	1.59	0.00	2.79	0.00	0.51	0.00	0.00	7.15	0.00	0.00	0.00	
TOTAL DIET		DIET CALCULATIONS		27.67%	617.40	30.04	18.98	71.93	389.88	86.61	806.45	1.98	29.52	0.76	1.08	5.10
DATE		Fri JUNE 23														
ENTREE A	311	TURKEY, SALAD	4.64OZ/.5C	163.19	17.43	6.79	7.84	37.50	20.48	220.66	1.80	4.04	0.29	0.21	0.52	
ENTREE B	224	EGG, SALAD	4.3oz	160.61	11.40	11.33	2.54	55.40	11.56	311.79	0.94	1.10	2.03	6.17	0.27	
VEGGIE 1	530	SOUP, VEGETARIAN VEGETABLE	8oz/1C	99.10	3.14	0.40	21.84	44.06	23.98	205.75	0.44	15.95	0.16	0.00	3.62	
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97	
BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	16.71	149.63	0.49	0.06	0.06	0.04	1.54	
DESSERT	781	CANNED, PINEAPPLE TIDBITS	4.3 OZ	73.15	0.51	0.10	19.14	17.07	17.00	1.22	0.12	11.58	0.00	0.00	0.43	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A				25.28%	628.37	33.94	17.65	86.86	431.39	129.64	759.20	3.86	47.54	0.67	1.09	7.08
TOTAL B				31.74%	630.73	28.19	22.25	82.54	456.15	123.64	855.30	3.06	48.73	2.43	7.05	7.00
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97	
DIET SUB	781	CANNED, PINEAPPLE TIDBITS	4.3 OZ	73.15	0.51	0.10	19.14	17.07	17.00	1.22	0.12	11.58	0.00	0.00	0.43	
TOTAL DIET		DIET CALCULATIONS		25.28%	628.37	33.94	17.65	86.86	431.39	129.64	759.20	3.86	47.54	0.67	1.09	7.08

	DATE	MENU ITEM	PORTION	CAL	PRO	FAT	CHO	Ca+	Mg+	Na+	Zn+	C	B-6	B-12	FIBER	
	RECNUM		SIZE	A=600	gm	gm	gm	mg	mg	mg	mg	mg	mg	mcg	gm	
				to 850	17.00			400.00	88.00	1050.00	3.10	30.00	0.57	0.79	7.00	
DATE		Mon JUNE 26														
ENTREE A	145	BEEF, MUSHROOM STK W/GRAVY	6.4 OZ.	312.30	21.40	20.56	9.78	31.28	4.33	460.88	4.78	1.94	0.20	1.61	0.28	
ENTREE B	302	TURKEY, LOAF	3.92 OZ.	231.54	26.11	10.89	7.38	72.29	45.86	343.69	3.27	3.65	0.74	1.33	1.48	
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	NA	28.79	NA	17.14	0.01	0.09	1.14	
VEGGIE 2	482	CARROTS, HERBED-BB	2.6oz/.33C	27.92	0.87	0.09	6.44	24.47	7.90	64.41	0.18	2.07	0.09	0.00	1.28	
BREAD	1048	BREAD, DILL	1.34OZ.	104.46	3.26	2.77	16.81	22.65	12.54	201.57	0.34	0.03	0.03	0.10	0.60	
DESSERT	866	WHIP, CHERRY/LIME	4.04OZ/.5C	85.41	0.98	1.39	17.73	0.74	0.00	81.77	0.00	11.80	0.00	0.00	0.00	
MILK/MARG	959	MILK, 1%	8.0 OZ.	95.27	7.46	2.40	10.84	278.99	31.76	113.41	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY	983	GRAVY, POULTRY W/BASE	2.20 OZ.	15.02	0.30	0.15	3.10	0.97	0.55	78.72	0.02	0.01	0.00	0.00	0.01	
ADD BOTH																
ADD BOTH																
TOTAL A				35.92%	685.93	35.90	27.38	74.71	388.30	56.53	950.83	6.18	35.18	0.43	2.64	3.30
TOTAL B				25.91%	620.19	40.91	17.86	75.41	430.28	98.61	912.36	4.69	36.90	0.97	2.36	4.51
DIET SUB	482	CARROTS, HERBED-BB	2.6oz/.33C	27.92	0.87	0.09	6.44	24.47	7.90	64.41	0.18	2.07	0.09	0.00	1.28	
DIET SUB	867	WHIP, CHERRY/LIME - DIET	3.36OZ/.5C	23.89	1.59	0.00	2.79	0.00	0.51	0.00	0.00	7.15	0.00	0.00	0.00	
TOTAL DIET		DIET CALCULATIONS		37.46%	624.41	36.51	25.99	59.77	387.56	57.04	869.06	6.18	30.53	0.43	2.64	3.30
DATE		Tues JUNE 27														
ENTREE A	293	TURKEY, CREAMED & VEGETABLES	6.0OZ/1C.	244.68	22.57	8.40	19.30	135.85	47.37	360.90	2.48	5.58	0.45	0.51	1.16	
ENTREE B	362	PORK, SAUSAGE GRAVY	6 OZ	230.90	15.57	9.26	20.40	251.14	33.57	574.86	2.03	1.30	0.19	1.18	0.40	
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	NA	28.79	NA	17.14	0.01	0.09	1.14	
VEGGIE 2	461	BROCCOLI, CUTS-BB	3.56oz/.5C	35.20	3.13	0.12	7.13	52.25	20.25	130.32	0.30	40.64	0.27	0.00	2.22	
BREAD	1093	ROLL, BRAN RYE	1.38 OZ.	104.61	3.39	2.97	16.98	22.82	25.49	210.67	0.50	0.08	0.05	0.11	0.16	
DESSERT	750	CAKE, FROSTED	2.64 OZ.	211.40	1.31	7.82	34.71	16.36	0.47	203.51	0.01	0.02	0.00	0.01	0.00	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A				29.41%	785.64	39.83	25.68	102.11	537.85	125.46	1092.11	4.17	65.66	0.88	1.56	4.68
TOTAL B				30.94%	771.86	32.83	26.54	103.21	653.14	111.66	1306.07	3.72	61.38	0.62	2.23	3.92
DIET SUB	461	BROCCOLI, CUTS-BB	3.56oz/.5C	35.20	3.13	0.12	7.13	52.25	20.25	130.32	0.30	40.64	0.27	0.00	2.22	
DIET SUB	887	CAKE, DIET SOURCE	2 x 2 EA	90.00	1.00	1.00	19.00	NA	0.00	90.00	0.00	NA	0.00	0.00	0.00	
TOTAL DIET		DIET CALCULATIONS		25.55%	664.24	39.52	18.86	86.40	521.49	124.99	978.60	4.16	65.64	0.88	1.55	4.68
DATE		Wed JUNE 28														
ENTREE A	278	TUNA, SALAD	5.2 OZ.	124.60	13.72	5.45	5.10	48.79	16.99	290.38	0.58	1.22	0.22	1.60	0.38	
ENTREE B	211	CHICKEN, SALAD	5.64OZ/.5C	225.82	26.04	9.62	7.84	36.15	5.74	252.35	0.04	4.04	0.02	0.00	0.52	
VEGGIE 1		chicken wild rice soup														
VEGGIE 2	676	SLAW, CREAMY COLE	4.11OZ/.5C	116.09	1.80	6.99	12.47	53.89	9.92	79.93	0.18	26.69	0.09	0.01	1.85	
BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	16.71	149.63	0.49	0.06	0.06	0.04	1.54	
DESSERT	777	CANNED, PEACHES - DIET	4.25OZ/.5C.	43.66	0.63	0.03	11.48	5.95	6.95	3.97	0.11	3.57	0.02	0.00	1.29	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH	695	LETTUCE, SHREDDED	.48OZ/.25C	4.94	0.28	0.06	0.98	6.86	2.92	4.97	0.06	4.13	0.02	0.00	0.17	
TOTAL A				35.90%	570.23	28.21	22.75	65.92	415.12	85.37	686.80	2.30	37.87	0.51	2.49	5.23
TOTAL B				36.08%	671.45	40.53	26.92	68.66	402.48	74.12	648.77	1.76	40.69	0.31	0.89	5.37
DIET SUB	676	SLAW, CREAMY COLE	4.11OZ/.5C	116.09	1.80	6.99	12.47	53.89	9.92	79.93	0.18	26.69	0.09	0.01	1.85	
DIET SUB	777	CANNED, PEACHES - DIET	4.25OZ/.5C.	43.66	0.63	0.03	11.48	5.95	6.95	3.97	0.11	3.57	0.02	0.00	1.29	
TOTAL DIET		DIET CALCULATIONS		35.90%	570.23	28.21	22.75	65.92	415.12	85.37	686.80	2.30	37.87	0.51	2.49	5.23
DATE		Thurs JUNE 29														
ENTREE A	103	BEEF, BAKED RIGATONI	7.29oz/1c	334.91	18.39	14.38	32.85	72.18	23.21	401.21	3.57	6.99	0.19	1.03	0.40	
ENTREE B	307	TURKEY RICE BAKE	8.43oz/1c	351.48	26.30	10.89	35.83	265.06	48.85	355.78	2.28	4.55	0.55	0.88	1.33	
VEGGIE 1	513	PEAS, GREEN-BB	2.96oz/.33C	54.41	3.19	0.17	10.37	15.38	13.76	105.33	0.41	6.10	0.07	0.00	3.39	
VEGGIE 2	636	SALAD, GARDEN VEGETABLE	1.96OZ/.5C	10.50	0.77	0.11	1.92	19.89	8.01	12.44	0.08	9.70	0.03	0.00	0.59	
BREAD	1104	ROLL, MULTIGRAIN	2.0 OZ	150.44	4.23	3.99	24.87	21.00	9.11	206.03	0.27	2.22	0.02	0.04	2.02	
DESSERT	1399	PUDDING, HOMESTYLE VANILLA	.5 CUP	160.57	2.18	2.82	33.02	73.27	5.32	94.76	0.13	0.09	0.01	0.05	0.89	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	1.98	63.78	0.12	0.96	0.00	0.06	0.12	
TOTAL A				30.38%	867.61	37.10	29.29	116.55	505.82	93.27	1041.47	5.46	28.26	0.42	2.02	7.41
TOTAL B				26.26%	884.18	45.01	25.80	119.53	698.70	118.91	996.04	4.17	25.82	0.78	1.87	8.34
DIET SUB	636	SALAD, GARDEN VEGETABLE	1.96OZ/.5C	10.50	0.77	0.11	1.92	19.89	8.01	12.44	0.08	9.70	0.03	0.00	0.59	
DIET SUB	865	PUDDING, VANILLA - DIET	4.45OZ/.5C	94.42	5.13	0.12	18.12	182.99	15.59	150.71	0.58	0.96	0.05	0.57	0.00	
TOTAL DIET		DIET CALCULATIONS		29.86%	801.46	40.05	26.59	101.65	615.54	103.54	1097.42	5.91	29.13	0.46	2.54	6.52

DATE	RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PRO gm 17.00	FAT gm	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00	
DATE		Fri JUNE 30														
ENTREE A	1364	PASTA & TKY SALAD	6 WZ	222.42	20.32	2.70	27.51	40.99	40.38	257.48	1.86	33.03	0.45	0.53	2.08	
ENTREE B	247	HAM, SCALLOPED POTATOES	8oz/1C	259.17	15.22	10.10	27.46	141.35	39.15	663.06	2.11	14.90	0.44	3.25	0.35	
VEGGIE 1	768	CANNED, APPLESAUCE	4.0 OZ	48.77	0.19	0.06	12.80	3.40	3.40	2.27	0.03	1.36	0.03	0.00	0.60	
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97	
BREAD	1118	ROLL, WHOLE WHEAT DINNER	2.0 OZ	151.76	4.28	4.02	25.01	19.16	16.69	148.98	0.49	0.06	0.06	0.04	1.54	
DESSERT	1334	BAR, ZUCCHINI BROWNIE	2.39 OZ	228.61	3.42	9.98	33.09	18.58	11.23	122.62	0.29	2.46	0.05	0.03	1.29	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A			26.23%	792.73	36.79	23.10	111.44	395.66	123.17	713.29	3.68	52.82	0.75	1.44	6.48	
TOTAL B			33.09%	829.48	31.69	30.50	111.39	496.02	121.94	1118.87	3.93	34.69	0.74	4.16	4.75	
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97	
DIET SUB	1318	DIET SPLENDA CHOC CHIP CKY	1.06 OZ	144.40	1.69	8.03	16.30	17.59	6.98	37.97	0.18	0.00	0.01	0.03	0.43	
TOTAL DIET		DIET CALCULATIONS	26.87%	708.52	35.06	21.15	94.65	394.67	118.92	628.64	3.57	50.36	0.71	1.44	5.62	
DATE																
ENTREE A																
ENTREE B																
VEGGIE 1																
VEGGIE 2																
BREAD																
DESSERT																
MILK/MARG																
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A			#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
TOTAL B			#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
DIET SUB																
DIET SUB																
TOTAL DIET		DIET CALCULATIONS	#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
DATE																
ENTREE A																
ENTREE B																
VEGGIE 1																
VEGGIE 2																
BREAD																
DESSERT																
MILK/MARG																
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A			#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
TOTAL B			#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
DIET SUB																
DIET SUB																
TOTAL DIET		DIET CALCULATIONS	#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
DATE																
ENTREE A																
ENTREE B																
VEGGIE 1																
VEGGIE 2																
BREAD																
DESSERT																
MILK/MARG																
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A			#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
TOTAL B			#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
DIET SUB																
DIET SUB																
TOTAL DIET		DIET CALCULATIONS	#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	

NWS&DS JUNE 2017 Entree A	KCALS-A 600-850	PRO gm 17.00	FAT gm	FAT% 30%	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	Vit C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00
Mon MAY 29	0.00	0.00	0.00	#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Tues MAY 30	833.76	47.44	20.45	22.07%	117.37	419.91	142.54	1099.05	3.99	27.34	0.90	1.20	5.01
Wed MAY 31	681.62	44.82	17.65	23.30%	88.68	600.97	134.68	750.42	3.74	32.99	0.50	1.84	15.35
Thurs JUNE 1	817.00	39.80	31.37	34.56%	95.70	780.71	128.49	1096.51	4.49	84.00	0.93	2.15	5.81
Fri JUNE 2	616.09	34.36	18.81	27.48%	80.07	421.54	83.28	1246.16	3.07	57.96	0.58	1.11	6.18
WEEK 1 Total A	589.69	33.28	17.66	26.95%	76.36	444.63	97.80	736.50	3.06	40.46	0.58	1.26	6.47
Mon JUNE 5	898.59	44.67	34.85	34.90%	103.27	643.68	155.26	1027.75	4.55	28.73	0.87	2.01	5.71
Tues JUNE 6	851.68	48.21	34.10	36.03%	88.57	509.73	115.45	1255.53	5.49	63.69	0.93	1.81	6.29
Wed JUNE 7	746.25	46.97	22.16	26.72%	91.92	397.72	137.20	908.89	4.56	32.56	1.04	1.43	11.59
Thurs JUNE 8	879.22	39.20	23.43	23.98%	135.27	565.17	148.90	955.90	4.51	33.51	0.63	1.75	19.38
Fri JUNE 9	747.62	26.67	24.73	29.77%	103.61	347.60	43.40	1111.76	1.30	24.78	0.14	0.98	3.06
WEEK 2 Total A	824.67	41.14	27.85	30.40%	104.53	492.78	120.04	1051.97	4.08	36.65	0.72	1.60	9.21
Mon JUNE 12	743.12	48.55	17.65	21.37%	97.96	630.78	102.93	914.31	16.62	17.52	9.18	7.01	6.01
Tues JUNE 13	741.33	42.17	32.24	39.14%	71.52	705.86	129.71	1052.45	3.88	61.61	0.70	1.94	7.89
Wed JUNE 14	852.82	36.07	30.21	31.88%	108.20	447.86	89.64	972.88	5.23	68.18	2.23	6.46	9.48
Thurs JUNE 15	754.80	35.89	26.51	31.61%	93.82	386.02	63.64	1084.59	1.71	23.89	0.82	1.32	3.44
Fri JUNE 16	661.35	43.79	19.76	26.89%	78.54	485.57	106.02	688.77	3.68	27.34	0.76	1.54	3.58
WEEK 3 Total A	750.68	41.29	25.27	30.30%	90.01	531.22	98.39	942.60	6.22	39.71	2.74	3.65	6.08
Mon JUNE 19	880.93	46.66	25.07	25.62%	119.18	625.73	135.16	1050.56	3.60	67.76	0.85	1.92	10.44
Tues JUNE 20	707.56	34.17	17.63	22.42%	106.96	469.72	140.75	841.73	3.91	28.09	0.68	2.76	14.93
Wed JUNE 21	799.37	32.69	24.71	27.82%	115.88	367.14	96.44	767.67	2.05	28.53	0.49	0.84	4.49
Thurs JUNE 22	678.92	29.43	20.37	27.00%	86.87	390.62	86.10	888.22	1.98	34.17	0.76	1.08	5.10
Fri JUNE 23	628.37	33.94	17.65	25.28%	86.86	431.39	129.64	759.20	3.86	47.54	0.67	1.09	7.08
WEEK 4 Total A	739.03	35.38	21.09	25.68%	103.15	456.92	117.62	861.48	3.08	41.22	0.69	1.54	8.41
Mon JUNE 26	685.93	35.90	27.38	35.92%	74.71	388.30	56.53	950.83	6.18	35.18	0.43	2.64	3.30
Tues JUNE 27	785.64	39.83	25.68	29.41%	102.11	537.85	125.46	1092.11	4.17	65.66	0.88	1.56	4.68
Wed JUNE 28	570.23	28.21	22.75	35.90%	65.92	415.12	85.37	686.80	2.30	37.87	0.51	2.49	5.23
Thurs JUNE 29	867.61	37.10	29.29	30.38%	116.55	505.82	93.27	1041.47	5.46	28.26	0.42	2.02	7.41
Fri JUNE 30	792.73	36.79	23.10	26.23%	111.44	395.66	123.17	713.29	3.68	52.82	0.75	1.44	6.48
WEEK 5 Total A	754.05	35.48	25.20	30.08%	99.01	463.61	106.82	883.42	3.90	46.15	0.64	1.88	5.95
MONTH AVG	726.02	37.77	22.97	28.47%	93.51	481.38	108.46	898.13	4.11	39.51	1.18	2.01	7.54

c Bateman Sr Meals

B. Cloninger, MS, RD 4/5/2017

NWS&DS JUNE 2017 Entree B	KCALS-B 600-850	PRO gm 17.00	FAT gm	FAT% 30%	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	Vit C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00
Mon MAY 29	0.00	0.00	0.00	#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Tues MAY 30	938.22	31.41	42.83	41.09%	110.12	398.74	112.58	1533.43	2.44	25.20	0.38	0.87	4.75
Wed MAY 31	499.91	23.52	12.04	21.68%	77.42	419.46	128.24	579.82	2.92	30.99	0.46	1.73	12.87
Thurs JUNE 1	895.57	35.94	39.05	39.24%	101.06	996.99	115.21	1086.65	3.86	67.58	0.65	2.13	5.81
Fri JUNE 2	736.68	32.77	26.61	32.51%	94.80	523.47	89.93	958.99	4.72	64.62	0.58	2.43	8.79
WEEK 1 Total B	614.08	24.73	24.11	35.33%	76.68	467.73	89.19	799.98	2.79	37.68	0.41	1.43	6.44
Mon JUNE 5	799.86	40.89	28.58	32.16%	97.36	491.88	137.81	1015.84	2.89	30.94	0.44	1.27	6.73
Tues JUNE 6	803.38	39.77	34.96	39.16%	84.11	464.76	103.34	972.40	6.33	67.96	0.78	2.98	5.56
Wed JUNE 7	786.85	33.40	31.64	36.18%	95.47	417.92	128.25	1082.80	5.32	33.83	0.71	1.92	12.31
Thurs JUNE 8	835.15	41.77	22.93	24.71%	117.36	633.19	152.77	960.40	3.35	29.04	0.41	1.40	5.62
Fri JUNE 9	756.45	35.87	19.04	22.66%	110.95	375.08	69.73	996.58	4.91	32.07	1.16	51.41	4.67
WEEK 2 Total B	796.34	38.34	27.43	31.00%	101.05	476.56	118.38	1005.60	4.56	38.77	0.70	11.80	6.98
Mon JUNE 12	822.84	42.94	28.94	31.65%	98.73	697.57	124.64	861.04	5.63	16.80	0.63	3.46	7.24
Tues JUNE 13	654.97	37.41	29.21	40.14%	62.03	775.11	104.22	1136.40	3.48	49.80	0.42	3.26	4.80
Wed JUNE 14	951.85	40.07	33.98	32.13%	121.39	893.51	112.35	1120.42	4.56	48.62	2.19	5.99	7.17
Thurs JUNE 15	891.63	39.79	38.42	38.78%	96.62	418.23	95.06	1059.28	6.19	26.44	0.73	3.25	4.12
Fri JUNE 16	773.87	36.15	30.48	35.45%	94.06	579.87	83.46	1016.51	2.22	33.80	0.30	1.21	6.70
WEEK 3 Total B	819.03	39.27	32.20	35.39%	94.57	672.86	103.95	1038.73	4.41	35.09	0.85	3.43	6.01
Mon JUNE 19	1025.30	38.30	41.13	36.11%	130.56	787.05	158.39	1080.39	3.51	40.76	0.57	1.86	9.24
Tues JUNE 20	773.76	34.16	29.61	34.44%	94.91	450.74	107.50	718.70	4.53	28.00	0.71	2.22	6.83
Wed JUNE 21	794.60	27.80	31.50	35.68%	105.31	369.65	104.69	753.98	4.70	32.20	0.58	2.03	4.19
Thurs JUNE 22	698.92	34.43	25.37	32.67%	67.87	370.62	86.10	928.22	1.98	34.17	0.48	1.08	4.10
Fri JUNE 23	630.73	28.19	22.25	31.74%	82.54	456.15	123.64	855.30	3.06	48.73	2.43	7.05	7.00
WEEK 4 Total B	784.66	32.58	29.97	34.38%	96.24	486.84	116.06	867.32	3.56	36.77	0.95	2.85	6.27
Mon JUNE 26	620.19	40.91	17.86	25.91%	75.41	430.28	98.61	912.36	4.69	36.90	0.97	2.36	4.51
Tues JUNE 27	771.86	32.83	26.54	30.94%	103.21	653.14	111.66	1306.07	3.72	61.38	0.62	2.23	3.92
Wed JUNE 28	671.45	40.53	26.92	36.08%	68.66	402.48	74.12	648.77	1.76	40.69	0.31	0.89	5.37
Thurs JUNE 29	884.18	45.01	25.80	26.26%	119.53	698.70	118.91	713.29	4.17	25.82	0.78	1.87	8.34
Fri JUNE 30	829.48	31.69	30.50	33.09%	111.39	496.02	121.94	1118.87	3.93	34.69	0.74	4.16	4.75
WEEK 5 Total B	789.24	37.51	27.44	31.29%	100.70	562.58	106.66	946.75	3.40	40.65	0.61	2.29	5.59
MONTH AVG	753.53	33.73	28.43	33.95%	93.85	533.31	106.85	931.68	3.74	37.79	0.71	4.36	6.26

c Bateman Sr Meals

B. Cloninger, MS, RD 4/5/2017

NWS&DS JUNE 2017 Diet Entree A	KCALS DIET 600-850	PRO gm 17.00	FAT gm	FAT% 30%	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	Vit C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00
Mon MAY 29	0.00	0.00	0.00	#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Tues MAY 30	757.11	46.12	18.67	22.19%	102.04	436.99	141.47	1073.67	3.90	25.41	0.88	1.17	4.35
Wed MAY 31	681.62	44.82	17.65	23.30%	88.68	600.97	134.68	750.42	3.74	32.99	0.50	1.84	15.35
Thurs JUNE 1	786.00	40.07	30.09	34.45%	90.36	819.89	131.25	1123.80	4.55	84.22	0.90	2.21	5.81
Fri JUNE 2	616.09	34.36	18.81	27.48%	80.07	421.54	83.28	1246.16	3.07	57.96	0.58	1.11	6.18
WEEK 1 Total Die	568.16	33.07	17.04	27.00%	72.23	455.88	98.14	838.81	3.05	40.11	0.57	1.27	6.34
Mon JUNE 5	855.47	43.52	35.60	37.45%	91.04	633.84	147.33	931.24	4.45	28.73	0.87	1.83	6.16
Tues JUNE 6	790.16	48.82	32.71	37.25%	73.63	508.99	115.96	1173.76	5.49	59.04	0.93	1.81	6.29
Wed JUNE 7	746.25	46.97	22.16	26.72%	91.92	397.72	137.20	908.89	4.56	32.56	1.04	1.43	11.59
Thurs JUNE 8	771.65	37.80	22.51	26.25%	111.10	554.86	124.62	1021.61	4.15	32.57	0.62	1.75	19.25
Fri JUNE 9	626.22	26.36	17.91	25.74%	87.90	331.24	42.93	998.25	1.29	24.76	0.14	0.97	3.06
WEEK 2 Total Die	757.95	40.69	26.18	31.08%	91.12	485.33	113.61	1006.75	3.99	35.53	0.72	1.56	9.27
Mon JUNE 12	639.88	46.99	14.98	21.06%	79.33	596.71	83.95	963.53	16.22	17.72	9.16	6.77	4.98
Tues JUNE 13	547.69	35.05	20.18	33.16%	58.07	431.82	136.20	859.46	3.14	63.15	0.72	1.17	8.17
Wed JUNE 14	793.76	36.34	30.21	34.25%	91.94	447.33	90.15	894.71	5.23	67.35	2.24	6.48	9.48
Thurs JUNE 15	633.40	35.58	19.69	27.97%	78.11	369.66	63.17	971.08	1.70	23.87	0.82	1.31	3.44
Fri JUNE 16	661.35	43.79	19.76	26.89%	78.54	485.57	106.02	688.77	3.68	27.34	0.76	1.54	3.58
WEEK 3 Total Die	655.22	39.55	20.96	28.79%	77.20	466.22	95.90	875.51	5.99	39.89	2.74	3.45	5.93
Mon JUNE 19	777.69	45.10	22.40	25.93%	100.55	591.66	116.18	1099.78	3.20	67.96	0.83	1.68	9.41
Tues JUNE 20	656.75	33.65	15.73	21.55%	97.75	413.59	140.94	869.17	3.90	27.97	0.68	2.77	15.30
Wed JUNE 21	759.01	33.01	25.09	29.75%	103.78	400.18	85.39	891.88	1.89	36.48	0.38	0.86	6.28
Thurs JUNE 22	617.40	30.04	18.98	27.67%	71.93	389.88	86.61	806.45	1.98	29.52	0.76	1.08	5.10
Fri JUNE 23	628.37	33.94	17.65	25.28%	86.86	431.39	129.64	759.20	3.86	47.54	0.67	1.09	7.08
WEEK 4 Total Die	687.84	35.15	19.97	26.13%	92.17	445.34	111.75	885.30	2.97	41.89	0.66	1.50	8.63
Mon JUNE 26	624.41	36.51	25.99	37.46%	59.77	387.56	57.04	869.06	6.18	30.53	0.43	2.64	3.30
Tues JUNE 27	664.24	39.52	18.86	25.55%	86.40	521.49	124.99	978.60	4.16	65.64	0.88	1.55	4.68
Wed JUNE 28	570.23	28.21	22.75	35.90%	65.92	415.12	85.37	686.80	2.30	37.87	0.51	2.49	5.23
Thurs JUNE 29	801.46	40.05	26.59	29.86%	101.65	615.54	103.54	1097.42	5.91	29.13	0.46	2.54	6.52
Fri JUNE 30	708.52	35.06	21.15	26.87%	94.65	394.67	118.92	628.64	3.57	50.36	0.71	1.44	5.62
WEEK 5 Total B	686.11	35.71	22.33	29.30%	87.16	486.70	108.20	847.87	3.99	45.75	0.64	2.01	5.51
MONTH AVG	667.29	37.12	21.04	28.38%	83.18	463.19	104.85	901.59	4.00	39.36	1.17	1.94	7.54

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B.Cloninger, MS, RD 4/5/2017

NWS&DS JUNE 2017 AVERAGE ALL	KCALS DIET 600-850	PRO gm 17.00	FAT gm	FAT% 30%	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	Vit C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00
Mon MAY 29	0.00	0.00	0.00	#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Tues MAY 30	843.03	41.66	27.32	29.16%	109.84	418.55	132.20	1235.38	3.44	25.98	0.72	1.08	4.70
Wed MAY 31	621.05	37.72	15.78	22.87%	84.92	540.46	132.53	693.55	3.46	32.32	0.49	1.80	14.52
Thurs JUNE 1	832.86	38.60	33.50	36.20%	95.71	865.86	124.98	1102.32	4.30	78.60	0.83	2.16	5.81
Fri JUNE 2	656.29	33.83	21.41	29.37%	84.98	455.52	85.50	1150.43	3.62	60.18	0.58	1.55	7.05
WEEK 1 AVG ALL	590.64	30.36	19.60	29.87%	75.09	456.08	95.04	836.34	2.97	39.42	0.52	1.32	6.42
Mon JUNE 5	851.31	43.03	33.01	34.90%	97.22	589.80	146.80	991.61	3.96	29.47	0.73	1.70	6.20
Tues JUNE 6	815.07	45.60	33.92	37.45%	82.10	494.49	111.58	1133.90	5.77	63.56	0.88	2.20	6.04
Wed JUNE 7	759.78	42.44	25.32	29.99%	93.10	404.45	134.21	966.86	4.81	32.98	0.93	1.59	11.83
Thurs JUNE 8	828.67	39.59	22.96	24.93%	121.24	584.41	142.10	979.30	4.00	31.71	0.55	1.63	14.75
Fri JUNE 9	710.10	29.63	20.56	26.06%	100.82	351.30	52.02	1035.53	2.50	27.21	0.48	17.79	3.60
WEEK 2 AVG ALL	792.99	40.06	27.15	30.82%	98.90	484.89	117.34	1021.44	4.21	36.98	0.71	4.98	8.48
Mon JUNE 12	735.28	46.16	20.52	25.12%	92.01	641.68	103.84	912.96	12.82	17.34	6.32	5.74	6.07
Tues JUNE 13	647.99	38.21	27.21	37.79%	63.87	637.59	123.37	1016.10	3.50	58.18	0.61	2.12	6.95
Wed JUNE 14	866.15	37.49	31.46	32.69%	107.18	596.23	97.38	996.01	5.01	61.38	2.22	6.31	8.71
Thurs JUNE 15	759.94	37.09	28.20	33.40%	89.51	391.30	73.96	1038.32	3.20	24.73	0.79	1.96	3.67
Fri JUNE 16	698.86	41.24	23.34	30.05%	83.71	517.00	98.50	798.02	3.20	29.49	0.60	1.43	4.62
WEEK 3 AVG ALL	741.64	40.04	26.15	31.73%	87.26	556.76	99.41	952.28	5.54	38.23	2.11	3.51	6.00
Mon JUNE 19	894.64	43.35	29.54	29.71%	116.76	668.15	136.58	1076.91	3.44	58.82	0.75	1.82	9.69
Tues JUNE 20	712.69	34.00	20.99	26.50%	99.88	444.68	129.73	809.87	4.11	28.02	0.69	2.58	12.36
Wed JUNE 21	784.33	31.17	27.10	31.10%	108.32	378.99	95.51	804.51	2.88	32.40	0.48	1.24	4.99
Thurs JUNE 22	665.08	31.30	21.57	29.19%	75.56	383.71	86.27	874.29	1.98	32.62	0.67	1.08	4.77
Fri JUNE 23	629.16	32.02	19.18	27.44%	85.42	439.64	127.64	791.23	3.59	47.94	1.26	3.08	7.05
WEEK 4 AVG ALL	737.18	34.37	23.68	28.90%	97.19	463.03	115.14	871.36	3.20	39.96	0.77	1.96	7.77
Mon JUNE 26	643.51	37.78	23.74	33.20%	69.96	402.04	70.73	910.75	5.68	34.20	0.61	2.55	3.70
Tues JUNE 27	740.58	37.40	23.69	28.79%	97.24	570.82	120.70	1125.60	4.02	64.23	0.79	1.78	4.43
Wed JUNE 28	603.97	32.31	24.14	35.96%	66.83	410.90	81.62	674.12	2.12	38.81	0.44	1.96	5.27
Thurs JUNE 29	851.09	40.72	27.22	28.79%	112.58	606.69	105.24	950.73	5.18	27.74	0.56	2.14	7.43
Fri JUNE 30	776.91	34.51	24.92	28.86%	105.83	428.78	121.34	820.27	3.73	45.96	0.73	2.35	5.62
WEEK 5 AVG ALL	743.14	36.23	24.99	30.27%	95.62	504.30	107.23	892.68	3.76	44.18	0.63	2.06	5.69
MONTH AVG ALL	715.61	36.21	24.14	30.37%	89.61	490.19	106.73	920.36	3.98	38.65	1.03	2.94	7.17

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B.Cloninger, MS, RD 4/5/2017