

## 2007-2008 APPLICATION SUMMARY

**PROGRAM TITLE:** Caregiver Support Group and Training

**PROVIDER:** Cascade Health Solutions

**DESCRIPTION:** The National Family Caregiver Support Program is intended to provide a “multifaceted system of support services” to eligible unpaid caregivers:

1) 60 years of age and older who are caring for a related child, under the age of 18; and/or 2) caregivers of any age who are caring for an individual over the age of 60 who require assistance with two or more Activities of Daily Living (ADL).

- Caregiver Support Group service is a two hour support group session comprised of seniors, age 60+ who are unpaid caregivers, or individuals under the age of 60, who are unpaid caregivers caring for seniors. The caregiver support groups are open to eligible caregivers in need of emotional support and education. Support groups are facilitated by the Manager of the Cascade Adult Center and/or qualified volunteers. Support groups are not group therapy; individuals whose emotional needs are beyond the scope of the support group facilitators will be referred to appropriate community resources.

The support groups will be offered every Tuesday and Wednesday, from 1:00 pm to 3:00 pm, at the Cascade Adult Center, 996 Jefferson, Eugene Oregon.

- Caregiver Training is a two hour training session comprised of seniors, age 60+, who are unpaid caregivers, or individuals under the age of 60, who are unpaid caregivers caring for seniors. The training is to be organized and supported by personnel from Cascade Adult Center. The training offers assistance to caregivers who are in need of educational support stemming from life changes due to caregiving.

Respite Care will be provided in the Cascade Adult Center during the two hours of caregiver support groups and/or training. Respite care will be paid thru the Senior Connections Program as per a separate interagency agreement.

**SERVICE OBJECTIVES:** Please refer to the comparative summary section of this report for the number of units of services to be provided and the unduplicated number of persons to be served by each service.

**METHOD OF SERVICE PROVISION:** Service will be coordinated by the Program Coordinator. Staff will consist of the following positions:

Program Coordinator	Andrea Gillispie	20 hours per week
Director	Teri Strong PHD	02 hours per month
Billing Support	Angela Lecher	01 hours per week
Support Group Facilitators	Fern McKibban RN	02 hours per week
each	Martha Tippetts	
	Mary Ann Connely	
	Aline Prince	
	Ruth Crane	

**CAREGIVER SUPPORT SERVICES MONITORING SUMMARY:**

This past year the Procurement and Monitoring Committee (PMC) completed two site visits to the Caregiver Support Group and Training Program. Liaison visits were also conducted by the Contract Manager on a regular basis. Issues addressed during the above-mentioned visits included: 1) Review of the Older Americans Act monthly report; 2) Review of the program’s compliance with contract provisions; 3) Caregiver support group and training review; 4) Review of the program’s client files; and 5) Review of program coordination with the S&DS Caregiver program. The committee noted that the program meets its goals and objectives and provides quality support group and training to eligible caregivers in Lane County.

**REVENUE SUMMARY:**

OAA Funds (III-E)	\$ 1,999	Training
	\$10,082	Support Group
Fees	0	
Agency Support (Match)	\$ 684	Training
<u>Agency Support (Match)</u>	<u>\$10,332</u>	Support Groups
<b>Total Budget</b>	<b>\$23,097</b>	

Additional Match (In-kind Volunteers): \$ 10,185  
 Required Match is \$ 3,367

**UNIT OF SERVICE DEFINITIONS:**

**1. Caregiver Support Group:** is defined as a two hour support group session with a

senior, age 60+, who is an unpaid caregiver or someone under 60 who is an unpaid caregiver for a senior. Services are designed for caregivers who are in need of emotional support stemming from life changes due to caring for a family member with a chronic illness or disability.

**Unit of Service:** One Unit of Service is a two hour session. Each client participating in the group counts as a unit of service.

**2. Caregiver Training:** is a two hour training session with a senior, age 60+, who is an unpaid caregiver or someone under 60, who is an unpaid caregiver for a senior. Services are designed for caregivers who are in need of education stemming from life changes due to caring for a family member with a chronic illness or disability.

**Unit of Service:** One person served is counted as one unit of service.

**CAREGIVER SUPPORT SERVICES  
COMPARATIVE SUMMARY (OAA/III-E Funds) Does not include Match**

	<b>2005-06 Actual</b>	<b>2006-07 Proposed</b>	<b>2006-07 Thru 2-28-07 (67%)</b>	<b>2007-08 Propose d</b>
<b>Units of Services Training Support Group</b>	318 1315	300 1,515	118 (39%) 760 (50%)	300 1,515
<b>Persons Served (Unduplicated) Training Support Group</b>	109 66	60 50	35 (70%) 51 (100%)	60 50
<b>LCOG funds Training Support Group</b>	\$2,265 \$9,936	\$ 2,245 \$11,328	\$892 (39%) \$5,745 (40%)	\$ 1,999 \$10,082
<b>Unit Rate *</b>	\$7.55	\$7.48	\$ 7.55	\$6.66

\* The unit rate for support groups and training is the same

**COMMENTS:**

1) The number of units of service and the unduplicated number of clients served remains the same as in FY 2006-07, despite the fact that the OAA award was reduced. For this reason, the FY 2007-08 unit rate is \$.89 less than this year.

2) The total in-kind provided by the Support Group and Training program totals \$10,185. The program is utilizing more volunteers than last year whose time is being counted towards the in-kind.

3) There are no major changes in the program.

**PMC RECOMMENDATION:** That the SSAC that LCOG accept the application submitted by Cascade Health Solutions to operate the Caregiver Support Group and Training Program from July 1, 2007 thru June 30, 2008, and that the program be awarded up to \$1,999 (\$1,430 of III-E & \$569 of III-B) for training and \$ 10,082 (\$7,251 of III-E & \$2,831 of III-B) for support groups of Older Americans Acts funds, pursuant to the application, payable as outlined in the Comparative Summary on page three of this report.

