

**NWS&DS REV MENU # SEPT 2017**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 CHKN SALAD 1/2 SAND TUNA SALAD 1/2 SAND w/Wheat Bread Vegetarian Vegt Soup Broccoli Raisin Salad Summer Mixed Fruit
4 CLOSED FOR THE HOLIDAY	LABOR DAY 5	6 TURKEY RICE BAKE PASTA PRIMAVERA Cut Green Beans Tossed Salad Sunflower Seed Roll Choc Coconut Pudding	7 SANTA FE MINI SALAD TKY MANDARIN SALAD on Spin Romaine Navy Bean Soup Wheat Roll Chilled Pears	8 H. S. TKY PATTY w/GRAVY PORK CHOPPIE w/GRAVY Lyonnaise Potatoes Broccoli Cuts Sunflower Seed Bread Watermelon
11 ORANGE GLZ CHICKEN RST PORK w/GRAVY Whip Sweet Potatoes Cut Green Beans Cornmeal Bread Pineapple Crisp	12 SHV TURKEY 1/2 SAND MEATLOAF 1/2 SAND w/Wheat Bread Corn Chowder Country Coleslaw Mixed Fruit Cup	13 BBQ RIB PATTY CHICKEN PATTY w/GRAVY Delmonico Potatoes Green Peas Bran Wheat Bread Seasonal Fruit	14 BEEF PATTY SCALLOPINI FISH PATTY w/TARTAR SC Garlic Whipped Potatoes Country Trio Vegetables Oatmeal Bread Frosted Spice Cake	15 CHICKEN POT PIE PORK SAUSAGE GRAVY w/Buttermilk Biscuit Oriental Blend Vegt Rom Iceberg Salad Lime Whip
18 CHKN POMODORO BRAISED BEEF/RICE Steamed Carrots Spinach Romaine Salad Cracked Wheat Roll Pineapple	19 BKD CHKN w/SUPREME SC MEATLOAF w/GRAVY Whipped Potatoes Scandinavian Blend Vegt French Bread Apple Crisp	20 ARIZONA CHKN SALAD TKY PASTA SALAD on Spin Rom Popeye Potato Soup Wheat Roll Mandarin Oranges	21 BKD BEEF RIGATONI SPINACH OMELET BAKE Mixed Vegetables Mar Zucchini Salad Garlic Roll Ice Cream Cup	22 ROAST TURKEY SALISBURY PATTY Whipped Potatoes w/Gravy Country Trio Vegetables Dill Wheat Bread Banana Choc Chip Bar
25 CHKN TETRAZINNI BEEF CHILI w/BEANS Chuckwagon Corn Creamy Coleslaw Wheat Dinner Roll Rhubarb Applesauce	26 GRD BEEF & NOODLES S&S CHKN w/BROWN RICE Green Peas Mar Spring Garden Salad Multigrain Roll Seasonal Fruit	27 TURKEY DIVAN BAKE SPAGHETTI w/MEAT SC Italian Blend Vegt Tossed Salad/thou Cracked Wheat Roll Peaches	28 LIMA BEANS & HAM MAC & CHEESE Zucchini & Red Peppers Marinated Broccoli Salad Potato Wheat Roll Cherry Whip	OKTOBERFEST 29 ROTISSERIE CHICKEN GERMAN MEATBALLS Garlic Whip Potatoes Red Cabbage & Apples Rye Bread German Choc Cake

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY- DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RAE 300.00	Vit C mg 30.00	CHOLES mg 100.00
<b>DATE</b>		Mon AUG 28										
ENTREE A	202	CHICKEN, ORANGE GLAZE, THIGH	5.16 OZ.	305.67	23.62	12.50	24.18	21.53	356.60	70.98	8.68	79.10
ENTREE B	137	BEEF, LIVER & ONIONS	4 OZ	176.64	19.07	3.28	16.89	26.61	340.59	4228.01	6.17	233.88
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	28.79	17.37	17.14	0.81
VEGGIE 2	513	PEAS, GREEN-BB	2.96oz/.33C	54.41	3.19	0.17	10.37	15.38	105.33	64.59	6.10	0.15
BREAD	1057	BREAD, MULTIGRAIN	2.0 OZ	151.20	4.33	4.00	24.95	21.17	149.63	7.34	2.76	0.19
DESSERT	777	CANNED, PEACHES - DIET	4.25OZ/.5C	43.66	0.63	0.03	11.48	5.95	3.97	18.90	3.57	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				744.69	41.20	23.06	94.97	374.60	802.25	359.86	40.45	89.33
TOTAL B				615.66	36.65	13.84	87.68	379.68	786.24	4516.89	37.94	244.11
DIET SUB	513	PEAS, GREEN-BB	2.96oz/.33C	54.41	3.19	0.17	10.37	15.38	105.33	64.59	6.10	0.15
DIET SUB	777	CANNED, PEACHES - DIET	4.25OZ/.5C	43.66	0.63	0.03	11.48	5.95	3.97	18.90	3.57	0.00
TOTAL DIET		DIET CALCULATIONS		744.69	41.20	23.06	94.97	374.60	802.25	359.86	40.45	89.33
<b>DATE</b>		Tues AUG 29										
ENTREE A	125	BEEF, GOULASH WESTERN	8.5OZ/1C.	354.55	18.43	16.39	33.75	174.03	543.05	220.00	10.49	50.23
ENTREE B	209	CHICKEN, RICE BAKE	1 CUP	376.52	22.50	11.22	44.60	128.62	445.83	90.12	2.42	40.42
VEGGIE 1	500	MIXED VEGS-BB	2.43oz/.33C	49.35	2.31	0.12	10.63	16.78	105.42	418.84	4.16	0.11
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
BREAD	1118	ROLL, WHOLE WHEAT DINNER	2.0 OZ	151.76	4.28	4.02	25.01	19.16	148.98	7.36	0.06	0.19
DESSERT	868	WHIP, ORANGE	4.29 OZ/.5C	99.40	1.62	1.50	20.53	2.80	51.26	1.81	20.62	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	63.78	7.14	0.96	0.66
ADD BOTH	0											
TOTAL A				823.83	36.06	29.99	105.59	550.00	1094.43	1191.51	52.20	60.26
TOTAL B				845.80	40.13	24.82	116.44	504.59	997.21	1061.63	44.13	50.45
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
DIET SUB	867	WHIP, CHERRY/LIME - DIET	3.36OZ/.5C	23.89	1.59	0.00	2.79	0.00	0.00	0.00	7.15	2.00
TOTAL DIET		DIET CALCULATIONS		748.32	36.03	28.49	87.85	547.20	1043.17	1189.70	38.73	62.26
<b>DATE</b>		Wed AUG 30										
ENTREE A	247	HAM, SCALLOPED POTATOES	8oz/1C	271.07	15.39	7.97	33.16	174.53	635.97	124.55	18.76	44.62
ENTREE B	157	BEEF, SHEPHERDS PIE	9.0 WZ	308.18	18.35	12.44	31.16	137.55	435.03	107.93	30.66	61.41
VEGGIE 1	460	BROCCOLI CUTS-BB	2.15oz/.33C	24.98	2.26	0.09	5.04	37.59	62.85	140.33	29.31	0.11
VEGGIE 2	662	SALAD, TOSSED	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	9.93	133.60	8.26	0.49
BREAD	1101	ROLL, HERB	2.0 OZ	138.79	4.73	1.17	26.88	19.70	153.88	7.63	0.08	0.19
DESSERT	724	APPLES, SPICED - DIET	3.67OZ/.5C	56.07	0.29	0.36	14.29	5.03	3.16	3.10	0.15	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	976	GRAVY, BROWN W/BASE	2.28 OZ.	17.21	0.43	0.18	3.55	1.84	102.95	6.63	1.13	0.00
ADD BOTH	1397	DRSG, CITRUS	1 Tb	42.40	0.07	3.89	1.71	1.79	1.49	0.49	3.46	0.00
ADD BOTH	0											
TOTAL A				672.37	30.79	19.79	93.92	532.75	1025.20	590.37	62.22	54.48
TOTAL B				726.69	34.18	24.44	95.47	497.61	927.21	580.38	75.25	71.27
DIET SUB	662	SALAD, TOSSED	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	9.93	133.60	8.26	0.49
DIET SUB	724	APPLES, SPICED - DIET	3.67OZ/.5C	56.07	0.29	0.36	14.29	5.03	3.16	3.10	0.15	0.00
TOTAL DIET		DIET CALCULATIONS		672.37	30.79	19.79	93.92	532.75	1025.20	590.37	62.22	54.48
<b>DATE</b>		Thurs AUG 31										
ENTREE A	1378	CHICKEN LO MEIN	1 CUP	282.32	26.06	6.36	28.57	52.75	494.63	140.27	31.09	54.22
ENTREE B	164	BEEF, STEW	8.56OZ/1C.	275.20	17.24	11.94	23.23	41.23	356.76	270.45	8.46	55.65
VEGGIE 1	497	CORN, W. KERNEL-M	3.15oz/.5C	86.85	2.65	1.89	17.89	2.42	25.75	44.30	2.26	0.00
VEGGIE 2	687	SLAW, COUNTRY	3.34 oz/.5 C	66.32	1.66	3.63	7.42	53.14	99.50	61.17	22.43	4.68
BREAD	1112	ROLL, SEVEN GRAIN	2.0 OZ	151.65	4.18	4.03	25.09	19.60	205.97	7.45	0.06	0.19
DESSERT	730	BAR, CHOCOLATE CHIP	1.78 OZ/EA	224.49	2.83	11.36	28.99	21.30	81.43	43.98	0.01	26.12
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				940.81	44.88	33.47	118.84	429.61	1065.20	477.84	58.05	94.28
TOTAL B				933.69	36.06	39.05	113.50	418.09	927.33	608.02	35.42	95.71
DIET SUB	687	SLAW, COUNTRY	3.34 oz/.5 C	66.32	1.66	3.63	7.42	53.14	99.50	61.17	22.43	4.68
DIET SUB	1318	DIET SPLENDA CHOC CHIP CKY	1.06 OZ	144.40	1.69	8.03	16.30	17.59	37.97	7.57	0.00	12.44
TOTAL DIET		DIET CALCULATIONS		860.72	43.74	30.14	106.15	425.90	1021.74	441.43	58.04	80.60

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY-DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLE mg 100.00
<b>DATE</b>		Fri SEPT 1										
ENTREE A	958	CHICKEN, SALAD	4.64OZ/.5C	172.81	17.63	7.74	7.84	31.88	228.56	13.48	4.04	40.42
ENTREE B	0	TUNA, SALAD	5.2 OZ.	124.60	13.72	5.45	5.10	48.79	290.38	37.81	1.22	77.84
VEGGIE 1	0	SOUP, VEGETARIAN VEGETABLE	8oz/1C	99.10	3.14	0.40	21.84	44.06	205.75	145.76	15.95	0.00
VEGGIE 2	695	SLAW, COUNTRY	3.34 oz/.5 C	66.32	1.66	3.63	7.42	53.14	99.50	61.17	22.43	4.68
BREAD	0	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	149.63	7.36	0.06	0.19
DESSERT	0	SALAD, MIXED FRUIT SUMR	3.72OZ/.5C	51.55	0.58	0.22	13.15	9.55	4.74	58.22	14.69	0.00
MILK/MARG	0	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	687											
B ADD ONLY	690											
ADD BOTH	#REF!	LETTUCE, SHREDDED	.48OZ/.25C	4.94	0.28	0.06	0.98	6.86	4.97	66.80	4.13	0.25
ADD BOTH	#REF!											
TOTAL A				675.66	35.07	22.27	87.12	445.12	851.07	533.46	63.50	54.61
TOTAL B				627.45	31.16	19.98	84.38	462.03	912.89	557.79	60.68	92.03
DIET SUB	#REF!	SLAW, COUNTRY	3.34 oz/.5 C	66.32	1.66	3.63	7.42	53.14	99.50	61.17	22.43	4.68
DIET SUB	#REF!	SALAD, MIXED FRUIT SUMR	3.72OZ/.5C	51.55	0.58	0.22	13.15	9.55	4.74	58.22	14.69	0.00
TOTAL DIET		DIET CALCULATIONS		675.66	35.07	22.27	87.12	445.12	851.07	533.46	63.50	54.61
<b>DATE</b>		Mon SEPT 4										
ENTREE A	0											
ENTREE B	0											
VEGGIE 1	0											
VEGGIE 2	0											
BREAD	0											
DESSERT	0											
MILK/MARG	0											
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
TOTAL B				0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
DIET SUB	0											
DIET SUB	0											
TOTAL DIET		DIET CALCULATIONS		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
<b>DATE</b>		Tues SEPT 5										
ENTREE A	176	CHICKEN, BBQ FOR SANDWICH	3oz	196.03	17.57	5.18	18.86	29.75	389.31	11.93	2.77	0.00
ENTREE B	270	SAUSAGE, KIELBASA	3.2OZ/1EA	264.00	10.00	24.00	2.00	0.00	680.00	0.00	1.20	45.00
VEGGIE 1	414	BEANS, BAKED	3.26oz/.33C	114.78	5.67	0.63	22.70	47.70	271.51	21.26	3.99	0.00
VEGGIE 2	625	SALAD, CARROT MANDARIN	5.23OZ/.5C	99.47	1.37	2.60	19.22	27.93	48.69	1648.41	27.36	0.00
BREAD	0											
DESSERT	1334	BAR, ZUCCHINI BROWNIE	2.39 OZ	228.61	3.42	9.98	33.09	18.58	122.62	12.36	2.46	28.97
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	1075	BUN, HAMBURGER	1.06 OZ.	89.16	2.50	1.70	15.93	22.04	155.28	0.00	0.00	0.00
B ADD ONLY	1077	BUN, HOT DOG	1.27 OZ.	108.02	2.70	1.80	18.90	27.01	263.06	0.00	0.00	0.00
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				857.23	38.03	26.29	120.68	426.40	1145.33	1874.63	38.78	38.04
TOTAL B				944.06	30.66	45.21	106.79	401.62	1543.80	1862.70	37.21	83.04
DIET SUB	625	SALAD, CARROT MANDARIN	5.23OZ/.5C	99.47	1.37	2.60	19.22	27.93	48.69	1648.41	27.36	0.00
DIET SUB	1318	DIET SPLENDA CHOC CHIP CKY	1.06 OZ	144.40	1.69	8.03	16.30	17.59	37.97	7.57	0.00	12.44
TOTAL DIET		DIET CALCULATIONS		773.02	36.30	24.34	103.89	425.41	1060.68	1869.84	36.32	21.51
<b>DATE</b>		Wed SEPT 6										
ENTREE A	307	TURKEY RICE BAKE	8.43oz/1c	351.48	26.30	10.89	35.83	265.06	355.78	17.41	4.55	54.45
ENTREE B	386	PASTA PRIMAVERA	1 CUP	331.25	17.21	15.39	29.58	450.47	361.57	169.41	9.91	28.20
VEGGIE 1	417	BEANS, GREEN FZN-BB	2.66oz/.33c	23.75	0.95	0.11	5.59	29.58	61.75	35.53	2.71	0.11
VEGGIE 2	662	SALAD, TOSSED	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	9.93	133.60	8.26	0.49
BREAD	1114	ROLL, SUNFLOWER SEED	2.0 OZ	155.61	4.24	4.19	25.12	18.17	205.57	7.34	0.07	0.19
DESSERT	1398	PUDDING, CHOCOLATE HOMESTYLE	.5 CUP	192.66	6.69	2.79	36.75	217.06	101.49	48.74	0.76	8.69
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	972	DRESSING, SPICY FRENCH	2TB (1.0 oz)	65.89	0.43	1.60	13.49	11.55	140.01	11.72	3.09	0.00
ADD BOTH	0											
TOTAL A				928.45	46.66	25.89	129.62	835.53	1032.45	435.01	21.64	73.00
TOTAL B				908.22	37.57	30.39	123.37	1020.94	1038.24	587.01	27.00	46.75
DIET SUB	662	SALAD, TOSSED	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	9.93	133.60	8.26	0.49
DIET SUB	856	PUDDING, CHOCOLATE- DIET	4.45OZ/.5C	89.42	5.13	0.12	18.12	182.99	150.71	1.13	0.96	2.84
TOTAL DIET		DIET CALCULATIONS		825.21	45.10	23.22	110.99	801.46	1081.67	387.40	21.84	67.15

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY-DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLEST mg 100.00
<b>DATE</b>												
Thurs SEPT 7												
ENTREE A	1383	SALAD, MINI SANTA FE	.5 CUP	141.23	18.26	4.07	8.03	19.16	81.28	29.09	21.07	0.00
ENTREE B	1419	SALAD, TKY MANDARIN MINI	.5 CUP	174.22	20.11	7.89	5.97	39.05	51.16	3.88	2.00	47.06
VEGGIE 1	522	SOUP, NAVY BEAN	9.2oz/1C	157.32	9.49	1.58	26.82	64.18	232.27	59.01	4.59	10.55
VEGGIE 2	699.5	SALAD, SPIN ROMAINE .75 CUP	2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	36.03	533.54	20.57	0.00
BREAD	1118	ROLL, WHOLE WHEAT DINNER	2.0 OZ	151.76	4.28	4.02	25.01	19.16	148.98	7.36	0.06	0.19
DESSERT	779	CANNED , PEARS - DIET	4.13 OZ/.5C	33.96	0.22	0.04	9.15	4.68	2.34	0.00	1.17	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	63.78	7.14	0.96	0.66
B ADD ONLY	1420	DRSG, ORIENTAL SALAD	2 Tb	149.74	0.49	15.03	3.86	3.45	148.22	0.87	6.13	0.00
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				659.04	42.21	17.74	85.76	460.98	722.60	816.81	50.62	20.47
TOTAL B				814.17	43.71	34.97	84.92	460.62	776.92	785.33	36.72	66.87
DIET SUB	699.5	SALAD, SPIN ROMAINE .75 CUP	2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	36.03	533.54	20.57	0.00
DIET SUB	779	CANNED , PEARS - DIET	4.13 OZ/.5C	33.96	0.22	0.04	9.15	4.68	2.34	0.00	1.17	0.00
TOTAL DIET		DIET CALCULATIONS		659.04	42.21	17.74	85.76	460.98	722.60	816.81	50.62	20.47
<b>DATE</b>												
Fri SEPT 8												
ENTREE A	372	TURKEY PATTIE	4 OZ	198.96	21.99	8.61	8.23	68.27	477.71	37.44	2.81	69.03
ENTREE B	1401	KINGS COM PORK CHOPPIE	4 OZ	260.00	18.00	13.00	0.00	0.00	260.00	0.00	0.00	0.00
VEGGIE 1	912.5	POTATOES, LYONAISE	.33 C	79.91	2.60	1.92	13.35	55.98	54.45	39.49	11.17	5.47
VEGGIE 2	460	BROCCOLI CUTS-BB	2.15oz/.33C	24.98	2.26	0.09	5.04	37.59	62.85	140.33	29.31	0.11
BREAD	1069	BREAD, SUNFLOWER SEED	2.0 OZ	155.61	4.24	4.19	25.12	18.17	205.57	7.34	0.07	0.19
DESSERT	837	FRESH, WATERMELON	2.82 OZ/.5C	25.59	0.50	0.34	5.74	6.40	1.60	29.58	7.68	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	983	GRAVY, POULTRY W/BASE	2.20 OZ.	15.02	0.30	0.15	3.10	0.97	78.72	0.16	0.01	0.00
B ADD ONLY	980	GRAVY, PORK W/BASE	2.22 OZ.	16.09	0.36	0.18	3.26	1.14	104.56	2.24	0.38	0.00
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				629.25	39.39	21.50	71.46	467.78	1038.82	435.01	53.25	83.87
TOTAL B				691.36	35.46	25.92	63.39	399.68	846.95	399.65	50.81	14.84
DIET SUB	460	BROCCOLI CUTS-BB	2.15oz/.33C	24.98	2.26	0.09	5.04	37.59	62.85	140.33	29.31	0.11
DIET SUB	837	FRESH, WATERMELON	2.82 OZ/.5C	25.59	0.50	0.34	5.74	6.40	1.60	29.58	7.68	0.00
TOTAL DIET		DIET CALCULATIONS		629.25	39.39	21.50	71.46	467.78	1038.82	435.01	53.25	83.87
<b>DATE</b>												
Mon SEPT 11												
ENTREE A	202	CHICKEN, ORANGE GLAZE, THIGH	5.16 OZ.	305.67	23.62	12.50	24.18	21.53	356.60	70.98	8.68	79.10
ENTREE B	261	PORK, ROAST SLICED	3 OZ	207.96	23.26	12.03	0.14	10.58	127.58	2.37	0.31	77.74
VEGGIE 1	929	SWEET POTATOES, WHIPPED PLAIN	4.0oz/.5C	116.63	1.95	0.12	27.48	31.70	11.32	2470.66	27.85	0.00
VEGGIE 2	417	BEANS, GREEN FZN-BB	2.66oz/.33c	23.75	0.95	0.11	5.59	29.58	61.75	35.53	2.71	0.11
BREAD	1097	ROLL, CORNMEAL	1.3 OZ.	90.25	3.23	0.63	17.81	24.60	92.58	9.23	0.05	5.94
DESSERT	810	CRISP, PEACH	4.8OZ/.5C.	218.57	2.32	5.65	41.63	19.92	7.03	38.81	3.81	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	980	GRAVY, PORK W/BASE	2.22 OZ.	16.09	0.36	0.18	3.26	1.14	104.56	2.24	0.38	0.00
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				884.05	39.57	25.21	127.57	407.73	687.20	2805.88	45.30	94.22
TOTAL B				802.43	39.57	24.92	106.79	397.92	562.74	2739.51	37.31	92.86
DIET SUB	417	BEANS, GREEN FZN-BB	2.66oz/.33c	23.75	0.95	0.11	5.59	29.58	61.75	35.53	2.71	0.11
DIET SUB	711	CRISP, APPLE - DIET	.5 CUP	166.60	1.50	4.97	29.96	12.46	60.53	51.77	2.88	0.00
TOTAL DIET		DIET CALCULATIONS		832.08	38.75	24.53	115.90	400.27	740.70	2818.84	44.37	94.22
<b>DATE</b>												
Tues SEPT 12												
ENTREE A	385	TURKEY, RST for HOT SAND	2 OZ	96.40	16.63	2.82	0.00	14.17	39.69	0.00	0.00	43.09
ENTREE B	1228	MEATLOAF for SAND	2 oz	155.42	12.00	10.11	3.55	30.41	218.14	8.47	1.27	41.70
VEGGIE 1	519	SOUP, CORN CHOWDER	9.29oz/1C	159.20	5.08	6.16	22.31	133.47	346.37	67.02	4.57	1.91
VEGGIE 2	687	SLAW, COUNTRY	3.34 oz/.5 C	66.32	1.66	3.63	7.42	53.14	99.50	61.17	22.43	4.68
BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	149.63	7.36	0.06	0.19
DESSERT	773	CANNED, MIXED FRUIT	4OZ/.5C	65.78	0.39	0.08	17.17	7.94	6.80	28.35	2.84	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	695	LETTUCE, SHREDDED	.48OZ/.25C	4.94	0.28	0.06	0.98	6.86	4.97	66.80	4.13	0.25
ADD BOTH	1026	SAUCE, SPECIAL	1 TB	41.38	0.09	3.59	2.26	0.97	148.08	0.00	0.30	3.80
TOTAL A				714.96	35.90	26.56	86.03	516.18	952.96	411.37	36.53	62.99
TOTAL B				773.98	31.28	33.85	89.58	532.42	1131.41	419.84	37.80	61.60
DIET SUB	687	SLAW, COUNTRY	3.34 oz/.5 C	66.32	1.66	3.63	7.42	53.14	99.50	61.17	22.43	4.68
DIET SUB	773	CANNED, MIXED FRUIT	4OZ/.5C	65.78	0.39	0.08	17.17	7.94	6.80	28.35	2.84	0.00
TOTAL DIET		DIET CALCULATIONS		714.96	35.90	26.56	86.03	516.18	952.96	411.37	36.53	62.99

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY- DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLE mg 100.00
<b>DATE</b>		Wed SEPT 13										
ENTREE A	1346	SMKHSE RIBETTE (CHK&BEEF)	3.75 OZ	220.00	18.00	11.00	14.00	100.00	350.00	60.00	4.80	50.00
ENTREE B	351	CHICKEN,BREADED PATTIE TYSON	2.75 OZ	170.00	10.00	9.00	10.00	NA	480.00	NA	0.00	45.00
VEGGIE 1	908.5	POTATOES, DELMONICO	.33 C	74.77	2.41	1.84	12.33	51.39	121.87	44.23	15.93	0.69
VEGGIE 2	513	PEAS, GREEN-BB	2.96oz/.33C	54.41	3.19	0.17	10.37	15.38	105.33	64.59	6.10	0.15
BREAD	1044	BREAD, BRAN WHEAT	1.31 OZ.	100.21	3.23	2.82	16.30	21.31	201.24	3.32	0.08	10.79
DESSERT	826	FRESH, CANTALOUPE	2.82 OZ/.5C	27.98	0.70	0.22	6.68	8.80	7.20	257.45	33.74	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	999											
B ADD ONLY	983	GRAVY, POULTRY W/BASE	2.20 OZ.	15.02	0.30	0.15	3.10	0.97	78.72	0.16	0.01	0.00
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				606.55	35.03	22.25	70.57	477.28	943.56	610.27	62.85	70.70
TOTAL B				571.57	27.33	20.40	69.67	378.25	1152.28	550.43	58.06	65.70
DIET SUB	662	SALAD, TOSSED	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	9.93	133.60	8.26	0.49
DIET SUB	826	FRESH, CANTALOUPE	2.82 OZ/.5C	27.98	0.70	0.22	6.68	8.80	7.20	257.45	33.74	0.00
TOTAL DIET		DIET CALCULATIONS		562.02	32.39	22.19	62.15	475.61	848.16	679.27	65.01	71.04
<b>DATE</b>		Thurs SEPT 14										
ENTREE A	129	BEEF, HAMBURGER 1/4 LB	3.16 OZ.	271.28	19.96	20.05	1.91	25.40	42.64	0.00	0.00	70.77
ENTREE B	1376	FISH, BREADED POLLOCK PC	4 OZ	240.00	13.00	8.00	19.00	20.00	220.00	0.00	0.00	0.00
VEGGIE 1	933	WHIPPED POTATOES w/VIT C	.5 CUP	90.85	2.90	0.25	19.66	45.25	43.19	26.06	25.71	1.22
VEGGIE 2	574.5	BLEND, COUNTRY TRIO VEGETABLES	.33 CUP	22.67	0.89	0.23	4.93	0.00	8.93	134.00	5.33	0.00
BREAD	1060	BREAD, OATMEAL	2.0 OZ	154.52	4.31	4.17	25.08	19.94	205.70	7.34	0.06	0.19
DESSERT	750	CAKE, FROSTED	2.64 OZ.	211.40	1.31	7.82	34.71	16.36	203.51	54.05	0.02	0.04
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	1034	SAUCE, SCALLOPINI	1.7 OZ	23.42	0.44	1.24	2.32	5.06	166.48	4.48	1.55	0.00
B ADD ONLY	1007	SAUCE, TARTAR	.5625oz/1TB	24.56	0.36	1.58	2.33	9.90	72.21	3.14	1.04	1.81
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				903.32	37.31	39.96	99.49	392.41	828.37	406.60	34.87	81.29
TOTAL B				873.18	30.27	28.25	116.59	391.85	911.46	405.26	34.36	12.33
DIET SUB	574.5	BLEND, COUNTRY TRIO VEGETABLES	.33 CUP	22.67	0.89	0.23	4.93	0.00	8.93	134.00	5.33	0.00
DIET SUB	887	CAKE, DIET SOURCE	2 x 2 EA	90.00	1.00	1.00	19.00	NA	90.00	NA	NA	0.00
TOTAL DIET		DIET CALCULATIONS		781.92	37.00	33.14	83.78	376.05	714.86	352.55	34.85	81.25
<b>DATE</b>		Fri SEPT 15										
ENTREE A	208	CHICKEN, POT PIE, TOPLESS	8.7OZ/1C	213.39	21.13	4.39	21.34	113.40	363.09	271.29	7.86	1.07
ENTREE B	362	PORK, SAUSAGE GRAVY	6 OZ	230.90	15.57	9.26	20.40	251.14	574.86	130.75	1.30	39.14
VEGGIE 1	452	BLEND, ORIENTAL-BB	2.7oz/.33C	26.86	1.78	0.00	6.48	16.95	54.56	190.67	1.11	0.11
VEGGIE 2	656	SALAD, ROMAINE ICEBERG	1.96oz/.5c	10.24	0.72	0.11	1.87	17.13	9.33	86.18	9.52	0.00
BREAD	1039	BISCUIT, BUTTERMILK	2.20 OZ.	163.04	3.41	6.91	21.22	126.63	198.48	3.16	0.23	0.90
DESSERT	866	WHIP, CHERRY/LIME	4.04OZ/.5C	85.41	0.98	1.39	17.73	0.74	81.77	0.00	11.80	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	63.78	7.14	0.96	0.66
ADD BOTH	0											
TOTAL A				655.72	36.36	20.62	82.16	578.95	928.93	739.11	33.68	11.81
TOTAL B				673.23	30.80	25.49	81.22	716.69	1140.70	598.57	27.12	49.88
DIET SUB	656	SALAD, ROMAINE ICEBERG	1.96oz/.5c	10.24	0.72	0.11	1.87	17.13	9.33	86.18	9.52	0.00
DIET SUB	867	WHIP, CHERRY/LIME - DIET	3.36OZ/.5C	23.89	1.59	0.00	2.79	0.00	0.00	0.00	7.15	2.00
TOTAL DIET		DIET CALCULATIONS		594.20	36.97	19.23	67.22	578.21	847.16	739.11	29.03	13.81
<b>DATE</b>		Mon SEPT 18										
ENTREE A	1342	CHICKEN POMODORO	1 CUP	252.75	22.52	4.62	29.92	113.26	343.87	68.99	6.76	52.28
ENTREE B	105	BEEF, BRAISED TIPS	6.38 oz/.75	174.39	20.26	6.33	8.63	37.38	427.40	45.14	4.65	57.27
VEGGIE 1	476	CARROTS, FROZEN-BB	2.6oz/.33C	27.04	0.74	0.07	6.29	17.73	82.25	1109.12	1.85	0.11
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
BREAD	1098	ROLL, CRACKED WHEAT	2.0 OZ	151.62	4.21	3.94	24.93	18.34	198.02	7.34	2.22	0.19
DESSERT	781	CANNED, PINEAPPLE TIDBITS	4.3 OZ	73.15	0.51	0.10	19.14	17.07	1.22	4.88	11.58	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	925.5	RICE, WHITE	.33 C	76.49	1.53	0.54	15.82	6.24	1.13	2.81	0.00	0.00
ADD BOTH	971.5	DRESSING, RANCH LO CAL	1 TB(0.5oz)	54.43	0.47	5.44	1.13	15.02	129.51	0.00	0.00	4.69
ADD BOTH	0											
TOTAL A				700.16	37.03	20.51	94.44	494.95	936.81	1726.69	38.32	66.34
TOTAL B				698.29	36.30	22.76	88.97	425.31	1021.47	1705.65	36.21	71.33
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
DIET SUB	781	CANNED, PINEAPPLE TIDBITS	4.3 OZ	73.15	0.51	0.10	19.14	17.07	1.22	4.88	11.58	0.00
TOTAL DIET		DIET CALCULATIONS		700.16	37.03	20.51	94.44	494.95	936.81	1726.69	38.32	66.34

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY-DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLE mg 100.00
<b>DATE</b>		Tues SEPT 19										
ENTREE A	216	CHICKEN, SUPREME	3.71 OZ.	150.59	19.29	4.15	7.74	74.44	276.33	8.75	0.36	52.74
ENTREE B	138	BEEF, MEAT LOAF W/TURKEY	4.14 OZ	310.83	24.00	20.21	7.10	60.81	436.29	16.94	2.55	83.39
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	28.79	17.37	17.14	0.81
VEGGIE 2	455	BLEND, SCANDINAVIAN-BB	3oz/.33C	40.24	1.78	0.00	8.27	12.77	95.53	58.37	5.12	0.11
BREAD	1050	BREAD, FRENCH	2.0 OZ	123.42	4.22	1.01	23.86	17.21	180.51	6.73	1.53	0.17
DESSERT	807	CRISP, APPLE	5.20OZ/.5C	222.85	1.96	5.95	42.41	17.88	6.01	3.09	0.24	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	1006	SAUCE, SUPREME	1 OZ	22.11	1.12	0.16	3.92	34.24	96.77	16.66	0.23	0.51
B ADD ONLY	976	GRAVY, BROWN W/BASE	2.28 OZ.	17.21	0.43	0.18	3.55	1.84	102.95	6.63	1.13	0.00
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				748.95	37.80	17.63	110.19	467.10	841.86	291.64	26.82	63.41
TOTAL B				904.30	41.82	33.72	109.18	421.08	1008.00	289.80	29.91	93.55
DIET SUB	455	BLEND, SCANDINAVIAN-BB	3oz/.33C	40.24	1.78	0.00	8.27	12.77	95.53	58.37	5.12	0.11
DIET SUB	724	APPLES, SPICED - DIET	3.67OZ/.5C	56.07	0.29	0.36	14.29	5.03	3.16	3.10	0.15	0.00
TOTAL DIET		DIET CALCULATIONS		582.17	36.13	12.04	82.07	454.25	839.01	291.65	26.73	63.41
<b>DATE</b>		Wed SEPT 20										
ENTREE A	1418	SALAD, ARIZONA CHKN MINI	1 CUP	244.78	28.82	6.09	21.35	67.48	395.80	11.61	7.53	1.67
ENTREE B	369	PASTA SALAD w/TURKEY	1 CUP	238.28	20.67	4.29	27.51	42.17	247.80	44.59	33.03	0.00
VEGGIE 1	525	SOUP, POPEYE POTATO CHOWDER	8.84oz/1C	175.23	5.98	7.88	20.48	190.21	368.09	93.71	50.11	9.69
VEGGIE 2	699.5	SALAD, SPIN ROMAINE .75 CUP	2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	36.03	533.54	20.57	0.00
BREAD	1118	ROLL, WHOLE WHEAT DINNER	2.0 OZ	151.76	4.28	4.02	25.01	19.16	148.98	7.36	0.06	0.19
DESSERT	785	CANNED, MAND ORANGES LT SYRUP	4.44OZ/.5C	76.86	0.57	0.13	20.40	8.82	7.56	52.92	24.95	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				795.80	48.77	24.53	101.35	615.77	1114.38	879.81	105.42	20.62
TOTAL B				789.30	40.62	22.73	107.51	590.46	966.38	912.79	130.92	18.95
DIET SUB	632	SALAD, SPIN ROMAINE .75 CUP	2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	36.03	533.54	20.57	0.00
DIET SUB	865	CANNED, MAND ORANGES LT SYRUP	4.44OZ/.5C	76.86	0.57	0.13	20.40	8.82	7.56	52.92	24.95	0.00
TOTAL DIET		DIET CALCULATIONS		795.80	48.77	24.53	101.35	615.77	1114.38	879.81	105.42	20.62
<b>DATE</b>		Thurs SEPT 21										
ENTREE A	103	BEEF, BAKED RIGATONI	7.29oz/1c	334.91	18.39	14.38	32.85	72.18	401.21	88.01	6.99	47.77
ENTREE B	383	SPINACH OMELET BAKE	1 SVG	148.24	15.04	5.69	8.80	381.75	208.95	363.10	2.02	183.90
VEGGIE 1	500	MIXED VEGS-BB	2.43oz/.33C	49.35	2.31	0.12	10.63	16.78	105.42	418.84	4.16	0.11
VEGGIE 2	646	SALAD, MARINATED ZUCCHINI	4.16OZ/.5C	100.20	1.02	5.63	12.12	15.43	10.24	15.58	21.38	0.00
BREAD	1101	ROLL, HERB	2.0 OZ	138.79	4.73	1.17	26.88	19.70	153.88	7.63	0.08	0.19
DESSERT	840	ICE CREAM, CUP	4OZ/.5C	133.30	2.30	7.30	15.60	84.00	53.00	77.00	0.00	29.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				885.73	36.25	34.80	108.96	488.49	881.67	787.73	34.81	86.14
TOTAL B				699.06	32.90	26.11	84.91	798.06	689.41	1062.82	29.84	222.27
DIET SUB	646	SALAD, MARINATED ZUCCHINI	4.16OZ/.5C	100.20	1.02	5.63	12.12	15.43	10.24	15.58	21.38	0.00
DIET SUB	840	ICE CREAM, CUP	4OZ/.5C	133.30	2.30	7.30	15.60	84.00	53.00	77.00	0.00	29.00
TOTAL DIET		DIET CALCULATIONS		885.73	36.25	34.80	108.96	488.49	881.67	787.73	34.81	86.14
<b>DATE</b>		Fri SEPT 22										
ENTREE A	309	TURKEY, ROASTED, SLICED	3 OZ	114.82	25.57	0.63	0.00	10.21	44.23	0.00	0.00	70.59
ENTREE B	155	BEEF, SALISBURY STEAK	4.5 OZ	279.63	19.39	18.69	8.00	71.40	358.75	19.47	4.67	72.84
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	28.79	17.37	17.14	0.81
VEGGIE 2	574.5	BLEND, COUNTRY TRIO VEGETABLES	.33 CUP	22.67	0.89	0.23	4.93	0.00	8.93	134.00	5.33	0.00
BREAD	1049	BREAD, DILL WHEAT	2.0 OZ	152.23	4.31	4.03	25.12	22.37	149.35	7.39	0.15	0.19
DESSERT	1333	BAR, BANANA CHOC CHIP	2.41 OZ	251.17	3.37	11.28	35.93	65.54	163.01	83.95	1.21	16.17
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	983	GRAVY, POULTRY W/BASE	2.20 OZ.	15.02	0.30	0.15	3.10	0.97	78.72	0.16	0.01	0.00
B ADD ONLY	976	GRAVY, BROWN W/BASE	2.28 OZ.	17.21	0.43	0.18	3.55	1.84	102.95	6.63	1.13	0.00
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				745.65	43.88	22.68	93.07	409.66	630.96	423.54	26.04	96.83
TOTAL B				912.65	37.83	40.77	101.52	471.72	969.71	449.48	31.83	99.08
DIET SUB	574.5	BLEND, COUNTRY TRIO VEGETABLES	.33 CUP	22.67	0.89	0.23	4.93	0.00	8.93	134.00	5.33	0.00
DIET SUB	1319	DIET SPLENDA PUMPKIN CKY	1.3 OZ	126.08	1.62	5.29	18.35	15.05	83.60	48.11	0.06	2.52
TOTAL DIET		DIET CALCULATIONS		620.56	42.13	16.69	75.49	359.17	551.55	387.70	24.89	83.18



	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY- DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLEST mg 100.00
<b>DATE</b>												
Mon SEPT 25												
ENTREE A	221	CHICKEN, TETRAZZINI	10.2OZ/1C.	274.43	24.30	5.18	30.21	178.97	470.02	15.07	5.54	4.18
ENTREE B	114	BEEF, CHILI WITH BEANS	6.82OZ/1C.	284.08	17.30	8.85	35.56	78.16	495.68	31.25	6.48	27.48
VEGGIE 1	489	CORN, CHUCKWAGON-BB	2.56oz/.33C	58.80	2.03	0.06	14.87	1.91	26.34	25.57	6.11	0.06
VEGGIE 2	676	SLAW, CREAMY COLE	4.11OZ/.5C	116.09	1.80	6.99	12.47	53.89	79.93	4.97	26.69	5.04
BREAD	1118	ROLL, WHOLE WHEAT DINNER	2.0 OZ	151.76	4.28	4.02	25.01	19.16	148.98	7.36	0.06	0.19
DESSERT	726	APPLESAUCE, RHUBARB - REG	4 OZ/.5C	99.94	0.31	0.16	25.70	81.95	11.98	4.97	2.81	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				830.20	40.22	22.61	119.14	616.28	895.17	238.61	43.41	18.54
TOTAL B				839.85	33.22	26.28	124.49	515.47	920.83	254.79	44.35	41.84
DIET SUB	676	SLAW, CREAMY COLE	4.11OZ/.5C	116.09	1.80	6.99	12.47	53.89	79.93	4.97	26.69	5.04
DIET SUB	725	APPLESAUCE, RHUBARB - DIET	4 OZ/.5C	99.94	0.31	0.16	25.70	81.95	11.98	4.97	2.81	0.00
TOTAL DIET		DIET CALCULATIONS		830.20	40.22	22.61	119.14	616.28	895.17	238.61	43.41	18.54
<b>DATE</b>												
Tues SEPT 26												
ENTREE A	128	BEEF, GROUND WITH NOODLES	7.46OZ/1C.	261.98	15.89	13.73	18.44	37.70	309.89	41.67	3.73	59.92
ENTREE B	218	CHICKEN, SWEET -N- SOUR	8.56OZ/1C.	236.72	18.28	3.94	32.03	45.04	555.41	634.82	19.86	40.42
VEGGIE 1	513	PEAS, GREEN-BB	2.96oz/.33C	54.41	3.19	0.17	10.37	15.38	105.33	64.59	6.10	0.15
VEGGIE 2	1192	SALAD, MAR SPRING GARDEN	.5 C	45.89	0.73	2.92	4.87	21.50	117.52	231.24	18.05	0.00
BREAD	1104	ROLL, MULTIGRAIN	2.0 OZ	150.44	4.23	3.99	24.87	21.00	206.03	7.34	2.22	0.19
DESSERT	826	FRESH, CANTALOUPE	2.82 OZ/.5C	27.98	0.70	0.22	6.68	8.80	7.20	257.45	33.74	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	1104	ROLL, MULTIGRAIN	2.0 OZ	150.44	4.23	3.99	24.87	21.00	206.03	7.34	2.22	0.19
B ADD ONLY	920.5	RICE, BROWN	3.0 OZ.	114.74	2.29	0.81	23.73	0.00	1.70	0.00	0.00	100.00
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				820.32	36.47	31.22	100.98	405.78	1109.92	790.30	68.26	69.52
TOTAL B				759.36	36.92	18.25	113.43	392.12	1151.11	1376.11	82.17	149.83
DIET SUB	1192	SALAD, MAR SPRING GARDEN	.5 C	45.89	0.73	2.92	4.87	21.50	117.52	231.24	18.05	0.00
DIET SUB	826	FRESH, CANTALOUPE	2.82 OZ/.5C	27.98	0.70	0.22	6.68	8.80	7.20	257.45	33.74	0.00
TOTAL DIET		DIET CALCULATIONS		820.32	36.47	31.22	100.98	405.78	1109.92	790.30	68.26	69.52
<b>DATE</b>												
Wed SEPT 27												
ENTREE A	295	TURKEY, DIVAN CASSEROLE	8.43oz/1c	252.68	21.07	7.71	24.22	234.19	371.43	127.27	26.33	45.74
ENTREE B	360	BEEF, QUAKER SPAGHETTI	9.5 OZ/1 C.	342.78	19.32	15.22	31.58	41.43	379.09	19.73	6.53	57.70
VEGGIE 1	443	BLEND, ITALIAN-BB	2.99oz/.33C	31.57	1.77	0.00	6.55	17.98	67.17	1006.32	7.66	0.11
VEGGIE 2	662	SALAD, TOSSED	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	9.93	133.60	8.26	0.49
BREAD	1098	ROLL, CRACKED WHEAT	2.0 OZ	151.62	4.21	3.94	24.93	18.34	198.02	7.34	2.22	0.19
DESSERT	777	CANNED, PEACHES - DIET	4.25OZ/.5C.	43.66	0.63	0.03	11.48	5.95	3.97	18.90	3.57	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	63.78	7.14	0.96	0.66
ADD BOTH	0											
TOTAL A				646.19	36.57	19.61	82.66	594.27	872.22	1481.24	51.20	56.26
TOTAL B				736.29	34.82	27.12	90.02	401.51	879.88	1373.70	31.40	68.22
DIET SUB	662	SALAD, TOSSED	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	9.93	133.60	8.26	0.49
DIET SUB	777	CANNED, PEACHES - DIET	4.25OZ/.5C.	43.66	0.63	0.03	11.48	5.95	3.97	18.90	3.57	0.00
TOTAL DIET		DIET CALCULATIONS		646.19	36.57	19.61	82.66	594.27	872.22	1481.24	51.20	56.26
<b>DATE</b>												
Thurs SEPT 28												
ENTREE A	239	HAM, LIMA BEAN CASSEROLE	9.5OZ/1C	259.83	18.67	3.55	39.66	35.85	689.92	3.97	6.82	22.50
ENTREE B	339	VEGETARIAN, MACARONI & CHEESE	9.24oz/1C	412.93	22.38	16.59	43.19	523.66	489.41	155.47	1.29	54.54
VEGGIE 1	534	SQUASH, SUM&TOMATOES	4.0oz/.5C	60.01	2.35	0.89	11.21	46.64	175.35	50.61	7.81	1.04
VEGGIE 2	460	BROCCOLI CUTS-BB	2.15oz/.33C	24.98	2.26	0.09	5.04	37.59	62.85	140.33	29.31	0.11
BREAD	1109	ROLL, POTATO WHEAT	2.0 OZ	153.18	4.02	3.87	25.46	17.77	201.63	7.33	6.47	0.19
DESSERT	874	WHIP, LIME	4.04OZ/.5C	85.41	0.98	1.39	17.73	0.74	81.77	0.00	11.80	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				712.59	35.78	15.99	109.98	418.99	1369.44	382.91	64.41	32.91
TOTAL B				865.69	39.49	29.03	113.51	906.80	1168.93	534.41	58.88	64.95
DIET SUB	645.5	SALAD, SWT MARINATED VEGT	3.75oz/.5 C	102.58	1.23	5.62	12.52	24.94	28.74	78.49	28.78	0.00
DIET SUB	875	WHIP, LIME - DIET	3.36OZ/.5C	23.89	1.59	0.00	2.79	0.00	0.00	0.00	7.15	2.00
TOTAL DIET		DIET CALCULATIONS		728.67	35.36	20.13	102.52	405.60	1253.56	321.07	59.23	34.80

DATE	RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY- DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLEST mg 100.00
DATE		Fri SEPT 29										
ENTREE A	1141	CHICKEN ROTISSERIE-STYLE	3 OZ	226.00	23.30	13.90	0.50	17.00	187.00	7.58	0.00	75.00
ENTREE B	388	GERMAN MEATBALLS	2 OZ	252.37	18.12	14.28	12.30	66.33	506.09	14.44	9.54	84.33
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	28.79	17.37	17.14	0.81
VEGGIE 2	1396.5	RED CABBAGE & APPLES	.33 CUP	65.75	0.75	2.94	9.95	23.03	45.41	26.71	27.31	0.00
BREAD	1065	BREAD, RYE	2.0 OZ	153.00	4.08	3.95	25.27	17.75	205.62	7.33	0.06	0.19
DESSERT	750	CAKE, FROSTED	2.64 OZ.	211.40	1.31	7.82	34.71	16.36	203.51	54.05	0.02	0.04
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				845.89	38.87	34.98	94.41	384.70	828.26	293.71	46.73	85.11
TOTAL B				872.26	33.69	35.36	106.21	434.03	1147.35	300.57	56.27	94.44
DIET SUB	1396.5	RED CABBAGE & APPLES	.33 CUP	65.75	0.75	2.94	9.95	23.03	45.41	26.71	27.31	0.00
DIET SUB	887	CAKE, DIET SOURCE	2 x 2 EA	90.00	1.00	1.00	19.00	NA	90.00	NA	NA	0.00
TOTAL DIET		DIET CALCULATIONS		724.49	38.56	28.16	78.70	368.34	714.75	239.66	46.71	85.07
DATE		Mon										
ENTREE A	0											
ENTREE B	0											
VEGGIE 1	0											
VEGGIE 2	0											
BREAD	0											
DESSERT	0											
MILK/MARG	0											
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
TOTAL B				0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
DIET SUB	0											
DIET SUB	0											
TOTAL DIET		DIET CALCULATIONS		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
DATE		Tues										
ENTREE A	0											
ENTREE B	0											
VEGGIE 1	0											
VEGGIE 2	0											
BREAD	0											
DESSERT	0											
MILK/MARG	0											
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
TOTAL B				0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
DIET SUB	0											
DIET SUB	0											
TOTAL DIET		DIET CALCULATIONS		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
DATE		Wed										
ENTREE A	0											
ENTREE B	0											
VEGGIE 1	0											
VEGGIE 2	0											
BREAD	0											
DESSERT	0											
MILK/MARG	0											
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
TOTAL B				0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
DIET SUB	0											
DIET SUB	0											
TOTAL DIET		DIET CALCULATIONS		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00



DATE	RECNUM	MENU ITEM	RECIPE NUM	PORTION SIZE	CAL A=600 to 850	PRO gm 17.00	FAT gm	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00		
<b>DATE</b>																		
Mon AUG 28																		
ENTREE A	202	CHICKEN, ORANGE GLAZE, THIGH	E-8118	5.16 OZ.	305.67	23.62	12.50	24.18	21.53	23.71	356.60	2.39	8.68	0.32	0.28	0.05		
ENTREE B	137	BEEF, LIVER & ONIONS	23E-2204	4 OZ	176.64	19.07	3.28	16.89	26.61	25.01	340.59	3.59	6.17	1.01	50.43	1.58		
VEGGIE 1	933.5	WHIPPED POTATOES wVIT C		0.33 CUP	60.57	1.93	0.17	13.11	30.17	NA	28.79	NA	17.14	0.01	0.09	1.14		
VEGGIE 2	513	PEAS, GREEN-BB	D-9067	2.96oz/.33C	54.41	3.19	0.17	10.37	15.38	13.76	105.33	0.41	6.10	0.07	0.00	3.39		
BREAD	1057	BREAD, MULTIGRAIN	H-2229	2.0 OZ	151.20	4.33	4.00	24.95	21.17	9.11	149.63	0.27	2.76	0.02	0.04	2.08		
DESSERT	777	CANNED, PEACHES - DIET	H-6000	4.25OZ/.5C.	43.66	0.63	0.03	11.48	5.95	6.95	3.97	0.11	3.57	0.02	0.00	1.29		
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00		
A ADD ONLY																		
B ADD ONLY																		
ADD BOTH																		
ADD BOTH																		
TOTAL A					27.87%	744.69	41.20	23.06	94.97	374.60	85.41	802.25	4.06	40.45	0.54	1.25	7.95	
TOTAL B					20.24%	615.66	36.65	13.84	87.68	379.68	86.71	786.24	5.26	37.94	1.23	51.40	9.48	
DIET SUB	513	PEAS, GREEN-BB	D-9067	2.96oz/.33C	54.41	3.19	0.17	10.37	15.38	13.76	105.33	0.41	6.10	0.07	0.00	3.39		
DIET SUB	777	CANNED, PEACHES - DIET	H-6000	4.25OZ/.5C.	43.66	0.63	0.03	11.48	5.95	6.95	3.97	0.11	3.57	0.02	0.00	1.29		
TOTAL DIET		DIET CALCULATIONS			27.87%	744.69	41.20	23.06	94.97	374.60	85.41	802.25	4.06	40.45	0.54	1.25	7.95	
<b>DATE</b>																		
Tues AUG 29																		
ENTREE A	125	BEEF, GOULASH WESTERN	2E-2753	8.5OZ/1C.	354.55	18.43	16.39	33.75	174.03	22.54	543.05	3.13	10.49	0.27	0.88	0.48		
ENTREE B	209	CHICKEN, RICE BAKE	E-2151	1 CUP	376.52	22.50	11.22	44.60	128.62	37.87	445.83	1.60	2.42	2.89	4.47	0.27		
VEGGIE 1	500	MIXED VEGS-BB	D-2218	2.43oz/.33C	49.35	2.31	0.12	10.63	16.78	15.93	105.42	0.38	4.16	0.16	0.00	1.64		
VEGGIE 2	660	SALAD, SPINACH ROMAINE	S-1251	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97		
BREAD	1118	ROLL, WHOLE WHEAT DINNER	H-2245	2.0 OZ	151.76	4.28	4.02	25.01	19.16	16.69	148.98	0.49	0.06	0.06	0.04	1.54		
DESSERT	868	WHIP, ORANGE	H-1055	4.29 OZ/.5C	99.40	1.62	1.50	20.53	2.80	8.62	51.26	0.01	20.62	0.01	0.00	0.01		
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00		
A ADD ONLY																		
B ADD ONLY																		
ADD BOTH																		
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	S-1254	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	1.98	63.78	0.12	0.96	0.00	0.06	0.12		
TOTAL A					99057.39%	32.76%	823.83	36.06	29.99	105.59	550.00	117.23	1094.43	5.14	52.20	0.66	1.82	4.76
TOTAL B					136752.43%	26.41%	845.80	40.13	24.82	116.44	504.59	132.56	997.21	3.61	44.13	3.28	5.41	4.55
DIET SUB	660	SALAD, SPINACH ROMAINE	S-1251	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97		
DIET SUB	867	WHIP, CHERRY/LIME - DIET	H-2310	3.36OZ/.5C	23.89	1.59	0.00	2.79	0.00	0.51	0.00	0.00	7.15	0.00	0.00	0.00		
TOTAL DIET		DIET CALCULATIONS			34.26%	748.32	36.03	28.49	87.85	547.20	109.12	1043.17	5.13	38.73	0.65	1.82	4.75	
<b>DATE</b>																		
Wed AUG 30																		
ENTREE A	247	HAM, SCALLOPED POTATOES	2E-2150	8oz/1C	271.07	15.39	7.97	33.16	174.53	35.57	635.97	1.48	18.76	0.17	1.11	2.81		
ENTREE B	157	BEEF, SHEPHERDS PIE	E-2109	9.0 WZ	308.18	18.35	12.44	31.16	137.55	29.59	435.03	3.14	30.66	0.33	1.48	3.40		
VEGGIE 1	460	BROCCOLI CUTS-BB	D-2207	2.15oz/.33C	24.98	2.26	0.09	5.04	37.59	14.60	62.85	0.22	29.31	0.09	0.00	1.60		
VEGGIE 2	662	SALAD, TOSSED	S-7829	.95OZ/.5 C	9.88	0.55	0.11	1.96	13.71	5.83	9.93	0.12	8.26	0.04	0.00	0.33		
BREAD	1101	ROLL, HERB	H-2356	2.0 OZ	138.79	4.73	1.17	26.88	19.70	10.50	153.88	0.39	0.08	0.03	0.04	1.02		
DESSERT	724	APPLES, SPICED - DIET	H-2319	3.67OZ/.5C	56.07	0.29	0.36	14.29	5.03	3.20	3.16	0.05	0.15	0.03	0.00	0.57		
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00		
A ADD ONLY																		
B ADD ONLY	976	GRAVY, BROWN WBASE	B-6015	2.28 OZ.	17.21	0.43	0.18	3.55	1.84	1.87	102.95	0.04	1.13	0.01	0.00	0.04		
ADD BOTH	1397	DRSG, CITRUS	P 1503B	1 Tb	42.40	0.07	3.89	1.71	1.79	1.29	1.49	0.01	3.46	0.00	0.00	0.03		
ADD BOTH																		
TOTAL A					26.49%	672.37	30.79	19.79	93.92	532.75	102.87	1025.20	3.15	62.22	0.46	1.99	6.36	
TOTAL B					30.27%	726.69	34.18	24.44	95.47	497.61	98.76	927.21	4.85	75.25	0.63	2.36	6.99	
DIET SUB	662	SALAD, TOSSED	S-7829	.95OZ/.5 C	9.88	0.55	0.11	1.96	13.71	5.83	9.93	0.12	8.26	0.04	0.00	0.33		
DIET SUB	724	APPLES, SPICED - DIET	H-2319	3.67OZ/.5C	56.07	0.29	0.36	14.29	5.03	3.20	3.16	0.05	0.15	0.03	0.00	0.57		
TOTAL DIET		DIET CALCULATIONS			26.49%	672.37	30.79	19.79	93.92	532.75	102.87	1025.20	3.15	62.22	0.46	1.99	6.36	
<b>DATE</b>																		
Thurs AUG 31																		
ENTREE A	1378	CHICKEN LO MEIN		0 1 CUP	282.32	26.06	6.36	28.57	52.75	41.12	494.63	1.14	31.09	0.54	0.22	3.94		
ENTREE B	164	BEEF, STEW	2E-2734	8.56OZ/1C.	275.20	17.24	11.94	23.23	41.23	24.72	356.76	4.38	8.46	0.27	1.37	2.97		
VEGGIE 1	497	CORN, W. KERNEL-M	D-2242	3.15oz/.5C	86.85	2.65	1.89	17.89	2.42	15.74	25.75	0.30	2.26	0.12	0.00	1.83		
VEGGIE 2	687	SLAW, COUNTRY	S-2286	3.34 oz/.5 C	66.32	1.66	3.63	7.42	53.14	11.36	99.50	0.25	22.43	0.09	0.06	1.79		
BREAD	1112	ROLL, SEVEN GRAIN	H-2361	2.0 OZ	151.65	4.18	4.03	25.09	19.60	10.72	205.97	0.38	0.06	0.04	0.04	1.83		
DESSERT	730	BAR, CHOCOLATE CHIP	H-2240	1.78 OZ/EAL	224.49	2.83	11.36	28.99	21.30	4.37	81.43	0.17	0.01	0.02	0.07	0.90		
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00		
A ADD ONLY																		
B ADD ONLY																		
ADD BOTH																		
ADD BOTH																		
TOTAL A					32.02%	940.81	44.88	33.47	118.84	429.61	115.19	1065.20	3.12	58.05	0.91	1.23	10.29	
TOTAL B					37.64%	933.69	36.06	39.05	113.50	418.09	98.79	927.33	6.36	35.42	0.64	2.38	9.32	
DIET SUB	687	SLAW, COUNTRY	S-2286	3.34 oz/.5 C	66.32	1.66	3.63	7.42	53.14	11.36	99.50	0.25	22.43	0.09	0.06	1.79		
DIET SUB	1318	DIET SPLENDA CHOC CHIP CKY		0 1.06 OZ	144.40	1.69	8.03	16.30	17.59	6.98	37.97	0.18	0.00	0.01	0.03	0.43		
TOTAL DIET		DIET CALCULATIONS			31.52%	860.72	43.74	30.14	106.15	425.90	117.80	1021.74	3.13	58.04	0.90	1.19	9.82	

		MENU ITEM	RECIPE NUM	PORTION SIZE	CAL A=600 to 850	PRO gm 17.00	FAT gm	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00	
<b>DATE</b>		Fri SEPT 1															
ENTREE A	210	CHICKEN, SALAD	2F-2204	4.64OZ/.5C	172.81	17.63	7.74	7.84	31.88	5.74	228.56	0.04	4.04	0.02	0.00	0.52	
ENTREE B	278	TUNA, SALAD	2F-6026	5.2 OZ	124.60	13.72	5.45	5.10	48.79	16.99	290.38	0.58	1.22	0.22	1.60	0.38	
VEGGIE 1	530	SOUP, VEGETARIAN VEGETABLE	C-2116	8oz/1C	99.10	3.14	0.40	21.84	44.06	23.98	205.75	0.44	15.95	0.16	0.00	3.62	
VEGGIE 2	687	SLAW, COUNTRY	S-2286	3.34 oz/.5 C	66.32	1.66	3.63	7.42	53.14	11.36	99.50	0.25	22.43	0.09	0.06	1.79	
BREAD	1073	BREAD, WHOLE WHEAT	H-2210	2.0 OZ	151.76	4.28	4.02	25.01	19.23	16.71	149.63	0.49	0.06	0.06	0.04	1.54	
DESSERT	690	SALAD, MIXED FRUIT SUMR	S-2221	3.72OZ/.5C	51.55	0.58	0.22	13.15	9.55	9.45	4.74	0.09	14.69	0.07	0.00	0.43	
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																	
B ADD ONLY																	
ADD BOTH	695	LETTUCE, SHREDDED		0 .48OZ/.25C	4.94	0.28	0.06	0.98	6.86	2.92	4.97	0.06	4.13	0.02	0.00	0.17	
ADD BOTH																	
TOTAL A					29.66%	675.66	35.07	22.27	87.12	445.12	102.04	2.25	63.50	0.52	0.94	8.07	
TOTAL B					28.65%	627.45	31.16	19.98	84.38	462.03	113.29	912.89	2.79	60.68	0.72	2.54	7.93
DIET SUB	687	SLAW, COUNTRY	S-2286	3.34 oz/.5 C	66.32	1.66	3.63	7.42	53.14	11.36	99.50	0.25	22.43	0.09	0.06	1.79	
DIET SUB	690	SALAD, MIXED FRUIT SUMR	S-2221	3.72OZ/.5C	51.55	0.58	0.22	13.15	9.55	9.45	4.74	0.09	14.69	0.07	0.00	0.43	
TOTAL DIET		DIET CALCULATIONS			29.66%	675.66	35.07	22.27	87.12	445.12	102.04	2.25	63.50	0.52	0.94	8.07	
<b>DATE</b>		Mon SEPT 4															
ENTREE A																	
ENTREE B																	
VEGGIE 1																	
VEGGIE 2																	
BREAD																	
DESSERT																	
MILK/MARG																	
A ADD ONLY																	
B ADD ONLY																	
ADD BOTH																	
ADD BOTH																	
TOTAL A			#DIV/0!	#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
TOTAL B			#DIV/0!	#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
DIET SUB																	
DIET SUB																	
TOTAL DIET		DIET CALCULATIONS		#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
<b>DATE</b>		Tues SEPT 5															
ENTREE A	176	CHICKEN, BBQ FOR SANDWICH	F-6012	3oz	196.03	17.57	5.18	18.86	29.75	9.17	389.31	0.13	2.77	0.08	0.00	0.52	
ENTREE B	270	SAUSAGE, KIELBASA	E-5622-2/3	3.2OZ/1EA	264.00	10.00	24.00	2.00	0.00	NA	680.00	NA	1.20	NA	NA	0.00	
VEGGIE 1	414	BEANS, BAKED	D-9101	3.26oz/.33C	114.78	5.67	0.63	22.70	47.70	38.64	271.51	0.66	3.99	0.24	0.00	2.01	
VEGGIE 2	625	SALAD, CARROT MANDARIN	S-2274	5.23OZ/.5C	99.47	1.37	2.60	19.22	27.93	15.66	48.69	0.43	27.36	0.08	0.00	1.05	
BREAD																	
DESSERT	1334	BAR, ZUCCHINI BROWNIE		0 2.39 OZ	228.61	3.42	9.98	33.09	18.58	11.23	122.62	0.29	2.46	0.05	0.03	1.29	
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY	1075	BUN, HAMBURGER	H-7438	1.06 OZ	89.16	2.50	1.70	15.93	22.04	8.01	155.28	0.25	0.00	0.01	0.00	0.88	
B ADD ONLY	1077	BUN, HOT DOG	H-4791	1.27 OZ	108.02	2.70	1.80	18.90	27.01	8.00	263.06	0.25	0.00	0.01	0.00	0.10	
ADD BOTH																	
ADD BOTH																	
TOTAL A					27.60%	857.23	38.03	26.29	120.68	426.40	114.59	1145.33	2.64	38.78	0.56	0.87	5.75
TOTAL B					43.10%	944.06	30.66	45.21	106.79	401.62	105.41	1543.80	2.51	37.21	0.48	0.87	4.45
DIET SUB	625	SALAD, CARROT MANDARIN	S-2274	5.23OZ/.5C	99.47	1.37	2.60	19.22	27.93	15.66	48.69	0.43	27.36	0.08	0.00	1.05	
DIET SUB	1318	DIET SPLENDA CHOC CHIP CKY		0 1.06 OZ	144.40	1.69	8.03	16.30	17.59	6.98	37.97	0.18	0.00	0.01	0.03	0.43	
TOTAL DIET		DIET CALCULATIONS			28.34%	773.02	36.30	24.34	103.89	425.41	110.34	1060.68	2.53	36.32	0.52	0.87	4.89
<b>DATE</b>		Wed SEPT 6															
ENTREE A	307	TURKEY RICE BAKE		0 8.43oz/1c	351.48	26.30	10.89	35.83	265.06	48.85	355.78	2.28	4.55	0.55	0.88	1.33	
ENTREE B	386	PASTA PRIMAVERA		0 1 CUP	331.25	17.21	15.39	29.58	450.47	25.47	361.57	1.77	9.91	0.11	0.66	1.72	
VEGGIE 1	417	BEANS, GREEN FZN-BB	D-6011	2.66oz/.33c	23.75	0.95	0.11	5.59	29.58	6.24	61.75	0.14	2.71	0.02	0.01	1.91	
VEGGIE 2	662	SALAD, TOSSED	S-7829	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	5.83	9.93	0.12	8.26	0.04	0.00	0.33	
BREAD	1114	ROLL, SUNFLOWER SEED	H-9091	2.0 OZ	155.61	4.24	4.19	25.12	18.17	9.62	205.57	0.39	0.07	0.03	0.04	0.99	
DESSERT	1398	PUDDING, CHOCOLATE HOMESTYLE	ENP-H5070	.5 CUP	192.66	6.69	2.79	36.75	217.06	34.57	101.49	0.98	0.76	0.07	0.81	1.03	
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																	
B ADD ONLY																	
ADD BOTH	972	DRESSING, SPICY FRENCH	F-4009	2TB (1.0 oz)	65.89	0.43	1.60	13.49	11.55	11.45	140.01	0.07	3.09	0.05	0.19	0.20	
ADD BOTH																	
TOTAL A					25.10%	928.45	46.66	25.89	129.62	835.53	148.44	1032.45	4.86	21.64	0.86	2.77	5.79
TOTAL B					30.12%	908.22	37.57	30.39	123.37	1020.94	125.06	1038.24	4.35	27.00	0.42	2.55	6.18
DIET SUB	662	SALAD, TOSSED	S-7829	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	5.83	9.93	0.12	8.26	0.04	0.00	0.33	
DIET SUB	856	PUDDING, CHOCOLATE- DIET	H-2272	4.45OZ/.5C	89.42	5.13	0.12	18.12	182.99	15.59	150.71	0.58	0.96	0.05	0.57	0.00	
TOTAL DIET		DIET CALCULATIONS			25.33%	825.21	45.10	23.22	110.99	801.46	129.46	1081.67	4.46	21.84	0.84	2.53	4.76

DATE	RECNUM	MENU ITEM	RECIPE NUM	PORTION SIZE	CAL A=600 to 850	PRO gm 17.00	FAT gm	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00		
<b>DATE</b>		Thurs SEPT 7																
ENTREE A	1383	SALAD, MINI SANTA FE		0.5 CUP	141.23	18.26	4.07	8.03	19.16	9.59	81.28	0.18	21.07	0.11	0.00	1.06		
ENTREE B	1419	SALAD, TKY MANDARIN MINI		0.5 CUP	174.22	20.11	7.89	5.97	39.05	49.09	51.16	1.41	2.00	0.34	0.22	1.58		
VEGGIE 1	522	SOUP, NAVY BEAN	C-7052	9.2oz/1C	157.32	9.49	1.58	26.82	64.18	43.31	232.27	1.24	4.59	0.19	0.85	8.58		
VEGGIE 2	699.5	SALAD, SPIN ROMAINE .75 CUP		0 2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	29.39	36.03	0.20	20.57	0.09	0.00	1.46		
BREAD	1118	ROLL, WHOLE WHEAT DINNER	H-2245	2.0 OZ	151.76	4.28	4.02	25.01	19.16	16.69	148.98	0.49	0.06	0.06	0.04	1.54		
DESSERT	779	CANNED, PEARS - DIET	S-1239	4.13 OZ/5C	33.96	0.22	0.04	9.15	4.68	4.68	2.34	0.11	1.17	0.02	0.00	0.71		
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00		
A ADD ONLY	968	DRESSING, LOCAL 1000 ISLAND	S-1254	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	1.98	63.78	0.12	0.96	0.00	0.06	0.12		
B ADD ONLY	1420	DRSG, ORIENTAL SALAD		0 2 Tb	149.74	0.49	15.03	3.86	3.45	3.37	148.22	0.04	6.13	0.01	0.00	0.11		
ADD BOTH					24.23%	659.04	42.21	17.74	85.76	460.98	137.52	722.60	3.22	50.62	0.57	1.79	13.47	
TOTAL A					24.23%	659.04	42.21	17.74	85.76	460.98	137.52	722.60	3.22	50.62	0.57	1.79	13.47	
TOTAL B					38.66%	814.17	43.71	34.97	84.92	460.62	178.41	776.92	4.37	36.72	0.81	1.95	13.98	
DIET SUB	699.5	SALAD, SPIN ROMAINE .75 CUP		0 2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	29.39	36.03	0.20	20.57	0.09	0.00	1.46		
DIET SUB	779	CANNED, PEARS - DIET	S-1239	4.13 OZ/5C	33.96	0.22	0.04	9.15	4.68	4.68	2.34	0.11	1.17	0.02	0.00	0.71		
TOTAL DIET		DIET CALCULATIONS			24.23%	659.04	42.21	17.74	85.76	460.98	137.52	722.60	3.22	50.62	0.57	1.79	13.47	
<b>DATE</b>		Fri SEPT 8																
ENTREE A	372	TURKEY PATTIE	E-2530	4 OZ	198.96	21.99	8.61	8.23	68.27	34.48	477.71	2.58	2.81	0.62	1.12	1.10		
ENTREE B	1401	KINGS COM PORK CHOPPIE		0 4 OZ	260.00	18.00	13.00	0.00	0.00	0.00	260.00	0.00	0.00	0.00	0.00	0.00		
VEGGIE 1	912.5	POTATOES, LYONAISE		0 .33 C	79.91	2.60	1.92	13.35	55.98	17.46	54.45	0.33	11.17	0.18	0.15	1.32		
VEGGIE 2	460	BROCCOLI CUTS-BB	D-2207	2.15oz/.33C	24.98	2.26	0.09	5.04	37.59	14.60	62.85	0.22	29.31	0.09	0.00	1.60		
BREAD	1069	BREAD, SUNFLOWER SEED	H-2256	2.0 OZ	155.61	4.24	4.19	25.12	18.17	9.62	205.57	0.39	0.07	0.03	0.04	0.99		
DESSERT	837	FRESH, WATERMELON	S-7701	2.82 OZ/5C	25.59	0.50	0.34	5.74	6.40	8.80	1.60	0.06	7.68	0.12	0.00	0.24		
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00		
A ADD ONLY	983	GRAVY, POULTRY W/BASE	B-6018	2.20 OZ.	15.02	0.30	0.15	3.10	0.97	0.55	78.72	0.02	0.01	0.00	0.00	0.01		
B ADD ONLY	980	GRAVY, PORK W/BASE	B-6012	2.22 OZ.	16.09	0.36	0.18	3.26	1.14	0.94	104.56	0.02	0.38	0.00	0.00	0.02		
ADD BOTH					115285.06%	30.75%	629.25	39.39	21.50	71.46	467.78	117.39	1038.82	4.48	53.25	1.14	2.15	5.26
TOTAL A					94582.34%	33.74%	691.36	35.46	25.92	63.39	399.68	83.30	846.95	1.90	50.81	0.52	1.03	4.17
DIET SUB	460	BROCCOLI CUTS-BB	D-2207	2.15oz/.33C	24.98	2.26	0.09	5.04	37.59	14.60	62.85	0.22	29.31	0.09	0.00	1.60		
DIET SUB	837	FRESH, WATERMELON	S-7701	2.82 OZ/5C	25.59	0.50	0.34	5.74	6.40	8.80	1.60	0.06	7.68	0.12	0.00	0.24		
TOTAL DIET		DIET CALCULATIONS			30.75%	629.25	39.39	21.50	71.46	467.78	117.39	1038.82	4.48	53.25	1.14	2.15	5.26	
<b>DATE</b>		Mon SEPT 11																
ENTREE A	202	CHICKEN, ORANGE GLAZE, THIGH	E-8118	5.16 OZ.	305.67	23.62	12.50	24.18	21.53	23.71	356.60	2.39	8.68	0.32	0.28	0.05		
ENTREE B	261	PORK, ROAST SLICED	3E-3050	3 OZ	207.96	23.26	12.03	0.14	10.58	19.54	127.58	2.63	0.31	0.39	0.80	0.03		
VEGGIE 1	929	SWEET POTATOES, WHIPPED PLAIN	D-1030	4.0oz/5C	116.63	1.95	0.12	27.48	31.70	22.65	11.32	0.33	27.85	0.27	0.00	0.91		
VEGGIE 2	417	BEANS, GREEN FZN-BB	D-6011	2.66oz/.33c	23.75	0.95	0.11	5.59	29.58	6.24	61.75	0.14	2.71	0.02	0.01	1.91		
BREAD	1097	ROLL, CORNMEAL	H-9083	1.3 OZ.	90.25	3.23	0.63	17.81	24.60	12.58	92.58	0.29	0.05	0.12	0.04	1.20		
DESSERT	810	CRISP, PEACH	H-1045	4.8OZ/5C.	218.57	2.32	5.65	41.63	19.92	24.28	7.03	0.36	3.81	0.01	0.00	0.36		
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00		
A ADD ONLY																		
B ADD ONLY	980	GRAVY, PORK W/BASE	B-6012	2.22 OZ.	16.09	0.36	0.18	3.26	1.14	0.94	104.56	0.02	0.38	0.00	0.00	0.02		
ADD BOTH					25.67%	884.05	39.57	25.21	127.57	407.73	121.34	687.20	4.39	45.30	0.84	1.17	4.43	
TOTAL A					27.95%	802.43	39.57	24.92	106.79	397.92	118.11	562.74	4.65	37.31	0.91	1.69	4.43	
DIET SUB	417	BEANS, GREEN FZN-BB	D-6011	2.66oz/.33c	23.75	0.95	0.11	5.59	29.58	6.24	61.75	0.14	2.71	0.02	0.01	1.91		
DIET SUB	711	CRISP, APPLE - DIET		0.5 CUP	166.60	1.50	4.97	29.96	12.46	13.65	60.53	0.20	2.88	0.03	0.01	1.54		
TOTAL DIET		DIET CALCULATIONS			26.54%	832.08	38.75	24.53	115.90	400.27	110.71	740.70	4.23	44.37	0.86	1.18	5.61	
<b>DATE</b>		Tues SEPT 12																
ENTREE A	385	TURKEY, RST for HOT SAND		0 2 OZ	96.40	16.63	2.82	0.00	14.17	14.75	39.69	1.76	0.00	0.26	0.21	0.00		
ENTREE B	1228	MEATLOAF for SAND	DELI	2 oz	155.42	12.00	10.11	3.55	30.41	15.71	218.14	2.24	1.27	0.15	0.82	0.72		
VEGGIE 1	519	SOUP, CORN CHOWDER	C-2101	9.29oz/1C	159.20	5.08	6.16	22.31	133.47	23.42	346.37	0.59	4.57	0.15	0.38	1.23		
VEGGIE 2	687	SLAW, COUNTRY	S-2286	3.34 oz/.5 C	66.32	1.66	3.63	7.42	53.14	11.36	99.50	0.25	22.43	0.09	0.06	1.79		
BREAD	1073	BREAD, WHOLE WHEAT	H-2210	2.0 OZ	151.76	4.28	4.02	25.01	19.23	16.71	149.63	0.49	0.06	0.06	0.04	1.54		
DESSERT	773	CANNED, MIXED FRUIT	S-1064	4OZ/5C	65.78	0.39	0.08	17.17	7.94	5.67	6.80	0.08	2.84	0.04	0.00	0.69		
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00		
A ADD ONLY																		
B ADD ONLY	695	LETTUCE, SHREDDED		0.48OZ/25C	4.94	0.28	0.06	0.98	6.86	2.92	4.97	0.06	4.13	0.02	0.00	0.17		
ADD BOTH	1026	SAUCE, SPECIAL	ESHA	1 TB	41.38	0.09	3.59	2.26	0.97	0.31	148.08	0.01	0.30	0.00	0.00	0.04		
TOTAL A					33.43%	714.96	35.90	26.56	86.03	516.18	107.01	952.96	4.12	36.53	0.72	1.53	5.46	
TOTAL B					39.36%	773.98	31.28	33.85	89.58	532.42	107.98	1131.41	4.60	37.80	0.61	2.14	6.18	
DIET SUB	687	SLAW, COUNTRY	S-2286	3.34 oz/.5 C	66.32	1.66	3.63	7.42	53.14	11.36	99.50	0.25	22.43	0.09	0.06	1.79		
DIET SUB	773	CANNED, MIXED FRUIT	S-1064	4OZ/5C	65.78	0.39	0.08	17.17	7.94	5.67	6.80	0.08	2.84	0.04	0.00	0.69		
TOTAL DIET		DIET CALCULATIONS			33.43%	714.96	35.90	26.56	86.03	516.18	107.01	952.96	4.12	36.53	0.72	1.53	5.46	

DATE	RECNUM	MENU ITEM	RECIPE NUM	PORTION SIZE	CAL A=600 to 850	PRO gm 17.00	FAT gm	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00	
<b>DATE</b>		Wed SEPT 13															
ENTREE A	1346	SMKHSE RIBETTE (CHK&BEEF)	KINGSCOM	3.75 OZ	220.00	18.00	11.00	14.00	100.00	NA	350.00	NA	4.80	NA	NA	3.00	
ENTREE B	351	CHICKEN,BREADED PATTIE TYSON		0 2.75 OZ	170.00	10.00	9.00	10.00	NA	NA	480.00	NA	0.00	NA	NA	NA	
VEGGIE 1	908.5	POTATOES, DELMONICO	D-2230	.33 C	74.77	2.41	1.84	12.33	51.39	16.37	121.87	0.30	15.93	0.17	0.14	1.25	
VEGGIE 2	513	PEAS, GREEN-BB	D-9067	2.96oz/.33C	54.41	3.19	0.17	10.37	15.38	13.76	105.33	0.41	6.10	0.07	0.00	3.39	
BREAD	1044	BREAD, BRAN WHEAT	H-2254	1.31 OZ	100.21	3.23	2.82	16.30	21.31	21.92	201.24	0.42	0.08	0.05	0.10	1.21	
DESSERT	826	FRESH, CANTALOUPE	S-7700	2.82 OZ/.5C	27.98	0.70	0.22	6.68	8.80	8.80	7.20	0.13	33.74	0.09	0.00	0.29	
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																	
B ADD ONLY	983	GRAVY, POULTRY WBASE	B-6018	2.20 OZ.	15.02	0.30	0.15	3.10	0.97	0.55	78.72	0.02	0.01	0.00	0.00	0.01	
ADD BOTH																	
ADD BOTH																	
TOTAL A				33.01%	606.55	35.03	22.25	70.57	477.28	92.73	943.56	2.14	62.85	0.49	1.08	9.15	
TOTAL B				32.12%	571.57	27.33	20.40	69.67	378.25	93.28	1152.28	2.16	58.06	0.49	1.08	6.16	
DIET SUB	662	SALAD, TOSSED	S-7829	.95OZ/.5 C	9.88	0.55	0.11	1.96	13.71	5.83	9.93	0.12	8.26	0.04	0.00	0.33	
DIET SUB	826	FRESH, CANTALOUPE	S-7700	2.82 OZ/.5C	27.98	0.70	0.22	6.68	8.80	8.80	7.20	0.13	33.74	0.09	0.00	0.29	
TOTAL DIET		DIET CALCULATIONS		35.53%	562.02	32.39	22.19	62.15	475.61	84.80	848.16	1.85	65.01	0.45	1.08	6.08	
<b>DATE</b>		Thurs SEPT 14															
ENTREE A	129	BEEF, HAMBURGER 1/4 LB	E-6815	3.16 OZ.	271.28	19.96	20.05	1.91	25.40	0.07	42.64	4.63	0.00	0.18	1.61	0.18	
ENTREE B	1376	FISH, BREADED POLLOCK PC		0 4 OZ	240.00	13.00	8.00	19.00	20.00	0.00	220.00	0.00	0.00	0.28	0.00	1.00	
VEGGIE 1	933	WHIPPED POTATOES w/VIT C		0 .5 CUP	90.85	2.90	0.25	19.66	45.25	5.08	43.19	0.15	25.71	0.01	0.14	1.71	
VEGGIE 2	574.5	BLEND, COUNTRY TRIO VEGETABLES		0 .33 CUP	22.67	0.89	0.23	4.93	0.00	0.00	8.93	0.00	5.33	0.00	0.00	0.89	
BREAD	1060	BREAD, OATMEAL	H-9072	2.0 OZ	154.52	4.31	4.17	25.08	19.94	12.03	205.70	0.40	0.06	0.04	0.04	1.57	
DESSERT	750	CAKE, FROSTED	H-7966	2.64 OZ.	211.40	1.31	7.82	34.71	16.36	0.47	203.51	0.01	0.02	0.00	0.01	0.00	
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY	1034	SAUCE, SCALLOPINI		0 1.7 OZ	23.42	0.44	1.24	2.32	5.06	2.36	166.48	0.05	1.55	0.01	0.00	0.22	
B ADD ONLY	1007	SAUCE, TARTAR	B-7025	.5625oz/1TB	24.56	0.36	1.58	2.33	9.90	0.40	72.21	0.01	1.04	0.00	0.00	0.07	
ADD BOTH																	
ADD BOTH																	
TOTAL A			84355.78%	39.81%	903.32	37.31	39.96	99.49	392.41	51.89	828.37	6.12	34.87	0.34	2.64	4.57	
TOTAL B			93582.61%	29.11%	873.18	30.27	28.25	116.59	391.85	49.86	911.46	1.45	34.36	0.43	1.03	5.24	
DIET SUB	574.5	BLEND, COUNTRY TRIO VEGETABLES		0 .33 CUP	22.67	0.89	0.23	4.93	0.00	0.00	8.93	0.00	5.33	0.00	0.00	0.89	
DIET SUB	887	CAKE, DIET SOURCE		0 2 x 2 EA	90.00	1.00	1.00	19.00	NA	0.00	90.00	0.00	NA	0.00	0.00	0.00	
TOTAL DIET		DIET CALCULATIONS		38.14%	781.92	37.00	33.14	83.78	376.05	51.42	714.86	6.11	34.85	0.34	2.63	4.57	
<b>DATE</b>		Fri SEPT 15															
ENTREE A	208	CHICKEN, POT PIE, TOPLESS	E-8323	8.7OZ/1C	213.39	21.13	4.39	21.34	113.40	27.37	363.09	0.56	7.86	0.19	0.22	2.93	
ENTREE B	362	PORK, SAUSAGE GRAVY	E-2538	6 OZ	230.90	15.57	9.26	20.40	251.14	33.57	574.86	2.03	1.30	0.19	1.18	0.40	
VEGGIE 1	452	BLEND, ORIENTAL-BB	D-2274	2.7oz/.33C	26.86	1.78	0.00	6.48	16.95	6.69	54.56	0.38	1.11	0.06	0.00	0.00	
VEGGIE 2	656	SALAD, ROMAINE ICEBERG	S-1249	1.96oz/.5c	10.24	0.72	0.11	1.87	17.13	4.81	9.33	0.06	9.52	0.02	0.00	0.48	
BREAD	1039	BISCUIT, BUTTERMILK	H-1089	2.20 OZ.	163.04	3.41	6.91	21.22	126.63	8.60	198.48	0.28	0.02	0.02	0.05	0.70	
DESSERT	866	WHIP, CHERRY/LIME	H-1053	4.04OZ/.5C	85.41	0.98	1.39	17.73	0.74	0.00	81.77	0.00	11.80	0.00	0.00	0.00	
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																	
B ADD ONLY																	
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	S-1254	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	1.98	63.78	0.12	0.96	0.00	0.06	0.12	
ADD BOTH																	
TOTAL A				28.30%	655.72	36.36	20.62	82.16	578.95	81.33	928.93	2.28	33.68	0.39	1.17	4.23	
TOTAL B				34.08%	673.23	30.80	25.49	81.22	716.69	87.53	1140.70	3.75	27.12	0.39	2.13	1.70	
DIET SUB	656	SALAD, ROMAINE ICEBERG	S-1249	1.96oz/.5c	10.24	0.72	0.11	1.87	17.13	4.81	9.33	0.06	9.52	0.02	0.00	0.48	
DIET SUB	867	WHIP, CHERRY/LIME - DIET	H-2310	3.36OZ/.5C	23.89	1.59	0.00	2.79	0.00	0.51	0.00	0.00	7.15	0.00	0.00	0.00	
TOTAL DIET		DIET CALCULATIONS		29.13%	594.20	36.97	19.23	67.22	578.21	81.84	847.16	2.28	29.03	0.39	1.17	4.23	
<b>DATE</b>		Mon SEPT 18															
ENTREE A	1342	CHICKEN POMODORO	ESHA	1 CUP	252.75	22.52	4.62	29.92	113.26	31.40	343.87	0.62	6.76	0.12	0.14	2.35	
ENTREE B	105	BEEF, BRAISED TIPS	E-2094	6.38 oz/.75	174.39	20.26	6.33	8.63	37.38	24.71	427.40	5.09	4.65	0.25	1.93	0.65	
VEGGIE 1	476	CARROTS, FROZEN-BB	D-7041	2.6oz/.33C	27.04	0.74	0.07	6.29	17.73	6.25	82.25	0.15	1.85	0.08	0.00	1.13	
VEGGIE 2	660	SALAD, SPINACH ROMAINE	S-1251	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97	
BREAD	1098	ROLL, CRACKED WHEAT	H-2241	2.0 OZ	151.62	4.21	3.94	24.93	18.34	11.44	198.02	0.32	2.22	0.03	0.04	1.54	
DESSERT	781	CANNED, PINEAPPLE TIDBITS	H-8922	4.3 OZ	73.15	0.51	0.10	19.14	17.07	17.00	1.22	0.12	11.58	0.00	0.00	0.43	
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																	
B ADD ONLY	925.5	RICE, WHITE	D-5001	.33 C	76.49	1.53	0.54	15.82	6.24	7.37	1.13	0.26	0.00	0.05	0.00	0.06	
ADD BOTH	971.5	DRESSING, RANCH LO CAL	S-1228	1 TB(0.5oz)	54.43	0.47	5.44	1.13	15.02	0.00	129.51	0.05	0.00	0.01	0.04	0.00	
ADD BOTH																	
TOTAL A				26.36%	700.16	37.03	20.51	94.44	494.95	117.56	936.81	2.27	38.32	0.40	1.06	6.42	
TOTAL B				29.33%	698.29	36.30	22.76	88.97	425.31	118.24	1021.47	7.00	36.21	0.58	2.85	4.78	
DIET SUB	660	SALAD, SPINACH ROMAINE	S-1251	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97	
DIET SUB	781	CANNED, PINEAPPLE TIDBITS	H-8922	4.3 OZ	73.15	0.51	0.10	19.14	17.07	17.00	1.22	0.12	11.58	0.00	0.00	0.43	
TOTAL DIET		DIET CALCULATIONS		26.36%	700.16	37.03	20.51	94.44	494.95	117.56	936.81	2.27	38.32	0.40	1.06	6.42	

DATE	RECNUM	MENU ITEM	RECIPE NUM	PORTION SIZE	CAL A=600 to 850	PRO gm 17.00	FAT gm	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00		
<b>DATE</b>																		
<b>Tues SEPT 19</b>																		
ENTREE A	216	CHICKEN, SUPREME	E-2092	3.71 OZ.	150.59	19.29	4.15	7.74	74.44	6.58	276.33	0.24	0.36	0.02	0.21	0.02		
ENTREE B	138	BEEF, MEAT LOAF w/TURKEY	E-1502	4.14 OZ	310.83	24.00	20.21	7.10	60.81	31.42	436.29	4.48	2.55	0.51	2.27	1.44		
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C		0 .33 CUP	60.57	1.93	0.17	13.11	30.17	NA	28.79	NA	17.14	0.01	0.09	1.14		
VEGGIE 2	455	BLEND, SCANDINAVIAN-BB	D-2232	3oz/.33C	40.24	1.78	0.00	8.27	12.77	6.69	95.53	0.38	5.12	0.11	0.00	2.33		
BREAD	1050	BREAD, FRENCH	H-5000	2.0 OZ	123.42	4.22	1.01	23.86	17.21	8.86	180.51	0.30	1.53	0.01	0.04	0.89		
DESSERT	807	CRISP, APPLE	H-1012	5.20OZ/.5C	222.85	1.96	5.95	42.41	17.88	20.19	6.01	0.30	0.24	0.05	0.00	0.66		
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00		
A ADD ONLY	1006	SAUCE, SUPREME		0 1 OZ	22.11	1.12	0.16	3.92	34.24	3.71	96.77	0.12	0.23	0.01	0.11	0.09		
B ADD ONLY	976	GRAVY, BROWN WBASE	B-6015	2.28 OZ.	17.21	0.43	0.18	3.55	1.84	1.87	102.95	0.04	1.13	0.01	0.00	0.04		
ADD BOTH																		
ADD BOTH																		
TOTAL A					21.19%	748.95	37.80	17.63	110.19	467.10	77.91	841.86	2.22	26.82	0.31	1.29	5.13	
TOTAL B					33.56%	904.30	41.82	33.72	109.18	421.08	100.91	1008.00	6.38	29.91	0.80	3.24	6.50	
DIET SUB	455	BLEND, SCANDINAVIAN-BB	D-2232	3oz/.33C	40.24	1.78	0.00	8.27	12.77	6.69	95.53	0.38	5.12	0.11	0.00	2.33		
DIET SUB	724	APPLES, SPICED - DIET	H-2319	3.67OZ/.5C	56.07	0.29	0.36	14.29	5.03	3.20	3.16	0.05	0.15	0.03	0.00	0.57		
TOTAL DIET		DIET CALCULATIONS			18.62%	582.17	36.13	12.04	82.07	454.25	60.92	839.01	1.97	26.73	0.29	1.29	5.04	
<b>DATE</b>																		
<b>Wed SEPT 20</b>																		
ENTREE A	1418	SALAD, ARIZONA CHKN MINI		0 1 CUP	244.78	28.82	6.09	21.35	67.48	12.69	395.80	0.38	7.53	0.11	0.04	4.29		
ENTREE B	369	PASTA SALAD w/TURKEY	S-2317	1 CUP	238.28	20.67	4.29	27.51	42.17	23.94	247.80	0.44	33.03	0.09	0.00	2.08		
VEGGIE 1	525	SOUP, POPEYE POTATO CHOWDER	C-7070	8.84oz/1C	175.23	5.98	7.88	20.48	190.21	25.74	368.09	0.73	50.11	0.15	0.49	0.99		
VEGGIE 2	699.5	SALAD, SPIN ROMAINE .75 CUP		0 2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	29.39	36.03	0.20	20.57	0.09	0.00	1.46		
BREAD	1118	ROLL, WHOLE WHEAT DINNER	H-2245	2.0 OZ	151.76	4.28	4.02	25.01	19.16	16.69	148.98	0.49	0.06	0.06	0.04	1.54		
DESSERT	785	CANNED, MAND ORANGES LT SYRUP	ESHA	4.44OZ/.5C	76.86	0.57	0.13	20.40	8.82	10.08	7.56	0.30	24.95	0.05	0.00	0.88		
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00		
A ADD ONLY																		
B ADD ONLY																		
ADD BOTH																		
ADD BOTH																		
TOTAL A					158218.19%	27.74%	795.80	48.77	24.53	101.35	615.77	126.47	1114.38	2.98	105.42	0.56	1.41	9.16
TOTAL B					141052.19%	25.92%	789.30	40.62	22.73	107.51	590.46	137.72	966.38	3.04	130.92	0.54	1.37	6.95
DIET SUB	699.5	SALAD, SPIN ROMAINE .75 CUP		0 2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	29.39	36.03	0.20	20.57	0.09	0.00	1.46		
DIET SUB	785	CANNED, MAND ORANGES LT SYRUP	ESHA	4.44OZ/.5C	76.86	0.57	0.13	20.40	8.82	10.08	7.56	0.30	24.95	0.05	0.00	0.88		
TOTAL DIET		DIET CALCULATIONS			27.74%	795.80	48.77	24.53	101.35	615.77	126.47	1114.38	2.98	105.42	0.56	1.41	9.16	
<b>DATE</b>																		
<b>Thurs SEPT 21</b>																		
ENTREE A	103	BEEF, BAKED RIGATONI	E-2126	7.29oz/1c	334.91	18.39	14.38	32.85	72.18	23.21	401.21	3.57	6.99	0.19	1.03	0.40		
ENTREE B	383	SPINACH OMELET BAKE	ESHA	1 SVG	148.24	15.04	5.69	8.80	381.75	20.53	208.95	1.41	2.02	0.07	0.74	1.32		
VEGGIE 1	500	MIXED VEGs-BB	D-2218	2.43oz/.33C	49.35	2.31	0.12	10.63	16.78	15.93	105.42	0.38	4.16	0.16	0.00	1.64		
VEGGIE 2	646	SALAD, MARINATED ZUCCHINI	S-2210	4.16OZ/.5C	100.20	1.02	5.63	12.12	15.43	14.43	10.24	0.24	21.38	0.18	0.00	0.94		
BREAD	1101	ROLL, HERB	H-2356	2.0 OZ	138.79	4.73	1.17	26.88	19.70	10.50	153.88	0.39	0.08	0.03	0.04	1.02		
DESSERT	840	ICE CREAM, CUP	BOWES	4OZ/.5C	133.30	2.30	7.30	15.60	84.00	9.00	53.00	0.46	0.00	0.03	0.26	0.00		
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00		
A ADD ONLY																		
B ADD ONLY																		
ADD BOTH																		
ADD BOTH																		
TOTAL A					35.36%	885.73	36.25	34.80	108.96	488.49	104.95	881.67	5.92	34.81	0.69	2.17	4.00	
TOTAL B					33.62%	699.06	32.90	26.11	84.91	798.06	102.27	689.41	3.76	29.84	0.57	1.88	4.92	
DIET SUB	646	SALAD, MARINATED ZUCCHINI	S-2210	4.16OZ/.5C	100.20	1.02	5.63	12.12	15.43	14.43	10.24	0.24	21.38	0.18	0.00	0.94		
DIET SUB	840	ICE CREAM, CUP	BOWES	4OZ/.5C	133.30	2.30	7.30	15.60	84.00	9.00	53.00	0.46	0.00	0.03	0.26	0.00		
TOTAL DIET		DIET CALCULATIONS			35.36%	885.73	36.25	34.80	108.96	488.49	104.95	881.67	5.92	34.81	0.69	2.17	4.00	
<b>DATE</b>																		
<b>Fri SEPT 22</b>																		
ENTREE A	309	TURKEY, ROASTED, SLICED	E-2305-3	3 OZ	114.82	25.57	0.63	0.00	10.21	24.66	44.23	1.48	0.00	0.48	0.33	0.00		
ENTREE B	155	BEEF, SALISBURY STEAK	E-3903	4.5 OZ	279.63	19.39	18.69	8.00	71.40	30.62	358.75	3.51	4.67	0.46	1.73	1.13		
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C		0 .33 CUP	60.57	1.93	0.17	13.11	30.17	NA	28.79	NA	17.14	0.01	0.09	1.14		
VEGGIE 2	574.5	BLEND, COUNTRY TRIO VEGETABLES		0 .33 CUP	22.67	0.89	0.23	4.93	0.00	0.00	8.93	0.00	5.33	0.00	0.00	0.89		
BREAD	1049	BREAD, DILL WHEAT	H-9070	2.0 OZ	152.23	4.31	4.03	25.12	22.37	17.50	149.35	0.50	0.15	0.06	0.04	1.56		
DESSERT	1333	BAR, BANANA CHOC CHIP		0 2.41 OZ	251.17	3.37	11.28	35.93	65.54	24.47	163.01	0.51	1.21	0.08	0.07	1.82		
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00		
A ADD ONLY	983	GRAVY, POULTRY WBASE	B-6018	2.20 OZ.	15.02	0.30	0.15	3.10	0.97	0.55	78.72	0.02	0.01	0.00	0.00	0.01		
B ADD ONLY	976	GRAVY, BROWN WBASE	B-6015	2.28 OZ.	17.21	0.43	0.18	3.55	1.84	1.87	102.95	0.04	1.13	0.01	0.00	0.04		
ADD BOTH																		
ADD BOTH																		
TOTAL A					27.38%	745.65	43.88	22.68	93.07	409.66	99.06	630.96	3.39	26.04	0.73	1.37	5.42	
TOTAL B					40.21%	912.65	37.83	40.77	101.52	471.72	106.34	969.71	5.44	31.83	0.72	2.77	6.58	
DIET SUB	574.5	BLEND, COUNTRY TRIO VEGETABLES		0 .33 CUP	22.67	0.89	0.23	4.93	0.00	0.00	8.93	0.00	5.33	0.00	0.00	0.89		
DIET SUB	1319	DIET SPLENDIA PUMPKIN CKY		0 1.3 OZ	126.08	1.62	5.29	18.35	15.05	4.86	83.60	0.09	0.06	0.01	0.01	0.97		
TOTAL DIET		DIET CALCULATIONS			24.21%	620.56	42.13	16.69	75.49	359.17	79.45	551.55	2.97	24.89	0.66	1.31	4.57	

DATE RECNUM	MENU ITEM	RECIPE NUM	PORTION SIZE	CAL A=600 to 850	PRO gm 17.00	FAT gm	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00		
DATE	Mon SEPT 25																
ENTREE A	221	CHICKEN, TETRAZZINI	2E-2789	10.2OZ/1C.	274.43	24.30	5.18	30.21	178.97	32.55	470.02	1.03	5.54	0.12	0.46	1.59	
ENTREE B	114	BEEF, CHILI WITH BEANS	2E-2771	6.82OZ/1C.	284.08	17.30	8.85	35.56	78.16	66.94	495.68	2.61	6.48	0.39	0.68	8.77	
VEGGIE 1	489	CORN, CHUCKWAGON-BB	D-9003	2.56oz/.33C	58.80	2.03	0.06	14.87	1.91	12.22	26.34	0.24	6.11	0.08	0.00	1.41	
VEGGIE 2	676	SLAW, CREAMY COLE	S-2265	4.11OZ/.5C	116.09	1.80	6.99	12.47	53.89	9.92	79.93	0.18	26.69	0.09	0.01	1.85	
BREAD	1118	ROLL, WHOLE WHEAT DINNER	H-2245	2.0 OZ	151.76	4.28	4.02	25.01	19.16	16.69	148.98	0.49	0.06	0.06	0.04	1.54	
DESSERT	726	APPLESAUCE, RHUBARB - REG	H-2306	4 OZ/.5C	99.94	0.31	0.16	25.70	81.95	8.83	11.98	0.06	2.81	0.02	0.00	0.23	
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																	
B ADD ONLY																	
ADD BOTH																	
ADD BOTH																	
TOTAL A				24.51%	830.20	40.22	22.61	119.14	616.28	112.09	895.17	2.88	43.41	0.47	1.35	6.62	
TOTAL B				28.16%	839.85	33.22	26.28	124.49	515.47	146.48	920.83	4.46	44.35	0.74	1.57	13.80	
DIET SUB	676	SLAW, CREAMY COLE	S-2265	4.11OZ/.5C	116.09	1.80	6.99	12.47	53.89	9.92	79.93	0.18	26.69	0.09	0.01	1.85	
DIET SUB	725	APPLESAUCE, RHUBARB - DIET	H-2306	4 OZ/.5C	99.94	0.31	0.16	25.70	81.95	8.83	11.98	0.06	2.81	0.02	0.00	0.23	
TOTAL DIET		DIET CALCULATIONS		24.51%	830.20	40.22	22.61	119.14	616.28	112.09	895.17	2.88	43.41	0.47	1.35	6.62	
DATE	Tues SEPT 26																
ENTREE A	128	BEEF, GROUND WITH NOODLES	2E-2767	7.46OZ/1C.	261.98	15.89	13.73	18.44	37.70	27.89	309.89	3.30	3.73	0.20	1.07	0.38	
ENTREE B	218	CHICKEN, SWEET-N-SOUR	E-2115-2	8.56OZ/1C.	236.72	18.28	3.94	32.03	45.04	23.26	555.41	0.20	19.86	0.14	0.00	0.75	
VEGGIE 1	513	PEAS, GREEN-BB	D-9067	2.96oz/.33C	54.41	3.19	0.17	10.37	15.38	13.76	105.33	0.41	6.10	0.07	0.00	3.39	
VEGGIE 2	1192	SALAD, MAR SPRING GARDEN	MORRIS	.5 C	45.89	0.73	2.92	4.87	21.50	8.08	117.52	0.14	18.05	0.09	0.00	1.43	
BREAD	1104	ROLL, MULTIGRAIN	H-2246	2.0 OZ	150.44	4.23	3.99	24.87	21.00	9.11	206.03	0.27	2.22	0.02	0.04	2.02	
DESSERT	826	FRESH, CANTALOUPE	S-7700	2.82 OZ/.5C	27.98	0.70	0.22	6.68	8.80	8.80	7.20	0.13	33.74	0.09	0.00	0.29	
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY	1104	ROLL, MULTIGRAIN	H-2246	2.0 OZ	150.44	4.23	3.99	24.87	21.00	9.11	206.03	0.27	2.22	0.02	0.04	2.02	
B ADD ONLY	920.5	RICE, BROWN		0 3.0 OZ	114.74	2.29	0.81	23.73	0.00	100.00	1.70	100.00	0.00	100.00	100.00	0.09	
ADD BOTH																	
ADD BOTH																	
TOTAL A				95828.48%	34.25%	820.32	36.47	31.22	100.98	405.78	108.63	1109.92	5.40	68.26	0.59	1.99	9.53
TOTAL B				153634.43%	21.63%	759.36	36.92	18.25	113.43	392.12	194.89	1151.11	102.03	82.17	100.51	100.88	7.97
DIET SUB	1192	SALAD, MAR SPRING GARDEN	MORRIS	.5 C	45.89	0.73	2.92	4.87	21.50	8.08	117.52	0.14	18.05	0.09	0.00	1.43	
DIET SUB	826	FRESH, CANTALOUPE	S-7700	2.82 OZ/.5C	27.98	0.70	0.22	6.68	8.80	8.80	7.20	0.13	33.74	0.09	0.00	0.29	
TOTAL DIET		DIET CALCULATIONS		34.25%	820.32	36.47	31.22	100.98	405.78	108.63	1109.92	5.40	68.26	0.59	1.99	9.53	
DATE	Wed SEPT 27																
ENTREE A	295	TURKEY, DIVAN CASSEROLE	2E-2818	8.43oz/1c	252.68	21.07	7.71	24.22	234.19	38.75	371.43	2.40	26.33	0.39	0.68	1.72	
ENTREE B	360	BEEF, QUAKER SPAGHETTI	2E-3434	9.5 OZ/1 C.	342.78	19.32	15.22	31.58	41.43	38.78	379.09	3.13	6.53	0.42	1.34	3.17	
VEGGIE 1	443	BLEND, ITALIAN-BB	D-2210	2.99oz/.33C	31.57	1.77	0.00	6.55	17.98	13.59	67.17	0.15	7.66	0.07	0.01	0.01	
VEGGIE 2	662	SALAD, TOSSED	S-7829	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	5.83	9.93	0.12	8.26	0.04	0.00	0.33	
BREAD	1098	ROLL, CRACKED WHEAT	H-2241	2.0 OZ	151.62	4.21	3.94	24.93	18.34	11.44	198.02	0.32	2.22	0.03	0.04	1.54	
DESSERT	777	CANNED, PEACHES - DIET	H-6000	4.25OZ/.5C.	43.66	0.63	0.03	11.48	5.95	6.95	3.97	0.11	3.57	0.02	0.00	1.29	
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																	
B ADD ONLY																	
ADD BOTH																	
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	S-1254	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	1.98	63.78	0.12	0.96	0.00	0.06	0.12	
TOTAL A				27.31%	646.19	36.57	19.61	82.66	594.27	110.42	872.22	4.10	51.20	0.65	1.63	5.01	
TOTAL B				33.15%	736.29	34.82	27.12	90.02	401.51	110.45	879.88	4.83	31.40	0.68	2.29	6.46	
DIET SUB	662	SALAD, TOSSED	S-7829	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	5.83	9.93	0.12	8.26	0.04	0.00	0.33	
DIET SUB	777	CANNED, PEACHES - DIET	H-6000	4.25OZ/.5C.	43.66	0.63	0.03	11.48	5.95	6.95	3.97	0.11	3.57	0.02	0.00	1.29	
TOTAL DIET		DIET CALCULATIONS		27.31%	646.19	36.57	19.61	82.66	594.27	110.42	872.22	4.10	51.20	0.65	1.63	5.01	
DATE	Thurs SEPT 28																
ENTREE A	239	HAM, LIMA BEAN CASSEROLE	E-3309	9.5OZ/1C	259.83	18.67	3.55	39.66	35.85	73.30	689.92	2.38	6.82	0.37	1.81	4.73	
ENTREE B	339	VEGETARIAN, MACARONI & CHEESE	2E-2745	9.24oz/1C	412.93	22.38	16.59	43.19	523.66	46.07	489.41	2.71	1.29	0.48	0.89	0.10	
VEGGIE 1	534	SQUASH, SUM&TOMATOES	D-1050	4.0oz/.5C	60.01	2.35	0.89	11.21	46.64	13.41	175.35	0.19	7.81	0.02	0.00	0.44	
VEGGIE 2	460	BROCCOLI CUTS-BB	D-2207	2.15oz/.33C	24.98	2.26	0.09	5.04	37.59	14.60	62.85	0.22	29.31	0.09	0.00	1.60	
BREAD	1109	ROLL, POTATO WHEAT	H-2286	2.0 OZ	153.18	4.02	3.87	25.46	17.77	7.66	201.63	0.26	6.47	0.01	0.04	1.12	
DESSERT	874	WHIP, LIME		0 4.04OZ/.5C	85.41	0.98	1.39	17.73	0.74	0.00	81.77	0.00	11.80	0.00	0.00	0.00	
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																	
B ADD ONLY																	
ADD BOTH																	
ADD BOTH																	
TOTAL A				20.20%	712.59	35.78	15.99	109.98	418.99	140.85	1369.44	3.93	64.41	0.59	2.69	7.89	
TOTAL B				30.18%	865.69	39.49	29.03	113.51	906.80	113.62	1168.93	4.26	58.88	0.70	1.77	3.26	
DIET SUB	645.5	SALAD, SWT MARINATED VEGT		0 3.75oz/.5 C	102.58	1.23	5.62	12.52	24.94	12.24	28.74	0.19	28.78	0.10	0.00	1.54	
DIET SUB	875	WHIP, LIME - DIET		0 3.36OZ/.5C	23.89	1.59	0.00	2.79	0.00	0.51	0.00	0.00	7.15	0.00	0.00	0.00	
TOTAL DIET		DIET CALCULATIONS		24.86%	728.67	35.36	20.13	102.52	405.60	139.00	1253.56	3.90	59.23	0.60	2.69	7.83	



DATE	RECNUM	MENU ITEM	RECIPE NUM	PORTION SIZE	CAL A=600 to 850	PRO gm	FAT gm	CHO gm	Ca+ mg	Mg+ mg	Na+ mg	Zn+ mg	C mg	B-6 mg	B-12 mcg	FIBER gm	
DATE		Fri SEPT 29															
ENTREE A	1141	CHICKEN ROTISSERIE-STYLE	MORRIS	3 OZ	226.00	23.30	13.90	0.50	17.00	0.00	187.00	0.00	0.00	0.00	0.00	0.00	
ENTREE B	388	GERMAN MEATBALLS		0 2 OZ	252.37	18.12	14.28	12.30	66.33	27.56	506.09	2.99	9.54	0.38	1.13	1.78	
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C		0 .33 CUP	60.57	1.93	0.17	13.11	30.17	NA	28.79	NA	17.14	0.01	0.09	1.14	
VEGGIE 2	1396.5	RED CABBAGE & APPLES		0 .33 CUP	65.75	0.75	2.94	9.95	23.03	8.57	45.41	0.11	27.31	0.11	0.00	1.28	
BREAD	1065	BREAD, RYE	H-2208	2.0 OZ	153.00	4.08	3.95	25.27	17.75	9.42	205.62	0.40	0.06	0.04	0.04	1.26	
DESSERT	750	CAKE, FROSTED	H-7966	2.64 OZ.	211.40	1.31	7.82	34.71	16.36	0.47	203.51	0.01	0.02	0.00	0.01	0.00	
MILK/MARG	958	MILK 1%/MARGARINE	S-1110 &	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																	
B ADD ONLY																	
ADD BOTH																	
ADD BOTH																	
TOTAL A					37.21%	845.89	38.87	34.98	94.41	384.70	50.34	828.26	1.40	46.73	0.25	0.98	3.68
TOTAL B					36.48%	872.26	33.69	35.36	106.21	434.03	77.90	1147.35	4.39	56.27	0.63	2.11	5.46
DIET SUB	1396.5	RED CABBAGE & APPLES		0 .33 CUP	65.75	0.75	2.94	9.95	23.03	8.57	45.41	0.11	27.31	0.11	0.00	1.28	
DIET SUB	887	CAKE, DIET SOURCE		0 2 x 2 EA	90.00	1.00	1.00	19.00	NA	0.00	90.00	0.00	NA	0.00	0.00	0.00	
TOTAL DIET		DIET CALCULATIONS			34.98%	724.49	38.56	28.16	78.70	368.34	49.87	714.75	1.39	46.71	0.25	0.97	3.68
DATE		Mon															
ENTREE A																	
ENTREE B																	
VEGGIE 1																	
VEGGIE 2																	
BREAD																	
DESSERT																	
MILK/MARG																	
A ADD ONLY																	
B ADD ONLY																	
ADD BOTH																	
ADD BOTH																	
TOTAL A			#DIV/0!	#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
TOTAL B			#DIV/0!	#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
DIET SUB																	
DIET SUB																	
TOTAL DIET		DIET CALCULATIONS		#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
DATE		Tues															
ENTREE A																	
ENTREE B																	
VEGGIE 1																	
VEGGIE 2																	
BREAD																	
DESSERT																	
MILK/MARG																	
A ADD ONLY																	
B ADD ONLY																	
ADD BOTH																	
ADD BOTH																	
TOTAL A			#DIV/0!	#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
TOTAL B			#DIV/0!	#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
DIET SUB																	
DIET SUB																	
TOTAL DIET		DIET CALCULATIONS		#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
DATE		Wed															
ENTREE A																	
ENTREE B																	
VEGGIE 1																	
VEGGIE 2																	
BREAD																	
DESSERT																	
MILK/MARG																	
A ADD ONLY																	
B ADD ONLY																	
ADD BOTH																	
ADD BOTH																	
TOTAL A			#DIV/0!	#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
TOTAL B			#DIV/0!	#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
DIET SUB																	
DIET SUB																	
TOTAL DIET		DIET CALCULATIONS		#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	

NWS&DS SEPT 2017 Entree A	KCAL-A 600-850	PRO gm 17.00	FAT gm	FAT% 30%	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	Vit C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00
Mon AUG 28	744.69	41.20	23.06	27.87%	94.97	374.60	85.41	802.25	4.06	40.45	0.54	1.25	7.95
Tues AUG 29	823.83	36.06	29.99	32.76%	105.59	550.00	117.23	1094.43	5.14	52.20	0.66	1.82	4.76
Wed AUG 30	672.37	30.79	19.79	26.49%	93.92	532.75	102.87	1025.20	3.15	62.22	0.46	1.99	6.36
Thurs AUG 31	940.81	44.88	33.47	32.02%	118.84	429.61	115.19	1065.20	3.12	58.05	0.91	1.23	10.29
Fri SEPT 1	675.66	35.07	22.27	29.66%	87.12	445.12	102.04	851.07	2.25	63.50	0.52	0.94	8.07
<b>WEEK 1 Total A</b>	<b>758.38</b>	<b>37.98</b>	<b>24.65</b>	<b>29.25%</b>	<b>98.71</b>	<b>445.52</b>	<b>101.38</b>	<b>935.93</b>	<b>3.15</b>	<b>56.06</b>	<b>0.61</b>	<b>1.35</b>	<b>8.17</b>
Mon SEPT 4	0.00	0.00	0.00	#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Tues SEPT 5	857.23	38.03	26.29	27.60%	120.68	426.40	114.59	1145.33	2.64	38.78	0.56	0.87	5.75
Wed SEPT 6	928.45	46.66	25.89	25.10%	129.62	835.53	148.44	1032.45	4.86	21.64	0.86	2.77	5.79
Thurs SEPT 7	659.04	42.21	17.74	24.23%	85.76	460.98	137.52	722.60	3.22	50.62	0.57	1.79	13.47
Fri SEPT 8	629.25	39.39	21.50	30.75%	71.46	467.78	117.39	1038.82	4.48	53.25	1.14	2.15	5.26
<b>WEEK 2 Total A</b>	<b>768.49</b>	<b>41.57</b>	<b>22.86</b>	<b>26.77%</b>	<b>101.88</b>	<b>547.67</b>	<b>129.48</b>	<b>984.80</b>	<b>3.80</b>	<b>41.07</b>	<b>0.78</b>	<b>1.90</b>	<b>7.57</b>
Mon SEPT 11	884.05	39.57	25.21	25.67%	127.57	407.73	121.34	687.20	4.39	45.30	0.84	1.17	4.43
Tues SEPT 12	714.96	35.90	26.56	33.43%	86.03	516.18	107.01	952.96	4.12	36.53	0.72	1.53	5.46
Wed SEPT 13	606.55	35.03	22.25	33.01%	70.57	477.28	92.73	943.56	2.14	62.85	0.49	1.08	9.15
Thurs SEPT 14	903.32	37.31	39.96	39.81%	99.49	392.41	51.89	828.37	6.12	34.87	0.34	2.64	4.57
Fri SEPT 15	655.72	36.36	20.62	28.30%	82.16	578.95	81.33	928.93	2.28	33.68	0.39	1.17	4.23
<b>WEEK 3 Total A</b>	<b>752.92</b>	<b>36.83</b>	<b>26.92</b>	<b>32.18%</b>	<b>93.16</b>	<b>474.51</b>	<b>90.86</b>	<b>868.20</b>	<b>3.81</b>	<b>42.65</b>	<b>0.56</b>	<b>1.52</b>	<b>5.57</b>
Mon SEPT 18	700.16	37.03	20.51	26.36%	94.44	494.95	117.56	936.81	2.27	38.32	0.40	1.06	6.42
Tues SEPT 19	748.95	37.80	17.63	21.19%	110.19	467.10	77.91	841.86	2.22	26.82	0.31	1.29	5.13
Wed SEPT 20	795.80	48.77	24.53	27.74%	101.35	615.77	126.47	1114.38	2.98	105.42	0.56	1.41	9.16
Thurs SEPT 21	885.73	36.25	34.80	35.36%	108.96	488.49	104.95	881.67	5.92	34.81	0.69	2.17	4.00
Fri SEPT 22	745.65	43.88	22.68	27.38%	93.07	409.66	99.06	630.96	3.39	26.04	0.73	1.37	5.42
<b>WEEK 4 Total A</b>	<b>775.26</b>	<b>40.75</b>	<b>24.03</b>	<b>27.90%</b>	<b>101.60</b>	<b>495.19</b>	<b>105.19</b>	<b>881.14</b>	<b>3.36</b>	<b>46.28</b>	<b>0.54</b>	<b>1.46</b>	<b>6.02</b>
Mon SEPT 25	830.20	40.22	22.61	24.51%	119.14	616.28	112.09	895.17	2.88	43.41	0.47	1.35	6.62
Tues SEPT 26	820.32	36.47	31.22	34.25%	100.98	405.78	108.63	1109.92	5.40	68.26	0.59	1.99	9.53
Wed SEPT 27	646.19	36.57	19.61	27.31%	82.66	594.27	110.42	872.22	4.10	51.20	0.65	1.63	5.01
Thurs SEPT 28	712.59	35.78	15.99	20.20%	109.98	418.99	140.85	1369.44	3.93	64.41	0.59	2.69	7.89
Fri SEPT 29	845.89	38.87	34.98	37.21%	94.41	384.70	50.34	828.26	1.40	46.73	0.25	0.98	3.68
<b>WEEK 5 Total A</b>	<b>771.04</b>	<b>37.58</b>	<b>24.88</b>	<b>29.04%</b>	<b>101.44</b>	<b>484.00</b>	<b>104.47</b>	<b>1015.00</b>	<b>3.54</b>	<b>54.80</b>	<b>0.51</b>	<b>1.73</b>	<b>6.55</b>
<b>MONTH AVG</b>	<b>765.22</b>	<b>38.94</b>	<b>24.67</b>	<b>29.01%</b>	<b>99.36</b>	<b>489.38</b>	<b>106.27</b>	<b>937.01</b>	<b>3.53</b>	<b>48.17</b>	<b>0.60</b>	<b>1.59</b>	<b>6.77</b>

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NWS&DS SEPT 2017 Entree B	KCAL-B 600-850	PRO gm 17.00	FAT gm	FAT% 30%	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	Vit C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00
Mon AUG 28	615.66	36.65	13.84	20.24%	87.68	379.68	86.71	786.24	5.26	37.94	1.23	51.40	9.48
Tues AUG 29	845.80	40.13	24.82	26.41%	116.44	504.59	132.56	997.21	3.61	44.13	3.28	5.41	4.55
Wed AUG 30	726.69	34.18	24.44	30.27%	95.47	497.61	98.76	927.21	4.85	75.25	0.63	2.36	6.99
Thurs AUG 31	933.69	36.06	39.05	37.64%	113.50	418.09	98.79	927.33	6.36	35.42	0.64	2.38	9.32
Fri SEPT 1	627.45	31.16	19.98	28.65%	84.38	462.03	113.29	912.89	2.79	60.68	0.72	2.54	7.93
<b>WEEK 1 Total B</b>	<b>725.87</b>	<b>34.51</b>	<b>24.33</b>	<b>30.16%</b>	<b>95.26</b>	<b>439.35</b>	<b>99.39</b>	<b>888.42</b>	<b>4.82</b>	<b>52.32</b>	<b>0.81</b>	<b>14.67</b>	<b>8.43</b>
Mon SEPT 4	0.00	0.00	0.00	#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Tues SEPT 5	944.06	30.66	45.21	43.10%	106.79	401.62	105.41	1543.80	2.51	37.21	0.48	0.87	4.45
Wed SEPT 6	908.22	37.57	30.39	30.12%	123.37	1020.94	125.06	1038.24	4.35	27.00	0.42	2.55	6.18
Thurs SEPT 7	814.17	43.71	34.97	38.66%	84.92	460.62	178.41	776.92	4.37	36.72	0.81	1.95	13.98
Fri SEPT 8	691.36	35.46	25.92	33.74%	63.39	399.68	83.30	846.95	1.90	50.81	0.52	1.03	4.17
<b>WEEK 2 Total B</b>	<b>839.45</b>	<b>36.85</b>	<b>34.12</b>	<b>36.58%</b>	<b>94.61</b>	<b>570.71</b>	<b>123.04</b>	<b>887.37</b>	<b>3.28</b>	<b>37.93</b>	<b>0.56</b>	<b>1.60</b>	<b>7.19</b>
Mon SEPT 11	802.43	39.57	24.92	27.95%	106.79	397.92	118.11	562.74	4.65	37.31	0.91	1.69	4.43
Tues SEPT 12	773.98	31.28	33.85	39.36%	89.58	532.42	107.98	1131.41	4.60	37.80	0.61	2.14	6.18
Wed SEPT 13	571.57	27.33	20.40	32.12%	69.67	378.25	93.28	1152.28	2.16	58.06	0.49	1.08	6.16
Thurs SEPT 14	873.18	30.27	28.25	29.11%	116.59	391.85	49.86	911.46	1.45	34.36	0.43	1.03	5.24
Fri SEPT 15	673.23	30.80	25.49	34.08%	81.22	716.69	87.53	1140.70	3.75	27.12	0.39	2.13	1.70
<b>WEEK 3 Total B</b>	<b>738.88</b>	<b>31.85</b>	<b>26.58</b>	<b>32.38%</b>	<b>92.77</b>	<b>483.43</b>	<b>91.35</b>	<b>979.72</b>	<b>3.32</b>	<b>38.93</b>	<b>0.57</b>	<b>1.61</b>	<b>4.74</b>
Mon SEPT 18	698.29	36.30	22.76	29.33%	88.97	425.31	118.24	1021.47	7.00	36.21	0.58	2.85	4.78
Tues SEPT 19	904.30	41.82	33.72	33.56%	109.18	421.08	100.91	1008.00	6.38	29.91	0.80	3.24	6.50
Wed SEPT 20	789.30	40.62	22.73	25.92%	107.51	590.46	137.72	966.38	3.04	130.92	0.54	1.37	6.95
Thurs SEPT 21	699.06	32.90	26.11	33.62%	84.91	798.06	102.27	689.41	3.76	29.84	0.57	1.88	4.92
Fri SEPT 22	912.65	37.83	40.77	40.21%	101.52	471.72	106.34	969.71	5.44	31.83	0.72	2.77	6.58
<b>WEEK 4 Total B</b>	<b>800.72</b>	<b>37.89</b>	<b>29.22</b>	<b>32.84%</b>	<b>98.42</b>	<b>541.32</b>	<b>113.10</b>	<b>930.99</b>	<b>5.12</b>	<b>51.74</b>	<b>0.64</b>	<b>2.42</b>	<b>5.95</b>
Mon SEPT 25	839.85	33.22	26.28	28.16%	124.49	515.47	146.48	920.83	4.46	44.35	0.74	1.57	13.80
Tues SEPT 26	759.36	36.92	18.25	21.63%	113.43	392.12	194.89	1151.11	102.03	82.17	100.51	100.88	7.97
Wed SEPT 27	736.29	34.82	27.12	33.15%	90.02	401.51	110.45	879.88	4.83	31.40	0.68	2.29	6.46
Thurs SEPT 28	865.69	39.49	29.03	30.18%	113.51	906.80	113.62	828.26	4.26	58.88	0.70	1.77	3.26
Fri SEPT 29	872.26	33.69	35.36	36.48%	106.21	434.03	77.90	1147.35	4.39	56.27	0.63	2.11	5.46
<b>WEEK 5 Total B</b>	<b>814.69</b>	<b>35.63</b>	<b>27.21</b>	<b>30.06%</b>	<b>109.53</b>	<b>529.99</b>	<b>128.67</b>	<b>985.49</b>	<b>24.00</b>	<b>54.61</b>	<b>20.65</b>	<b>21.72</b>	<b>7.39</b>
<b>MONTH AVG</b>	<b>783.92</b>	<b>35.35</b>	<b>28.29</b>	<b>32.48%</b>	<b>98.12</b>	<b>512.96</b>	<b>111.11</b>	<b>934.40</b>	<b>8.11</b>	<b>47.11</b>	<b>4.64</b>	<b>8.41</b>	<b>6.74</b>

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NWS&DS SEPT 2017 Diet Entree A	KCALS DIET 600-850	PRO gm 17.00	FAT gm	FAT% 30%	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	Vit C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00
Mon AUG 28	744.69	41.20	23.06	27.87%	94.97	374.60	85.41	802.25	4.06	40.45	0.54	1.25	7.95
Tues AUG 29	748.32	36.03	28.49	34.26%	87.85	547.20	109.12	1043.17	5.13	38.73	0.65	1.82	4.75
Wed AUG 30	672.37	30.79	19.79	26.49%	93.92	532.75	102.87	1025.20	3.15	62.22	0.46	1.99	6.36
Thurs AUG 31	860.72	43.74	30.14	31.52%	106.15	425.90	117.80	1021.74	3.13	58.04	0.90	1.19	9.82
Fri SEPT 1	675.66	35.07	22.27	29.66%	87.12	445.12	102.04	851.07	2.25	63.50	0.52	0.94	8.07
<b>WEEK 1 Total Die</b>	<b>738.36</b>	<b>37.70</b>	<b>23.81</b>	<b>29.03%</b>	<b>95.54</b>	<b>444.59</b>	<b>102.03</b>	<b>925.06</b>	<b>3.15</b>	<b>56.05</b>	<b>0.61</b>	<b>1.34</b>	<b>8.05</b>
Mon SEPT 4	0.00	0.00	0.00	#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Tues SEPT 5	773.02	36.30	24.34	28.34%	103.89	425.41	110.34	1060.68	2.53	36.32	0.52	0.87	4.89
Wed SEPT 6	825.21	45.10	23.22	25.33%	110.99	801.46	129.46	1081.67	4.46	21.84	0.84	2.53	4.76
Thurs SEPT 7	659.04	42.21	17.74	24.23%	85.76	460.98	137.52	722.60	3.22	50.62	0.57	1.79	13.47
Fri SEPT 8	629.25	39.39	21.50	30.75%	71.46	467.78	117.39	1038.82	4.48	53.25	1.14	2.15	5.26
<b>WEEK 2 Total Die</b>	<b>721.63</b>	<b>40.75</b>	<b>21.70</b>	<b>27.06%</b>	<b>93.02</b>	<b>538.91</b>	<b>123.68</b>	<b>975.94</b>	<b>3.67</b>	<b>40.51</b>	<b>0.77</b>	<b>1.84</b>	<b>7.09</b>
Mon SEPT 11	832.08	38.75	24.53	26.54%	115.90	400.27	110.71	740.70	4.23	44.37	0.86	1.18	5.61
Tues SEPT 12	714.96	35.90	26.56	33.43%	86.03	516.18	107.01	952.96	4.12	36.53	0.72	1.53	5.46
Wed SEPT 13	562.02	32.39	22.19	35.53%	62.15	475.61	84.80	848.16	1.85	65.01	0.45	1.08	6.08
Thurs SEPT 14	781.92	37.00	33.14	38.14%	83.78	376.05	51.42	714.86	6.11	34.85	0.34	2.63	4.57
Fri SEPT 15	594.20	36.97	19.23	29.13%	67.22	578.21	81.84	847.16	2.28	29.03	0.39	1.17	4.23
<b>WEEK 3 Total Die</b>	<b>697.04</b>	<b>36.20</b>	<b>25.13</b>	<b>32.45%</b>	<b>83.02</b>	<b>469.26</b>	<b>87.16</b>	<b>820.77</b>	<b>3.72</b>	<b>41.96</b>	<b>0.55</b>	<b>1.52</b>	<b>5.19</b>
Mon SEPT 18	700.16	37.03	20.51	26.36%	94.44	494.95	117.56	936.81	2.27	38.32	0.40	1.06	6.42
Tues SEPT 19	582.17	36.13	12.04	18.62%	82.07	454.25	60.92	839.01	1.97	26.73	0.29	1.29	5.04
Wed SEPT 20	795.80	48.77	24.53	27.74%	101.35	615.77	126.47	1114.38	2.98	105.42	0.56	1.41	9.16
Thurs SEPT 21	885.73	36.25	34.80	35.36%	108.96	488.49	104.95	881.67	5.92	34.81	0.69	2.17	4.00
Fri SEPT 22	620.56	42.13	16.69	24.21%	75.49	359.17	79.45	551.55	2.97	24.89	0.66	1.31	4.57
<b>WEEK 4 Total Die</b>	<b>716.88</b>	<b>40.06</b>	<b>21.72</b>	<b>27.26%</b>	<b>92.46</b>	<b>482.52</b>	<b>97.87</b>	<b>864.68</b>	<b>3.22</b>	<b>46.03</b>	<b>0.52</b>	<b>1.45</b>	<b>5.84</b>
Mon SEPT 25	830.20	40.22	22.61	24.51%	119.14	616.28	112.09	895.17	2.88	43.41	0.47	1.35	6.62
Tues SEPT 26	820.32	36.47	31.22	34.25%	100.98	405.78	108.63	1109.92	5.40	68.26	0.59	1.99	9.53
Wed SEPT 27	646.19	36.57	19.61	27.31%	82.66	594.27	110.42	872.22	4.10	51.20	0.65	1.63	5.01
Thurs SEPT 28	728.67	35.36	20.13	24.86%	102.52	405.60	139.00	1253.56	3.90	59.23	0.60	2.69	7.83
Fri SEPT 29	724.49	38.56	28.16	34.98%	78.70	368.34	49.87	714.75	1.39	46.71	0.25	0.97	3.68
<b>WEEK 5 Total B</b>	<b>749.98</b>	<b>37.44</b>	<b>24.34</b>	<b>29.21%</b>	<b>96.80</b>	<b>478.05</b>	<b>104.00</b>	<b>969.12</b>	<b>3.54</b>	<b>53.76</b>	<b>0.51</b>	<b>1.73</b>	<b>6.53</b>
<b>MONTH AVG</b>	<b>724.78</b>	<b>38.43</b>	<b>23.34</b>	<b>28.98%</b>	<b>92.17</b>	<b>482.67</b>	<b>102.95</b>	<b>911.12</b>	<b>3.46</b>	<b>47.66</b>	<b>0.59</b>	<b>1.57</b>	<b>6.54</b>

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NWS&DS SEPT 2017 AVERAGE ALL	KCALS DIET 600-850	PRO gm 17.00	FAT gm	FAT% 30%	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	Vit C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00
Mon AUG 28	701.68	39.68	19.99	25.64%	92.54	376.29	85.84	796.91	4.46	39.61	0.77	17.97	8.46
Tues AUG 29	805.98	37.41	27.77	31.01%	103.29	533.93	119.64	1044.94	4.63	45.02	1.53	3.02	4.69
Wed AUG 30	690.48	31.92	21.34	27.82%	94.44	521.04	101.50	992.54	3.72	66.56	0.52	2.11	6.57
Thurs AUG 31	911.74	41.56	34.22	33.78%	112.83	424.53	110.59	1004.76	4.20	50.50	0.82	1.60	9.81
Fri SEPT 1	659.59	33.76	21.50	29.34%	86.21	450.75	105.79	871.67	2.43	62.56	0.59	1.47	8.02
<b>WEEK 1 AVG ALL</b>	<b>740.87</b>	<b>36.73</b>	<b>24.26</b>	<b>29.47%</b>	<b>96.50</b>	<b>443.15</b>	<b>100.93</b>	<b>916.47</b>	<b>3.70</b>	<b>54.81</b>	<b>0.67</b>	<b>5.79</b>	<b>8.22</b>
Mon SEPT 4	0.00	0.00	0.00	#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Tues SEPT 5	858.10	35.00	31.95	33.51%	110.45	417.81	110.11	1249.94	2.56	37.44	0.52	0.87	5.03
Wed SEPT 6	887.30	43.11	26.50	26.88%	121.32	885.98	134.32	1050.78	4.56	23.49	0.71	2.62	5.57
Thurs SEPT 7	710.75	42.71	23.48	29.74%	85.48	460.86	151.15	740.71	3.60	45.98	0.65	1.84	13.64
Fri SEPT 8	649.96	38.08	22.97	31.81%	68.77	445.08	106.03	974.87	3.62	52.44	0.93	1.78	4.90
<b>WEEK 2 AVG ALL</b>	<b>776.53</b>	<b>39.72</b>	<b>26.23</b>	<b>30.40%</b>	<b>96.50</b>	<b>552.43</b>	<b>125.40</b>	<b>1004.07</b>	<b>3.58</b>	<b>39.84</b>	<b>0.70</b>	<b>1.78</b>	<b>7.28</b>
Mon SEPT 11	839.52	39.29	24.89	26.68%	116.75	401.97	116.72	663.54	4.42	42.32	0.87	1.35	4.82
Tues SEPT 12	734.63	34.36	28.99	35.51%	87.21	521.59	107.33	1012.44	4.28	36.95	0.68	1.73	5.70
Wed SEPT 13	580.05	31.58	21.61	33.53%	67.46	443.72	90.27	981.33	2.05	61.98	0.48	1.08	7.13
Thurs SEPT 14	852.80	34.86	33.78	35.65%	99.96	386.77	51.06	818.23	4.56	34.70	0.37	2.10	4.80
Fri SEPT 15	641.05	34.71	21.78	30.58%	76.87	624.62	83.57	972.26	2.77	29.94	0.39	1.49	3.39
<b>WEEK 3 AVG ALL</b>	<b>729.61</b>	<b>34.96</b>	<b>26.21</b>	<b>32.33%</b>	<b>89.65</b>	<b>475.73</b>	<b>89.79</b>	<b>889.56</b>	<b>3.62</b>	<b>41.18</b>	<b>0.56</b>	<b>1.55</b>	<b>5.17</b>
Mon SEPT 18	699.54	36.79	21.26	27.35%	92.62	471.74	117.79	965.03	3.85	37.62	0.46	1.66	5.87
Tues SEPT 19	745.14	38.58	21.13	25.52%	100.48	447.48	79.91	896.29	3.52	27.82	0.46	1.94	5.55
Wed SEPT 20	793.63	46.05	23.93	27.14%	103.40	607.33	130.22	1065.05	3.00	113.92	0.55	1.40	8.42
Thurs SEPT 21	823.51	35.13	31.90	34.87%	100.94	591.68	104.06	817.58	5.20	33.15	0.65	2.07	4.31
Fri SEPT 22	759.62	41.28	26.72	31.65%	90.03	413.51	94.95	717.40	3.93	27.59	0.70	1.82	5.53
<b>WEEK 4 AVG ALL</b>	<b>764.29</b>	<b>39.57</b>	<b>24.99</b>	<b>29.43%</b>	<b>97.49</b>	<b>506.35</b>	<b>105.38</b>	<b>892.27</b>	<b>3.90</b>	<b>48.02</b>	<b>0.57</b>	<b>1.78</b>	<b>5.94</b>
Mon SEPT 25	833.42	37.89	23.83	25.74%	120.92	582.68	123.55	903.72	3.41	43.72	0.56	1.42	9.01
Tues SEPT 26	800.00	36.62	26.89	30.25%	105.13	401.23	137.38	1123.65	37.61	72.90	33.90	34.95	9.01
Wed SEPT 27	676.22	35.99	22.11	29.43%	85.11	530.02	110.43	874.77	4.34	44.60	0.66	1.85	5.49
Thurs SEPT 28	768.98	36.88	21.72	25.42%	108.67	577.13	131.16	1150.42	4.03	60.84	0.63	2.38	6.33
Fri SEPT 29	814.22	37.04	32.83	36.29%	93.11	395.69	59.37	896.78	2.40	49.91	0.38	1.36	4.27
<b>WEEK 5 AVG ALL</b>	<b>778.57</b>	<b>36.88</b>	<b>25.48</b>	<b>29.45%</b>	<b>102.59</b>	<b>497.35</b>	<b>112.38</b>	<b>989.87</b>	<b>10.36</b>	<b>54.39</b>	<b>7.23</b>	<b>8.39</b>	<b>6.82</b>
<b>MONTH AVG ALL</b>	<b>757.97</b>	<b>37.57</b>	<b>25.43</b>	<b>30.20%</b>	<b>96.55</b>	<b>495.00</b>	<b>106.78</b>	<b>938.45</b>	<b>5.03</b>	<b>47.65</b>	<b>1.94</b>	<b>3.86</b>	<b>6.68</b>

*c Bateman Community Living*

*B.Cloninger, MS, RD 7/11/2017*