

NWS&DS REV MENU # AUG 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	HEARTY CHKN STEW BEEF CHILI w/BEANS Whole Kernel Corn Garden Vegt Salad/French Cornmeal Roll Banana Choc Chip Bar	CHICKEN ALFREDO PASTA CHZ & GRN CHILE BAKE Broccoli Carrot Pineapple Salad Oat Bran Roll Seasonal Fruit	CHICKEN LO MEIN GRD BEEF STEW Cut Green Beans Country Coleslaw Seven Grain Roll Choc Fst Yellow Cake	TKY PASTA SALAD CURRIED CHKN & RICE on Spinach Romaine Potato Onion Soup Wheat Dinner Roll Chilled Peaches
7	8	9	10	11
RST TURKEY w/GRAVY BBQ SMKHS CHOP Lyonnais Potatoes Broccoli Wheat Bran Bread Cinnamon Applesauce	RST PORK W/GRAVY TURKEY PATTY w/GRAVY Whip Potatoes w/Gravy Capri Blend Vegetables Multigrain Bread Lime Gelatin Jewels w/Whip Top	BEEF SPANISH RICE CHKN TETRAZINI Cut Green Beans Rom Iceberg Salad/Ranch Oatmeal Roll Melon Cup	CHEF MINI SALAD ASIAN CHKN MINI SALAD on Spinach Romaine Chunky Tomato Rice Soup Cracked Wheat Roll Pineapple	MEXICAN CHICKEN PASTA GRD BEEF & POTATOES Green Peas Garden Vegt Salad Herbed Roll Homestyle Choc Pudding
14	15	16	STATE FAIR	18
BEEF MUSHROOM PATTY CHKN PATTY w/GRAVY Delmonico Potatoes Country Trio Vegt Multigrain Bread Zucchini Brownie	SPAGHETTI w/MEAT SC SPINACH CHEESE STRATA Mixed Vegetables Tossed Salad/Thou French Roll Mandarin Pineapple Cup	PORK CHOPPIE w/GRAVY TURKEY LOAF w/GRAVY Whipped Sweet Potatoes Scandinavian Blend Vegt Bran Rye Bread Rice Pudding	BEEF CHILI FRITO PIE BBQ PORK w/Bun Whole Kernel Corn Creamy Coleslaw Ice Cream Cup	TURKEY SALAD 1/2 SAND TUNA SALAD 1/2 SAND w/Wheat Bread Split Pea Soup Broccoli Raisin Salad Chilled Pears
21	22	23	BRUNCH LUNCH	25
SWT & SOUR TURKEY/Rice DICED BEEF & PENNE PASTA Broccoli Spin RomSalad w/Ranch Potato Wheat Roll Spiced Pears	WHITE CHKN CHILI MAC & CHEESE Seasoned Carrots Mar Zucchini Salad Oat Bran Roll Watermelon	TURKEY A LA KING BEEF w/PEPPERS&ONIONS Whipped Potatoes Green Peas Herb Bread Cherry Whip	SW OMELET BAKE PORK SAUSAGE GRAVY Buttermilk Biscuit Rst Red Potatoes Mandarin Pineapple Cup Apple Streusel Cake	CHICKEN PASTINA BEFF CABBAGE BAKE Cut Green Beans Spin Rom Salad/Garlic Parm Sunflower Seed Roll Chocolate Mint Pudding
28	29	30	31	
ORANGE GLZ CHICKEN BEEF LIVER & ONIONS Whipped Potatoes Green Peas Multigrain Bread Peaches	WEST BEEF GOULASH CHICKEN RICE BAKE Mixed Vegetables Spinach Rom Salad/Thou Wheat Dinner Roll Lemon Whip	SCALL POT w/TKY HAM SHEPHERD'S PIE Broccoli Tossed Salad/Frch Herb Roll Rhubarb Applesauce	SALISBURY PATTY BRD BKD FISH w/Tartar Sauce Sour Cream & Chive Potatoes Mixed Vegetables Seven Grain Bread Choc Chip Bar	

	DATE	MENU ITEM	PORTION	CAL	PROTEIN	FAT	CARBOHY-	Calcium	Sodium	Vit A	Vit C	CHOLES
	RECNUM		SIZE	A=600	gm	gm	DRATES	mg	mg	RAE	mg	mg
				to 850	17.00		gm	400	1050.00	300.00	30.00	100.00
DATE		Mon JULY 31										
ENTREE A	295	TURKEY, DIVAN CASSEROLE	8.43oz/1c	252.68	21.07	7.71	24.22	234.19	371.43	127.27	26.33	45.74
ENTREE B	103	BEEF, BAKED RIGATONI	7.29oz/1c	334.91	18.39	14.38	32.85	72.18	401.21	88.01	6.99	47.77
VEGGIE 1	513	PEAS, GREEN-BB	2.96oz/.33C	54.41	3.19	0.17	10.37	15.38	105.33	64.59	6.10	0.15
VEGGIE 2	646	SALAD, MARINATED ZUCCHINI	4.16OZ./.5C	100.20	1.02	5.63	12.12	15.43	10.24	15.58	21.38	0.00
BREAD	1117	ROLL, WHITE DINNER	1.38 OZ.	108.81	3.26	2.88	17.25	20.54	210.69	3.48	0.08	11.30
DESSERT	868	WHIP, ORANGE	4.29 OZ/.5C	99.40	1.62	1.50	20.53	2.80	51.26	1.81	20.62	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				744.68	37.66	24.09	95.37	568.74	906.87	393.40	76.71	66.26
TOTAL B				826.91	34.98	30.76	104.00	406.73	936.65	354.14	57.37	68.29
DIET SUB	646	SALAD, MARINATED ZUCCHINI	4.16OZ./.5C	100.20	1.02	5.63	12.12	15.43	10.24	15.58	21.38	0.00
DIET SUB	868	WHIP, ORANGE	4.29 OZ/.5C	99.40	1.62	1.50	20.53	2.80	51.26	1.81	20.62	0.00
TOTAL DIET		DIET CALCULATIONS		744.68	37.66	24.09	95.37	568.74	906.87	393.40	76.71	66.26
DATE		Tues AUG 1										
ENTREE A	190	CHICKEN, HEARTY STEW	8.23OZ/1C.	191.82	18.58	4.87	17.41	43.51	414.90	327.86	7.72	50.46
ENTREE B	169	BEEF, THREE BEAN CASSEROLE	8.25oz/1c	519.07	38.71	11.93	65.33	154.46	564.41	11.35	5.93	65.00
VEGGIE 1	497	CORN, W. KERNEL-M	3.15oz/.5C	86.85	2.65	1.89	17.89	2.42	25.75	44.30	2.26	0.00
VEGGIE 2	636	SALAD, GARDEN VEGETABLE	1.96OZ/.5C	10.50	0.77	0.11	1.92	19.89	12.44	249.94	9.70	0.00
BREAD	1097	ROLL, CORNMEAL	1.3 OZ.	90.25	3.23	0.63	17.81	24.60	92.58	9.23	0.05	5.94
DESSERT	1333	BAR, BANANA CHOC CHIP	2.41 OZ	251.17	3.37	11.28	35.93	65.54	163.01	83.95	1.21	16.17
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	972	DRESSING, SPICY FRENCH	2TB (1.0 oz)	65.89	0.43	1.60	13.49	11.55	140.01	11.72	3.09	0.00
ADD BOTH	0											
TOTAL A				825.66	36.53	26.58	115.33	447.91	1006.61	907.67	26.23	81.64
TOTAL B				1152.91	56.66	33.64	163.25	558.86	1156.12	591.16	24.44	96.18
DIET SUB	636	SALAD, GARDEN VEGETABLE	1.96OZ/.5C	10.50	0.77	0.11	1.92	19.89	12.44	249.94	9.70	0.00
DIET SUB	1319	DIET SPLENDA PUMPKIN CKY	1.3 OZ	126.08	1.62	5.29	18.35	15.05	83.60	48.11	0.06	2.52
TOTAL DIET		DIET CALCULATIONS		700.57	34.78	20.59	97.75	397.42	927.20	871.83	25.08	67.99
DATE		Wed AUG 2										
ENTREE A	1382	CHICKEN PASTA ALFREDO	1 CUP	360.72	27.27	12.82	33.27	359.68	496.71	128.26	0.62	58.89
ENTREE B	367	CALIF GRN CHILI & 3 CHZ BAKE	7 OZ	426.69	17.70	22.42	39.95	214.07	524.46	83.65	4.09	68.21
VEGGIE 1	460	BROCCOLI CUTS-BB	2.15oz/.33C	24.98	2.26	0.09	5.04	37.59	62.85	140.33	29.31	0.11
VEGGIE 2	626	SALAD, CARROT PINEAPPLE	3.28 OZ/.5C	118.51	1.22	5.01	18.47	37.19	154.46	627.70	5.85	5.44
BREAD	1105	ROLL, OAT BRAN	2.0 OZ	150.27	4.25	4.01	24.86	21.58	206.06	7.34	2.22	0.19
DESSERT	828	FRESH, HONEY DEW MELON	3 OZ/.5C.	29.77	0.39	0.09	7.81	5.10	8.51	3.40	21.09	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				813.43	42.89	28.22	100.33	741.54	1086.51	1087.70	61.29	73.70
TOTAL B				879.40	33.32	37.82	107.01	595.93	1114.26	1043.09	64.76	83.02
DIET SUB	626	SALAD, CARROT PINEAPPLE	3.28 OZ/.5C	118.51	1.22	5.01	18.47	37.19	154.46	627.70	5.85	5.44
DIET SUB	828	FRESH, HONEY DEW MELON	3 OZ/.5C.	29.77	0.39	0.09	7.81	5.10	8.51	3.40	21.09	0.00
TOTAL DIET		DIET CALCULATIONS		813.43	42.89	28.22	100.33	741.54	1086.51	1087.70	61.29	73.70
DATE		Thurs AUG 3										
ENTREE A	1378	CHICKEN LO MEIN	1 CUP	282.32	26.06	6.36	28.57	52.75	494.63	140.27	31.09	54.22
ENTREE B	164	BEEF, STEW	8.56OZ/1C.	275.20	17.24	11.94	23.23	41.23	356.76	270.45	8.46	55.65
VEGGIE 1	417	BEANS, GREEN FZN-BB	2.66oz/.33c	23.75	0.95	0.11	5.59	29.58	61.75	35.53	2.71	0.11
VEGGIE 2	687	SLAW, COUNTRY	3.34 oz/.5 C	66.32	1.66	3.63	7.42	53.14	99.50	61.17	22.43	4.68
BREAD	1112	ROLL, SEVEN GRAIN	2.0 OZ	151.65	4.18	4.03	25.09	19.60	205.97	7.45	0.06	0.19
DESSERT	750	CAKE, FROSTED	2.64 OZ.	211.40	1.31	7.82	34.71	16.36	203.51	54.05	0.02	0.04
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				864.62	41.66	28.15	112.26	451.83	1223.28	479.14	58.51	68.31
TOTAL B				857.50	32.84	33.73	106.92	440.31	1085.41	609.32	35.88	69.74
DIET SUB	687	SLAW, COUNTRY	3.34 oz/.5 C	66.32	1.66	3.63	7.42	53.14	99.50	61.17	22.43	4.68
DIET SUB	887	CAKE, DIET SOURCE	2 x 2 EA	90.00	1.00	1.00	19.00	NA	90.00	NA	NA	0.00
TOTAL DIET		DIET CALCULATIONS		743.22	41.35	21.33	96.55	435.47	1109.77	425.09	58.49	68.27

DATE	RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY-DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLES mg 100.00
DATE Fri AUG 4												
ENTREE A	958	PASTA & TKY SALAD	6 WZ	222.42	20.32	2.70	27.51	40.99	257.48	46.85	33.03	57.27
ENTREE B	0	SALAD, MINI CORO CHKN	10.79 OZ	328.59	21.10	10.22	37.59	55.71	380.15	39.73	31.10	6.75
VEGGIE 1	0	SOUP, POTATO ONION CHOWDER-M	8.5oz/1 C	224.34	6.43	10.12	27.76	185.64	356.41	90.71	9.93	2.69
VEGGIE 2	0	SALAD, SPIN ROMAINE .75 CUP	2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	36.03	533.54	20.57	0.00
BREAD	0	ROLL, WHOLE WHEAT DINNER	2.0 OZ	151.76	4.28	4.02	25.01	19.16	148.98	7.36	0.06	0.19
DESSERT	0	CANNED, PEACHES - DIET	4.25OZ/.5C	43.66	0.63	0.03	11.48	5.95	3.97	18.90	3.57	0.00
MILK/MARG	0	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	699.5											
B ADD ONLY	777											
ADD BOTH	#REF!											
ADD BOTH	#REF!											
TOTAL A				789.35	40.78	23.28	105.87	581.84	960.79	878.03	69.36	69.22
TOTAL B				895.52	41.56	30.80	115.95	596.56	1083.46	870.91	67.43	18.70
DIET SUB	#REF!	SALAD, SPIN ROMAINE .75 CUP	2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	36.03	533.54	20.57	0.00
DIET SUB	#REF!	CANNED, PEACHES - DIET	4.25OZ/.5C	43.66	0.63	0.03	11.48	5.95	3.97	18.90	3.57	0.00
TOTAL DIET		DIET CALCULATIONS		789.35	40.78	23.28	105.87	581.84	960.79	878.03	69.36	69.22
DATE Mon AUG 7												
ENTREE A	309	TURKEY, ROASTED, SLICED	3 OZ	114.82	25.57	0.63	0.00	10.21	44.23	0.00	0.00	70.59
ENTREE B	1346	SMKHSE RIBETTE (CHK&BEEF)	3.75 OZ	220.00	18.00	11.00	14.00	100.00	350.00	60.00	4.80	50.00
VEGGIE 1	912.5	POTATOES, LYONAISE	.33 C	79.91	2.60	1.92	13.35	55.98	54.45	39.49	11.17	5.47
VEGGIE 2	460	BROCCOLI CUTS-BB	2.15oz/.33C	24.98	2.26	0.09	5.04	37.59	62.85	140.33	29.31	0.11
BREAD	1044	BREAD, BRAN WHEAT	1.31 OZ.	100.21	3.23	2.82	16.30	21.31	201.24	3.32	0.08	10.79
DESSERT	410	APPLESAUCE, SPICED-DIET	4.25oz/.5c	52.76	0.21	0.06	13.86	4.87	2.47	3.69	1.49	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	983	GRAVY, POULTRY W/BASE	2.20 OZ.	15.02	0.30	0.15	3.10	0.97	78.72	0.16	0.01	0.00
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				516.88	41.67	11.87	62.53	411.33	601.88	367.66	44.26	96.03
TOTAL B				607.04	33.80	22.09	73.43	500.15	828.93	427.50	49.05	75.44
DIET SUB	460	BROCCOLI CUTS-BB	2.15oz/.33C	24.98	2.26	0.09	5.04	37.59	62.85	140.33	29.31	0.11
DIET SUB	410	APPLESAUCE, SPICED-DIET	4.25oz/.5c	52.76	0.21	0.06	13.86	4.87	2.47	3.69	1.49	0.00
TOTAL DIET		DIET CALCULATIONS		516.88	41.67	11.87	62.53	411.33	601.88	367.66	44.26	96.03
DATE Tues AUG 8												
ENTREE A	261	PORK, ROAST SLICED	3 OZ	207.96	23.26	12.03	0.14	10.58	127.58	2.37	0.31	77.74
ENTREE B	372	TURKEY PATTIE	4 OZ	198.96	21.99	8.61	8.23	68.27	477.71	37.44	2.81	69.03
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	28.79	17.37	17.14	0.81
VEGGIE 2	440	BLEND, CAPRI-BB	2.57oz/.33C	27.89	0.77	0.00	5.81	11.26	83.14	1423.23	4.47	0.11
BREAD	1057	BREAD, MULTIGRAIN	2.0 OZ	151.20	4.33	4.00	24.95	21.17	149.63	7.34	2.76	0.19
DESSERT	866	WHIP, CHERRY/LIME	4.04OZ/.5C	85.41	0.98	1.39	17.73	0.74	81.77	0.00	11.80	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	980	GRAVY, PORK W/BASE	2.22 OZ.	16.09	0.36	0.18	3.26	1.14	104.56	2.24	0.38	0.00
B ADD ONLY	983	GRAVY, POULTRY W/BASE	2.20 OZ.	15.02	0.30	0.15	3.10	0.97	78.72	0.16	0.01	0.00
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				678.30	39.13	23.97	75.88	355.46	733.39	1633.22	39.06	87.92
TOTAL B				668.23	37.80	20.52	83.81	412.98	1057.68	1666.21	41.19	79.21
DIET SUB	440	BLEND, CAPRI-BB	2.57oz/.33C	27.89	0.77	0.00	5.81	11.26	83.14	1423.23	4.47	0.11
DIET SUB	867	WHIP, CHERRY/LIME - DIET	3.36OZ/.5C	23.89	1.59	0.00	2.79	0.00	0.00	0.00	7.15	2.00
TOTAL DIET		DIET CALCULATIONS		616.78	39.74	22.58	60.94	354.72	651.62	1633.22	34.41	89.92
DATE Wed AUG 9												
ENTREE A	159	BEEF, SPANISH RICE	9.63OZ/1C.	313.90	18.38	12.82	30.00	78.01	341.87	42.93	20.85	57.02
ENTREE B	221	CHICKEN, TETRAZZINI	10.20Z/1C.	274.43	24.30	5.18	30.21	178.97	470.02	15.07	5.54	4.18
VEGGIE 1	417	BEANS, GREEN FZN-BB	2.66oz/.33c	23.75	0.95	0.11	5.59	29.58	61.75	35.53	2.71	0.11
VEGGIE 2	656	SALAD, ROMAINE ICEBERG	1.96oz/.5c	10.24	0.72	0.11	1.87	17.13	9.33	86.18	9.52	0.00
BREAD	1107	ROLL, OATMEAL	2.0 OZ	154.52	4.31	4.17	25.08	19.94	205.70	7.34	0.06	0.19
DESSERT	829	FRESH, MELON CUP	2.82 OZ/.5 C	27.98	0.70	0.22	6.68	8.80	7.20	257.45	33.74	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	971	DRESSING, RANCH LO CAL	2TB (1.0 oz)	108.86	0.94	10.88	2.26	30.04	259.02	0.00	0.00	9.38
ADD BOTH	0											
TOTAL A				768.43	33.50	34.51	82.36	463.90	1042.79	610.10	69.08	75.77
TOTAL B				728.96	39.42	26.87	82.57	564.86	1170.94	582.24	53.77	22.93
DIET SUB	656	SALAD, ROMAINE ICEBERG	1.96oz/.5c	10.24	0.72	0.11	1.87	17.13	9.33	86.18	9.52	0.00
DIET SUB	829	FRESH, MELON CUP	2.82 OZ/.5 C	27.98	0.70	0.22	6.68	8.80	7.20	257.45	33.74	0.00
TOTAL DIET		DIET CALCULATIONS		768.43	33.50	34.51	82.36	463.90	1042.79	610.10	69.08	75.77

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY-DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLEST mg 100.00
DATE												
Thurs AUG 10												
ENTREE A	1373	SALAD, MINI CHEF	.5 CUP	125.81	15.23	5.99	2.21	72.36	339.96	24.89	5.80	24.99
ENTREE B	1379	SALAD, ASIAN CHKN MINI	.5 CUP	239.77	20.83	10.64	14.34	26.81	319.79	183.02	18.57	57.56
VEGGIE 1	1326	SOUP TOMATO BASIL	1 CUP	106.41	1.93	6.15	11.69	44.58	314.73	25.28	4.15	0.37
VEGGIE 2	699.5	SALAD, SPIN ROMAINE .75 CUP	2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	36.03	533.54	20.57	0.00
BREAD	1098	ROLL, CRACKED WHEAT	2.0 OZ	151.62	4.21	3.94	24.93	18.34	198.02	7.34	2.22	0.19
DESSERT	781	CANNED, PINEAPPLE TIDBITS	4.3 OZ	73.15	0.51	0.10	19.14	17.07	1.22	4.88	11.58	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	63.78	7.14	0.96	0.66
ADD BOTH	0											
TOTAL A				631.76	31.84	24.21	74.72	506.15	1111.66	783.74	47.48	35.28
TOTAL B				745.72	37.44	28.86	86.85	460.60	1091.49	941.87	60.25	67.85
DIET SUB	699.5	SALAD, SPIN ROMAINE .75 CUP	2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	36.03	533.54	20.57	0.00
DIET SUB	781	CANNED, PINEAPPLE TIDBITS	4.3 OZ	73.15	0.51	0.10	19.14	17.07	1.22	4.88	11.58	0.00
TOTAL DIET		DIET CALCULATIONS		631.76	31.84	24.21	74.72	506.15	1111.66	783.74	47.48	35.28
DATE												
Fri AUG 11												
ENTREE A	402	MEXICAN PASTA BAKE	1 CUP	295.93	17.20	12.49	30.11	175.14	363.62	55.12	9.59	39.62
ENTREE B	147	BEEF, NEW ENGLAND & POTATOES	9.710Z/1C.	321.54	19.27	14.59	28.31	50.84	402.89	51.92	14.51	63.02
VEGGIE 1	515	PEAS, GREEN-M	3.14oz/.5C	84.43	4.52	2.06	12.48	21.63	97.19	80.88	10.78	0.00
VEGGIE 2	636	SALAD, GARDEN VEGETABLE	1.96OZ/.5C	10.50	0.77	0.11	1.92	19.89	12.44	249.94	9.70	0.00
BREAD	1053	BREAD, HERB	1.33 OZ.	96.34	2.94	1.99	16.42	17.12	63.39	3.76	0.06	7.77
DESSERT	1398	PUDDING, CHOCOLATE HOMESTYLE	.5 CUP	192.66	6.69	2.79	36.75	217.06	101.49	48.74	0.76	8.69
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	63.78	7.14	0.96	0.66
ADD BOTH	0											
TOTAL A				836.64	40.46	27.26	111.20	754.94	859.83	626.25	34.05	65.81
TOTAL B				862.25	42.53	29.36	109.40	630.64	899.10	623.05	38.97	89.21
DIET SUB	636	SALAD, GARDEN VEGETABLE	1.96OZ/.5C	10.50	0.77	0.11	1.92	19.89	12.44	249.94	9.70	0.00
DIET SUB	856	PUDDING, CHOCOLATE- DIET	4.45OZ/.5C	89.42	5.13	0.12	18.12	182.99	150.71	1.13	0.96	2.84
TOTAL DIET		DIET CALCULATIONS		733.40	38.90	24.59	92.57	720.87	909.05	578.64	34.25	59.96
DATE												
Mon AUG 14												
ENTREE A	129	BEEF, HAMBURGER 1/4 LB	3.16 OZ.	271.28	19.96	20.05	1.91	25.40	42.64	0.00	0.00	70.77
ENTREE B	351	CHICKEN,BREADED PATTIE TYSON	2.75 OZ	170.00	10.00	9.00	10.00	NA	480.00	NA	0.00	45.00
VEGGIE 1	908.5	POTATOES, DELMONICO	.33 C	74.77	2.41	1.84	12.33	51.39	121.87	44.23	15.93	0.69
VEGGIE 2	574.5	BLEND, COUNTRY TRIO VEGETABLES	.33 CUP	22.67	0.89	0.23	4.93	0.00	8.93	134.00	5.33	0.00
BREAD	1057	BREAD, MULTIGRAIN	2.0 OZ	151.20	4.33	4.00	24.95	21.17	149.63	7.34	2.76	0.19
DESSERT	1334	BAR, ZUCCHINI BROWNIE	2.39 OZ	228.61	3.42	9.98	33.09	18.58	122.62	12.36	2.46	28.97
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	979	GRAVY, MUSHROOM	2 OZ.	15.94	0.63	0.30	2.86	2.56	204.27	6.95	1.23	0.00
B ADD ONLY	983	GRAVY, POULTRY W/BASE	2.20 OZ.	15.02	0.30	0.15	3.10	0.97	78.72	0.16	0.01	0.00
ADD ONLY	0											
ADD BOTH	0											
TOTAL A				893.64	39.15	42.60	90.96	399.50	807.88	385.55	29.92	109.69
TOTAL B				791.44	28.86	31.40	99.29	372.51	1119.69	378.76	28.70	83.92
DIET SUB	574.5	BLEND, COUNTRY TRIO VEGETABLES	.33 CUP	22.67	0.89	0.23	4.93	0.00	8.93	134.00	5.33	0.00
DIET SUB	887	CAKE, DIET SOURCE	2 x 2 EA	90.00	1.00	1.00	19.00	NA	90.00	NA	NA	0.00
TOTAL DIET		DIET CALCULATIONS		755.03	36.73	33.62	76.87	380.92	775.26	373.19	27.46	80.72
DATE												
Tues AUG 15												
ENTREE A	360	BEEF, QUAKER SPAGHETTI	9.5 OZ/1 C.	342.78	19.32	15.22	31.58	41.43	379.09	19.73	6.53	57.70
ENTREE B	1377	STRATA, SPINACH	1 EA	287.16	20.35	16.01	16.29	477.94	407.95	434.67	3.60	254.00
VEGGIE 1	500	MIXED VEGS-BB	2.43oz/.33C	49.35	2.31	0.12	10.63	16.78	105.42	418.84	4.16	0.11
VEGGIE 2	662	SALAD, TOSSED	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	9.93	133.60	8.26	0.49
BREAD	1050	BREAD, FRENCH	2.0 OZ	123.42	4.22	1.01	23.86	17.21	180.51	6.73	1.53	0.17
DESSERT	692	SALAD, MAND ORG & PA	3.45OZ/.5C	59.11	0.42	0.09	15.58	10.40	3.33	41.48	14.12	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	63.78	7.14	0.96	0.66
ADD BOTH	0											
TOTAL A				741.32	35.16	24.37	97.13	403.63	899.98	808.19	37.76	68.20
TOTAL B				685.70	36.19	25.16	81.84	840.14	928.84	1223.13	34.83	264.50
DIET SUB	662	SALAD, TOSSED	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	9.93	133.60	8.26	0.49
DIET SUB	692	SALAD, MAND ORG & PA	3.45OZ/.5C	59.11	0.42	0.09	15.58	10.40	3.33	41.48	14.12	0.00
TOTAL DIET		DIET CALCULATIONS		741.32	35.16	24.37	97.13	403.63	899.98	808.19	37.76	68.20

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY- DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLEST mg 100.00
DATE		Wed AUG 16										
ENTREE A	1401	KINGS COM PORK CHOPPIE	4 OZ	260.00	18.00	13.00	0.00	0.00	260.00	0.00	0.00	0.00
ENTREE B	302	TURKEY, LOAF	3.92 OZ.	231.54	26.11	10.89	7.38	72.29	343.69	49.41	3.65	116.84
VEGGIE 1	929.5	SWEET POTATOES, WHIPPED PLAIN	4.0oz/.5C	116.63	1.95	0.12	27.48	31.70	11.32	2470.66	27.85	0.00
VEGGIE 2	455	BLEND, SCANDINAVIAN-BB	3oz/.33C	40.24	1.78	0.00	8.27	12.77	95.53	58.37	5.12	0.11
BREAD	1043	BREAD, BRAN RYE	1.31 OZ.	99.89	3.24	2.83	16.22	21.79	201.15	3.32	0.08	10.79
DESSERT	886	PUDDING, RICE	5.00 OZ/.5 C	194.79	9.58	3.38	31.36	201.69	175.75	44.55	1.18	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	983	GRAVY, POULTRY W/BASE	2.20 OZ.	15.02	0.30	0.15	3.10	0.97	78.72	0.16	0.01	0.00
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				840.73	42.05	25.53	94.21	548.35	901.67	2757.57	36.43	19.97
TOTAL B				827.29	50.46	23.57	104.69	621.61	1064.08	2807.14	40.09	136.81
DIET SUB	455	BLEND, SCANDINAVIAN-BB	3oz/.33C	40.24	1.78	0.00	8.27	12.77	95.53	58.37	5.12	0.11
DIET SUB	885	PUDDING, RICE - DIET	.5 CUP	167.32	11.47	0.82	28.01	239.63	187.15	74.78	2.25	3.54
TOTAL DIET		DIET CALCULATIONS		813.26	43.94	22.97	90.86	586.29	913.07	2787.80	37.50	23.51
DATE		Thurs AUG 17										
ENTREE A	122	BEEF, FRITO PIE	1 CUP	401.39	19.58	20.53	37.04	130.26	1003.76	278.40	10.74	42.12
ENTREE B	261	PORK, ROAST SLICED	3 OZ	207.96	23.26	12.03	0.14	10.58	127.58	2.37	0.31	77.74
VEGGIE 1	496	CORN, W. KERNEL-BB	2.5oz/.33C	61.95	2.14	0.05	15.68	1.64	48.91	20.27	1.94	0.11
VEGGIE 2	676	SLAW, CREAMY COLE	4.11OZ/.5C	116.09	1.80	6.99	12.47	53.89	79.93	4.97	26.69	5.04
BREAD	0											
DESSERT	840	ICE CREAM, CUP	4OZ/.5C	133.30	2.30	7.30	15.60	84.00	53.00	77.00	0.00	29.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	1075	BUN, HAMBURGER	1.06 OZ.	89.16	2.50	1.70	15.93	22.04	155.28	0.00	0.00	0.00
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				841.91	33.32	41.07	91.67	550.19	1343.52	561.31	41.57	85.34
TOTAL B				737.64	39.50	34.27	70.70	452.55	622.62	285.28	31.14	120.96
DIET SUB	676	SLAW, CREAMY COLE	4.11OZ/.5C	116.09	1.80	6.99	12.47	53.89	79.93	4.97	26.69	5.04
DIET SUB	840	ICE CREAM, CUP	4OZ/.5C	133.30	2.30	7.30	15.60	84.00	53.00	77.00	0.00	29.00
TOTAL DIET		DIET CALCULATIONS		841.91	33.32	41.07	91.67	550.19	1343.52	561.31	41.57	85.34
DATE		Fri AUG 18										
ENTREE A	311	TURKEY, SALAD	4.64OZ/.5C	163.19	17.43	6.79	7.84	37.50	220.66	5.38	4.04	43.10
ENTREE B	278	TUNA, SALAD	5.2 OZ.	124.60	13.72	5.45	5.10	48.79	290.38	37.81	1.22	77.84
VEGGIE 1	528	SOUP, SPLIT PEA-M	8oz/1C	152.08	8.97	4.24	20.43	29.67	276.29	55.09	3.43	6.59
VEGGIE 2	1390	SALAD, BROCCOLI RAISIN	.5 CUP	113.10	2.06	6.66	12.78	30.41	123.34	14.97	40.64	0.55
BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	149.63	7.36	0.06	0.19
DESSERT	779	CANNED , PEARS - DIET	4.13 OZ/.5C	33.96	0.22	0.04	9.15	4.68	2.34	0.00	1.17	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	694	LETTUCE, SHREDDED	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	9.93	133.60	8.26	0.49
ADD BOTH	0											
TOTAL A				753.15	41.01	28.06	88.05	415.60	940.11	397.07	59.80	59.99
TOTAL B				714.56	37.30	26.72	85.31	426.89	1009.83	429.50	56.98	94.73
DIET SUB	1390	SALAD, BROCCOLI RAISIN	.5 CUP	113.10	2.06	6.66	12.78	30.41	123.34	14.97	40.64	0.55
DIET SUB	779	CANNED , PEARS - DIET	4.13 OZ/.5C	33.96	0.22	0.04	9.15	4.68	2.34	0.00	1.17	0.00
TOTAL DIET		DIET CALCULATIONS		753.15	41.01	28.06	88.05	415.60	940.11	397.07	59.80	59.99
DATE		Mon AUG 21										
ENTREE A	218	CHICKEN, SWEET -N- SOUR	8.56OZ/1C.	236.72	18.28	3.94	32.03	45.04	555.41	634.82	19.86	40.42
ENTREE B	120	BEEF, DICED & NOODLES	8.75oz	297.21	20.00	12.48	26.29	40.96	397.09	28.65	2.83	55.94
VEGGIE 1	460	BROCCOLI CUTS-BB	2.15oz/.33C	24.98	2.26	0.09	5.04	37.59	62.85	140.33	29.31	0.11
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
BREAD	1109	ROLL, POTATO WHEAT	2.0 OZ	153.18	4.02	3.87	25.46	17.77	201.63	7.33	6.47	0.19
DESSERT	780	CANNED, PEARS - LITE SYRUP	4.43OZ/.5C	71.59	0.24	0.04	19.05	6.28	6.28	0.00	0.88	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	925.5	RICE, WHITE	.33 C	76.49	1.53	0.54	15.82	6.24	1.13	2.81	0.00	0.00
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				704.13	34.91	14.82	110.43	426.45	1009.24	1321.65	72.43	49.79
TOTAL B				688.13	35.10	22.82	88.87	416.13	849.79	712.67	55.40	65.31
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
DIET SUB	779	CANNED , PEARS - DIET	4.13 OZ/.5C	33.96	0.22	0.04	9.15	4.68	2.34	0.00	1.17	0.00
TOTAL DIET		DIET CALCULATIONS		666.50	34.89	14.82	100.53	424.85	1005.30	1321.65	72.72	49.79

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY- DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLES mg 100.00
DATE		Tues AUG 22										
ENTREE A	401	WHITE CHIX CHILI	1 CUP	263.96	19.54	12.19	18.55	103.08	286.82	54.01	9.49	55.15
ENTREE B	339	VEGETARIAN, MACARONI & CHEESE	9.24oz/1C	412.93	22.38	16.59	43.19	523.66	489.41	155.47	1.29	54.54
VEGGIE 1	476	CARROTS, FROZEN-BB	2.6oz/.33C	27.04	0.74	0.07	6.29	17.73	82.25	1109.12	1.85	0.11
VEGGIE 2	646	SALAD, MARINATED ZUCCHINI	4.16OZ./.5C	100.20	1.02	5.63	12.12	15.43	10.24	15.58	21.38	0.00
BREAD	1105	ROLL, OAT BRAN	2.0 OZ	150.27	4.25	4.01	24.86	21.58	206.06	7.34	2.22	0.19
DESSERT	837	FRESH, WATERMELON	2.82 OZ/.5C	25.59	0.50	0.34	5.74	6.40	1.60	29.58	7.68	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				696.24	33.55	28.44	78.44	444.62	744.89	1396.30	44.82	64.52
TOTAL B				845.21	36.39	32.84	103.08	865.20	947.48	1497.76	36.62	63.91
DIET SUB	646	SALAD, MARINATED ZUCCHINI	4.16OZ./.5C	100.20	1.02	5.63	12.12	15.43	10.24	15.58	21.38	0.00
DIET SUB	837	FRESH, WATERMELON	2.82 OZ/.5C	25.59	0.50	0.34	5.74	6.40	1.60	29.58	7.68	0.00
TOTAL DIET		DIET CALCULATIONS		696.24	33.55	28.44	78.44	444.62	744.89	1396.30	44.82	64.52
DATE		Wed AUG 23										
ENTREE A	285	TURKEY, ALA KING	8.84OZ/1C.	208.12	21.79	6.32	15.57	167.60	227.46	43.82	7.18	45.31
ENTREE B	129	BEEF, HAMBURGER 1/4 LB	3.16 OZ.	271.28	19.96	20.05	1.91	25.40	42.64	0.00	0.00	70.77
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	28.79	17.37	17.14	0.81
VEGGIE 2	513	PEAS, GREEN-BB	2.96oz/.33C	54.41	3.19	0.17	10.37	15.38	105.33	64.59	6.10	0.15
BREAD	1054	BREAD, HERB FRENCH	2.0 OZ	138.79	4.73	1.17	26.88	19.70	153.88	7.63	0.08	0.19
DESSERT	866	WHIP, CHERRY/LIME	4.04OZ/.5C	85.41	0.98	1.39	17.73	0.74	81.77	0.00	11.80	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	1394	PEPPERS & ONIONS	.5 CUP	70.95	2.14	0.33	15.22	15.79	195.12	12.97	38.79	0.00
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				676.48	40.12	15.41	94.54	513.99	755.16	314.09	44.50	55.54
TOTAL B				810.59	40.43	29.47	96.10	387.58	765.46	283.24	76.11	81.00
DIET SUB	632	PEAS, GREEN-BB	2.96oz/.33C	54.41	3.19	0.17	10.37	15.38	105.33	64.59	6.10	0.15
DIET SUB	865	WHIP, CHERRY/LIME - DIET	3.36OZ/.5C	23.89	1.59	0.00	2.79	0.00	0.00	0.00	7.15	2.00
TOTAL DIET		DIET CALCULATIONS		614.96	40.73	14.02	79.60	513.25	673.39	314.09	39.85	57.54
DATE		Thurs AUG 24										
ENTREE A	1370	SW OMELET BAKE	1 EA	345.22	23.11	23.21	11.64	577.65	541.55	262.25	9.95	268.93
ENTREE B	362	PORK, SAUSAGE GRAVY	6 OZ	230.90	15.57	9.26	20.40	251.14	574.86	130.75	1.30	39.14
VEGGIE 1	905	POTATOES, BAKED	4.0OZ/.5C	123.62	2.61	0.11	28.61	11.34	9.07	0.00	14.63	0.00
VEGGIE 2	626	SALAD, CARROT PINEAPPLE	3.28 OZ/.5C	118.51	1.22	5.01	18.47	37.19	154.46	627.70	5.85	5.44
BREAD	1039	BISCUIT, BUTTERMILK	2.20 OZ.	186.33	3.90	7.90	24.25	144.72	226.83	3.61	0.26	1.03
DESSERT	743	CAKE, APPLE STREUSEL	3.75 OZ	253.40	4.31	6.18	45.91	121.84	242.47	73.91	1.18	24.64
MILK/MARG	959	MILK, 1%	8.0 OZ.	95.27	7.46	2.40	10.84	278.99	113.41	133.82	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				1122.35	42.61	44.81	139.72	1171.73	1287.79	1101.29	34.07	309.11
TOTAL B				1008.03	35.07	30.86	148.48	845.22	1321.10	969.79	25.42	79.32
DIET SUB	626	SALAD, CARROT PINEAPPLE	3.28 OZ/.5C	118.51	1.22	5.01	18.47	37.19	154.46	627.70	5.85	5.44
DIET SUB	887	CAKE, DIET SOURCE	2 x 2 EA	90.00	1.00	1.00	19.00	NA	90.00	NA	NA	0.00
TOTAL DIET		DIET CALCULATIONS		958.95	39.30	39.63	112.81	1049.89	1135.32	1027.38	32.89	284.47
DATE		Fri AUG 25										
ENTREE A	371	CHICKEN PASTINA	1 CUP	229.82	17.63	4.31	29.73	79.10	312.51	88.58	10.50	56.89
ENTREE B	107	BEEF, CABBAGE BAKE	9.9OZ/1C.	308.98	17.89	15.77	24.75	150.97	484.83	65.46	35.48	99.54
VEGGIE 1	417	BEANS, GREEN FZN-BB	2.66oz/.33c	23.75	0.95	0.11	5.59	29.58	61.75	35.53	2.71	0.11
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
BREAD	1114	ROLL, SUNFLOWER SEED	2.0 OZ	155.61	4.24	4.19	25.12	18.17	205.57	7.34	0.07	0.19
DESSERT	1398	PUDDING, CHOCOLATE HOMESTYLE	.5 CUP	192.66	6.69	2.79	36.75	217.06	101.49	48.74	0.76	8.69
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	1012	DRESSING, PARMESAN GARLIC	2TB (1.0 oz)	33.26	1.92	1.12	4.10	63.78	78.58	13.12	0.20	1.88
ADD BOTH	0											
TOTAL A				776.27	40.01	18.86	114.32	721.22	941.84	729.67	30.15	76.83
TOTAL B				855.43	40.27	30.32	109.34	793.09	1114.16	706.55	55.13	119.48
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
DIET SUB	856	PUDDING, CHOCOLATE- DIET	4.45OZ/.5C	89.42	5.13	0.12	18.12	182.99	150.71	1.13	0.96	2.84
TOTAL DIET		DIET CALCULATIONS		673.03	38.45	16.19	95.69	687.15	991.06	682.06	30.35	70.98

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY- DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLES mg 100.00
DATE		Mon AUG 28										
ENTREE A	202	CHICKEN, ORANGE GLAZE, THIGH	5.16 OZ.	305.67	23.62	12.50	24.18	21.53	356.60	70.98	8.68	79.10
ENTREE B	137	BEEF, LIVER & ONIONS	4 OZ	176.64	19.07	3.28	16.89	26.61	340.59	4228.01	6.17	233.88
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	28.79	17.37	17.14	0.81
VEGGIE 2	513	PEAS, GREEN-BB	2.96oz/.33C	54.41	3.19	0.17	10.37	15.38	105.33	64.59	6.10	0.15
BREAD	1057	BREAD, MULTIGRAIN	2.0 OZ	151.20	4.33	4.00	24.95	21.17	149.63	7.34	2.76	0.19
DESSERT	777	CANNED, PEACHES - DIET	4.25OZ/.5C	43.66	0.63	0.03	11.48	5.95	3.97	18.90	3.57	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				744.69	41.20	23.06	94.97	374.60	802.25	359.86	40.45	89.33
TOTAL B				615.66	36.65	13.84	87.68	379.68	786.24	4516.89	37.94	244.11
DIET SUB	513	PEAS, GREEN-BB	2.96oz/.33C	54.41	3.19	0.17	10.37	15.38	105.33	64.59	6.10	0.15
DIET SUB	777	CANNED, PEACHES - DIET	4.25OZ/.5C	43.66	0.63	0.03	11.48	5.95	3.97	18.90	3.57	0.00
TOTAL DIET		DIET CALCULATIONS		744.69	41.20	23.06	94.97	374.60	802.25	359.86	40.45	89.33
DATE		Tues AUG 29										
ENTREE A	125	BEEF, GOULASH WESTERN	8.5OZ/1C.	354.55	18.43	16.39	33.75	174.03	543.05	220.00	10.49	50.23
ENTREE B	209	CHICKEN, RICE BAKE	1 CUP	376.52	22.50	11.22	44.60	128.62	445.83	90.12	2.42	40.42
VEGGIE 1	500	MIXED VEGS-BB	2.43oz/.33C	49.35	2.31	0.12	10.63	16.78	105.42	418.84	4.16	0.11
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
BREAD	1118	ROLL, WHOLE WHEAT DINNER	2.0 OZ	151.76	4.28	4.02	25.01	19.16	148.98	7.36	0.06	0.19
DESSERT	868	WHIP, ORANGE	4.29 OZ/.5C	99.40	1.62	1.50	20.53	2.80	51.26	1.81	20.62	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	63.78	7.14	0.96	0.66
ADD BOTH	0											
TOTAL A				823.83	36.06	29.99	105.59	550.00	1094.43	1191.51	52.20	60.26
TOTAL B				845.80	40.13	24.82	116.44	504.59	997.21	1061.63	44.13	50.45
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
DIET SUB	867	WHIP, CHERRY/LIME - DIET	3.36OZ/.5C	23.89	1.59	0.00	2.79	0.00	0.00	0.00	7.15	2.00
TOTAL DIET		DIET CALCULATIONS		748.32	36.03	28.49	87.85	547.20	1043.17	1189.70	38.73	62.26
DATE		Wed AUG 30										
ENTREE A	282	TURKEY HAM, LIMA BEAN CASSEROLE	7.63oz/1c	276.58	19.33	3.24	43.63	60.41	502.12	12.82	6.62	22.80
ENTREE B	157	BEEF, SHEPHERDS PIE	9.0 WZ	308.18	18.35	12.44	31.16	137.55	435.03	107.93	30.66	61.41
VEGGIE 1	460	BROCCOLI CUTS-BB	2.15oz/.33C	24.98	2.26	0.09	5.04	37.59	62.85	140.33	29.31	0.11
VEGGIE 2	662	SALAD, TOSSED	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	9.93	133.60	8.26	0.49
BREAD	1101	ROLL, HERB	2.0 OZ	138.79	4.73	1.17	26.88	19.70	153.88	7.63	0.08	0.19
DESSERT	726	APPLESAUCE, RHUBARB - REG	4 OZ/.5C	99.94	0.31	0.16	25.70	81.95	11.98	4.97	2.81	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	976	GRAVY, BROWN W/BASE	2.28 OZ.	17.21	0.43	0.18	3.55	1.84	102.95	6.63	1.13	0.00
ADD BOTH	972.5	DRESSING, SPICY FRENCH	1 TB(0.5oz)	32.95	0.22	0.80	6.75	5.78	70.01	5.86	1.55	0.00
ADD BOTH	0											
TOTAL A				712.30	34.90	11.77	120.84	499.54	968.69	485.88	50.83	32.66
TOTAL B				761.11	34.35	21.15	111.92	578.52	1004.55	587.62	76.00	71.27
DIET SUB	662	SALAD, TOSSED	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	9.93	133.60	8.26	0.49
DIET SUB	725	APPLESAUCE, RHUBARB - DIET	4 OZ/.5C	99.94	0.31	0.16	25.70	81.95	11.98	4.97	2.81	0.00
TOTAL DIET		DIET CALCULATIONS		712.30	34.90	11.77	120.84	499.54	968.69	485.88	50.83	32.66
DATE		Thurs AUG 31										
ENTREE A	155	BEEF, SALISBURY STEAK	4.5 OZ	279.63	19.39	18.69	8.00	71.40	358.75	19.47	4.67	72.84
ENTREE B	1376	FISH, BREADED POLLOCK PC	4 OZ	240.00	13.00	8.00	19.00	20.00	220.00	0.00	0.00	0.00
VEGGIE 1	938.5	POTATOES, SOUR CRM & CHIVE	.33 C	66.76	1.05	1.16	12.18	61.49	157.76	0.67	18.00	0.91
VEGGIE 2	500	MIXED VEGS-BB	2.43oz/.33C	49.35	2.31	0.12	10.63	16.78	105.42	418.84	4.16	0.11
BREAD	1067	BREAD, SEVEN GRAIN	2.0 OZ	151.65	4.18	4.03	25.09	19.60	149.63	7.45	0.06	0.19
DESSERT	730	BAR, CHOCOLATE CHIP	1.78 OZ/EA	224.49	2.83	11.36	28.99	21.30	81.43	43.98	0.01	26.12
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				901.06	37.26	41.56	95.77	470.97	1010.91	671.08	29.10	109.24
TOTAL B				861.43	30.87	30.87	106.77	419.57	872.16	651.61	24.43	36.40
DIET SUB	500	MIXED VEGS-BB	2.43oz/.33C	49.35	2.31	0.12	10.63	16.78	105.42	418.84	4.16	0.11
DIET SUB	1318	DIET SPLENDA CHOC CHIP CKY	1.06 OZ	144.40	1.69	8.03	16.30	17.59	37.97	7.57	0.00	12.44
TOTAL DIET		DIET CALCULATIONS		820.97	36.12	38.23	83.08	467.26	967.45	634.67	29.09	95.56

	DATE RECNUM	MENU ITEM	RECIPE NUM	PORTION SIZE	CAL A=600 to 850	PRO gm 17.00	FAT gm	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00		
DATE																		
		Tues AUG 22																
ENTREE A	401	WHITE CHIX CHILI		0 1 CUP	263.96	19.54	12.19	18.55	103.08	37.08	286.82	2.01	9.49	0.26	0.21	3.48		
ENTREE B	339	VEGETARIAN, MACARONI & CHEESE	2E-2745	9.24oz/1C	412.93	22.38	16.59	43.19	523.66	46.07	489.41	2.71	1.29	0.48	0.89	0.10		
VEGGIE 1	476	CARROTS, FROZEN-BB	D-7041	2.6oz/.33C	27.04	0.74	0.07	6.29	17.73	6.25	82.25	0.15	1.85	0.08	0.00	1.13		
VEGGIE 2	646	SALAD, MARINATED ZUCCHINI	S-2210	4.16OZ/.5C	100.20	1.02	5.63	12.12	15.43	14.43	10.24	0.24	21.38	0.18	0.00	0.94		
BREAD	1105	ROLL, OAT BRAN	H-2334	2.0 OZ	150.27	4.25	4.01	24.86	21.58	11.44	206.06	0.32	2.22	0.03	0.04	1.99		
DESSERT	837	FRESH, WATERMELON	S-7701	2.82 OZ/.5C	25.59	0.50	0.34	5.74	6.40	8.80	1.60	0.06	7.68	0.12	0.00	0.24		
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00		
A ADD ONLY																		
B ADD ONLY																		
ADD BOTH																		
ADD BOTH																		
TOTAL A					36.76%	696.24	33.55	28.44	78.44	444.62	109.88	744.89	3.66	44.82	0.77	1.09	7.78	
TOTAL B					34.97%	845.21	36.39	32.84	103.08	865.20	118.87	947.48	4.36	36.62	0.99	1.77	4.40	
DIET SUB	646	SALAD, MARINATED ZUCCHINI	S-2210	4.16OZ/.5C	100.20	1.02	5.63	12.12	15.43	14.43	10.24	0.24	21.38	0.18	0.00	0.94		
DIET SUB	837	FRESH, WATERMELON	S-7701	2.82 OZ/.5C	25.59	0.50	0.34	5.74	6.40	8.80	1.60	0.06	7.68	0.12	0.00	0.24		
TOTAL DIET					36.76%	696.24	33.55	28.44	78.44	444.62	109.88	744.89	3.66	44.82	0.77	1.09	7.78	
DATE																		
Wed AUG 23																		
ENTREE A	285	TURKEY, ALA KING	E-2148	8.84OZ/1C.	208.12	21.79	6.32	15.57	167.60	32.11	227.46	2.48	7.18	0.33	0.66	0.24		
ENTREE B	129	BEEF, HAMBURGER 1/4 LB	E-6815	3.16 OZ.	271.28	19.96	20.05	1.91	25.40	0.07	42.64	4.63	0.00	0.18	1.61	0.18		
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C		0 .33 CUP	60.57	1.93	0.17	13.11	30.17	NA	28.79	NA	17.14	0.01	0.09	1.14		
VEGGIE 2	513	PEAS, GREEN-BB	D-9067	2.96oz/.33C	54.41	3.19	0.17	10.37	15.38	13.76	105.33	0.41	6.10	0.07	0.00	3.39		
BREAD	1054	BREAD, HERB FRENCH	H-7829	2.0 OZ	138.79	4.73	1.17	26.88	19.70	10.50	153.88	0.39	0.08	0.03	0.04	1.02		
DESSERT	866	WHIP, CHERRY/LIME	H-1053	4.04OZ/.5C	85.41	0.98	1.39	17.73	0.74	0.00	81.77	0.00	11.80	0.00	0.00	0.00		
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00		
A ADD ONLY																		
B ADD ONLY	1394	PEPPERS & ONIONS		0 .5 CUP	70.95	2.14	0.33	15.22	15.79	11.63	195.12	0.20	38.79	0.14	0.00	1.67		
ADD BOTH																		
ADD BOTH																		
TOTAL A					176083.76%	20.51%	676.48	40.12	15.41	94.54	513.99	88.25	755.16	4.16	44.50	0.54	1.63	5.79
TOTAL B					111192.56%	32.72%	810.59	40.43	29.47	96.10	387.58	67.84	765.46	6.51	76.11	0.53	2.58	7.40
DIET SUB	513	PEAS, GREEN-BB	D-9067	2.96oz/.33C	54.41	3.19	0.17	10.37	15.38	13.76	105.33	0.41	6.10	0.07	0.00	3.39		
DIET SUB	867	WHIP, CHERRY/LIME - DIET	H-2310	3.36OZ/.5C	23.89	1.59	0.00	2.79	0.00	0.51	0.00	0.00	7.15	0.00	0.00	0.00		
TOTAL DIET					20.52%	614.96	40.73	14.02	79.60	513.25	88.76	673.39	4.16	39.85	0.54	1.63	5.79	
DATE																		
Thurs AUG 24																		
ENTREE A	1370	SW OMELET BAKE		0 1 EA	345.22	23.11	23.21	11.64	577.65	43.83	541.55	2.27	9.95	0.16	0.80	1.83		
ENTREE B	362	PORK, SAUSAGE GRAVY	E-2538	6 OZ	230.90	15.57	9.26	20.40	251.14	33.57	574.86	2.03	1.30	0.19	1.18	0.40		
VEGGIE 1	905	POTATOES, BAKED	D-7700	4.00Z/.5C	123.62	2.61	0.11	28.61	11.34	30.62	9.07	0.36	14.63	0.39	0.00	0.75		
VEGGIE 2	626	SALAD, CARROT PINEAPPLE	S-2201	3.28 OZ/.5C	118.51	1.22	5.01	18.47	37.19	13.12	154.46	0.21	5.85	0.13	0.00	2.49		
BREAD	1039	BISCUIT, BUTTERMILK	H-1089	2.20 OZ	186.33	3.90	7.90	24.25	144.72	9.83	226.83	0.31	0.26	0.02	0.06	0.80		
DESSERT	743	CAKE, APPLE STREUSEL		0 3.75 OZ	253.40	4.31	6.18	45.91	121.84	9.90	242.47	0.37	1.18	0.04	0.15	0.28		
MILK/MARG	959	MILK, 1%	B-4000	8.0 OZ.	95.27	7.46	2.40	10.84	278.99	31.76	113.41	0.88	2.20	0.10	0.84	0.00		
A ADD ONLY																		
B ADD ONLY																		
ADD BOTH																		
ADD BOTH																		
TOTAL A					35.93%	1122.35	42.61	44.81	139.72	1171.73	139.06	1287.79	4.40	34.07	0.84	1.85	6.15	
TOTAL B					27.55%	1008.03	35.07	30.86	148.48	845.22	128.80	1321.10	4.16	25.42	0.87	2.23	4.72	
DIET SUB	626	SALAD, CARROT PINEAPPLE	S-2201	3.28 OZ/.5C	118.51	1.22	5.01	18.47	37.19	13.12	154.46	0.21	5.85	0.13	0.00	2.49		
DIET SUB	887	CAKE, DIET SOURCE		0 2 x 2 EA	90.00	1.00	1.00	19.00	NA	0.00	90.00	0.00	NA	0.00	0.00	0.00		
TOTAL DIET					37.19%	958.95	39.30	39.63	112.81	1049.89	129.16	1135.32	4.03	32.89	0.80	1.70	5.87	
DATE																		
Fri AUG 25																		
ENTREE A	371	CHICKEN PASTINA	E-2531	1 CUP	229.82	17.63	4.31	29.73	79.10	46.58	312.51	1.50	10.50	0.31	0.44	2.03		
ENTREE B	107	BEEF, CABBAGE BAKE	2E-2758	9.9OZ/1C.	308.98	17.89	15.77	24.75	150.97	49.20	484.83	3.65	35.48	0.52	1.75	4.03		
VEGGIE 1	417	BEANS, GREEN FZN-BB	D-6011	2.66oz/.33c	23.75	0.95	0.11	5.59	29.58	6.24	61.75	0.14	2.71	0.02	0.01	1.91		
VEGGIE 2	660	SALAD, SPINACH ROMAINE	S-1251	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97		
BREAD	1114	ROLL, SUNFLOWER SEED	H-9091	2.0 OZ	155.61	4.24	4.19	25.12	18.17	9.62	205.57	0.39	0.07	0.03	0.04	0.99		
DESSERT	1398	PUDGING, CHOCOLATE HOMESTYLE	ENP-H5070	.5 CUP	192.66	6.69	2.79	36.75	217.06	34.57	101.49	0.98	0.76	0.07	0.81	1.03		
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00		
A ADD ONLY																		
B ADD ONLY																		
ADD BOTH																		
ADD BOTH	1012	DRESSING, PARMESAN GARLIC	S-9704	2TB (1.0 oz)	33.26	1.92	1.12	4.10	63.78	5.28	78.58	0.24	0.20	0.02	0.14	0.08		
TOTAL A					21.87%	776.27	40.01	18.86	114.32	721.22	153.76	941.84	4.26	30.15	0.61	2.28	7.01	
TOTAL B					31.90%	855.43	40.27	30.32	109.34	793.09	156.38	1114.16	6.41	55.13	0.82	3.59	9.01	
DIET SUB	660	SALAD, SPINACH ROMAINE	S-1251	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97		
DIET SUB	856	PUDGING, CHOCOLATE - DIET	H-2272	4.45OZ/.5C	89.42	5.13	0.12	18.12	182.99	15.59	150.71	0.58	0.96	0.05	0.57	0.00		
TOTAL DIET					21.65%	673.03	38.45	16.19	95.69	687.15	134.78	991.06	3.86	30.35	0.59	2.04	5.98	

NWS&DS AUG 2017 Entree A	KCALs-A 600-850	PRO gm 17.00	FAT gm 17.00	FAT% 30%	CHO gm 17.00	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	Vit C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00
Mon JULY 31	744.68	37.66	24.09	29.11%	95.37	568.74	114.28	906.87	4.19	76.71	0.77	1.63	6.79
Tues AUG 1	825.66	36.53	26.58	28.97%	115.33	447.91	130.76	1006.61	3.56	26.23	0.86	1.33	8.24
Wed AUG 2	813.43	42.89	28.22	31.22%	100.33	741.54	120.77	1086.51	3.90	61.29	0.59	1.91	7.68
Thurs AUG 3	864.62	41.66	28.15	29.31%	112.26	451.83	101.79	1223.28	2.80	58.51	0.79	1.18	9.47
Fri AUG 4	789.35	40.78	23.28	26.54%	105.87	581.84	154.34	960.79	4.28	69.36	0.92	1.95	7.93
WEEK 1 Total A	803.02	40.75	25.94	29.07%	103.46	585.99	122.79	1044.36	3.79	66.47	0.77	1.67	7.97
Mon AUG 7	516.88	41.67	11.87	20.67%	62.53	411.33	114.79	601.88	3.39	44.26	1.42	2.34	4.81
Tues AUG 8	678.30	39.13	23.97	31.80%	75.88	355.46	76.05	733.39	4.13	39.06	0.57	1.77	3.27
Wed AUG 9	768.43	33.50	34.51	40.42%	82.36	463.90	78.32	1042.79	4.96	69.08	0.72	2.33	6.81
Thurs AUG 10	631.76	31.84	24.21	34.49%	74.72	506.15	113.92	1111.66	2.88	47.48	0.41	2.49	5.22
Fri AUG 11	836.64	40.46	27.26	29.32%	111.20	754.94	130.63	859.83	4.24	34.05	0.35	1.91	10.67
WEEK 2 Total A	686.40	37.32	24.36	31.95%	81.34	498.35	102.74	869.91	3.92	46.79	0.69	2.17	6.15
Mon AUG 14	893.64	39.15	42.60	42.90%	90.96	399.50	70.59	807.88	6.44	29.92	0.53	2.66	5.74
Tues AUG 15	741.32	35.16	24.37	29.59%	97.13	403.63	114.13	899.98	5.09	37.76	0.79	2.28	6.88
Wed AUG 16	840.73	42.05	25.53	27.33%	94.21	548.35	85.56	901.67	2.07	36.43	0.53	0.94	3.40
Thurs AUG 17	841.91	33.32	41.07	43.90%	91.67	550.19	111.15	1343.52	5.35	41.57	0.88	4.81	5.27
Fri AUG 18	753.15	41.01	28.06	33.53%	88.05	415.60	117.15	940.11	18.82	59.80	0.63	35.34	10.83
WEEK 3 Total A	814.15	38.14	32.33	35.73%	92.40	463.45	99.72	978.63	7.55	41.10	0.67	9.21	6.42
Mon AUG 21	704.13	34.91	14.82	18.94%	110.43	426.45	109.38	1009.24	2.05	72.43	0.47	0.88	5.25
Tues AUG 22	696.24	33.55	28.44	36.76%	78.44	444.62	109.88	744.89	3.66	44.82	0.77	1.09	7.78
Wed AUG 23	676.48	40.12	15.41	20.51%	94.54	513.99	88.25	755.16	4.16	44.50	0.54	1.63	5.79
Thurs AUG 24	1122.35	42.61	44.81	35.93%	139.72	1171.73	139.06	1287.79	4.40	34.07	0.84	1.85	6.15
Fri AUG 25	776.27	40.01	18.86	21.87%	114.32	721.22	153.76	941.84	4.26	30.15	0.61	2.28	7.01
WEEK 4 Total A	795.10	38.24	24.47	27.70%	107.49	655.60	120.07	947.78	3.71	45.19	0.65	1.55	6.40
Mon AUG 28	744.69	41.20	23.06	27.87%	94.97	374.60	85.41	802.25	4.06	40.45	0.54	1.25	7.95
Tues AUG 29	823.83	36.06	29.99	32.76%	105.59	550.00	117.23	1094.43	5.14	52.20	0.66	1.82	4.76
Wed AUG 30	712.30	34.90	11.77	14.87%	120.84	499.54	149.40	968.69	4.22	50.83	0.70	2.86	14.55
Thurs AUG 31	901.06	37.26	41.56	41.51%	95.77	470.97	94.76	1010.91	5.39	29.10	0.78	2.68	6.41
Fri SEPT 1	675.66	35.07	22.27	29.66%	87.12	445.12	102.04	851.07	2.25	63.50	0.52	0.94	8.07
WEEK 5 Total A	771.51	36.90	25.73	30.01%	100.86	468.04	109.77	945.47	4.21	47.22	0.64	1.91	8.35
MONTH AVG	774.04	38.27	26.56	30.89%	97.11	534.29	111.02	957.23	4.64	49.35	0.68	3.30	7.06

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NWS&DS AUG 2017 Entree B	KCALs-B 600-850	PRO gm 17.00	FAT gm 17.00	FAT% 30%	CHO gm 17.00	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	Vit C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00
Mon JULY 31	826.91	34.98	30.76	33.48%	104.00	406.73	98.74	936.65	5.36	57.37	0.57	1.98	5.47
Tues AUG 1	1152.91	56.66	33.64	26.26%	163.25	558.86	232.88	1156.12	7.91	24.44	1.36	2.51	12.84
Wed AUG 2	879.40	33.32	37.82	38.71%	107.01	595.93	141.34	1114.26	2.68	64.76	0.66	1.04	9.33
Thurs AUG 3	857.50	32.84	33.73	35.41%	106.92	440.31	85.39	1085.41	6.04	35.88	0.52	2.33	8.50
Fri AUG 4	895.52	41.56	30.80	30.95%	115.95	596.56	149.00	1083.46	3.36	67.43	0.70	1.42	8.03
WEEK 1 Total B	864.83	35.67	33.28	34.63%	108.47	509.88	118.62	1054.95	4.36	56.36	0.61	1.69	7.83
Mon AUG 7	607.04	33.80	22.09	32.75%	73.43	500.15	89.58	828.93	1.89	49.05	0.94	2.01	7.80
Tues AUG 8	668.23	37.80	20.52	27.63%	83.81	412.98	90.60	1057.68	4.08	41.19	0.80	2.09	4.33
Wed AUG 9	728.96	39.42	26.87	33.18%	82.57	564.86	87.51	1170.94	2.61	53.77	0.32	1.43	5.99
Thurs AUG 10	745.72	37.44	28.86	34.83%	86.85	460.60	141.39	1091.49	3.40	60.25	0.69	1.23	8.43
Fri AUG 11	862.25	42.53	29.36	30.65%	109.40	630.64	155.13	899.10	6.52	38.97	0.99	3.21	9.01
WEEK 2 Total B	722.44	38.20	25.54	31.82%	87.21	513.84	112.84	1009.63	3.70	48.65	0.75	2.00	7.11
Mon AUG 14	791.44	28.86	31.40	35.70%	99.29	372.51	69.14	1119.69	1.76	28.70	0.34	1.05	5.53
Tues AUG 15	685.70	36.19	25.16	33.02%	81.84	840.14	134.53	928.84	4.40	34.83	0.59	2.20	5.26
Wed AUG 16	827.29	50.46	23.57	25.64%	104.69	621.61	131.97	1064.08	5.36	40.09	1.27	2.27	4.89
Thurs AUG 17	737.64	39.50	34.27	41.81%	70.70	452.55	91.11	622.62	4.65	31.14	0.69	1.91	4.25
Fri AUG 18	714.56	37.30	26.72	33.65%	85.31	426.89	113.66	1009.83	17.60	56.98	0.56	36.73	10.69
WEEK 3 Total B	751.33	38.46	28.22	33.81%	88.37	542.74	108.08	949.01	6.75	38.35	0.69	8.83	6.12
Mon AUG 21	688.13	35.10	22.82	29.85%	88.87	416.13	112.01	849.79	6.24	55.40	0.55	2.25	6.68
Tues AUG 22	845.21	36.39	32.84	34.97%	103.08	865.20	118.87	947.48	4.36	36.62	0.99	1.77	4.40
Wed AUG 23	810.59	40.43	29.47	32.72%	96.10	387.58	67.84	765.46	6.51	76.11	0.53	2.58	7.40
Thurs AUG 24	1008.03	35.07	30.86	27.55%	148.48	845.22	128.80	1321.10	4.16	25.42	0.87	2.23	4.72
Fri AUG 25	855.43	40.27	30.32	31.90%	109.34	793.09	156.38	1114.16	6.41	55.13	0.82	3.59	9.01
WEEK 4 Total B	841.48	37.45	29.26	31.30%	109.17	661.44	116.78	999.60	5.54	49.74	0.75	2.48	6.44
Mon AUG 28	615.66	36.65	13.84	20.24%	87.68	379.68	86.71	786.24	5.26	37.94	1.23	51.40	9.48
Tues AUG 29	845.80	40.13	24.82	26.41%	116.44	504.59	132.56	997.21	3.61	44.13	3.28	5.41	4.55
Wed AUG 30	761.11	34.35	21.15	25.01%	111.92	578.52	108.83	1004.55	4.89	76.00	0.65	2.46	6.72
Thurs AUG 31	861.43	30.87	30.87	32.25%	106.77	419.57	64.14	851.07	1.88	24.43	0.60	0.95	6.28
Fri SEPT 1	627.45	31.16	19.98	28.65%	84.38	462.03	113.29	912.89	2.79	60.68	0.72	2.54	7.93
WEEK 5 Total B	742.29	34.63	22.13	26.83%	101.44	468.88	101.10	910.39	3.69	48.64	1.30	12.55	6.99
MONTH AVG	784.47	36.88	27.69	31.76%	98.93	539.36	111.48	984.71	4.81	48.34	0.82	5.51	6.90

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