



Community Services for Seniors and Family Caregivers

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## Places to Get Help with the Medicare Drug Plan

- **Medicare:**

Open 7 days a week, 24 hours a day by using the phone or by using the computer

- This is the most important site and can be used to enroll you in a Medicare Part D plan. They also provide the most up to date and detailed information about the different plans.
- 1-800-MEDICARE (1-800-633-4227) TTY/TDD 1-877-486-0778
- Centers for Medicare & Medicaid Services, 7500 Security Boulevard, Baltimore MD 21244-1850
- *Find a Medicare Prescription Drug Plan:*  
<http://www.medicare.gov/MPDPF/Public/Include/DataSection/Questions/MPDPFIntro.asp>
- *Local Plans Available:* <http://www.medicare.gov/medicarerereform/map.asp>
- *Medicare Prescription Drug Plan Cost Estimator:*  
[http://www.medicare.gov/medicarerereform/MPDP\\_Cost\\_Estimator.asp](http://www.medicare.gov/medicarerereform/MPDP_Cost_Estimator.asp)

- **To Be Notified of Upcoming Information Events and/or enrollment sites**

- If you want to go to more talks about the Medicare prescription Drug plan, you can view the events calendar at  
<http://www.sdslane.org/meetings/medicare.html>.
- If you think you may need assistance with enrollment please call the numbers below. With the help of the United Way, this group will take your name down and may be able to set up a time to help you enroll on the computer.
- Call 1-866-329-0514 and leave a message with your contact information.
- E-mail [medicarerx@eschelon.com](mailto:medicarerx@eschelon.com)

- **“Medicare & You 2006” Handbook:**

- Each person who currently has Medicare received a “Medicare & You 2006” handbook. This handbook gives a complete Medicare picture; however, the information is fairly lengthy and detailed.

- **Center for Medicare and Medicaid Services (CMS):** Open Monday through Friday, 8:00 AM to 5:00 PM

- Administers the Medicare Prescription Drug Plans and can assist with the rules and regulations.
- 1-877-267-2323 TTY / TDD 1-866-226-1819
- *Formulary Finder:*  
<http://plancompare.medicare.gov/formularyfinder/selectstate.asp>

- **Social Security:**

Open Monday through Friday 7:00 AM to 7:00 PM

- If you would like information about the limited-income subsidy (LIS), please contact the Social Security Administration. They can give you the qualifying income and resource limits and send the necessary paperwork to you.
- 1-800-772-1213 TTY/TDD 1-800-325-0778
- <http://www.ssa.gov/organizations/medicareoutreach2>

- **Senior Health Insurance Benefits Assistance (SHIBA):**

- SHIBA is helping people enroll in Medicare Part D. They may be able to give you more information on the local sites assisting with enrollment. They should also be able to help with general questions regarding Medicare Part D.
- 1-800-722-4134 / 1-503-947-7884
- <http://www.oregonshiba.org>
- <http://www.oregon.gov/DCBS/SHIBA/index.shtml>

- **Department of Human Services (DHS):**

- The site has a great overview, glossary, and training materials to help explain the Medicare Part D Plan.
- [www.oregon.gov/dhs/MMA](http://www.oregon.gov/dhs/MMA)

- **The Access to Benefits Coalition:**

- [www.accesstobenefits.org](http://www.accesstobenefits.org) This website helps you determine if Medicare Prescription Drug Plan is right for you and whether your current insurance is adequate to meet your needs.
- 300 D Street SW, Suite 801 Washington, DC 20024
- Phone: 1-202-479-6670 / Fax: 1-202-479-0735
- E-mail [info@accesstobenefits.org](mailto:info@accesstobenefits.org)

## How to Volunteer

- **Contact the United Way!**

- Many people in Lane County will need assistance enrolling in Medicare Assurances Drug Plan. United Way will be coordinating volunteers in cooperation with SHIBA. **Training will be provided for you.**
- Call United Way of Lane County at 1-541-741-6000 x121 and ask for the Volunteer Center.
- Their office is located at 3171 Gateway Loop Springfield, OR 97477

## How to Schedule a Presentation for Your Group

- **Contact Brent Wood!**

- Brent Wood, Medicare Prescription Drug Outreach Worker at Senior & Disabled Service's **Senior Connections**, will discuss this important subject throughout Lane County. Please call Brent to schedule a time for your organization, club, church, business, or other groups.
- Call Brent at Senior Connections at (541) 682-3769.
- E-mail [bwood@lcog.org](mailto:bwood@lcog.org)