

## *The Program*

Senior & Disabled Services is pleased to offer Oregon Project Independence (OPI) services to residents of Lane County.

OPI provides *limited* in-home services to people 60 and older who need help in order to continue living independently in their own homes. Some OPI services are also available to adults (over 18 years) with dementia.

The goal of OPI is to promote quality of life and independence by preventing inappropriate or premature placement in a nursing home.

OPI is a state program, created and funded by the Oregon State Legislature.

*“I am a very independent woman, and I am determined to continue living in my own home as long as I can. I need just a little bit of help to get by, and Oregon Project Independence makes all the difference for me. A caregiver visits me a few times each week to help me bathe and dress. Your program is wonderful.*

*Thank you!”*

*— OPI client*

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It is the policy of Senior & Disabled Services that it shall not discriminate in admission, accessibility, treatment, or employment in its programs, activities, and facilities on the basis of race, creed, color, sex, age, ancestry, national origin, sexual orientation, political beliefs, religion, or disability.

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# OREGON PROJECT INDEPENDENCE



*A program of*  
**SENIOR & DISABLED SERVICES**  
*a division of Lane Council of Governments*

## ***Services to help you stay in your own home:***

A staff person works with you to establish a care plan based on your individual needs.

### ***Personal Care***

- A caregiver may provide assistance with bathing, feeding, dressing, toileting, or ambulation.

If you need personal care and have housekeeping needs, you may also receive:

### ***Home Care***

- Shopping
- Meal preparation
- Basic house cleaning
- Laundry/bed change

### ***Money Management***

- Assistance with budgeting and bill paying.

### ***Meals on Wheels***

- Home delivery of hot, nutritious meals (as funding allows).

## ***Who is eligible?***

### ***Two groups qualify:***

- Persons 60 years or older who need personal care; and
- Adults (18 years and older) with dementia (Alzheimer's Disease and related illnesses) who need personal and home care.
- There are no resource qualifications or limits.

## ***How to apply:***

- The application is simple to complete. Call an office to schedule for an appointment.
- Application appointments are conducted in your home. Staff will help you complete the application.

## ***Cost:***

- A sliding fee schedule is used to determine an individual's or a couple's cost for service. It is based on adjusted monthly income (gross income minus out-of-pocket medical expenses).

## ***Cost (continued)***

- Persons with very low income receive services at no charge.

*For information about this or any of our agency's programs for seniors and adults with disabilities, contact:*

### ***SENIOR & DISABLED SERVICES OFFICES***

#### ***Main Office***

*1015 Willamette Street  
Eugene, Oregon 97401-3178  
(541) 682-4038  
TTY: (541) 682-4567*

#### ***Florence Office***

*3180 Highway 101 North  
(541) 902-9430, Ext. 7831  
TTY: (541) 682-4567*

#### ***Cottage Grove Office***

*37 North 6<sup>th</sup> Street  
Cottage Grove, OR 97424-2011  
(541) 682-7800 or (541) 942-5577  
TTY: (541) 682-7821*

***1-800-441-4038***

***(toll free for all outlying areas)***

*Web: [www.sdslane.org](http://www.sdslane.org)*

*If you, or someone you know, needs this brochure in an alternative format, please contact S&DS.*