



**Senior Connections** connects seniors and family care givers with information and essential services. We help seniors **remain and lead independent lives in the familiarity of their own homes.** This important connection is vital for **good health, dignity and happiness** in the lives of so many Lane County seniors.

Here is just one of our connections:

*Born November 28, 1921, Roy D. was the 4<sup>th</sup> child in a family of 8 children. Growing up on a farm in Minnesota there were a lot of chores. The family grew wheat, oats, barley and flax. Roy helped milk 25 cows along with raising chickens, geese and turkeys. During those years families would gather together and go visiting. Roy recounts when someone came to visit, his mother would set the table and seat the guests first. If there was room for anyone else, then they could eat too. After the guests finished, dishes were cleared and washed and the table reset for his family to eat their dinner. Roy says, "People took a lot more time to visit then."*



*Roy's childhood farm was a log cabin; they slept on straw tic beds. He said, "Six of us kids would sleep in the same bed, three with heads at one end and three with heads at the other, which*

*meant you had someone's toes in your face!"*

*Roy and Margaret married in 1949 and lived on a farm in Minnesota. Then they moved to Illinois when Caterpillar opened a plant where Roy was an*

*equipment operator. In 1966, they came to Oregon. He worked for 25 years in grounds maintenance. They adopted and raised three children, and now have 9 grandchildren.*

*Roy enjoys people and is a regular at the local senior meal dining room. He frequently will entertain the guests at the site by playing his accordion.*

**Senior Connections** has helped Roy and Margaret with rides to medical appointments, energy assistance, help understanding correspondence and insurance statements, information and referral, medication management, housecleaning and respite through the family caregiver support program. We are also the connection for their children who live out of town.

**Senior Connections is here for seniors  
just like Roy and Margaret throughout Lane County.  
Senior Connections is here to help them  
remain living in their own homes.**

**Please join us in helping seniors like Roy and Margaret  
by sending a gift to Senior Connections.  
Your tax-deductible gift for older adults will  
do much to build healthier, happier,  
independent lives for our frail elderly in Lane County.**

