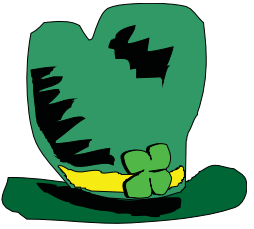


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>SENIOR & DISABILITIES SERVICES</p> <p>MARCH 2017</p>	<p>Suggested Donation: \$3.00 per meal (Dining Room) \$3.00 per meal (MOW)</p> <p>.....</p> <p>1% Milk served with all meals</p>	<p>♥ Chkn/White Bean Chili or <u>Zucchini Lasagna</u> Herbed Carrots Spinach Romaine Salad French Roll Chocolate Chip Bar</p> <p style="text-align: right;">1</p>	<p>♥ Chicken Chop Suey or <u>Sweet & Sour Pork</u> Steamed Brown Rice Oriental Blend Vegetables Carrot Slaw Chilled Pears</p> <p style="text-align: right;">2</p>	<p>♥ Brd Bkd Fish w/Tartar Sc or <u>Sloppy Joe</u> on a Bun Whole Kernel Corn Carrot Mandarin Salad Spiced Apples</p> <p style="text-align: right;">3</p>
<p>♥ Baked Beef Rigatoni or <u>Chicken Rice Bake</u> Green Beans Garden Vegetable Salad White Dinner Roll Fresh Orange</p> <p style="text-align: right;">6</p>	<p>♥ Meatloaf Sandwich Half or <u>Turkey Sandwich Half</u> on Wheat Bread Beef Barley Soup Pickled Beets Chilled Peaches</p> <p style="text-align: right;">7</p>	<p>♥ Beef Spanish Rice or <u>Hearty Chicken Stew</u> Succotash Spinach Romaine Salad Seven Grain Roll Gelatin Jewels w/Whip Top</p> <p style="text-align: right;">8</p>	<p>♥ Roast Turkey w/Gravy or <u>Salisbury Steak</u> Whipped Potatoes Broccoli Cuts Cracked Wheat Bread Banana Pudding</p> <p style="text-align: right;">9</p>	<p>♥ Brocc Cheese Omelet Bk or <u>Chicken Pastina</u> Mixed Vegetables Spinach Romaine Salad Wheat Roll Hermit Bar</p> <p style="text-align: right;">10</p>
<p>♥ Cowboy Campfire Stew or <u>Chicken Tetrzzini</u> Cut Green Beans Creamy Coleslaw Oatmeal Roll Lemon Pudding</p> <p style="text-align: right;">13</p>	<p>♥ Chicken Lo Mein or <u>Beef Chili w/Beans</u> Chuckwagon Corn Tossed Salad Sunflower Seed Roll Golden Fruit Cup</p> <p style="text-align: right;">14</p>	<p>♥ Chicken Patty w/Gravy or <u>Hmstyle Pork Patty/Gvy</u> Whipped Potatoes Steamed Carrots Oatmeal Bread Rhubarb Applesauce</p> <p style="text-align: right;">15</p>	<p>♥ Trky Salad Sndwch Half or <u>Egg Salad Sndwch Half</u> on Wheat Bread Vegetarian Vegetable Soup Carrot Slaw Spiced Pears</p> <p style="text-align: right;">16</p>	<p style="text-align: center;">Furlough Day</p>  <p style="text-align: right;">17</p>
<p>♥ Chicken & Dumplings or <u>Spaghetti w/Meat Sauce & French Roll</u> Green Peas & Onions Spinach Romaine Salad Zucchini Brownie</p> <p style="text-align: right;">20</p>	<p>♥ Lima Beans & Ham or <u>Beef Shepherd's Pie</u> Herbed Carrots Romaine Iceberg Salad French Roll Orange Whip</p> <p style="text-align: right;">21</p>	<p>♥ Santa Fe Chicken Salad or <u>Egg BLT Salad</u> on Spinach Romaine Chicken Rice Soup Wheat Roll Pineapple</p> <p style="text-align: right;">22</p>	<p>♥ Chicken Breast Supreme or <u>Roast Pork w/Gravy</u> Whipped Potatoes Country Trio Vegetables Squash Bread Peach Crisp</p> <p style="text-align: right;">23</p>	<p>♥ Cheese & Grn Chile Bake or <u>Swt/Sour Chicken & Rice</u> Cut Green Beans Spinach Romaine Salad Wheat Dinner Roll Banana Pudding</p> <p style="text-align: right;">24</p>
<p>♥ Creamed Turkey & Vegt or <u>Beef Stroganoff</u> Whipped Potatoes Seasoned Carrots Wheat Roll Spiced Applesauce</p> <p style="text-align: right;">27</p>	<p>♥ Garlic Chicken or <u>Country Fried Steak</u> Colcannon Potatoes Mixed Vegetables Wheat Bread Cookies & Cream Pudding</p> <p style="text-align: right;">28</p>	<p>♥ Beef Swiss Style Patty or <u>Turkey Patty w/Gravy</u> Whipped Potatoes Cut Green Beans French Bread Butterscotch Bar</p> <p style="text-align: right;">29</p>	<p>♥ Denver Omelet Bake or <u>Pork Sausage Gravy</u> Buttermilk Biscuit Roasted Red Potatoes Mandarin Pineapple Cup Apple Streusel Cake</p> <p style="text-align: right;">30</p>	<p>♥ Tuna Loaf w/Cream Sc or <u>Beef & Potato Stew</u> Green Peas Romaine Iceberg Salad Bran Rye Roll Chilled Peaches</p> <p style="text-align: right;">31</p>