

NWS&DS REV MENU # APRIL 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 BEEF CHILI w/BEANS CHKN & PENNE PASTA Cut Green Beans Mar Sprg Garden Salad Seven Grain Roll Mixed Fruit Cup	4 BEEF SPANISH RICE KING RANCH TKY BAKE Herbed Carrots Spinach Romaine Salad Multigrain Roll Cinnamon Applesauce	5 BKD CHKN SUPREME MEATLOAF w/CREOLE SC Delmonico Potatoes Broccoli Cuts Oatmeal Bread Bread Pudding	6 ASIAN CHICKEN SALAD MINI CHEF SALAD on Spinach Romaine Corn Chowder Whole Wheat Roll Chilled Peaches	7 CHKN PASTINA BROCCOLI OMELET BAKE Mixed Vegetables Rom Iceberg Salad Multigrain Roll Butterscotch Bar
10 PASTA PRIMAVERA BEEF CABBAGE BAKE Country Trio Vegetables Garden Vegt Salad Caraway Rye Roll Vanilla Pudding	11 HEARTY CHICKEN STEW SCALL POTATOES & HAM Chuckwagon Corn Country Coleslaw White Dinner Roll Choc Chip Bar	12 TUNA SALAD 1/2 SAND CHKN SALAD 1/2 SAND on Whole Wheat Bread Chicken & Pasta Soup Mar Broccoli Salad Mandarin Pineapple Cup	13 ORANGE GLZ CHKN APPLE CIDER PORK CHOPPIE Creamed Potatoes Broccoli Normandy Herb Bread Lemon Squares	14 RST TURKEY w/Gravy BRD BKD FISH w/Tartar Sauce Sour Cream & Chive Potatoes Green Peas & Onions Bran Rye Bread Gelatin Poke 'n Pour Cake
17 HERB CHKN PATTY CTRY FRIED STEAK Whipped Potatoes w/Ctry Gravy Mixed Vegetables Wheat Bread Fresh Orange	18 SHV TURKEY 1/2 SAND MEATLOAF 1/2 SAND on Whole Wheat Bread Pinto Bean Soup Broccoli Raisin Salad Pineapple	19 TRKY CHOP SUEY/RICE GRD BEEF & PASTA Capri Blend Vegt Creamy Coleslaw Cracked Wheat Roll Hermit Bar	20 SPRING TRAINING	21 GARDEN CHKN MINI SALAD MINI TURKEY CLUB SALAD on Spinach Romaine Cream of Broccoli Soup Bran Wheat Roll Spiced Peaches
24 CHKN DIVAN BAKE SPAGHETTI w/MEAT SC French Cut Green Beans Spinach Romaine Salad Oat Bran Roll Rhubarb Applesauce	25 TURKEY TETRAZZINI COWBOY CAMPFIRE STEW Scandinavian Blend Vegt Creamy Coleslaw Potato Wheat Roll Rice Pudding	26 TURKEY & PASTA SALAD CURRY CHKN RICE SALAD on Spinach Romaine Lentil Soup Whole Wheat Roll Golden Fruit Cup	27 CHKN PATTY w/Chkn GVY HS PORK PATTY w/pork GVY Whipped Potatoes Steamed Carrots Seven Grain Bread Spiced Apples	28 ARBOR DAY

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY- DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RAE 300.00	Vit C mg 30.00	CHOLEST mg 100.00
DATE		Mon APR 3										
ENTREE A	114	BEEF, CHILI WITH BEANS	6.82OZ/1C.	284.08	17.30	8.85	35.56	78.16	495.68	31.25	6.48	27.48
ENTREE B	201	CHICKEN, NOODLES	9.25OZ/1C.	278.01	31.11	6.99	20.99	134.85	331.36	429.50	3.64	15.37
VEGGIE 1	417	BEANS, GREEN FZN-BB	2.66oz/.33c	23.75	0.95	0.11	5.59	29.58	61.75	35.53	2.71	0.11
VEGGIE 2	1192	SALAD, MAR SPRING GARDEN	.5 C	45.89	0.73	2.92	4.87	21.50	117.52	231.24	18.05	0.00
BREAD	1112	ROLL, SEVEN GRAIN	2.0 OZ	151.65	4.18	4.03	25.09	19.60	205.97	7.45	0.06	0.19
DESSERT	647	SALAD, MIXED FRUIT CND COCKTAIL	4.0 OZ/.5C.	65.78	0.39	0.08	17.17	7.94	6.80	48.77	2.84	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				700.33	31.05	22.19	99.16	437.18	1045.64	534.91	32.34	36.85
TOTAL B				694.26	44.86	20.33	84.59	493.87	881.32	933.16	29.50	24.74
DIET SUB	1192	SALAD, MAR SPRING GARDEN	.5 C	45.89	0.73	2.92	4.87	21.50	117.52	231.24	18.05	0.00
DIET SUB	648	SALAD, MIXED FRUIT CND - DIET	4.0 OZ/.5C.	36.29	0.48	0.06	9.65	5.67	4.54	283.53	2.38	0.00
TOTAL DIET		DIET CALCULATIONS		670.84	31.14	22.17	91.64	434.91	1043.38	769.67	31.88	36.85
DATE		Tues APR 4										
ENTREE A	159	BEEF, SPANISH RICE	9.63OZ/1C.	313.90	18.38	12.82	30.00	78.01	341.87	42.93	20.85	57.02
ENTREE B	196	CHICKEN, KING RANCH CASSEROLE	7.21OZ/1C.	369.14	25.22	17.85	30.22	315.74	389.91	76.24	1.36	17.79
VEGGIE 1	482	CARROTS, HERBED-BB	2.6oz/.33C	27.92	0.87	0.09	6.44	24.47	64.41	1225.81	2.07	0.06
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
BREAD	1104	ROLL, MULTIGRAIN	2.0 OZ	150.44	4.23	3.99	24.87	21.00	206.03	7.34	2.22	0.19
DESSERT	727	APPLESAUCE, SPICED - DIET	4.25oz	52.76	0.21	0.06	13.86	4.87	2.47	3.69	1.49	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	972	DRESSING, SPICY FRENCH	2TB (1.0 oz)	65.89	0.43	1.60	13.49	11.55	140.01	11.72	3.09	0.00
ADD BOTH	0											
TOTAL A				752.08	32.70	24.90	101.69	453.43	936.73	1827.85	45.63	66.34
TOTAL B				807.32	39.54	29.93	101.91	691.16	984.77	1861.16	26.14	27.11
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
DIET SUB	727	APPLESAUCE, SPICED - DIET	4.25oz	52.76	0.21	0.06	13.86	4.87	2.47	3.69	1.49	0.00
TOTAL DIET		DIET CALCULATIONS		752.08	32.70	24.90	101.69	453.43	936.73	1827.85	45.63	66.34
DATE		Wed APR 5										
ENTREE A	216	CHICKEN, SUPREME	3.71 OZ.	150.59	19.29	4.15	7.74	74.44	276.33	8.75	0.36	52.74
ENTREE B	138	BEEF, MEAT LOAF W/TURKEY	4.14 OZ	310.83	24.00	20.21	7.10	60.81	436.29	16.94	2.55	83.39
VEGGIE 1	908.5	POTATOES, DELMONICO	.33 C	74.77	2.41	1.84	12.33	51.39	121.87	44.23	15.93	0.69
VEGGIE 2	460	BROCCOLI CUTS-BB	2.15oz/.33C	24.98	2.26	0.09	5.04	37.59	62.85	140.33	29.31	0.11
BREAD	1060	BREAD, OATMEAL	2.0 OZ	154.52	4.31	4.17	25.08	19.94	205.70	7.34	0.06	0.19
DESSERT	850	PUDDING, BAKED BREAD W/RAISINS	5.0OZ/.5C.	165.89	8.38	3.00	26.76	171.16	149.51	50.55	1.12	112.48
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	990	SAUCE, BASIC TOMATO	1 FZ	16.11	0.41	0.09	3.71	10.20	82.00	3.09	1.84	0.00
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				699.93	44.15	19.45	87.83	634.92	974.18	431.87	48.98	175.28
TOTAL B				876.28	49.27	35.60	90.90	631.49	1216.14	443.15	53.01	205.93
DIET SUB	460	BROCCOLI CUTS-BB	2.15oz/.33C	24.98	2.26	0.09	5.04	37.59	62.85	140.33	29.31	0.11
DIET SUB	851	PUDDING, BREAD - DIET	5OZ/.5C	131.58	8.38	3.00	17.89	170.27	149.42	50.55	1.12	112.48
TOTAL DIET		DIET CALCULATIONS		665.62	44.15	19.45	78.96	634.03	974.09	431.87	48.98	175.28
DATE		Thurs APR 6										
ENTREE A	1379	SALAD, ASIAN CHKN MINI	.5 CUP	239.77	20.83	10.64	14.34	26.81	319.79	183.02	18.57	57.56
ENTREE B	1373	SALAD, MINI CHEF	.5 CUP	125.81	15.23	5.99	2.21	72.36	339.96	24.89	5.80	24.99
VEGGIE 1	519	SOUP, CORN CHOWDER	9.29oz/1C	159.20	5.08	6.16	22.31	133.47	346.37	67.02	4.57	1.91
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
BREAD	1118	ROLL, WHOLE WHEAT DINNER	2.0 OZ	151.76	4.28	4.02	25.01	19.16	148.98	7.36	0.06	0.19
DESSERT	777	CANNED, PEACHES - DIET	4.25OZ/.5C.	43.66	0.63	0.03	11.48	5.95	3.97	18.90	3.57	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				735.56	39.40	27.19	86.17	498.92	1001.05	812.66	42.68	68.73
TOTAL B				621.60	33.80	22.54	74.04	544.47	1021.22	654.53	29.91	36.16
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
DIET SUB	777	CANNED, PEACHES - DIET	4.25OZ/.5C.	43.66	0.63	0.03	11.48	5.95	3.97	18.90	3.57	0.00
TOTAL DIET		DIET CALCULATIONS		735.56	39.40	27.19	86.17	498.92	1001.05	812.66	42.68	68.73

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY-DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLES mg 100.00
DATE		Fri APR 7										
ENTREE A	958	CHICKEN PASTINA	1 CUP	229.82	17.63	4.31	29.73	79.10	312.51	88.58	10.50	56.89
ENTREE B	0	SPINACH OMELET BAKE	1 SVG	148.24	15.04	5.69	8.80	381.75	208.95	363.10	2.02	183.90
VEGGIE 1	0	MIXED VEGS-BB	2.43oz/.33C	49.35	2.31	0.12	10.63	16.78	105.42	418.84	4.16	0.11
VEGGIE 2	968	SALAD, TOSSED	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	9.93	133.60	8.26	0.49
BREAD	0	ROLL, MULTIGRAIN	2.0 OZ	150.44	4.23	3.99	24.87	21.00	206.03	7.34	2.22	0.19
DESSERT	0	BAR, BUTTERSCOTCH	1.45 OZ/EA	182.49	2.42	8.96	24.22	32.99	154.35	65.44	0.08	20.20
MILK/MARG	0	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	662											
B ADD ONLY	1315											
ADD BOTH	#REF!	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz	27.60	0.84	1.62	2.64	23.70	63.78	7.14	0.96	0.66
ADD BOTH	#REF!											
TOTAL A				778.76	35.48	25.31	104.93	467.68	1009.94	901.61	28.38	87.61
TOTAL B				697.18	32.89	26.69	84.00	770.33	906.38	1176.13	19.90	214.62
DIET SUB	#REF!	SALAD, TOSSED	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	9.93	133.60	8.26	0.49
DIET SUB	#REF!	DIET SPLENDA SUGAR COOKIE	1.15 OZ	128.75	2.16	6.84	13.83	53.84	167.00	29.80	0.03	18.75
TOTAL DIET		DIET CALCULATIONS		725.02	35.22	23.19	94.54	488.53	1022.59	865.97	28.33	86.16
DATE		Mon APR 10										
ENTREE A	386	PASTA PRIMAVERA	1 CUP	331.25	17.21	15.39	29.58	450.47	361.57	169.41	9.91	28.20
ENTREE B	107	BEEF, CABBAGE BAKE	9.9OZ/1C.	308.98	17.89	15.77	24.75	150.97	484.83	65.46	35.48	99.54
VEGGIE 1	497	CORN, W. KERNEL-M	3.15oz/.5C	86.85	2.65	1.89	17.89	2.42	25.75	44.30	2.26	0.00
VEGGIE 2	687	SLAW, COUNTRY	3.34 oz/.5 C	66.32	1.66	3.63	7.42	53.14	99.50	61.17	22.43	4.68
BREAD	1117	ROLL, WHITE DINNER	1.38 OZ.	108.81	3.26	2.88	17.25	20.54	210.69	3.48	0.08	11.30
DESSERT	1399	PUDDING, HOMESTYLE VANILLA	.5 CUP	160.57	2.18	2.82	33.02	73.27	94.76	48.74	0.09	0.26
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				882.98	34.46	32.81	116.04	880.24	950.19	507.77	36.97	53.51
TOTAL B				860.71	35.14	33.19	111.21	580.74	1073.45	403.82	62.54	124.85
DIET SUB	687	SLAW, COUNTRY	3.34 oz/.5 C	66.32	1.66	3.63	7.42	53.14	99.50	61.17	22.43	4.68
DIET SUB	1318	DIET SPLENDA CHOC CHIP CKY	1.06 OZ	144.40	1.69	8.03	16.30	17.59	37.97	7.57	0.00	12.44
TOTAL DIET		DIET CALCULATIONS		866.81	33.97	38.02	99.32	824.56	893.40	466.60	36.88	65.69
DATE		Tues APR 11										
ENTREE A	190	CHICKEN, HEARTY STEW	8.23OZ/1C.	191.82	18.58	4.87	17.41	43.51	414.90	327.86	7.72	50.46
ENTREE B	247	HAM, SCALLOPED POTATOES	8oz/1C	259.17	15.22	10.10	27.46	141.35	663.06	0.83	14.90	37.19
VEGGIE 1	574.5	BLEND, COUNTRY TRIO VEGETABLES	.33 CUP	22.67	0.89	0.23	4.93	0.00	8.93	134.00	5.33	0.00
VEGGIE 2	687	SLAW, COUNTRY	3.34 oz/.5 C	66.32	1.66	3.63	7.42	53.14	99.50	61.17	22.43	4.68
BREAD	1095	ROLL, CARAWAY RYE	1.38 OZ.	108.25	3.20	2.87	17.75	26.68	206.68	3.68	0.08	11.08
DESSERT	730	BAR, CHOCOLATE CHIP	1.78 OZ/EA	224.49	2.83	11.36	28.99	21.30	81.43	43.98	0.01	26.12
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz	27.60	0.84	1.62	2.64	23.70	63.78	7.14	0.96	0.66
ADD BOTH	0											
TOTAL A				770.33	35.50	30.78	90.02	448.73	1033.14	758.50	38.73	102.07
TOTAL B				837.68	32.14	36.01	100.07	546.57	1281.30	431.47	45.91	88.80
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
DIET SUB	1318	DIET SPLENDA CHOC CHIP CKY	1.06 OZ	144.40	1.69	8.03	16.30	17.59	37.97	7.57	0.00	12.44
TOTAL DIET		DIET CALCULATIONS		635.91	33.78	23.96	72.06	425.01	914.20	1016.61	30.00	83.71
DATE		Wed APR 12										
ENTREE A	278	TUNA, SALAD	5.2 OZ.	124.60	13.72	5.45	5.10	48.79	290.38	37.81	1.22	77.84
ENTREE B	210	CHICKEN, SALAD	4.64OZ/.5C	172.81	17.63	7.74	7.84	31.88	228.56	13.48	4.04	40.42
VEGGIE 1	1272	SOUP, CHICKEN NOODLE	1 CUP	152.55	10.94	3.18	19.88	37.84	266.86	529.24	2.71	38.91
VEGGIE 2	645.5	SALAD, SWT MARINATED VEGT	3.75oz/.5 C	102.58	1.23	5.62	12.52	24.94	28.74	78.49	28.78	0.00
BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	149.63	7.36	0.06	0.19
DESSERT	692	SALAD, MAND ORG & PA	3.45OZ/.5C	59.11	0.42	0.09	15.58	10.40	3.33	41.48	14.12	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	694	LETTUCE, SHREDDED	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	9.93	133.60	8.26	0.49
ADD BOTH	0											
TOTAL A				729.66	38.64	24.67	90.93	435.31	906.79	1008.65	57.35	126.50
TOTAL B				777.87	42.55	26.96	93.67	418.40	844.97	984.32	60.17	89.08
DIET SUB	687	SLAW, COUNTRY	3.34 oz/.5 C	66.32	1.66	3.63	7.42	53.14	99.50	61.17	22.43	4.68
DIET SUB	692	SALAD, MAND ORG & PA	3.45OZ/.5C	59.11	0.42	0.09	15.58	10.40	3.33	41.48	14.12	0.00
TOTAL DIET		DIET CALCULATIONS		693.40	39.07	22.68	85.83	463.51	977.55	991.33	51.00	131.18

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY- DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLEST mg 100.00
DATE		Thurs APR 13										
ENTREE A	202	CHICKEN, ORANGE GLAZE, THIGH	5.16 OZ.	305.67	23.62	12.50	24.18	21.53	356.60	70.98	8.68	79.10
ENTREE B	1401	KINGS COM PORK CHOPPIE	4 OZ	260.00	18.00	13.00	0.00	0.00	260.00	0.00	0.00	0.00
VEGGIE 1	906.5	POTATOES, CREAMED	.33 C	85.17	3.65	0.13	16.80	79.37	91.13	36.41	4.35	1.23
VEGGIE 2	448	BLEND, NORMANDY-BB	2.35oz/.33C	22.33	1.42	0.00	5.40	13.55	67.35	1001.98	16.09	0.11
BREAD	1053	BREAD, HERB	1.33 OZ.	96.34	2.94	1.99	16.42	17.12	63.39	3.76	0.06	7.77
DESSERT	881	SQUARE, LEMON	1 EACH	198.20	1.60	6.74	33.47	63.59	187.15	82.00	0.23	3.44
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	1030	GLAZE, APPLE CIDER	1 OZ	52.10	0.16	0.25	12.47	3.77	6.01	0.92	0.07	0.00
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				836.89	40.73	27.56	107.15	475.56	923.54	1375.80	31.61	100.72
TOTAL B				843.32	35.27	28.31	95.44	457.80	832.95	1305.74	23.00	21.62
DIET SUB	448	BLEND, NORMANDY-BB	2.35oz/.33C	22.33	1.42	0.00	5.40	13.55	67.35	1001.98	16.09	0.11
DIET SUB	887	CAKE, DIET SOURCE	2 x 2 EA	90.00	1.00	1.00	19.00	NA	90.00	NA	NA	0.00
TOTAL DIET		DIET CALCULATIONS		728.69	40.13	21.82	92.68	411.97	826.39	1293.80	31.38	97.28
DATE		Fri APR 14										
ENTREE A	309	TURKEY, ROASTED, SLICED	3 OZ	114.82	25.57	0.63	0.00	10.21	44.23	0.00	0.00	70.59
ENTREE B	1376	FISH, BREADED POLLOCK PC	4 OZ	240.00	13.00	8.00	19.00	20.00	220.00	0.00	0.00	0.00
VEGGIE 1	938.5	POTATOES, SOUR CRM & CHIVE	.33 C	66.76	1.05	1.16	12.18	61.49	157.76	0.67	18.00	0.91
VEGGIE 2	558	PEAS, GREEN w/ONIONS	1/2 CUP	82.67	5.17	0.00	14.47	24.80	147.78	155.01	21.70	0.00
BREAD	1093	ROLL, BRAN RYE	1.38 OZ.	104.61	3.39	2.97	16.98	22.82	210.67	3.48	0.08	11.30
DESSERT	755	CAKE, POKE W/TOPPING	2.62 OZ.	166.12	1.68	4.13	31.02	34.57	215.50	0.00	2.03	32.31
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	983	GRAVY, POULTRY W/BASE	2.20 OZ.	15.02	0.30	0.15	3.10	0.97	78.72	0.16	0.01	0.00
B ADD ONLY	1007	SAUCE, TARTAR	.5625oz/1TB	24.56	0.36	1.58	2.33	9.90	72.21	3.14	1.04	1.81
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				679.18	44.66	15.24	88.63	435.26	1012.58	339.99	44.02	124.18
TOTAL B				813.90	32.15	24.04	106.86	453.98	1181.84	342.97	45.05	55.40
DIET SUB	558	PEAS, GREEN w/ONIONS	1/2 CUP	82.67	5.17	0.00	14.47	24.80	147.78	155.01	21.70	0.00
DIET SUB	887	CAKE, DIET SOURCE	2 x 2 EA	90.00	1.00	1.00	19.00	NA	90.00	NA	NA	0.00
TOTAL DIET		DIET CALCULATIONS		603.06	43.98	12.11	76.61	400.69	887.08	339.99	41.99	91.87
DATE		Mon APR 17										
ENTREE A	351	CHICKEN, BREADED PATTIE TYSON	2.75 OZ	170.00	10.00	9.00	10.00	NA	480.00	NA	0.00	45.00
ENTREE B	1345	SO STYLE BF & CHKN FRITTER	4 OZ	250.00	14.00	14.00	19.00	80.00	470.00	0.00	1.20	55.00
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	28.79	17.37	17.14	0.81
VEGGIE 2	501	MIXED VEGS-M	3.94oz/.5C	95.78	3.37	2.90	15.22	27.36	88.33	699.41	6.50	0.00
BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	149.63	7.36	0.06	0.19
DESSERT	831	FRESH, ORANGE	5.75 OZ	100.91	2.08	0.48	24.83	112.12	3.20	20.02	113.72	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	977	GRAVY, COUNTRY	2 OZ.	79.71	3.05	4.43	7.01	98.43	184.42	53.74	0.53	1.53
ADD BOTH	0											
TOTAL A				787.91	32.21	27.20	106.06	567.71	1092.29	978.57	140.15	56.60
TOTAL B				867.91	36.21	32.20	115.06	647.71	1082.29	978.57	141.35	66.60
DIET SUB	501	MIXED VEGS-M	3.94oz/.5C	95.78	3.37	2.90	15.22	27.36	88.33	699.41	6.50	0.00
DIET SUB	831	FRESH, ORANGE	5.75 OZ	100.91	2.08	0.48	24.83	112.12	3.20	20.02	113.72	0.00
TOTAL DIET		DIET CALCULATIONS		787.91	32.21	27.20	106.06	567.71	1092.29	978.57	140.15	56.60
DATE		Tues APR 18										
ENTREE A	385	TURKEY, RST for HOT SAND	2 OZ	96.40	16.63	2.82	0.00	14.17	39.69	0.00	0.00	43.09
ENTREE B	1228	MEATLOAF for SAND	2 oz	155.42	12.00	10.11	3.55	30.41	218.14	8.47	1.27	41.70
VEGGIE 1	523	SOUP, PINTO BEAN	8.32oz/1C	187.32	11.89	2.18	30.81	52.01	334.50	78.98	6.50	16.17
VEGGIE 2	1390	SALAD, BROCCOLI RAISIN	.5 CUP	113.10	2.06	6.66	12.78	30.41	123.34	14.97	40.64	0.55
BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	149.63	7.36	0.06	0.19
DESSERT	781	CANNED, PINEAPPLE TIDBITS	4.3 OZ	73.15	0.51	0.10	19.14	17.07	1.22	4.88	11.58	0.00
MILK/MARG	959	MILK, 1%	8.0 OZ.	95.27	7.46	2.40	10.84	278.99	113.41	133.82	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	695	LETTUCE, SHREDDED	.48OZ/.25C	4.94	0.28	0.06	0.98	6.86	4.97	66.80	4.13	0.25
ADD BOTH	0											
TOTAL A				721.94	43.10	18.24	99.56	418.74	766.76	306.81	65.11	69.32
TOTAL B				780.96	38.48	25.53	103.11	434.98	945.21	315.28	66.38	67.93
DIET SUB	1390	SALAD, BROCCOLI RAISIN	.5 CUP	113.10	2.06	6.66	12.78	30.41	123.34	14.97	40.64	0.55
DIET SUB	781	CANNED, PINEAPPLE TIDBITS	4.3 OZ	73.15	0.51	0.10	19.14	17.07	99.00	4.88	11.58	0.00
TOTAL DIET		DIET CALCULATIONS		721.94	43.10	18.24	99.56	418.74	864.54	306.81	65.11	69.32

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY- DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLEST mg 100.00
DATE		Wed APR 19										
ENTREE A	290	TURKEY, CHOP SUEY	10.5OZ/1C.	176.25	20.16	3.26	16.43	41.29	705.13	22.56	24.00	43.10
ENTREE B	128	BEEF, GROUND WITH NOODLES	7.46OZ/1C.	261.98	15.89	13.73	18.44	37.70	309.89	41.67	3.73	59.92
VEGGIE 1	440	BLEND, CAPRI-BB	2.57oz/.33C	27.89	0.77	0.00	5.81	11.26	83.14	1423.23	4.47	0.11
VEGGIE 2	656	SALAD, ROMAINE ICEBERG	1.96oz/.5c	10.24	0.72	0.11	1.87	17.13	9.33	86.18	9.52	0.00
BREAD	1098	ROLL, CRACKED WHEAT	2.0 OZ	151.62	4.21	3.94	24.93	18.34	198.02	7.34	2.22	0.19
DESSERT	1338	HERMIT BAR	1 EA	176.89	2.14	7.19	27.56	71.18	56.16	9.27	0.18	25.69
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	925	RICE, WHITE	3 OZ	114.74	2.29	0.81	23.73	9.36	1.70	4.22	0.00	0.00
B ADD ONLY	0											
ADD BOTH	1397	DRSG, CITRUS	1 Tb	42.40	0.07	3.89	1.71	1.79	1.49	0.49	3.46	0.00
ADD BOTH	0											
TOTAL A				829.21	37.86	25.40	112.92	450.75	1212.89	1733.96	46.05	78.16
TOTAL B				800.20	31.30	35.06	91.20	437.80	815.95	1748.85	25.78	94.98
DIET SUB	656	SALAD, ROMAINE ICEBERG	1.96oz/.5c	10.24	0.72	0.11	1.87	17.13	9.33	86.18	9.52	0.00
DIET SUB	1314	DIET SPLENDA MOLASSES CKY	1 EA	213.09	2.35	14.26	18.71	18.92	258.03	6.27	0.23	17.07
TOTAL DIET		DIET CALCULATIONS		865.41	38.07	32.47	104.07	398.49	1414.76	1730.96	46.10	69.54
DATE		Thurs APR 20										
ENTREE A	129	BEEF, HAMBURGER 1/4 LB	3.16 OZ.	271.28	19.96	20.05	1.91	25.40	42.64	0.00	0.00	70.77
ENTREE B	270	SAUSAGE, KIELBASA	3.2OZ/1EA	264.00	10.00	24.00	2.00	0.00	680.00	0.00	1.20	45.00
VEGGIE 1	415	BEANS, BAKED	4.25oz/.5C	149.30	7.37	0.76	29.67	62.35	306.50	27.84	5.22	0.00
VEGGIE 2	0											
BREAD	1396	RED CABBAGE & APPLES	.5 CUP	98.62	1.12	4.41	14.92	34.54	68.12	40.06	40.97	0.00
DESSERT	840	ICE CREAM, CUP	4OZ/.5C	133.30	2.30	7.30	15.60	84.00	53.00	77.00	0.00	29.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	1075	BUN, HAMBURGER	1.06 OZ.	89.16	2.50	1.70	15.93	22.04	155.28	0.00	0.00	0.00
B ADD ONLY	1077	BUN, HOT DOG	1.27 OZ.	108.02	2.70	1.80	18.90	27.01	263.06	0.00	0.00	0.00
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				870.84	40.75	40.42	88.91	508.73	783.46	325.57	48.39	108.84
TOTAL B				882.42	30.99	44.47	91.97	488.30	1528.60	325.57	49.59	83.07
DIET SUB	1396	RED CABBAGE & APPLES	.5 CUP	98.62	1.12	4.41	14.92	34.54	68.12	40.06	40.97	0.00
DIET SUB	840	ICE CREAM, CUP	4OZ/.5C	133.30	2.30	7.30	15.60	84.00	53.00	77.00	0.00	29.00
TOTAL DIET		DIET CALCULATIONS		969.46	41.87	44.83	103.83	543.27	851.58	365.63	89.36	108.84
DATE		Fri APR 21										
ENTREE A	1365	SALAD, GARDEN CHKN MINI SALAD	.5 CUP	181.71	21.30	5.61	11.26	181.51	170.60	172.14	54.09	4.40
ENTREE B	1374	SALAD, MINI CLUB TK BACON	.5 CUP	164.41	19.28	8.25	2.14	74.09	213.19	22.76	1.83	59.64
VEGGIE 1	1255	SOUP, CREAM OF BROCCOLI	1CUP	211.62	8.74	12.27	16.67	323.73	325.68	135.00	19.02	14.34
VEGGIE 2	699.5	SALAD, SPIN ROMAINE .75 CUP	2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	36.03	533.54	20.57	0.00
BREAD	1094	ROLL, BRAN WHEAT	1.38 OZ.	104.95	3.38	2.95	17.07	22.31	210.76	3.48	0.08	11.30
DESSERT	777	CANNED, PEACHES - DIET	4.25OZ/.5C.	43.66	0.63	0.03	11.48	5.95	3.97	18.90	3.57	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				689.11	43.17	27.27	70.59	863.60	904.96	1043.73	99.53	39.11
TOTAL B				671.81	41.15	29.91	61.47	756.18	947.55	894.35	47.27	94.35
DIET SUB	699.5	SALAD, SPIN ROMAINE .75 CUP	2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	36.03	533.54	20.57	0.00
DIET SUB	777	CANNED, PEACHES - DIET	4.25OZ/.5C.	43.66	0.63	0.03	11.48	5.95	3.97	18.90	3.57	0.00
TOTAL DIET		DIET CALCULATIONS		689.11	43.17	27.27	70.59	863.60	904.96	1043.73	99.53	39.11
DATE		Mon APR 24										
ENTREE A	295	TURKEY, DIVAN CASSEROLE	8.43oz/1c	252.68	21.07	7.71	24.22	234.19	371.43	127.27	26.33	45.74
ENTREE B	360	BEEF, QUAKER SPAGHETTI	9.5 OZ/1 C.	342.78	19.32	15.22	31.58	41.43	379.09	19.73	6.53	57.70
VEGGIE 1	420	BEANS, GREEN FRENCH CUT-BB	1.6oz/.33c	13.50	0.51	0.05	3.15	12.59	156.25	18.50	2.25	0.11
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
BREAD	1051	BREAD, GARLIC FRENCH	2.0 OZ	139.77	4.78	1.16	27.09	19.31	195.88	7.57	0.07	0.19
DESSERT	726	APPLESAUCE, RHUBARB - REG	4 OZ/.5C	99.94	0.31	0.16	25.70	81.95	11.98	4.97	2.81	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	972.5	DRESSING, SPICY FRENCH	1 TB(0.5oz)	32.95	0.22	0.80	6.75	5.78	70.01	5.86	1.55	0.00
ADD BOTH	0											
TOTAL A				680.01	35.47	16.22	99.94	667.35	987.49	700.53	48.92	55.11
TOTAL B				770.11	33.72	23.73	107.30	474.59	995.15	592.99	29.12	67.07
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
DIET SUB	725	APPLESAUCE, RHUBARB - DIET	4 OZ/.5C	99.94	0.31	0.16	25.70	81.95	11.98	4.97	2.81	0.00
TOTAL DIET		DIET CALCULATIONS		680.01	35.47	16.22	99.94	667.35	987.49	700.53	48.92	55.11

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY- DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLEST mg 100.00
DATE		Tues APR 25										
ENTREE A	321	TURKEY, TETRAZZINI	9.42OZ/1C.	270.90	23.38	4.48	32.25	110.80	403.22	9.63	3.13	44.58
ENTREE B	169	BEEF, THREE BEAN CASSEROLE	8.25oz/1c	519.07	38.71	11.93	65.33	154.46	564.41	11.35	5.93	65.00
VEGGIE 1	455	BLEND, SCANDINAVIAN-BB	3oz/.33C	40.24	1.78	0.00	8.27	12.77	95.53	58.37	5.12	0.11
VEGGIE 2	676	SLAW, CREAMY COLE	4.11OZ/.5C	116.09	1.80	6.99	12.47	53.89	79.93	4.97	26.69	5.04
BREAD	1109	ROLL, POTATO WHEAT	2.0 OZ	153.18	4.02	3.87	25.46	17.77	201.63	7.33	6.47	0.19
DESSERT	1398	PUDDING, CHOCOLATE HOMESTYLE	.5 CUP	192.66	6.69	2.79	36.75	217.06	101.49	48.74	0.76	8.69
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	1384	RED WINE VINAIGRETTE	2 Tb (1 oz)	33.17	0.20	0.25	7.82	8.01	22.90	2.91	0.65	7.41
ADD BOTH	0											
TOTAL A				935.42	45.37	24.58	133.90	700.70	1062.62	312.62	45.02	75.09
TOTAL B				1183.59	60.70	32.03	166.98	744.36	1223.81	314.34	47.82	95.51
DIET SUB	676	SLAW, CREAMY COLE	4.11OZ/.5C	116.09	1.80	6.99	12.47	53.89	79.93	4.97	26.69	5.04
DIET SUB	885	PUDDING, RICE - DIET	.5 CUP	167.32	11.47	0.82	28.01	239.63	187.15	74.78	2.25	3.54
TOTAL DIET		DIET CALCULATIONS		910.08	50.15	22.61	125.16	723.27	1148.28	338.66	46.51	69.94
DATE		Wed APR 26										
ENTREE A	1364	PASTA & TKY SALAD	6 WZ	222.42	20.32	2.70	27.51	40.99	257.48	46.85	33.03	57.27
ENTREE B	1330	SALAD, CURRIED CHICKEN	1 CUP	243.75	18.76	5.54	24.51	63.50	111.31	0.00	8.79	0.87
VEGGIE 1	520	SOUP, LENTIL-M	8.0 oz/1C	150.75	7.26	4.97	19.34	31.66	339.04	73.92	4.02	2.64
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
BREAD	1118	ROLL, WHOLE WHEAT DINNER	2.0 OZ	151.76	4.28	4.02	25.01	19.16	148.98	7.36	0.06	0.19
DESSERT	698	CUP, GOLDEN FRUIT	.5 CUP	71.61	0.34	0.07	18.79	8.24	7.57	44.38	17.31	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				737.71	40.78	18.10	103.68	413.58	935.01	708.87	70.33	69.17
TOTAL B				759.04	39.22	20.94	100.68	436.09	788.84	662.02	46.09	12.77
DIET SUB	632	SALAD, SPINACH ROMAINE	1.96OZ/.5C	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
DIET SUB	865	CUP, GOLDEN FRUIT	.5 CUP	71.61	0.34	0.07	18.79	8.24	7.57	44.38	17.31	0.00
TOTAL DIET		DIET CALCULATIONS		737.71	40.78	18.10	103.68	413.58	935.01	708.87	70.33	69.17
DATE		Thurs APR 27										
ENTREE A	351	CHICKEN,BREADED PATTIE TYSON	2.75 OZ	170.00	10.00	9.00	10.00	NA	480.00	NA	0.00	45.00
ENTREE B	352	PORK PATTY	4 OZ	350.58	28.49	22.09	7.73	72.34	492.04	22.99	2.98	119.29
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	28.79	17.37	17.14	0.81
VEGGIE 2	476	CARROTS, FROZEN-BB	2.6oz/.33C	27.04	0.74	0.07	6.29	17.73	82.25	1109.12	1.85	0.11
BREAD	1067	BREAD, SEVEN GRAIN	2.0 OZ	151.65	4.18	4.03	25.09	19.60	149.63	7.45	0.06	0.19
DESSERT	724	APPLES, SPICED - DIET	3.67OZ/.5C	56.07	0.29	0.36	14.29	5.03	3.16	3.10	0.15	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	983	GRAVY, POULTRY W/BASE	2.20 OZ.	15.02	0.30	0.15	3.10	0.97	78.72	0.16	0.01	0.00
B ADD ONLY	980	GRAVY, PORK W/BASE	2.22 OZ.	16.09	0.36	0.18	3.26	1.14	104.56	2.24	0.38	0.00
ADD BOTH	0											
ADD BOTH	1008	TOPPING, WHIPPED DIET	2 Tb	15.96	0.00	0.00	2.00	0.00	0.00	0.00	0.00	2.00
TOTAL A				625.49	24.94	19.98	84.76	353.90	980.47	1317.87	21.41	57.18
TOTAL B				807.14	43.49	33.10	82.65	426.41	1018.35	1342.94	24.76	131.47
DIET SUB	476	CARROTS, FROZEN-BB	2.6oz/.33C	27.04	0.74	0.07	6.29	17.73	82.25	1109.12	1.85	0.11
DIET SUB	724	APPLES, SPICED - DIET	3.67OZ/.5C	56.07	0.29	0.36	14.29	5.03	3.16	3.10	0.15	0.00
TOTAL DIET		DIET CALCULATIONS		625.49	24.94	19.98	84.76	353.90	980.47	1317.87	21.41	57.18
DATE		Fri APR 28										
ENTREE A	164	BEEF, STEW	8.56OZ/1C.	275.20	17.24	11.94	23.23	41.23	356.76	270.45	8.46	55.65
ENTREE B	333	VEGETABLE, LASAGNA W/ COT.CHS.	8.9 OZ.	292.44	18.44	8.42	37.65	288.46	639.72	118.69	12.10	127.86
VEGGIE 1	462	BROCCOLI, CUTS-M	3.26oz/.5C	40.18	2.66	1.93	4.58	44.17	41.87	183.71	34.20	0.00
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
BREAD	1097	ROLL, CORNMEAL	1.3 OZ.	90.25	3.23	0.63	17.81	24.60	92.58	9.23	0.05	5.94
DESSERT	807	CRISP, APPLE	5.20OZ/.5C	222.85	1.96	5.95	42.41	17.88	6.01	3.09	0.24	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	63.78	7.14	0.96	0.66
TOTAL A				797.25	34.51	28.41	103.70	465.11	742.94	1009.98	59.82	71.32
TOTAL B				814.49	35.71	24.89	118.12	712.34	1025.90	858.22	63.46	143.53
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
DIET SUB	711	CRISP, APPLE - DIET	.5 CUP	166.60	1.50	4.97	29.96	12.46	60.53	51.77	2.88	0.00
TOTAL DIET		DIET CALCULATIONS		741.00	34.05	27.43	91.25	459.69	797.46	1058.66	62.46	71.32

	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PRO gm 17.00	FAT gm	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00	
DATE		Fri APR 7													
ENTREE A	371	CHICKEN PASTINA	1 CUP	229.82	17.63	4.31	29.73	79.10	46.58	312.51	1.50	10.50	0.31	0.44	2.03
ENTREE B	383.5	SPINACH OMELET BAKE	1 SVG	148.24	15.04	5.69	8.80	381.75	20.53	208.95	1.41	2.02	0.07	0.74	1.32
VEGGIE 1	500	MIXED VEGGS-BB	2.43oz/33C	49.35	2.31	0.12	10.63	16.78	15.93	105.42	0.38	4.16	0.16	0.00	1.64
VEGGIE 2	662	SALAD, TOSSED	.95OZ/.5 CU	9.88	0.55	0.11	1.96	13.71	5.83	9.93	0.12	8.26	0.04	0.00	0.33
BREAD	1104	ROLL, MULTIGRAIN	2.0 OZ	150.44	4.23	3.99	24.87	21.00	9.11	206.03	0.27	2.22	0.02	0.04	2.02
DESSERT	729	BAR, BUTTERSCOTCH	1.45 OZ/EA	182.49	2.42	8.96	24.22	32.99	14.71	154.35	0.25	0.08	0.04	0.01	0.59
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00
A ADD ONLY															
B ADD ONLY															
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	1.98	63.78	0.12	0.96	0.00	0.06	0.12
ADD BOTH															
TOTAL A			29.25%	778.76	35.48	25.31	104.93	467.68	126.02	1009.94	3.52	28.38	0.67	1.39	6.73
TOTAL B			34.45%	697.18	32.89	26.69	84.00	770.33	99.97	906.38	3.43	19.90	0.43	1.69	6.02
DIET SUB	662	SALAD, TOSSED	.95OZ/.5 CU	9.88	0.55	0.11	1.96	13.71	5.83	9.93	0.12	8.26	0.04	0.00	0.33
DIET SUB	1315	DIET SLENDA SUGAR COOKIE	1.15 OZ	128.75	2.16	6.84	13.83	53.84	4.01	167.00	0.11	0.03	0.01	0.00	0.45
TOTAL DIET		DIET CALCULATIONS	28.79%	725.02	35.22	23.19	94.54	488.53	115.32	1022.59	3.38	28.33	0.64	1.38	6.59
DATE		Mon APR 10													
ENTREE A	386	PASTA PRIMAVERA	1 CUP	331.25	17.21	15.39	29.58	450.47	25.47	361.57	1.77	9.91	0.11	0.66	1.72
ENTREE B	107	BEEF, CABBAGE BAKE	9.9OZ/1C.	308.98	17.89	15.77	24.75	150.97	49.20	484.83	3.65	35.48	0.52	1.75	4.03
VEGGIE 1	497	CORN, W. KERNEL-M	3.15oz/5C	86.85	2.65	1.89	17.89	2.42	15.74	25.75	0.30	2.26	0.12	0.00	1.83
VEGGIE 2	687	SLAW, COUNTRY	3.34 oz/.5 C	66.32	1.66	3.63	7.42	53.14	11.36	99.50	0.25	22.43	0.09	0.06	1.79
BREAD	1117	ROLL, WHITE DINNER	1.38 OZ.	108.81	3.26	2.88	17.25	20.54	6.84	210.69	0.25	0.08	0.02	0.11	0.73
DESSERT	1399	PUDDING, HOMESTYLE VANILLA	.5 CUP	160.57	2.18	2.82	33.02	73.27	5.32	94.76	0.13	0.09	0.01	0.05	0.89
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00
A ADD ONLY															
B ADD ONLY															
ADD BOTH															
ADD BOTH															
TOTAL A			33.44%	882.98	34.46	32.81	116.04	880.24	96.61	950.19	3.58	36.97	0.45	1.72	6.96
TOTAL B			34.71%	860.71	35.14	33.19	111.21	580.74	120.34	1073.45	5.46	62.54	0.86	2.81	9.27
DIET SUB	687	SLAW, COUNTRY	3.34 oz/.5 C	66.32	1.66	3.63	7.42	53.14	11.36	99.50	0.25	22.43	0.09	0.06	1.79
DIET SUB	1318	DIET SLENDA CHOC CHIP CKY	1.06 OZ	144.40	1.69	8.03	16.30	17.59	6.98	37.97	0.18	0.00	0.01	0.03	0.43
TOTAL DIET		DIET CALCULATIONS	39.48%	866.81	33.97	38.02	99.32	824.56	98.27	893.40	3.63	36.88	0.45	1.70	6.50
DATE		Tues APR 11													
ENTREE A	190	CHICKEN, HEARTY STEW	8.23OZ/1C.	191.82	18.58	4.87	17.41	43.51	26.63	414.90	1.43	7.72	0.36	0.19	2.60
ENTREE B	247	HAM, SCALLOPED POTATOES	8oz/1C	259.17	15.22	10.10	27.46	141.35	39.15	663.06	2.11	14.90	0.44	3.25	0.35
VEGGIE 1	574.5	BLEND, COUNTRY TRIO VEGETABLES	.33 CUP	22.67	0.89	0.23	4.93	0.00	0.00	8.93	0.00	5.33	0.00	0.00	0.89
VEGGIE 2	687	SLAW, COUNTRY	3.34 oz/.5 C	66.32	1.66	3.63	7.42	53.14	11.36	99.50	0.25	22.43	0.09	0.06	1.79
BREAD	1095	ROLL, CARAWAY RYE	1.38 OZ.	108.25	3.20	2.87	17.75	26.68	15.81	206.68	0.41	0.08	0.03	0.11	1.11
DESSERT	730	BAR, CHOCOLATE CHIP	1.78 OZ/EA.	224.49	2.83	11.36	28.99	21.30	4.37	81.43	0.17	0.01	0.02	0.07	0.90
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00
A ADD ONLY															
B ADD ONLY															
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	1.98	63.78	0.12	0.96	0.00	0.06	0.12
ADD BOTH															
TOTAL A			35.96%	770.33	35.50	30.78	90.02	448.73	92.03	1033.14	3.26	38.73	0.60	1.33	7.41
TOTAL B			38.69%	837.68	32.14	36.01	100.07	546.57	104.55	1281.30	3.94	45.91	0.68	4.39	5.16
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97
DIET SUB	1318	DIET SLENDA CHOC CHIP CKY	1.06 OZ	144.40	1.69	8.03	16.30	17.59	6.98	37.97	0.18	0.00	0.01	0.03	0.43
TOTAL DIET		DIET CALCULATIONS	33.91%	635.91	33.78	23.96	72.06	425.01	102.87	914.20	3.15	30.00	0.56	1.23	6.12
DATE		Wed APR 12													
ENTREE A	278	TUNA, SALAD	5.2 OZ.	124.60	13.72	5.45	5.10	48.79	16.99	290.38	0.58	1.22	0.22	1.60	0.38
ENTREE B	210	CHICKEN, SALAD	4.64OZ/.5C	172.81	17.63	7.74	7.84	31.88	5.74	228.56	0.04	4.04	0.02	0.00	0.88
VEGGIE 1	1272	SOUP, CHICKEN NOODLE	1 CUP	152.55	10.94	3.18	19.88	37.84	29.08	266.86	0.91	2.71	0.53	0.18	0.64
VEGGIE 2	645.5	SALAD, SWT MARINATED VEGT	3.75oz/.5 C	102.58	1.23	5.62	12.52	24.94	12.24	28.74	0.19	28.78	0.10	0.00	1.54
BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	16.71	149.63	0.49	0.06	0.06	0.04	1.54
DESSERT	692	SALAD, MAND ORG & PA	3.45OZ/.5C	59.11	0.42	0.09	15.58	10.40	10.87	3.33	0.16	14.12	0.06	0.00	0.98
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00
A ADD ONLY															
B ADD ONLY															
ADD BOTH	694	LETTUCE, SHREDDED	.95OZ/.5 CU	9.88	0.55	0.11	1.96	13.71	5.83	9.93	0.12	8.26	0.04	0.00	0.33
ADD BOTH															
TOTAL A			30.43%	729.66	38.64	24.67	90.93	435.31	123.60	906.79	3.33	57.35	1.11	2.66	5.41
TOTAL B			31.19%	777.87	42.55	26.96	93.67	418.40	112.35	844.97	2.79	60.17	0.91	1.06	5.91
DIET SUB	687	SLAW, COUNTRY	3.34 oz/.5 C	66.32	1.66	3.63	7.42	53.14	11.36	99.50	0.25	22.43	0.09	0.06	1.79
DIET SUB	692	SALAD, MAND ORG & PA	3.45OZ/.5C	59.11	0.42	0.09	15.58	10.40	10.87	3.33	0.16	14.12	0.06	0.00	0.98
TOTAL DIET		DIET CALCULATIONS	29.44%	693.40	39.07	22.68	85.83	463.51	122.72	977.55	3.39	51.00	1.10	2.72	5.66

DATE	RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PRO gm 17.00	FAT gm	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00	
DATE Thurs APR 13																
ENTREE A	202	CHICKEN, ORANGE GLAZE, THIGH	5.16 OZ.	305.67	23.62	12.50	24.18	21.53	23.71	356.60	2.39	8.68	0.32	0.28	0.05	
ENTREE B	1401	KINGS COM PORK CHOPPIE	4 OZ	260.00	18.00	13.00	0.00	0.00	0.00	260.00	0.00	0.00	0.00	0.00	0.00	
VEGGIE 1	906.5	POTATOES, CREAMED	.33 C	85.17	3.65	0.13	16.80	79.37	7.79	91.13	0.27	4.35	0.03	0.25	1.37	
VEGGIE 2	448	BLEND, NORMANDY-BB	2.35oz/.33C	22.33	1.42	0.00	5.40	13.55	5.33	67.35	0.30	16.09	0.40	0.00	1.58	
BREAD	1053	BREAD, HERB	1.33 OZ.	96.34	2.94	1.99	16.42	17.12	7.50	63.39	0.22	0.06	0.01	0.05	1.02	
DESSERT	881	SQUARE, LEMON	1 EACH	198.20	1.60	6.74	33.47	63.59	3.37	187.15	0.11	0.23	0.01	0.02	0.03	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY	1030	GLAZE, APPLE CIDER	1 OZ	52.10	0.16	0.25	12.47	3.77	1.26	6.01	0.01	0.07	0.01	0.00	0.31	
ADD BOTH																
ADD BOTH																
TOTAL A				29.63%	836.89	40.73	27.56	107.15	475.56	79.58	4.17	31.61	0.87	1.44	4.05	
TOTAL B				30.21%	843.32	35.27	28.31	95.44	457.80	57.13	1.79	23.00	0.56	1.16	4.31	
DIET SUB	448	BLEND, NORMANDY-BB	2.35oz/.33C	22.33	1.42	0.00	5.40	13.55	5.33	67.35	0.30	16.09	0.40	0.00	1.58	
DIET SUB	887	CAKE, DIET SOURCE	2 x 2 EA	90.00	1.00	1.00	19.00	NA	0.00	90.00	0.00	NA	0.00	0.00	0.00	
TOTAL DIET		DIET CALCULATIONS		26.95%	728.69	40.13	21.82	92.68	411.97	76.21	4.06	31.38	0.86	1.42	4.02	
DATE Fri APR 14																
ENTREE A	309	TURKEY, ROASTED, SLICED	3 OZ	114.82	25.57	0.63	0.00	10.21	24.66	44.23	1.48	0.00	0.48	0.33	0.00	
ENTREE B	1376	FISH, BREADED POLLOCK PC	4 OZ	240.00	13.00	8.00	19.00	20.00	0.00	220.00	0.00	0.00	0.28	0.00	1.00	
VEGGIE 1	938.5	POTATOES, SOUR CRM & CHIVE	.33 C	66.76	1.05	1.16	12.18	61.49	1.24	157.76	0.07	18.00	0.00	0.00	0.91	
VEGGIE 2	558	PEAS, GREEN w/ONIONS	1/2 CUP	82.67	5.17	0.00	14.47	24.80	0.00	147.78	0.00	21.70	0.00	0.00	3.62	
BREAD	1093	ROLL, BRAN RYE	1.38 OZ.	104.61	3.39	2.97	16.98	22.82	25.49	210.67	0.50	0.08	0.05	0.11	2.44	
DESSERT	755	CAKE, POKE w/TOPPING	2.62 OZ.	166.12	1.68	4.13	31.02	34.57	0.00	215.50	0.00	2.03	0.00	0.00	0.00	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY	983	GRAVY, POULTRY W/BASE	2.20 OZ.	15.02	0.30	0.15	3.10	0.97	0.55	78.72	0.02	0.01	0.00	0.00	0.01	
B ADD ONLY	1007	SAUCE, TARTAR	.5625oz/1TB	24.56	0.36	1.58	2.33	9.90	0.40	72.21	0.01	1.04	0.00	0.00	0.07	
ADD BOTH																
ADD BOTH																
TOTAL A				20.19%	679.18	44.66	15.24	88.63	435.26	83.82	2.95	44.02	0.63	1.28	6.98	
TOTAL B				26.58%	813.90	32.15	24.04	106.86	453.98	59.01	1.46	45.05	0.43	0.95	8.04	
DIET SUB	558	PEAS, GREEN w/ONIONS	1/2 CUP	82.67	5.17	0.00	14.47	24.80	0.00	147.78	0.00	21.70	0.00	0.00	3.62	
DIET SUB	887	CAKE, DIET SOURCE	2 x 2 EA	90.00	1.00	1.00	19.00	NA	0.00	90.00	0.00	NA	0.00	0.00	0.00	
TOTAL DIET		DIET CALCULATIONS		18.07%	603.06	43.98	12.11	76.61	400.69	83.82	2.95	41.99	0.63	1.28	6.98	
DATE Mon APR 17																
ENTREE A	351	CHICKEN, BREADED PATTIE TYSON	2.75 OZ	170.00	10.00	9.00	10.00	NA	NA	480.00	NA	0.00	NA	NA	NA	
ENTREE B	1345	SO STYLE BF & CHKN FRITTER	4 OZ	250.00	14.00	14.00	19.00	80.00	NA	470.00	NA	1.20	NA	NA	2.00	
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	NA	28.79	NA	17.14	0.01	0.09	1.14	
VEGGIE 2	501	MIXED VEGS-M	3.94oz/.5C	95.78	3.37	2.90	15.22	27.36	25.55	88.33	0.61	6.50	0.28	0.00	2.63	
BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	16.71	149.63	0.49	0.06	0.06	0.04	1.54	
DESSERT	831	FRESH, ORANGE	5.75 OZ	100.91	2.08	0.48	24.83	112.12	22.42	3.20	0.18	113.72	0.15	0.00	7.21	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH	977	GRAVY, COUNTRY	2 OZ.	79.71	3.05	4.43	7.01	98.43	9.07	184.42	0.33	0.53	0.03	0.31	0.01	
ADD BOTH																
TOTAL A				31.07%	787.91	32.21	27.20	106.06	567.71	105.63	2.49	140.15	0.63	1.28	12.53	
TOTAL B				33.39%	867.91	36.21	32.20	115.06	647.71	105.63	2.49	141.35	0.63	1.28	14.53	
DIET SUB	501	MIXED VEGS-M	3.94oz/.5C	95.78	3.37	2.90	15.22	27.36	25.55	88.33	0.61	6.50	0.28	0.00	2.63	
DIET SUB	831	FRESH, ORANGE	5.75 OZ	100.91	2.08	0.48	24.83	112.12	22.42	3.20	0.18	113.72	0.15	0.00	7.21	
TOTAL DIET		DIET CALCULATIONS		31.07%	787.91	32.21	27.20	106.06	567.71	105.63	2.49	140.15	0.63	1.28	12.53	
DATE Tues APR 18																
ENTREE A	385	TURKEY, RST for HOT SAND	2 OZ	96.40	16.63	2.82	0.00	14.17	14.75	39.69	1.76	0.00	0.26	0.21	0.00	
ENTREE B	1228	MEATLOAF for SAND	2 oz	155.42	12.00	10.11	3.55	30.41	15.71	218.14	2.24	1.27	0.15	0.82	0.72	
VEGGIE 1	523	SOUP, PINTO BEAN	8.32oz/1C	187.32	11.89	2.18	30.81	52.01	42.65	334.50	1.47	6.50	0.30	1.30	7.93	
VEGGIE 2	1390	SALAD, BROCCOLI RAISIN	.5 CUP	113.10	2.06	6.66	12.78	30.41	0.40	123.34	14.25	40.64	0.01	33.72	0.00	
BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	16.71	149.63	0.49	0.06	0.06	0.04	1.54	
DESSERT	781	CANNED, PINEAPPLE TIDBITS	4.3 OZ	73.15	0.51	0.10	19.14	17.07	17.00	1.22	0.12	11.58	0.00	0.00	0.43	
MILK/MARG	959	MILK, 1%	8.0 OZ.	95.27	7.46	2.40	10.84	278.99	31.76	113.41	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH	695	LETTUCE, SHREDDED	.48OZ/.25C	4.94	0.28	0.06	0.98	6.86	2.92	4.97	0.06	4.13	0.02	0.00	0.17	
ADD BOTH																
TOTAL A				22.73%	721.94	43.10	18.24	99.56	418.74	126.18	19.03	65.11	0.75	36.11	10.07	
TOTAL B				29.42%	780.96	38.48	25.53	103.11	434.98	127.15	19.51	66.38	0.64	36.72	10.79	
DIET SUB	1390	SALAD, BROCCOLI RAISIN	.5 CUP	113.10	2.06	6.66	12.78	30.41	0.40	123.34	14.25	40.64	0.01	33.72	0.00	
DIET SUB	781	CANNED, PINEAPPLE TIDBITS	4.3 OZ	73.15	0.51	0.10	19.14	17.07	17.00	99.00	0.12	11.58	0.00	0.00	0.43	
TOTAL DIET		DIET CALCULATIONS		22.73%	721.94	43.10	18.24	99.56	418.74	126.18	19.03	65.11	0.75	36.11	10.07	

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PRO gm 17.00	FAT gm	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00	
DATE																
ENTREE A	290	TURKEY, CHOP SUEY	10.5OZ/1C.	176.25	20.16	3.26	16.43	41.29	23.51	705.13	2.38	24.00	0.36	0.21	0.79	
ENTREE B	128	BEEF, GROUND WITH NOODLES	7.46OZ/1C.	261.98	15.89	13.73	18.44	37.70	27.89	309.89	3.30	3.73	0.20	1.07	0.38	
VEGGIE 1	440	BLEND, CAPRI-BB	2.57oz/33C	27.89	0.77	0.00	5.81	11.26	14.58	83.14	0.33	4.47	0.05	0.00	0.00	
VEGGIE 2	656	SALAD, ROMAINE ICEBERG	1.96oz/5c	10.24	0.72	0.11	1.87	17.13	4.81	9.33	0.06	9.52	0.02	0.00	0.48	
BREAD	1098	ROLL, CRACKED WHEAT	2.0 OZ	151.62	4.21	3.94	24.93	18.34	11.44	198.02	0.32	2.22	0.03	0.04	1.54	
DESSERT	1338	HERMIT BAR	1 EA	176.89	2.14	7.19	27.56	71.18	4.67	56.16	0.10	0.18	0.01	0.00	0.60	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY	925	RICE, WHITE	3 OZ	114.74	2.29	0.81	23.73	9.36	11.06	1.70	0.39	0.00	0.08	0.00	0.09	
B ADD ONLY																
ADD BOTH	1397	DRSG, CITRUS	1 Tb	42.40	0.07	3.89	1.71	1.79	1.29	1.49	0.01	3.46	0.00	0.00	0.03	
ADD BOTH																
TOTAL A				27.57%	829.21	37.86	25.40	112.92	450.75	103.24	1212.89	4.47	46.05	0.65	1.09	3.53
TOTAL B				39.43%	800.20	31.30	35.06	91.20	437.80	96.56	815.95	5.00	25.78	0.41	1.95	3.03
DIET SUB	656	SALAD, ROMAINE ICEBERG	1.96oz/5c	10.24	0.72	0.11	1.87	17.13	4.81	9.33	0.06	9.52	0.02	0.00	0.48	
DIET SUB	1314	DIET SPLENDA MOLASSES CKY	1 EA	213.09	2.35	14.26	18.71	18.92	12.83	258.03	0.16	0.23	0.03	0.00	0.85	
TOTAL DIET		DIET CALCULATIONS		33.77%	865.41	38.07	32.47	104.07	398.49	111.40	1414.76	4.53	46.10	0.67	1.09	3.78
DATE																
Thurs APR 20																
ENTREE A	129	BEEF, HAMBURGER 1/4 LB	3.16 OZ.	271.28	19.96	20.05	1.91	25.40	0.07	42.64	4.63	0.00	0.18	1.61	0.18	
ENTREE B	270	SAUSAGE, KIELBASA	3.20Z/1EA	264.00	10.00	24.00	2.00	0.00	NA	680.00	NA	1.20	NA	NA	0.00	
VEGGIE 1	415	BEANS, BAKED	4.25oz/5C	149.30	7.37	0.76	29.67	62.35	50.60	306.50	0.86	5.22	0.16	0.00	2.63	
VEGGIE 2																
BREAD	1396	RED CABBAGE & APPLES	.5 CUP	98.62	1.12	4.41	14.92	34.54	12.86	68.12	0.17	40.97	0.16	0.00	1.92	
DESSERT	840	ICE CREAM, CUP	4OZ/5C	133.30	2.30	7.30	15.60	84.00	9.00	53.00	0.46	0.00	0.03	0.26	0.00	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY	1075	BUN, HAMBURGER	1.06 OZ.	89.16	2.50	1.70	15.93	22.04	8.01	155.28	0.25	0.00	0.01	0.00	0.88	
B ADD ONLY	1077	BUN, HOT DOG	1.27 OZ.	108.02	2.70	1.80	18.90	27.01	8.00	263.06	0.25	0.00	0.01	0.00	0.10	
ADD BOTH																
ADD BOTH																
TOTAL A				41.77%	870.84	40.75	40.42	88.91	508.73	112.42	783.46	7.25	48.39	0.64	2.71	5.61
TOTAL B				45.36%	882.42	30.99	44.47	91.97	488.30	112.34	1528.60	2.62	49.59	0.46	1.10	4.65
DIET SUB	1396	RED CABBAGE & APPLES	.5 CUP	98.62	1.12	4.41	14.92	34.54	12.86	68.12	0.17	40.97	0.16	0.00	1.92	
DIET SUB	840	ICE CREAM, CUP	4OZ/5C	133.30	2.30	7.30	15.60	84.00	9.00	53.00	0.46	0.00	0.03	0.26	0.00	
TOTAL DIET		DIET CALCULATIONS		41.62%	969.46	41.87	44.83	103.83	543.27	125.28	851.58	7.42	89.36	0.80	2.71	7.53
DATE																
Fri APR 21																
ENTREE A	1365	SALAD, GARDEN CHKN MINI SALAD	.5 CUP	181.71	21.30	5.61	11.26	181.51	6.44	170.60	0.25	54.09	0.04	0.11	2.48	
ENTREE B	1374	SALAD, MINI CLUB TK BACON	.5 CUP	164.41	19.28	8.25	2.14	74.09	8.26	213.19	0.47	1.83	0.06	0.12	0.58	
VEGGIE 1	1255	SOUP, CREAM OF BROCCOLI	1CUP	211.62	8.74	12.27	16.67	323.73	22.89	325.68	0.93	19.02	0.07	0.77	1.17	
VEGGIE 2	699.5	SALAD, SPIN ROMAINE .75 CUP	2.95oz/75C	17.99	1.62	0.21	3.23	49.70	29.39	36.03	0.20	20.57	0.09	0.00	1.46	
BREAD	1094	ROLL, BRAN WHEAT	1.38 OZ.	104.95	3.38	2.95	17.07	22.31	22.96	210.76	0.44	0.08	0.05	0.11	1.03	
DESSERT	777	CANNED, PEACHES - DIET	4.25OZ/5C.	43.66	0.63	0.03	11.48	5.95	6.95	3.97	0.11	3.57	0.02	0.00	1.29	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A				35.62%	689.11	43.17	27.27	70.59	863.60	120.51	904.96	2.81	99.53	0.37	1.83	7.43
TOTAL B				40.07%	671.81	41.15	29.91	61.47	756.18	122.33	947.55	3.03	47.27	0.39	1.84	5.53
DIET SUB	699.5	SALAD, SPIN ROMAINE .75 CUP	2.95oz/75C	17.99	1.62	0.21	3.23	49.70	29.39	36.03	0.20	20.57	0.09	0.00	1.46	
DIET SUB	777	CANNED, PEACHES - DIET	4.25OZ/5C.	43.66	0.63	0.03	11.48	5.95	6.95	3.97	0.11	3.57	0.02	0.00	1.29	
TOTAL DIET		DIET CALCULATIONS		35.62%	689.11	43.17	27.27	70.59	863.60	120.51	904.96	2.81	99.53	0.37	1.83	7.43
DATE																
Mon APR 24																
ENTREE A	295	TURKEY, DIVAN CASSEROLE	8.43oz/1c	252.68	21.07	7.71	24.22	234.19	38.75	371.43	2.40	26.33	0.39	0.68	1.72	
ENTREE B	360	BEEF, QUAKER SPAGHETTI	9.5 OZ/1 C.	342.78	19.32	15.22	31.58	41.43	38.78	379.09	3.13	6.53	0.42	1.34	3.17	
VEGGIE 1	420	BEANS, GREEN FRENCH CUT-BB	1.6oz/33c	13.50	0.51	0.05	3.15	12.59	5.90	156.25	0.13	2.25	0.00	0.00	0.01	
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97	
BREAD	1051	BREAD, GARLIC FRENCH	2.0 OZ	139.77	4.78	1.16	27.09	19.31	10.59	195.88	0.40	0.07	0.03	0.04	1.03	
DESSERT	726	APPLESAUCE, RHUBARB - REG	4 OZ/5C	99.94	0.31	0.16	25.70	81.95	8.83	11.98	0.06	2.81	0.02	0.00	0.23	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH	972.5	DRESSING, SPICY FRENCH	1 TB(0.5oz)	32.95	0.22	0.80	6.75	5.78	5.73	70.01	0.04	1.55	0.03	0.10	0.10	
ADD BOTH																
TOTAL A				21.47%	680.01	35.47	16.22	99.94	667.35	121.27	987.49	4.04	48.92	0.63	1.66	4.06
TOTAL B				27.73%	770.11	33.72	23.73	107.30	474.59	121.30	995.15	4.77	29.12	0.66	2.32	5.51
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97	
DIET SUB	726	APPLESAUCE, RHUBARB - DIET	4 OZ/5C	99.94	0.31	0.16	25.70	81.95	8.83	11.98	0.06	2.81	0.02	0.00	0.23	
TOTAL DIET		DIET CALCULATIONS		21.47%	680.01	35.47	16.22	99.94	667.35	121.27	987.49	4.04	48.92	0.63	1.66	4.06

NWS&DS APRIL 2017 Entree A	KCAL-A	PRO gm	FAT gm	FAT%	CHO gm	Ca+ mg	Mg+ mg	Na+ mg	Zn+ mg	Vit C mg	B-6 mg	B-12 mcg	FIBER gm
	600-850	17.00		30%		400.00	88.00	1050.00	3.10	30.00	0.57	0.79	7.00
Mon APR 3	700.33	31.05	22.19	28.52%	99.16	437.18	129.53	1045.64	4.23	32.34	0.68	1.57	14.63
Tues APR 4	752.08	32.70	24.90	29.80%	101.69	453.43	107.01	936.73	4.95	45.63	1.07	3.45	7.55
Wed APR 5	699.93	44.15	19.45	25.01%	87.83	634.92	100.24	974.18	2.82	48.98	0.52	1.95	4.58
Thurs APR 6	735.56	39.40	27.19	33.27%	86.17	498.92	132.56	1001.05	3.71	42.68	0.79	1.48	8.85
Fri APR 7	778.76	35.48	25.31	29.25%	104.93	467.68	126.02	1009.94	3.52	28.38	0.67	1.39	6.73
WEEK 1 Total A	733.33	36.56	23.81	29.22%	95.96	498.43	119.07	989.40	3.85	39.60	0.75	1.97	8.47
Mon APR 10	882.98	34.46	32.81	33.44%	116.04	880.24	96.61	950.19	3.58	36.97	0.45	1.72	6.96
Tues APR 11	770.33	35.50	30.78	35.96%	90.02	448.73	92.03	1033.14	3.26	38.73	0.60	1.33	7.41
Wed APR 12	729.66	38.64	24.67	30.43%	90.93	435.31	123.60	906.79	3.33	57.35	1.11	2.66	5.41
Thurs APR 13	836.89	40.73	27.56	29.63%	107.15	475.56	79.58	923.54	4.17	31.61	0.87	1.44	4.05
Fri APR 14	679.18	44.66	15.24	20.19%	88.63	435.26	83.82	1012.58	2.95	44.02	0.63	1.28	6.98
WEEK 2 Total A	779.81	38.80	26.21	30.25%	98.55	535.02	95.13	965.25	3.46	41.74	0.73	1.69	6.16
Mon APR 17	787.91	32.21	27.20	31.07%	106.06	567.71	105.63	1092.29	2.49	140.15	0.63	1.28	12.53
Tues APR 18	721.94	43.10	18.24	22.73%	99.56	418.74	126.18	766.76	19.03	65.11	0.75	36.11	10.07
Wed APR 19	829.21	37.86	25.40	27.57%	112.92	450.75	103.24	1212.89	4.47	46.05	0.65	1.09	3.53
Thurs APR 20	870.84	40.75	40.42	41.77%	88.91	508.73	112.42	783.46	7.25	48.39	0.64	2.71	5.61
Fri APR 21	689.11	43.17	27.27	35.62%	70.59	863.60	120.51	904.96	2.81	99.53	0.37	1.83	7.43
WEEK 3 Total A	779.80	39.42	27.70	31.97%	95.61	561.90	113.60	952.07	7.21	79.85	0.61	8.60	7.83
Mon APR 24	680.01	35.47	16.22	21.47%	99.94	667.35	121.27	987.49	4.04	48.92	0.63	1.66	4.06
Tues APR 25	935.42	45.37	24.58	23.65%	133.90	700.70	161.49	1062.62	8.57	45.02	3.17	2.14	6.62
Wed APR 26	737.71	40.78	18.10	22.08%	103.68	413.58	151.52	935.01	4.76	70.33	0.90	1.62	13.33
Thurs APR 27	625.49	24.94	19.98	28.74%	84.76	353.90	52.60	980.47	1.48	21.41	1.67	5.18	4.68
Fri APR 28	797.25	34.51	28.41	32.07%	103.70	465.11	128.06	742.94	6.36	59.82	0.71	2.31	7.80
WEEK 4 Total A	755.17	36.21	21.46	25.57%	105.19	520.13	122.99	941.71	5.04	49.10	1.41	2.58	7.30
MONTH AVG	762.03	37.75	24.80	29.28%	98.83	528.87	112.70	962.11	4.89	52.57	0.87	3.71	7.44
<i>c Bateman Community Living</i>													
<i>B. Cloninger, MS, RD 3/2/2017</i>													

NWS&DS APRIL 2017 Entree B	KCAL-B	PRO gm	FAT gm	FAT%	CHO gm	Ca+ mg	Mg+ mg	Na+ mg	Zn+ mg	Vit C mg	B-6 mg	B-12 mcg	FIBER gm
	600-850	17.00		30%		400.00	88.00	1050.00	3.10	30.00	0.57	0.79	7.00
Mon APR 3	694.26	44.86	20.33	26.36%	84.59	493.87	86.23	881.32	2.32	29.50	0.43	1.28	6.26
Tues APR 4	807.32	39.54	29.93	33.37%	101.91	691.16	130.08	984.77	2.72	26.14	0.59	2.48	5.35
Wed APR 5	876.28	49.27	35.60	36.56%	90.90	631.49	129.55	1216.14	7.12	53.01	1.04	4.01	6.43
Thurs APR 6	621.60	33.80	22.54	32.64%	74.04	544.47	105.09	1021.22	3.19	29.91	0.51	2.74	5.64
Fri APR 7	697.18	32.89	26.69	34.45%	84.00	770.33	99.97	906.38	3.43	19.90	0.43	1.69	6.02
WEEK 1 Total B	739.33	40.07	27.02	32.89%	87.09	626.26	110.18	1025.86	3.76	31.69	0.60	2.44	5.94
Mon APR 10	860.71	35.14	33.19	34.71%	111.21	580.74	120.34	1073.45	5.46	62.54	0.86	2.81	9.27
Tues APR 11	837.68	32.14	36.01	38.69%	100.07	546.57	104.55	1281.30	3.94	45.91	0.68	4.39	5.16
Wed APR 12	777.87	42.55	26.96	31.19%	93.67	418.40	112.35	844.97	2.79	60.17	0.91	1.06	5.91
Thurs APR 13	843.32	35.27	28.31	30.21%	95.44	457.80	57.13	832.95	1.79	23.00	0.56	1.16	4.31
Fri APR 14	813.90	32.15	24.04	26.58%	106.86	453.98	59.01	1181.84	1.46	45.05	0.43	0.95	8.04
WEEK 2 Total B	826.69	35.45	29.70	32.33%	101.45	491.50	90.68	1042.90	3.09	47.33	0.69	2.07	6.54
Mon APR 17	867.91	36.21	32.20	33.39%	115.06	647.71	105.63	1082.29	2.49	141.35	0.63	1.28	14.53
Tues APR 18	780.96	38.48	25.53	29.42%	103.11	434.98	127.15	945.21	19.51	66.38	0.64	36.72	10.79
Wed APR 19	800.20	31.30	35.06	39.43%	91.20	437.80	96.56	815.95	5.00	25.78	0.41	1.95	3.03
Thurs APR 20	882.42	30.99	44.47	45.36%	91.97	488.30	112.34	1528.60	2.62	49.59	0.46	1.10	4.65
Fri APR 21	671.81	41.15	29.91	40.07%	61.47	756.18	122.33	947.55	3.03	47.27	0.39	1.84	5.53
WEEK 3 Total B	800.66	35.63	33.43	37.58%	92.56	552.99	112.80	1063.92	6.53	66.07	0.51	8.58	7.70
Mon APR 24	770.11	33.72	23.73	27.73%	107.30	474.59	121.30	995.15	4.77	29.12	0.66	2.32	5.51
Tues APR 25	1183.59	60.70	32.03	24.36%	166.98	744.36	250.65	1223.81	11.79	47.82	3.70	3.08	13.60
Wed APR 26	759.04	39.22	20.94	24.83%	100.68	436.09	134.91	788.84	3.21	46.09	0.63	1.09	14.53
Thurs APR 27	807.14	43.49	33.10	36.90%	82.65	426.41	88.04	1018.35	4.99	24.76	2.12	5.86	5.67
Fri APR 28	814.49	35.71	24.89	27.50%	118.12	712.34	153.02	1025.90	3.48	63.46	0.64	1.31	8.55
WEEK 4 Total B	866.87	42.57	26.94	27.97%	115.14	558.76	149.58	1010.41	5.65	42.25	1.55	2.73	9.57
MONTH AVG	808.39	38.43	29.27	32.59%	79.25	445.90	92.65	828.62	3.80	37.47	0.67	3.16	5.95
<i>c Bateman Community Living</i>													
<i>B. Cloninger, MS, RD 3/2/2017</i>													

NWS&DS	KCALs	PRO	FAT	FAT%	CHO	Ca+	Mg+	Na+	Zn+	Vit C	B-6	B-12	FIBER
APRIL 2017	DIET	gm	gm		gm	mg	mg	mg	mg	mg	mg	mcg	gm
Diet Entree A	600-850	17.00		30%		400.00	88.00	1050.00	3.10	30.00	0.57	0.79	7.00
Mon APR 3	670.84	31.14	22.17	29.75%	91.64	434.91	131.80	1043.38	4.25	31.88	0.70	1.57	14.47
Tues APR 4	752.08	32.70	24.90	29.80%	101.69	453.43	107.01	936.73	4.95	45.63	1.07	3.45	7.55
Wed APR 5	665.62	44.15	19.45	26.30%	78.96	634.03	100.24	974.09	2.82	48.98	0.52	1.95	4.58
Thurs APR 6	735.56	39.40	27.19	33.27%	86.17	498.92	132.56	1001.05	3.71	42.68	0.79	1.48	8.85
Fri APR 7	725.02	35.22	23.19	28.79%	94.54	488.53	115.32	1022.59	3.38	28.33	0.64	1.38	6.59
WEEK 1 Total Die	709.82	36.52	23.38	29.64%	90.60	501.96	117.39	995.57	3.82	39.50	0.74	1.97	8.41
Mon APR 10	866.81	33.97	38.02	39.48%	99.32	824.56	98.27	893.40	3.63	36.88	0.45	1.70	6.50
Tues APR 11	635.91	33.78	23.96	33.91%	72.06	425.01	102.87	914.20	3.15	30.00	0.56	1.23	6.12
Wed APR 12	693.40	39.07	22.68	29.44%	85.83	463.51	122.72	977.55	3.39	51.00	1.10	2.72	5.66
Thurs APR 13	728.69	40.13	21.82	26.95%	92.68	411.97	76.21	826.39	4.06	31.38	0.86	1.42	4.02
Fri APR 14	603.06	43.98	12.11	18.07%	76.61	400.69	83.82	887.08	2.95	41.99	0.63	1.28	6.98
WEEK 2 Total Die	705.57	38.19	23.72	30.25%	85.30	505.15	96.78	899.73	3.44	38.25	0.72	1.67	5.86
Mon APR 17	787.91	32.21	27.20	31.07%	106.06	567.71	105.63	1092.29	2.49	140.15	0.63	1.28	12.53
Tues APR 18	721.94	43.10	18.24	22.73%	99.56	418.74	126.18	864.54	19.03	65.11	0.75	36.11	10.07
Wed APR 19	865.41	38.07	32.47	33.77%	104.07	398.49	111.40	1414.76	4.53	46.10	0.67	1.09	3.78
Thurs APR 20	969.46	41.87	44.83	41.62%	103.83	543.27	125.28	851.58	7.42	89.36	0.80	2.71	7.53
Fri APR 21	689.11	43.17	27.27	35.62%	70.59	863.60	120.51	904.96	2.81	99.53	0.37	1.83	7.43
WEEK 3 Total Die	806.76	39.69	30.00	33.47%	96.82	558.36	117.80	1025.63	7.26	88.05	0.64	8.60	8.27
Mon APR 24	680.01	35.47	16.22	21.47%	99.94	667.35	121.27	987.49	4.04	48.92	0.63	1.66	4.06
Tues APR 25	910.08	50.15	22.61	22.36%	125.16	723.27	152.06	1148.28	8.44	46.51	3.19	2.04	6.54
Wed APR 26	737.71	40.78	18.10	22.08%	103.68	413.58	151.52	935.01	4.76	70.33	0.90	1.62	13.33
Thurs APR 27	625.49	24.94	19.98	28.74%	84.76	353.90	52.60	980.47	1.48	21.41	1.67	5.18	4.68
Fri APR 28	741.00	34.05	27.43	33.32%	91.25	459.69	121.52	797.46	6.26	62.46	0.69	2.32	8.68
WEEK 4 Total Die	738.86	37.08	20.87	25.42%	100.96	523.56	119.79	969.74	5.00	49.93	1.41	2.56	7.46
MONTH AVG	740.25	37.87	24.49	29.78%	93.42	522.26	112.94	972.66	4.88	53.93	0.88	3.70	7.50

c Bateman Community Living

B. Cloninger, MS, RD 3/2/2017

NWS&DS	KCALs	PRO	FAT	FAT%	CHO	Ca+	Mg+	Na+	Zn+	Vit C	B-6	B-12	FIBER
SEPT 2014	DIET	gm	gm		gm	mg	mg	mg	mg	mg	mg	mcg	gm
AVERAGE ALL	600-850	17.00		30%		400.00	88.00	1050.00	3.10	30.00	0.57	0.79	7.00
Mon APR 3	688.48	35.68	21.57	28.19%	91.79	455.32	115.85	990.11	3.60	31.24	0.60	1.47	11.78
Tues APR 4	770.49	34.98	26.58	31.04%	101.76	532.67	114.70	952.74	4.21	39.13	0.91	3.13	6.82
Wed APR 5	747.27	45.86	24.83	29.91%	85.90	633.48	110.01	1054.80	4.25	50.33	0.70	2.64	5.20
Thurs APR 6	697.57	37.53	25.64	33.08%	82.13	514.10	123.40	1007.77	3.54	38.42	0.70	1.90	7.78
Fri APR 7	733.65	34.53	25.06	30.75%	94.49	575.51	113.77	979.64	3.44	25.54	0.58	1.49	6.45
WEEK 1 AVG ALL	727.49	37.72	24.74	30.60%	91.21	542.22	115.55	997.01	3.81	36.93	0.70	2.12	7.61
Mon APR 10	870.17	34.52	34.67	35.86%	108.86	761.85	105.07	972.35	4.22	45.46	0.59	2.08	7.58
Tues APR 11	747.97	33.81	30.25	36.39%	87.39	473.44	99.82	1076.22	3.45	38.22	0.61	2.32	6.23
Wed APR 12	733.64	40.09	24.77	30.39%	90.14	439.07	119.56	909.77	3.17	56.17	1.04	2.15	5.66
Thurs APR 13	802.96	38.71	25.89	29.02%	98.42	448.44	70.97	860.96	3.34	28.66	0.76	1.34	4.12
Fri APR 14	698.71	40.27	17.13	22.06%	90.70	429.98	75.55	1027.17	2.46	43.69	0.56	1.17	7.33
WEEK 2 AVG ALL	770.69	37.48	26.54	31.00%	95.10	510.56	94.19	969.29	3.33	42.44	0.71	1.81	6.18
Mon APR 17	814.57	33.55	28.86	31.89%	109.06	594.37	105.63	1088.96	2.49	140.55	0.63	1.28	13.20
Tues APR 18	741.61	41.56	20.67	25.08%	100.74	424.15	126.50	858.83	19.19	65.53	0.71	36.31	10.31
Wed APR 19	831.61	35.74	30.98	33.52%	102.73	429.01	103.73	1147.87	4.67	39.31	0.58	1.38	3.45
Thurs APR 20	907.57	37.87	43.24	42.88%	94.90	513.43	116.68	1054.55	5.76	62.45	0.63	2.17	5.93
Fri APR 21	683.34	42.50	28.15	37.08%	67.55	827.79	121.11	919.16	2.88	82.11	0.38	1.83	6.79
WEEK 3 AVG ALL	795.74	38.24	30.38	34.36%	95.00	557.75	114.73	1013.87	7.00	77.99	0.59	8.60	7.93
Mon APR 24	710.04	34.88	18.72	23.73%	102.39	603.09	121.28	990.04	4.28	42.32	0.64	1.88	4.54
Tues APR 25	1009.70	52.07	26.41	23.54%	142.01	722.78	188.07	1144.90	9.60	46.45	3.35	2.42	8.92
Wed APR 26	744.82	40.26	19.05	23.01%	102.68	421.08	145.98	886.29	4.24	62.25	0.81	1.44	13.73
Thurs APR 27	686.04	31.13	24.35	31.94%	84.05	378.07	64.41	993.10	2.65	22.53	1.82	5.41	5.01
Fri APR 28	784.25	34.76	26.91	30.88%	104.36	545.71	134.20	855.43	5.37	61.91	0.68	1.98	8.34
WEEK 4 AVG ALL	786.97	38.62	23.09	26.40%	107.10	534.15	130.79	973.95	5.23	47.09	1.46	2.63	8.11
MONTH AVG ALL	770.22	38.01	26.19	30.60%	97.10	536.17	113.81	988.53	4.84	51.11	0.86	3.79	7.46

c Bateman Sr Meals

B. Cloninger, MS, RD 3/2/2017