

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>♥ <b>Cream Turkey &amp; Vegt or Braised Beef Tips</b> Whipped Potatoes Whole Kernel Corn Whole Wheat Bread Butterscotch Bar</p> <p style="text-align: right;">1</p>	<p>♥ <b>Western Pork Stew or King Ranch Chicken Bake</b> Cut Green Beans Garden Vegetable Salad Cornmeal Roll Pineapple Tidbits</p> <p style="text-align: right;">2</p>	<p>♥ <b>Chicken Brst Supreme or Roast Pork w/Gravy</b> Whipped Potatoes Mixed Vegetables Oat Bran Bread Poke'n Pour Cake</p> <p style="text-align: right;">3</p>	<p>♥ <b>Smokehouse Ribbette or Tuna Loaf w/Cream Sc</b> Creamed Potatoes Green Peas French Bread Cowboy Cookie</p> <p style="text-align: right;">4</p>	<p>♥ <b>Chick Salad Sand Half or Egg Salad Sand Half</b> on Whole Wheat Bread Tomato Spinach Pasta Soup Marinated Vegetable Salad Chocolate Fluff</p> <p style="text-align: right;">5</p>
<p>♥ <b>Chicken Patty w/Gravy or Liver &amp; Onions w/Gravy</b> Whipped Potatoes Steamed Carrots Oatmeal Bread Applesauce Cake</p> <p style="text-align: right;">8</p>	<p>♥ <b>BBQ Chicken Sandwich or Kielbasa Sausage</b> on a Bun Baked Beans Lime Perfection Salad Cinnamon Pear Cobbler</p> <p style="text-align: right;">9</p>	<p>♥ <b>Shaved Beef Sand Half or Shaved Ham Sand Half</b> on Whole Wheat Bread Lentil Soup Creamy Coleslaw Hermit Bar</p> <p style="text-align: right;">10</p>	<p>♥ <b>Chicken &amp; Dumplings or Macaroni &amp; Cheese w/Multigrain Roll</b> Broccoli Cuts Pear &amp; Cheese Salad Butterscotch Pudding</p> <p style="text-align: right;">11</p>	<p>♥ <b>Chili w/Beef &amp; Beans or Zucchini Vegt Lasagna</b> Whole Kernel Corn Spinach Romaine Salad Potato Wheat Roll Orange Whip</p> <p style="text-align: right;">12</p>
<p>♥ <b>Baked Beef Rigatoni or Chicken Rice Bake</b> Broccoli Cuts Pickled Beets Oat Bran Roll Banana Pudding</p> <p style="text-align: right;">15</p>	<p>♥ <b>Meatloaf Sandwich Half or Two Cheese Sand Half</b> on Whole Wheat Bread Navy Bean Soup Country Coleslaw Ice Cream Cup</p> <p style="text-align: right;">16</p>	<p>♥ <b>Irish Beef Stew or Beef Cabbage Bake</b> Green Peas Romaine Iceberg Salad Rye Bread Shamrock Bar</p> <p style="text-align: right;">17</p>	<p>♥ <b>Turk Loaf w/Poultry Gvy or Veal w/Scallopini Sauce</b> Whipped Potatoes Country Trio Vegetables Seven Grain Bread Molasses Cookie</p> <p style="text-align: right;">18</p>	<p>♥ <b>Brd Bkd Fish w/Dill Sc or Baked Ham w/Raisin Sc</b> Colcannon Potatoes Cut Green Beans Multigrain Bread Zucchini Brownie</p> <p style="text-align: right;">19</p>
<p>♥ <b>Oriental Rice w/Ham or Chicken Chow Mein</b> Green Peas &amp; Onions Marin Spring Garden Salad Sunflower Seed Roll Cherry Whip</p> <p style="text-align: right;">22</p>	<p>♥ <b>Scall Potatoes &amp; Tk Ham or Layered Grnd Beef Bk</b> Chuckwagon Corn Garden Vegetable Salad Cornbread Cinnamon Sugar Cookie</p> <p style="text-align: right;">23</p>	<p>♥ <b>Turkey Salad or Krab Salad</b> with Whole Wheat Roll Vegetarian Vegetable Soup Carrot Pineapple Salad Applesauce</p> <p style="text-align: right;">24</p>	<p>♥ <b>Meatloaf w/Gravy or Orange Glazed Chicken</b> Whipped Potatoes Mixed Vegetables Bran Wheat Bread Rice Pudding or Birthday Cake</p> <p style="text-align: right;">25</p>	<p>♥ <b>Seafood Patty w/Tartar or HS Pork Patty w/Gravy</b> Lyonnaise Potatoes Broccoli Cuts Cracked Wheat Bread Birthday Cake</p> <p style="text-align: right;">26</p>
<p>♥ <b>Roast Turkey w/Gravy or Beef Swiss Style Patty</b> Whipped Potatoes Country Trio Vegetables Dill Bread Chocolate Chip Cookie</p> <p style="text-align: right;">29</p>	<p>♥ <b>Beef Spanish Rice or Vegetable Cheese Strata</b> Cut Green Beans Spinach Romaine Salad Cornmeal Roll Gelatin Jewels w/Whipped Topping</p> <p style="text-align: right;">30</p>	<p>♥ <b>Lima Beans &amp; Tk Ham or Shepherd's Pie</b> Broccoli Cuts Carrot Raisin Salad French Roll Baked Custard or Birthday Cake</p> <p style="text-align: right;">31</p>	<p style="text-align: center;">Suggested Donation: \$3.85 per meal (Dining Room) \$3.95 per meal (MOW) ..... 1% Milk served with all meals</p>	<p style="text-align: center;"><b>SENIOR &amp; DISABLED SERVICES</b></p> <p style="text-align: center;"><b>MARCH 2010</b></p>